

# SPRING CLASSES 2018

March 1, 2018 - April 27, 2018

## MONDAY

**SM1** GENTLE KRIPALU YOGA — *Open the Doors to Your Inner Knowing*  
*Emme Shapiro*

For Course Description see page 1.

**9:00-10:00 AM**      **Mondays**      **Begins: 3/5**      **Ends: 4/23**  
**Eight sessions**      **Members \$88**      **Non-Members \$104**

**Note:** Yoga is offered Monday through Thursday in the spring at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

**SM2** HOLLYWOOD AND THE CIVIL WAR — THE MYTHS      ★ **NEW**  
*George Stassa*

“The Birth of a Nation”-1915, “Gone with the Wind”-1939, “Red Badge of Courage”-1974, and “Glory”-1989; all these Hollywood films portrayed events of the Civil War. Each had a perspective commensurate with their times and influenced our attitudes. But they all had historical and humorous errors, obviously for dramatic effect. We will correct misconceptions and have a few laughs at the poetic license Hollywood used.

See *Biographical Sketch* on page 34.

**1:00-2:30 PM**      **Mondays**      **Begins: 3/5**      **Ends: 3/26**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

**SM3** ADVANCED INTERMEDIATE BRIDGE  
*Larry Auerbach*

For Course Description see page 12.

**1:00-2:30 PM**      **Mondays**      **Begins 3/5**      **Ends: 3/26**  
**Four sessions**      **Members \$60**      **Non-Members \$70**

**SM4** GOING BACK TO HUSTON      ★ **NEW**  
*Gus Mollasis*

John, Walter and Angelica — The Hustons. Three generations of filmmakers who captivated us all with their unique acting and directing talents, while creating a *reel* family business on film and the “stuff dreams are made of.” Come and enjoy viewing and discussing four outstanding films Gus has selected from the Huston repertoire.

For *Biographical Sketch* see page 2.

**1:00-4:00 PM**      **Mondays**      **Begins: 3/5**      **Ends: 3/26**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

**SM5** MIXED BEGINNERS BRIDGE  
*Larry Auerbach*

This course combines Beginning Bridge I for players with some knowledge of the game and Beginning Bridge II for advanced beginners. Basics will be reviewed and developed.

See *Biographical Sketch* on page 1.

**3:00-4:30 PM**      **Mondays**      **Begins: 3/5**      **Ends: 3/26**  
**Four sessions**      **Members \$60**      **Non-Members \$70**

## TUESDAY

### **ST1** SWEET AND SPIRITED YOGA!

*Mary Kane*

For Course Description see page 2.

**9:00-10:00 AM**  
**Eight sessions**

**Tuesdays**  
**Members \$88**

**Begins: 3/6**  
**Non-Members \$104**

**Ends: 4/24**

**Note:** Yoga is offered Monday through Thursday in the spring at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

### **ST2** AMERICAN PASTORAL — *The American Dream Gone Wrong*

*Kenneth Simons, Ph.D.*

★ **NEW**

*American Pastoral* (1997), together with *I Married A Communist* (1998) and *The Human Stain* (2000), from Philip Roth's American Trilogy — three novels whose common purpose is to peel back the normative aspiration and values of American culture and expose their complexity as they are actually experienced. *American Pastoral* is centrally concerned with the relationship of a father, Swede Levov, a decent, loving, accomplished, hard-working man, and his daughter, who joins a radical underground political group.

*Dr. Kenneth Simons, a Columbia Ph.D. in English and comparative literature, taught writing and literature at Columbia University and Wisconsin and Adelphi Universities before joining the faculty of Syosset (NY) High School. He has published on Joseph Conrad and other subjects and is listed in Who's Who Among America's Teachers, 1996.*

**11:00 AM-12:30 PM**  
**Two sessions**

**Tuesdays**  
**Members \$40**

**Begins: 3/6**  
**Non-Members \$45**

**Ends: 3/13**

### **ST3** AT THE MOVIES

*Gus Mollasis*

For Course Description see page 3.

**11:00 AM-12:30 PM**  
**Six sessions**

**Tuesdays**  
**Members \$95**

**Begins: 3/6**  
**Non-Members \$105**

**Ends: 4/10**

**Note:** We will pro-rate number of classes desired, space permitting.

### **ST4** AT THE MOVIES

*Gus Mollasis*

For Course Description see page 3.

**1:00-2:30 PM**  
**Six sessions**

**Tuesdays**  
**Members \$95**

**Begins: 3/6**  
**Non-Members \$105**

**Ends: 4/10**

**Note:** We will pro-rate number of classes desired, space permitting.

### **ST5** EXPRESS YOURSELF THROUGH WRITING

*Ronni Miller*

For Course Description see page 18.

**1:00-3:00 PM**  
**Four sessions**

**Tuesdays**  
**Members \$85**

**Begins: 3/6**  
**Non-Members \$95**

**Ends: 3/27**

*Lecture Series 2018 continues through March every Tuesday at 3 PM.  
See pages 47-50. Call (941) 383-8811 for reservations.*

# WEDNESDAY

## **[SW1] SLOW FLOW YOGA**

*Angelena Craig*

For Course Description see page 3.

**9:00-10:00 AM**      **Wednesdays**      **Begins: 3/7**      **Ends: 4/25**  
**Eight sessions**      **Members \$88**      **Non-Members \$104**

**Note:** Yoga is offered Monday through Thursday in the spring at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

## **[SW2] MINDFULNESS MEDITATION**

*Ruth Fishel*

For Course Description see page 20.

**9:00-10:30 AM**      **Wednesdays**      **Begins: 3/7**      **Ends: 3/28**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

## **[SW3] WATERCOLOR, ACRYLIC, PASTELS, OILS, AND DRAWING**

*Renee DiNapoli*

For Course Description see page 3.

**9:00 -11:30 AM**      **Wednesdays**      **Begins: 3/7**      **Ends: 3/28**  
**Four sessions**      **Members \$135**      **Non-Members \$145**

## **[SW4] YOU'VE GOT TO SEE THIS MOVIE!**

*Kathie Moon*

For Course Description see page 4.

**1:00-2:30 PM**      **Wednesdays**      **Begins: 3/7**      **Ends: 4/11**  
**Six sessions**      **Members \$95**      **Non-Members \$105**

**Note:** We will pro-rate number of classes desired, space permitting.

## **[SW5] YOU'VE GOT TO SEE THIS MOVIE!**

*Kathie Moon*

For Course Description see page 4.

**3:00-4:30 PM**      **Wednesdays**      **Begins: 3/7**      **Ends: 4/11**  
**Six sessions**      **Members \$95**      **Non-Members \$105**

**Note:** We will pro-rate number of classes desired, space permitting.

## **[SW6] MARCH MOVIE NIGHT — OSCAR REDUX**

★ **NEW**

*Kathie Moon*

You will enjoy a light buffet (and fresh popped popcorn!), followed by viewing a quality movie and participating in a stimulating and thought-provoking discussion afterwards. Film critic and teacher Kathie Moon will show and discuss one of her favorite Oscar nominated films from last year that you probably missed due to limited distribution.

**Buffet: 5:15** **Movie: 5:45 PM**      Buffet and refreshments are included in the price.

See *Biographical Sketch* on page 4.

**5:00-8:15 PM**      **Wednesdays**      **March 7 & March 14**  
**Two sessions**      **Members \$50**      **Non-Members \$55**

# THURSDAY

## **SR1** SWEET AND SPIRITED YOGA!

*Mary Kane*

For Course Description see page 2.

**9:00-10:00 AM**

**Thursdays**

**Begins: 3/1**

**Ends: 4/19**

**Eight sessions**

**Members \$88**

**Non-Members \$104**

**Note:** Yoga is offered Monday through Thursday in the spring at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

## **SR2** CLIMATE CHANGE DENIERS AND THE COUNTER FORCES ★ **NEW**

*Burton Jaffe, M. D.*

The new administration has taken steps to withdraw from the Paris Climate Agreement, and has weakened the Department of Energy and EPA. In spite of these troubling changes there are many counter forces at work to ramp up programs and policies to include more renewable energy, more grid storage, and adoption of electric vehicles. Find out more about what is being done to counter the climate deniers.

*Dr. Burt Jaffe has given numerous courses and lectures about climate change and renewable energy at the Harvard Institute of Learning in Retirement in Cambridge, MA. He was winner of Boston's Mayor Menino's Green Residential Awards and Mayor Walsh's Greenovate award for teaching. He was on the faculty of Harvard and Tufts Medical schools and was former chief of ENT at the Children's and Beth Israel Hospitals in Boston, and Newton Wellesley Hospital in Newton, MA.*

**11:00 AM-12:30 PM**

**Thursdays**

**Begins: 3/1**

**Ends: 3/8**

**Two sessions**

**Members \$40**

**Non-Members \$45**

## **SR3** GETTING TO KNOW YOU: *The Psychology Of Art*

★ **NEW**

*Kevin Costello*

Looking at an unknown work of art for the first time is a little bit like meeting a person for the first time. If the work of art is pleasing or interesting, you are intuitively drawn in, as it were. You ponder on what the artist is expressing. This is the beginning of understanding art. In this series you will look at the art of Michelangelo, Caravaggio, Rembrandt, and Picasso from a psychological viewpoint relating to the circumstances of their time, the choice of subject matter and style to which they gave life.

See *Biographical Sketch* on page 25.

**11:00 AM-12:30 PM**

**Thursdays**

**Begins: 3/22**

**Ends: 3/29**

**Two sessions**

**Members \$40**

**Non-Members \$45**

## **SR4** HAMILTON: *The Biography And A Bit Of The Musical*

★ **NEW**

*Edward J. Dwyer, Ph.D.*

The major focus of this course (90%) will be Ron Chernow's biography, *Alexander Hamilton*, the basis of the Broadway hit musical "Hamilton." Please purchase the book and come to the first class having read through page 186. As a bonus we will briefly touch upon some of the lyrics from the hit musical. This class is extraordinarily participant-friendly. Come out, enjoy, learn all about Hamilton and amaze your friends at the next cocktail party you attend.

See *Biographical Sketch* on page 9.

**1:00-2:30 PM**

**Thursdays**

**Begins: 3/1**

**Ends: 3/22**

**Four sessions**

**Members \$75**

**Non-Members \$85**

## **JAZZ NIGHT - *Swing and savoir-faire, grace and grooves***

Join jazz guitarist Sam Militich & singer Charmin Michelle and their fantastic guest jazz musicians! A big hit last season!

**SAVE THE DATE: THURSDAY, MARCH 8, 8-10 PM**

First come, first served--\$20 per person donation at the door. Cash or check.

# FRIDAY

## **SF1** BREAKFAST FORUMS

*Stanley Kolodkin*

For Course Description see page 27.

**9:00-10:30 AM**  
**Four sessions**

**Fridays**  
**Members \$80**

**Begins: 3/2**  
**Non-Members \$90**

**Ends: 3/23**

## **SF2** DICK POWELL/JUNE ALLYSON & BING CROSBY — Crooners And Charmers

★ **NEW**

*Susan Benjamin*

Dick Powell, June Allyson and Bing Crosby charmed their way into American entertainment popularity. Dick's and Bing's soothing singing voices led listeners to believe that these popular performers were laid-back and calm. Not True! June Allyson's quirky voice and personality also led to musical stardom. This two-part program explores these performers' success as well as the personal dynamics behind the charming facades.

*See Biographical Sketch on page 39.*

**1:00 -2:15 PM**  
**Two sessions**

**Fridays**  
**Members \$40**

**Begins: 3/16**  
**Non-members \$45**

**Ends: 3/23**

## **SF3** INTERMEDIATE BRIDGE I

*Larry Auerbach*

For Course Description see page 37.

**1:00-2:30 PM**  
**Four sessions**

**Fridays**  
**Members \$60**

**Begins: 3/2**  
**Non-Members \$70**

**Ends: 3/23**

## **SF4** INTERMEDIATE BRIDGE II

*Larry Auerbach*

For Course Description see page 40.

**3:00-4:30 PM**  
**Four sessions**

**Fridays**  
**Members \$60**

**Begins: 3/2**  
**Non-Members \$70**

**Ends: 3/23**

*Some courses that are offered in February are extended by student demand. Or new courses are added in the spring line-up after the brochure printing. Please inquire at the office for updated spring scheduling or check our website [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org)*

## *New One-Time Special Friday Programs*

11:00 AM-12:30 PM

### MARCH 2

**SPF1** **PARIS: THE LUMINOUS YEARS — Art, Music, Literature, Dance, & Theatre**  
*Baila Miller*

In the early 20th century Paris became the magnetic center for the arts. It was a laboratory of experiments and innovation producing extraordinary artists, musicians, and writers who lead the way to modernism. This presentation will highlight Picasso, Braque, “The Lost Generation,” the Ballet Russes and much more!

*Baila Miller has been presenting college level courses that explore the role of literature, fine arts, cinema, and music in the development of European, Jewish and modern American culture. Ms. Miller has taught at the University of Memphis, The Brandeis National Committee, The Ringling College of Art & Design, and many local lifelong learning centers.*

### MARCH 9

**SPF2** **GEORGE WASHINGTON — His Career, Revolutionary War To The Presidency And His Secret Illnesses**  
*Allan B. Schwartz, M.D.*

George Washington was the first U.S. President (1789-1797) and is known as “The Father of The Country.” He was Commander-in-Chief of the Continental Army during the American Revolutionary War and he presided over the 1787 Convention that drafted the United States Constitution. In this lecture his amazing career starting with his roots on a Virginia plantation to two terms as president will be covered with revelations of his illnesses and how they influenced his career, the history of the United States and his life.

*See Biographical Sketch on page 37.*

### MARCH 16

**SPF3** **FROM COPPER PLATES TO SMART PHONES — PHOTOGRAPHY TRANSFORMED**  
*Jeffrey Paul Gunthart & James Corwin Johnson*

Professional photographers James Corwin Johnson and Jeffrey Paul Gunthart will share their experiences in the industry alongside the transformative nature of photography. This entertaining and unique presentation will begin with the history of photography in America; from the relevance of great photographers such as Ansel Adams and how their techniques created a foundation for photography principles still used today, right up to discussing the newest digital photography advances, including making images on your iPhone! Q & A follows.

*See Biographical Sketch for Jeffrey Paul Gunthart on page 40.*

*James Corwin Johnson has specialized in photography for over 35 years. His work has appeared in Eastman Kodak and other industry standard publications. Specializing in photography education and wildlife documentation, his career experience also includes work with organizations like Yosemite National Park and National Geographic. He owns a business called Photo Experience and teaches photography workshops all over the country.*

11:00 AM-12:30 PM    **Members \$18    Non-Members \$23**  
**Per Person, Per Program**