

# WINTER CLASSES 2018

January 4, 2018 - February 28, 2018

*Most classes meet once a week.*  
Check beginning and end dates carefully.

## MONDAY

**WM1** GENTLE KRIPALU YOGA — *Open the Doors to Your Inner Knowing*  
Emme Shapiro

For Course Description see page 1.

**9:00-10:00 AM**      **Mondays**      **Begins: 1/8**      **Ends: 2/26**  
**Eight sessions**      **Members \$88**      **Non-Members \$104**

**Note:** Yoga classes are offered Monday, Tuesday, Wednesday and Thursday at 9:00 AM. Qigong is offered on Fridays at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM.

**WM2** BURNING ISSUES IN THE SUPREME COURT — 2017 TOP CASES ★ **NEW**  
Bill Cotter, J.D.

This was a year of transition for the Court with the addition of Justice Neil Gorsuch to replace Justice Scalia. It was also the Court's most politicized year since FDR's defeated Court Packing Plan in 1937. We will discuss these changes and eight leading cases decided in the spring of 2017. They deal with: State support of religion; intellectual disability and the death penalty; racial bias in the jury room; sovereign immunity of Native American tribes; slanderous trademarks; the required level of school aid for disabled students; hearing rights of undocumented aliens; and Bush officials' immunity for detaining innocent Muslims after 9/11. Background readings will be provided and vigorous discussion encouraged. This special, seminar-type course is limited to 30 students who want homework! Bill will still be giving his perennial favorite, traditional lecture-style, 2-session series, which will be a shorter version of this in-depth course and will have no assigned readings, on Mondays in February (See page 11).

*Bill Cotter is a graduate of Harvard College and Harvard Law School and was president and professor of constitutional law at Colby College for 21 years. He was then founding president of the Oak Foundation in Geneva, Switzerland. Prior to Colby, Bill was president of the Africa-America Institute, Ford Foundation Representative for Colombia and Venezuela, a White House Fellow with President Johnson, an associate attorney on Wall Street, an assistant attorney general ("Crown Counsel") in Nigeria, and a law clerk to a Federal District Judge in the Southern District of New York. He has taught constitutional law at local lifelong learning institutions for several years.*

**9:00-10:30 AM**      **Mondays**      **Begins: 1/8**      **Ends: 1/29**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

## REGISTER EARLY!

**ONLINE:** [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org)    **PHONE:** (941) 383-8811

**MAIL:** Mail in one of the registration cards found in the middle of this brochure.

Enjoy special member prices and other benefits! Become a Friend of The Longboat Key Education Center. Check the flap attached to the registration cards in the middle of the brochure for membership details, or call (941) 383-8811.

Or, visit [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org)

## MONDAY (CONT.)

**WM3** **NOVELLAS: Calvino, Conrad, Melville, and Camus** ★ **NEW**  
*Edward J. Dwyer, Ph.D.*

Students will discuss four of the greatest novellas ever written. Each one is radically unique and riveting. Come to the first class having read Italo Calvino's *Invisible Cities* (a mind blower!) Then, in order of discussion, Joseph Conrad's *Heart of Darkness*, Herman Melville's *Billy Budd* and Albert Camus' *The Stranger*. Students should purchase the books themselves. Classes are extraordinarily participant-friendly.

*Edward J. Dwyer earned his BS in engineering from West Point and his MA and Ph.D. from Villanova and Temple in PA. He taught English for 25 years. Additionally, as president of Ed Dwyer Seminars, he has consulted worldwide in corporate, military and government and taught people to improve their writing, speaking and leadership skills.*

**9:00-10:30 AM**                      **Mondays**                      **Begins: 2/5**                      **Ends: 2/26**  
**Four sessions**                      **Members \$75**                      **Non-Members \$85**

**WM4** **HOW TO HAVE THE BEST OF HEALTH — AT ANY AGE!** ★ **NEW**  
*Donald H. Dembo, M.D.*

Longevity is what we all hope for but everybody would also agree that living longer is no fun if we don't have our health! In this perennial favorite of medical forums, students will be able to learn and ask about the most important aspects of living longer, stronger, healthier, and sharper! Topics that Dr. Dembo diligently prepares for each forum will include: the recent advances in heart disease and cancer; hospital errors and hidden risks and how to avoid them; integrative medicine and how it works; pills that harm, pills that protect; avoiding unnecessary medical procedures and expensive medications that may not work; memory and mind preservation; anti-aging foods and lifestyle must-dos; how the environment can affect our health; the health care crisis; the opioid epidemic and the overuse of other painkillers; and other subjects that come up in class.

*Dr. Donald Dembo is retired from his position as assistant professor of medicine in cardiology at Johns Hopkins University in Maryland. He was chief of cardiology at Sinai Hospital Baltimore, Maryland General Hospital and Good Samaritan Hospital in Maryland. He has received a number of teaching awards, was one of the pioneers in CPR development and is an education leader in world tours in educational exchange programs. Dr. Dembo has been listed in Who's Who in Medicine, Who's Who in America and Who's Who in the World.*

**9:00-10:30 AM**                      **Mondays**                      **Begins: 2/5**                      **Ends: 2/26**  
**Four sessions**                      **Members \$75**                      **Non-Members \$85**

**WM5** **AT THE MOVIES**  
*Gus Mollasis*

For Course Description see page 3. **Note:** This is a new, additional section this year.

**11:00 AM-12:30 PM**                      **Mondays**                      **Begins: 1/8**                      **Ends: 2/26**  
**Eight sessions**                      **Members \$120**                      **Non-Members \$130**

## MONDAY (CONT.)

### **WM6** A STRATEGIC APPROACH TO BRIDGE BIDDING AND PLAY — FOR ADVANCED PLAYERS

*Dick Wegman*

This course will have a strategic focus, and help players deal with problems that arise frequently at the table. Players should already be familiar with basic play and defensive tools, and common conventions such as Stayman, Blackwood and Gerber. Course topics will include: constructive and competitive bidding, hand evaluation, slam bidding techniques, declarer play strategies, and defensive signaling and tactics. Each class will include the opportunity for participants to bid, play and discuss selected hands that deal with topics raised during the class. New materials and hands will be included, and returning students are welcome. This course sells out every year so please register early!

*Dick Wegman is an ACBL diamond life master with more than 8000 masterpoints. He is a certified bridge teacher who has taught bridge workshops on bidding, declarer play, and defense both on Longboat Key and in the Washington D.C. area. He is a national bridge champion who competes regularly in national and regional tournaments against top American and international bridge experts.*

**11:00 AM-12:30 PM**    **Mondays**    **Begins: 1/8**    **Ends: 2/12**  
**Six sessions**    **Members \$85**    **Non-Members \$95**

### **WM7** THE FUTURE OF THE NEWS — Newspapers and TV    ★ **NEW** *Alan Cohn and Matthew Sauer*

This exciting two-part series is not to be missed! We are fortunate that two local news executives have agreed to bring us insight into one of the most important issues in our world today — the current position and future of the print and broadcast media. Participation will be encouraged and both presenters will facilitate a Q and A in their talk.

#### **Part One — January 8**

**Alan Cohn — Anchor/Managing Editor, ABC 7 at 7 WWSB-TV**

The struggle for TV news is between what people want to know compared to what they need to know and how both local and network television are challenged to stay relevant and profitable as their slice of the pie, when it comes to total viewers, continues to get smaller.

#### **Part Two — January 15**

**Matthew Sauer — Executive Editor, Sarasota Herald-Tribune**

By the end of World War II, knowledge was doubling every 25 years. Now it's happening roughly every 13 months. The future of the news is upon us! Consumers get information everywhere but the defining quality these days can be summed up in one word: trust.

*Alan Cohn, anchor/managing editor of ABC 7 News at 7 PM, which takes an in-depth investigative look at hot issues of the day, is the recipient of the 2007 George Foster Peabody Award, one of journalism's highest honors. He has earned the reputation as one of the most respected investigative reporters in the nation. During his 30-year career he has worked for ABC News, reported for NBC News and worked five years at CBS News in New York, where he helped cover the 1980 and 1984 presidential elections.*

*Matthew Sauer became the Sarasota Herald-Tribune's executive editor in May, 2017. He has been with the paper for 24 years as a writer and editor. During Sauer's time at the Herald-Tribune the newspaper has won two Pulitzer Prizes, been a finalist four times and won dozens of national and state awards.*

**11:00 AM-12:30 PM**    **Mondays**    **Begins: 1/8**    **Ends: 1/15**  
**Two sessions**    **Members \$40**    **Non-Members \$45**

## MONDAY (CONT.)

### **WM8** CAPITALISM AND DEMOCRACY: PROBLEMS AND SOLUTIONS

*Philip Kotler, Ph.D.*

The U.S. is committed to Capitalism as our economic system and Democracy as our political system. But both systems are being corrupted. Capitalism is plagued by growing income inequality, slow economic growth, a declining number of well-paying jobs, and very high college and medical costs. Democracy is beset by the low voter turnout, gerrymandered districts, policy dominance by business and lobbying interests, and vastly expensive campaign costs. The systems have been worsened by the Supreme Court's Citizen's United decision that put so much money in the hands of business to influence our elections. The systems are also being impaired by a President who is intent on destroying liberal democracy and economics. How can we fix our Capitalism and Democracy? This annual series welcomes return and new students for up-to-date information and continued discussion.

*Dr. Philip Kotler received his Ph.D. from MIT in economics and is the S.C. Johnson and Son Distinguished Professor of International Marketing at the Kellogg School of Management, Northwestern University. He trained at the University of Chicago and M.I.T and is the author of 60 books. He lectures around the world on economics and marketing strategy. His most recent books are Confronting Capitalism: Real Solutions for a Troubled Economic System (2015) and Decline of Democracy: Rebuilding the Future (2016).*

**11:00 AM-12:30 PM**    **Mondays**                      **Begins: 1/22**                      **Ends: 1/29**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

### **WM9** BURNING ISSUES IN THE SUPREME COURT — 2017 TOP CASES

*Bill Cotter, J.D.*

For Course Description and *Biographical Sketch* see page 8. This year Bill Cotter will present a four-session course as well as his annual two-part lecture series. Both will have the same cases but the four-session, seminar-style course in January, on Mondays from 9-10:30 AM, will be limited to 30 students, and there will be required, advanced reading assignments. This two-part lecture series is a perennial favorite and always sells out. Register early.

**11:00 AM-12:30 PM**    **Mondays**                      **Begins: 2/5**                      **Ends: 2/12**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

## MONDAY (CONT.)

### **WM10** ISLAM AND AMERICAN POLITICS

★ **NEW**

*Robert Gary*

This year Bob Gary will focus on the 2016 election of Donald Trump and the administration's reaction to Muslims. Is the Quran hardwired for violence or Islamophobia? Students draw insights every year from Gary's thought provoking lectures on the subject of Muslims, their beliefs, and their impact on America and the world.

**Robert (Bob) Gary** is a practicing class action attorney with cases litigated in state and federal courts across the country. Pre 9/11, he represented Muslim prisoners seeking religious expression in the federal penal system. He has written newspaper columns and lectured locally and at The Longboat Key Education Center on the Quran and Middle Eastern politics and recently was world affairs lecturer for Crystal Cruise Lines. His travels have taken him throughout the Muslim Middle East including Iran, Egypt, Morocco and Turkey. Mr. Gary has had the opportunity to meet with Israel's Shimon Peres; attended terrorism seminars in Israel; and discussed Islam in Qom, Iran, with Shiite clerics and at the Blue Mosque in Istanbul with Sunni Imams.

**11:00 AM-12:30 PM**

**Mondays**

**Begins: 2/19**

**Ends: 2/26**

**Two sessions**

**Members \$40**

**Non-Members \$45**

### **WM11** THE CRAFT OF WRITING

★ **NEW**

*David Rice*

Rediscover the delights of writing. Through a study of figures of speech, language selection, variety of sentence structure, narrative point of view, exposition and narrative, and the use of irony and humor, participants will hone their writing skills and participate actively in class discussions. Texts will be provided.

**David Rice** graduated from Yale University with a BA in English and from Wesleyan University with an MA in literature and history. After twenty years in independent education, moving from teacher to headmaster, he returned to Vermont to become a middle school principal and director of guidance for a Vermont School District. In his youth he knew Robert Frost as a friend of his grandfather at Middlebury College.

**1:00-2:30 PM**

**Mondays**

**Begins: 1/8**

**Ends: 1/29**

**Four sessions**

**Members \$75**

**Non-Members \$85**

### **WM12** ADVANCED INTERMEDIATE BRIDGE

*Larry Auerbach*

This course is intended for players who have taken INTERMEDIATE BRIDGE I and II or their equivalent and who have mastered bidding. Instruction will go further into playing of the hand and into the defense. Return to this level again and again!

*See Biographical Sketch on page 1.*

**1:00-2:30 PM**

**Mondays**

**Begins: 1/8**

**Ends: 2/26**

**Eight sessions**

**Members \$115**

**Non-Members \$125**

## MONDAY (CONT.)

### **WM13** MARK TWAIN'S ETERNAL APPEAL AND ONGOING GLOBAL INFLUENCE

*Alan Kitty*

★ **NEW**

When Mark Twain was born in 1835, the world worked about the same as it had for millennia. By the time he died in 1910, every institution was under siege, and the stage was set for global revolution in every aspect of human society. A self-educated citizen of the world, Twain was a keen observer and prolific reporter of this massive change. His sense of humor made the information accessible to and easily digested by the masses. This course explores Mark Twain's observations and changing views over the course of his remarkable life. "If you don't read the newspaper, you're uninformed. If you read the newspaper, you're mis-informed." – Mark Twain. Come, learn, and enjoy!

*Alan Kitty, writer, actor, and independent Twain scholar, has been performing as Mark Twain since 1979, based on 30 years of research on the author's life and works, current events and their historical roots.*

**1:00-2:30 PM**  
**Four sessions**

**Mondays**  
**Members \$75**

**Begins: 2/5**  
**Non-Members \$85**

**Ends: 2/26**

### **WM14** TWO MASTER FILM DIRECTORS — JOHN FORD & ORSON WELLES

*Gus Mollasis*

★ **NEW**

John Ford's *How Green Was My Valley* beat out Orson Welles' *Citizen Kane* for the best picture of 1941, still considered by many to be the greatest film of all time. Who did Orson Welles think was the greatest director of all time? "John Ford, John Ford, John Ford." We'll view two films each from these two masters and discuss what made them both so unique and great.

*See Biographical Sketch on page 2.*

**1:00-4:00 PM**  
**Four sessions**

**Mondays**  
**Members \$75**

**Begins: 1/8**  
**Non-Members \$85**

**Ends: 1/29**

### **WM15** THE 70s — HOLLYWOOD'S OTHER GOLDEN AGE

*Gus Mollasis*

★ **NEW**

Godfather I and II, two of the greatest films ever to come out of Hollywood, were produced in this vibrant era. "They don't make them like they used to" is a common cliché but when it comes to looking back at 70s cinema it really is quite true. Hollywood's second golden era of the 70s produced mainstream movies imbued with an intelligence and riskiness that has since been watered down catering to teenage tastes, endless sequels, and weekend box office takes. Let's view four classics from the 1970s that are eminently worthy of rediscovery and discussion.

*See Biographical Sketch on page 2.*

**1:00-4:00 PM**  
**Four sessions**

**Mondays**  
**Members \$75**

**Begins: 2/5**  
**Non-Members \$85**

**Ends: 2/26**

## A SPECIAL PACKAGE PRICE FOR WM14 AND WM15!

### **WM16** FORD AND WELLES & THE 70s – *Special Package Price*

*Gus Mollasis*

For Course Descriptions see above.

**1:00-4:00 PM**  
**Eight sessions**

**Mondays**  
**Members \$130**

**Begins: 1/8**  
**Non-Members \$150**

**Ends: 2/26**

## MONDAY (CONT.)

### **WM17** MUCH ADO ABOUT NOTHING

★ **NEW**

*Jonathan Epstein*

"Thou and I are too wise to woo peaceably." *Much Ado About Nothing* is Shakespeare's most sophisticated comedy. Its wisecracking lovers and bumbling policemen have provided the inspiration of everything from *Private Lives* to *When Harry Met Sally* to *Keystone Cops*. This brief course, led by actor and director Jonathan Epstein, will offer an entertaining introduction to the play, especially for those who are looking forward to the Asolo Conservatory production of *Much Ado* in Selby Gardens this coming April.

*Jonathan Epstein is an associate professor of classical performance at the Asolo Conservatory of Florida State University. As an actor he has performed on and off Broadway, in London's West End, and at dozens of regional theatres across the country, but is best known for his 25-year association as actor, director and teacher with Shakespeare & Company in Lenox, Massachusetts. He was text and sonnet teacher in more than 30 of the company's month-long workshops for professional actors and has been teaching Shakespeare courses at the LBK Education Center for the last two seasons.*

**3:00-4:30 PM**

**Mondays**

**Begins: 1/8**

**Ends: 1/15**

**Two sessions**

**Members \$40**

**Non-Members \$45**

### **WM18** SHAKESPEARE'S CYMBELINE AND THE LATE "ROMANCES"

★ **NEW**

*Jonathan Epstein*

In Shakespeare's last few plays — *Cymbeline*, *Pericles*, *Winter's Tale* and *The Tempest*, something bizarre and unexpected happened to the great playwright's view of the world. The misogynistic creator of Katherine the shrew and Mad Margaret became a feminist, and began to find redemption in the voices of outspoken women. This course offers an exploration of that transformation, with special concentration on Imogen in *Cymbeline* — one of Shakespeare's most endearing heroines in one of his most obscure plays.

*See Biographical Sketch above.*

**3:00-4:30 PM**

**Mondays**

**Begins: 1/22**

**Ends: 1/29**

**Two sessions**

**Members \$40**

**Non-Members \$45**

### **WM19** THE DELIGHT OF POETRY

★ **NEW**

*David Rice*

This course will review the essential elements of poetry: figures of speech such as metaphors and similes, symbols, metrics, scansion, and the techniques for reading poetry with pleasure. This year, discussions will focus on the poetry of Billy Collins and Ted Kooser. Active student participation encouraged! Materials will be provided. Students might enjoy reading *The Poetry Home Repair Manual* by Ted Kooser.

*See Biographical Sketch on page 12.*

**3:00-4:30 PM**

**Mondays**

**Begins: 2/5**

**Ends: 2/26**

**Four sessions**

**Members \$75**

**Non-Members \$85**

### **WM20** BEGINNING BRIDGE I

*Larry Auerbach*

This course reviews fundamentals and is for players with some knowledge of the game.

*See Biographical Sketch on page 1.*

**3:00-4:30 PM**

**Mondays**

**Begins: 1/8**

**Ends: 2/26**

**Eight sessions**

**Members \$115**

**Non-Members \$125**

## TUESDAY

### **WT1** SWEET AND SPIRITED YOGA!

*Mary Kane*

For Course Description see page 2.

**9:00-10:00 AM**  
**Eight sessions**

**Tuesdays**  
**Members \$88**

**Begins: 1/9**  
**Non-Members \$104**

**Ends: 2/27**

**Note:** Yoga classes are offered Monday, Tuesday, Wednesday and Thursday at 9:00 AM. Qigong is offered on Fridays at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM.

### **WT2** SAGACITY OF THE BIBLE

★ **NEW**

*Rachel Zohar Dulin, Ph.D.*

This course will examine the contribution of the biblical sages to the society of ancient Israel and the lasting relevancy of their advice. We will explore the complexity of the wisdom literature genre in general and the unique nature of biblical wisdom literature in particular. Reading selections from the ancient Near East will be followed by reading selections from the books of Job, Ecclesiastes and Proverbs. Also, the portrait of court advisors and women wisdom (Book of Ruth, Proverbs 31) will be discussed.

*Dr. Rachel Zohar Dulin was born in Israel and served in the Israeli army as a teacher, subsequently being sent by the Jewish Agency to teach in the U.S. She received her Ph.D. in religious and theological studies from Northwestern University, Evanston, IL, and has been a professor of Hebrew and Bible at Spertus College of Judaica since 1970 and an adjunct professor of Hebrew and Bible at New College of Florida since 2010. She has taught adult education for over 45 years and lectured extensively on biblical literature.*

**9:00-10:30 AM**  
**Four sessions**

**Tuesdays**  
**Members \$75**

**Begins: 1/9**  
**Non-Members \$85**

**Ends: 1/30**

### **WT3** THE BEST AMERICAN SHORT STORIES: 2016

*Edward J. Dwyer, Ph.D.*

The Best American Short Stories series is the premier annual showcase of North America's finest short stories. Junot Diaz, guest editor for 2016, has an array of provocative and unforgettable stories. Participants should purchase the text and come to the first class having read "The Flower" by Louise Erdrich, "The Prospectors" by Karen Russell, "Williamsburg Bridge" by John Edgar Wideman and the "Contributor's Notes" for each story. Classes are extraordinarily participant-friendly. Read, discuss, enjoy! Returning students are welcome to discuss a new annual edition of stories in this perennial favorite.

*See Biographical Sketch on page 9.*

**9:00-10:30 AM**  
**Four sessions**

**Tuesdays**  
**Members \$75**

**Begins: 1/9**  
**Non-Members \$85**

**Ends: 1/30**



## TUESDAY (CONT.)

### **WT4** LET'S GO BIRDING ON LONGBOAT AND LIDO KEYS

*Michael Givant, Ph.D.*

Longboat and Lido Keys have an eye-opening variety of birds. You will learn to observe and identify these birds in their natural habitat. The first meeting will be held at the school. The next three weeks will be in the field (details will be given at the first class). Binoculars are a must and about a mile of pleasantly paced walking will likely be necessary for each trip. New and returning birders have exciting outings every year in this popular course.

*Dr. Michael Givant is a retired sociology professor having taught at Adelphi University Long Island. He is an ardent birder and has birded across the mainland U.S., Alaska, Canada, Mexico, Costa Rica, Panama, the Galapagos Islands and Africa for the past 26 years. He has written some 400 articles on birds and birding for various publications including the Longboat Key News.*

**9:00-10:30 AM**  
**Four sessions**

**Tuesdays**  
**Members \$75**

**Begins: 2/6**  
**Non-Members \$85**

**Ends: 2/27**

### **WT5** SHAKESPEAREAN COMEDY AND DRAMA IN BALLET

★ **NEW**

*Robert de Warren*

Shakespeare's popular *A Midsummer Night's Dream*, a wonderfully fanciful tale, and *Othello*, an expression of mankind's darker side, were two ballets that Robert de Warren choreographed for the Sarasota Ballet during his 13-year tenure as artistic director. They were both enormously successful productions. Robert de Warren will show video clips of these two ballets and discuss the creative process and choreographic challenges of translating Shakespeare into the world of ballet and how the choreographer can use the human body to evoke expression without the spoken word. He will also exemplify how the fusion of literature, music, and ballet can go beyond the original concept.

*Robert de Warren is an international ballet director, choreographer, and designer. He has directed a number of companies, including the Iranian National Ballet (under the former Shah), the Northern Ballet Theatre in the United Kingdom, the Ballet at La Scala Opera House in Milan, and the Sarasota Ballet, where he was artistic director for 13 years. His memoir Destiny's Waltz — In Step with Giants, covers his artistic journey.*

**11:00 AM-12:30 PM**  
**Two sessions**

**Tuesdays**  
**Members \$40**

**Begins: 1/9**  
**Non-Members \$45**

**Ends: 1/16**

### **WT6** THE DE-MYSTIFICATION OF MUSICAL IMPROVISATION

★ **NEW**

*Michael Royal*

Michael Royal will play the piano and talk, in an easy and accessible way, about the nature of and possibilities in improvisation. How does a musician think about improvising? The talks will be sprinkled with interesting anecdotes, historical references, and stories that embody the common theme "How do you make it up as you go along?" References will be made to classical and jazz masters throughout. This unique series will be improvised; no set script, but the summation of 60 years of observation and practice!

*Michael Royal, pianist, composer, teacher and producer is a former student of Jacques Abram at the University of South Florida. Mr. Royal developed his own idiom for the piano through blending and uniting classical jazz influences. He has performed as a soloist and with various sized ensembles with many known jazz and pop artists at festivals, broadcasts, recordings, and lectures on concert stages all over the world.*

**11:00 AM-12:30 PM**  
**Two sessions**

**Tuesdays**  
**Members \$40**

**Begins: 1/23**  
**Non-Members \$45**

**Ends: 1/30**

## TUESDAY (CONT.)

### **WT7** THE WOMEN'S CIRCLE

★ NEW

*Patricia Werlau*

The Women's Group is back with a new name and a new facilitator! This circle of women will give everyone an opportunity to discuss a variety of issues and topics that will be brought to the gathering either by Patricia or with suggestions from the group to inspire insightful and thought-provoking discussions. Women will enjoy friendly interaction and helpful support for personal growth and increased awareness. This was a very popular course for many years and we are happy to have it return so women can make new friends and learn new things about themselves, their world and each other.

*Patricia Werlau has a master's degree in social work and has been a social worker for over 40 years practicing in the field of geriatric care management. She was employed as a social work director in a community hospital for 25 years and owned a non-medical home care business for 12 years. She has been a facilitator for a similar group in New York for the past five years helping women live healthier, happier lives.*

**11:00 AM-12:30 PM**    **Tuesdays**    **Begins: 1/23**    **Ends: 2/27**  
**Six sessions**    **Members \$95**    **Non-Members \$105**

### **WT8** LIGHTING DESIGN — THE "WOW" FACTOR OF ARCHITECTURE

★ NEW

*Claude R. Engle*

This series will begin with a discussion of the integral part that light and vision play in architecture. Students will then view and learn about selected projects addressing their use, place and times as well as how the personality of their designers affected their design. Architectural sites will include: National Gallery of Art, East Building in Washington; Grand Louvre Pyramid; Hong Kong and Shanghai Bank Tower; The Reichstag Renovation in Berlin; London's St. Pancras Station, and the new One World Trade Center. Learn what an amazing difference lighting can make in architecture!

*Claude R. Engle graduated from Princeton University in electrical engineering having spent a lot of time designing lighting at its McCarter Theatre. He has combined his engineering background and experience in theatre and television into a practice of lighting design for architecture. He has collaborated with I.M. Pei, Frank Gehry, Norman Foster, Philip Johnson and many others. His work spans from Buckminster Fuller Dome at EXPO 67 in Montreal to Yamasaki's Twin Towers and Skidmore, and Owings & Merrill's new One World Trade Center. Learn more at [crengle.com](http://crengle.com).*

**11:00 AM-12:30 PM**    **Tuesdays**    **Begins: 2/6**    **Ends: 2/13**  
**Two sessions**    **Members \$40**    **Non-Members \$45**

### **WT9** MODIGLIANI, PASCIN, SOUTINE: LIFE IN MONTPARNASSE ★ NEW

*Paulette Rackow*

These three artists were Jewish expatriates living in Paris in the 1920s. They shared a fascination with the studio and café life of Montmartre and Montparnasse and earned a reputation as *peintres maudits* (cursed painters, translated from French). We will explore their lives and their emotional responses to their surroundings and the culture in which they lived and worked, viewing and comparing works done by all three.

*Paulette Rackow is a retired kindergarten teacher and Montessori administrator. She holds a BS and master's degree in elementary education and completed over 10 years of study at the Barnes Foundation, where she has been a docent for over nine years. She also studied art at the Clark Institute in Williamstown, Massachusetts.*

**11:00 AM-12:30 PM**    **Tuesdays**    **Begins: 2/20**    **Ends: 2/27**  
**Two sessions**    **Members \$40**    **Non-Members \$45**

## TUESDAY (CONT.)

### **WT10** AT THE MOVIES

*Gus Mollasis*

For Course Description see page 3.

**11:00 AM-12:30 PM**      **Tuesdays**      **Begins: 1/9**      **Ends: 2/27**  
**Eight sessions**      **Members \$120**      **Non-Members \$130**

### **WT11** AT THE MOVIES

*Gus Mollasis*

For Course Description see page 3.

**1:00-2:30 PM**      **Tuesdays**      **Begins: 1/9**      **Ends: 2/27**  
**Eight sessions**      **Members \$120**      **Non-Members \$130**

### **WT12** EXPRESS YOURSELF THROUGH WRITING

*Ronni Miller*

This fun, hands-on, workshop-style course that Ronni has taught at the school for 15 years, is designed for people who wish to experience the creative enjoyment of expressing themselves through writing whether it's memoir, fiction, poetry or journaling. Write to document, to enjoy, to heal, to publish, or to entertain. Novice and professional writers, new and returning students, all are welcome to share their writing in a creative and supportive atmosphere with guidance and encouragement. Class work consists of motivating, warm-up writing exercises and readings of assignments or works-in-progress.

*Ronni Miller, founder and director of Write It Out®, a motivational and expressive writing program for students of all ages established in 1992, is a published, award-winning author of short stories, a playwright, editor, workshop leader, and educator who has written seven books for adults and children. Her Write It Out® program is endorsed by James W. Pennebaker, Ph.D., leading researcher in the field of expressive writing. She is national 4th VP of the National League of American Pen Women.*

**1:00-3:00 PM**      **Tuesdays**      **Begins: 1/9**      **Ends: 2/27**  
**Eight sessions**      **Members \$145**      **Non-Members \$155**

### **WT13** AT THE MOVIES

*Gus Mollasis*

For Course Description see page 3.

**3:00-4:30 PM**      **Tuesdays**      **Begins: 1/9**      **Ends: 2/27**  
**Eight sessions**      **Members \$120**      **Non-Members \$130**

### **WT14** TUESDAY FILM NIGHTS: BEST MOVIES YOU'VE NEVER SEEN!

*Gus Mollasis and Michael Givant*

★ **NEW**

You will enjoy a light buffet (and fresh popped popcorn!), followed by viewing a quality movie that you have probably never seen! Both Gus and Michael have treasure troves of obscure movie gems that have rarely seen the light of day. The audience will participate in a stimulating discussion afterwards. Our movie nights are popular and fun!!

**Note:** Michael will host January 23 and Gus will host February 20.

**Buffet: 5:15**      **Movie: 5:45**      **Buffet and Refreshments are included in the price.**

See *Biographical Sketch* for **Gus Mollasis** on page 2 and for **Michael Givant** on page 33.

**5:00-8:15 PM**      **Tuesdays**      **Jan., 1/23 & Feb., 2/20**  
**Two sessions**      **Members \$50**      **Non-Members \$55**

**Join us for Lecture Series 2018 every Tuesday at 3 PM. See pages 47-50.**

# WEDNESDAY

## **WW1** SLOW FLOW YOGA

*Angelena Craig*

For Course Description see page 3.

**9:00-10:00 AM**  
**Eight sessions**

**Wednesdays**  
**Members \$88**

**Begins: 1/10**  
**Non-Members \$104**

**Ends: 2/28**

**Note:** Yoga classes are offered Monday, Tuesday, Wednesday, and Thursday at 9:00 AM. Qigong is offered on Fridays at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM.

## **WATERCOLOR, ACRYLIC, PASTELS, OILS**

*Renee DiNapoli*

For Course Description see page 3.

## **WW2** WATERCOLOR ETC — SECTION ONE

**9:00-11:30 AM**  
**Four sessions**

**Wednesdays**  
**Members \$135**

**Begins: 1/10**  
**Non-Members \$145**

**Ends: 1/31**

## **WW3** WATERCOLOR ETC. — SECTION TWO

**9:00-11:30 AM**  
**Four sessions**

**Wednesdays**  
**Members \$135**

**Begins: 2/7** **Ends: 2/28**  
**Non-Members \$145**

## **WW4** WATERCOLOR ETC. — SECTIONS ONE & TWO

**9:00-11:30 AM**  
**Eight sessions**

**Wednesdays**  
**Members \$235**

**Begins: 1/10** **Ends: 2/28**  
**Non-Members \$250**

*(Note discount if taking both sections.)*

*Limited Enrollment*

## **WW5** INTRODUCTION TO MINDFULNESS —

***Reclaiming the Present Moment and Your Life***

*Nancy Saum*

Simply put, mindfulness is the practice of cultivating an accepting awareness in day-to-day life. When we rest in mindful awareness, we are able to participate more fully with life, as it is unfolding in each moment. Jon Kabat-Zinn introduced mindfulness into mainstream western medicine in 1979 with the course “Mindfulness-Based Stress Reduction” (MBSR). Since then, MBSR studies have demonstrated positive changes in the brain, correlated with greater emotional balance, compassion, and genuine happiness. Also reported is improved physical and mental well-being, as well as the ability to buffer stressful experiences when they occur. In these classes, you will practice several of the forms of mindfulness meditation taught in the MBSR course. The content and practices are valuable for the novice meditator, those with some meditation experience, and for Nancy’s return students.

*Nancy Saum, MS,RN,AHN-BC, is a certified holistic nurse and has completed Mindfulness Based Stress Reduction (MBSR) training with faculty from the University of Massachusetts Center for Mindfulness. She also teaches mindful movement practices as a senior trainer with the Institute of Integral Qigong and Tai Chi. Nancy has been teaching MBSR and Qigong for more than 12 years, most recently at the Sarasota Mindfulness Institute. Nancy also teaches Qigong at 9 AM on Fridays at The Longboat Key Education Center (page 35).*

**9:00-10:30 AM**  
**Four sessions**

**Wednesdays**  
**Members \$75**

**Begins: 1/10**  
**Non-Members \$85**

**Ends: 1/31**

## WEDNESDAY (CONT.)

### **WW6** MINDFULNESS MEDITATION

*Ruth Fishel*

Bring more patience, balance, equanimity, and joy to your life, enriching your life on all levels. Scientific studies have proven that mindfulness meditation can actually improve memory, blood pressure, sleep, and overall health and well-being, no matter at what age you begin to practice. This class will include helpful instructions in meditation, journaling and the power of affirmations. Wear comfortable clothing. Return students welcome. Ruth will also continue with another four weeks in March. (See page 53.)

**Ruth Fishel, M.Ed.**, is a nationally known author, meditation teacher, retreat and workshop leader. Her books include the best-selling *Time for Joy*, *Living Light as a Feather*; *Change Almost Anything in 21 Days*; *Peace in My Heart*, *Peace in the World*; *Wrinkles Don't Hurt*; *The Joy of Aging Mindfully*, and *Time For Me*. Ruth has helped thousands of people feel better about themselves spiritually, mentally and physically.

**9:00-10:30 AM**                      **Wednesdays**                      **Begins: 2/7**                      **Ends: 2/28**  
**Four sessions**                      **Members \$75**                      **Non-Members \$85**

### LITERARY GEMS

*Randi Kreiss*

Talk about great books in a stimulating, friendly, and focused group. Enjoy reading and discussing the best writers, the best novels and nonfiction, and connecting it all to the world we live in today. Sign up for one section or both. A perennial favorite!

**Randi Kreiss** is a professional book group facilitator with an MS in English/Education from Queens College in New York and a BS from NYU. She is also a published writer, literary commentator, public speaker and weekly newspaper columnist. This year Randi won first place (for the seventh time) in the New York State Better Newspaper Competition for her column in the *Herald Community Newspapers* in New York.

### **WW7** LITERARY GEMS — America The Beautiful - PART ONE

Great to talk about, richly imagined, lauded by the critics, enjoy reading these four works of fiction that evoke America in all its gorgeous, diverse, contentious glory. Books in order of discussion include: *This Beautiful Life* by Helen Schulman, *This is How You Lose Her* by Junot Diaz, *All Involved* by Ryan Gattis and *The Underground Railroad* by Colson Whitehead.

**11:00 AM-12:30 PM**                      **Wednesdays**                      **Begins: 1/10**                      **Ends: 1/31**  
**Four sessions**                      **Members \$75**                      **Non-Members \$85**

### **WW8** LITERARY GEMS — Escape To Other Times, Other Places - PART TWO

Slap on your readers and fasten your seatbelt, it's going to be a thrilling ride — a brilliant take on Lincoln's life, an original psychological mystery, a fiercely intelligent western and the must-read political thriller of 2017: *1984*. Books in order of discussion include: *1984* by George Orwell, *Butchers Crossing* by John Williams, *Lincoln in the Bardo* by George Saunders and *Beast in View*, by Margaret Millar.

**11:00 AM-12:30 PM**                      **Wednesdays**                      **Begins: 2/7**                      **Ends: 2/28**  
**Four sessions**                      **Members \$75**                      **Non-Members \$85**

### **WW9** LITERARY GEMS - PARTS ONE & TWO

**11:00 AM-12:30 PM**                      **Wednesdays**                      **Begins: 1/10**                      **Ends: 2/28**  
**Eight sessions**                      **Members \$130**                      **Non-Members \$150**

*(Note discount if taking both sections.)*

## WEDNESDAY (CONT.)

### **WW10** AMERICA AND THE WORLD IN 2018

*Gary Massel, Ph.D.*

America faces a multiplicity of challenges unlike any period in its history since the Cold War with the Soviet Union and all pose challenges to regional and world stability and to the international and regional institutions that have been used to preserve that balance. Some have the potential to fundamentally change our way of life. North Korea poses a near term nuclear threat. Russia is intent on stopping the spread of liberal democracy. The Middle East poses multiple threats, including acts of terrorism and the potential for a regional war that will have significant spill-over effects to the rest of the world. But the greatest threat is the economic and military rise of China which is directly challenging many of the principles and institutions that have been the basis of foreign relations since the end of WWII. We will cover each of these threats and challenges and how the U.S., with its new presidential administration, might confront and handle them.

*Dr. Gary Massel has a Ph.D. in physics and 31 years of experience in the federal government and in private industry. After graduation he worked at the Institute for Defense Analysis and then for the Office of the Secretary of Defense. He served on the first SALT (Strategic Arms Limitation Treaty) team and then became director of Land Forces Planning and director of Naval Forces Planning. After leaving the government for private industry he continued to maintain a strong interest in foreign policy and cultural and political histories of major world regions.*

*Robert Garvin, who created and taught this popular course for 17 years before he was joined by Gary Massel two years ago, passed away in June of 2017. He will be sorely missed by all of us.*

**11:00 AM-12:30 PM**      **Wednesdays**      **Begins: 1/10**      **Ends: 2/28**  
**Eight sessions**      **Members \$130**      **Non-Members \$140**

### **WW11** THE GREATEST COMPOSER OF THEM ALL — JOHANN SEBASTIAN BACH

★ **NEW**

*Mark Kroll*

Was Johann Sebastian Bach the greatest composer? What about Monteverdi, or Mozart, or Beethoven, or Brahms?? All geniuses, of course, but if you were able to ask them or anyone else, they would point to Bach as the master of them all. The composer of over 1,000 works, almost all of them masterpieces, no other musician inspires such reverence and head-shaking awe. In this series we will examine the life and works of this giant in music history, including the *Mass in B Minor*, the *Brandenburg Concertos*, and the *Well-Tempered Clavier*.

*Mark Kroll, Professor Emeritus, Boston University, served for 25 years as professor and chair of the Department of Historical Performance, balancing performing, teaching and scholarship throughout his career. A noted authority on performance practice and period instruments, Mr. Kroll has contributed to scholarly publications and has published four books. Acclaimed as one of the world's leading harpsichordists and forte pianists, he has served as harpsichordist for the Boston Symphony since 1979 and released the first two recordings of complete harpsichord works of François Couperin for Centaur Records.*

**1:00-2:30 PM**      **Wednesdays**      **Begins: 1/10**      **Ends: 1/17**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

## WEDNESDAY (CONT.)

### **WW12** YOU'VE GOT TO SEE THIS MOVIE!

*Kathie Moon*

For Course Description see page 4.

**1:00-2:30 PM**

**Eight sessions**

**Wednesdays**  
**Members \$120**

**Begins: 1/10**

**Non-Members \$130**

**Ends: 2/28**

**Note:** This course is also offered later in the day from 3-4:30 PM (page 24), and on Thursdays from 1-2:30 PM (page 32) and 3:00-4:30 PM (page 33).

### **WW13** IPHONE & IPAD: FUNDAMENTALS FOR BEGINNERS

★ **NEW**

*Keith S. Coker*

If you are a brand new iPhone, iPad (or even iPod Touch) user, or if you have had your device for a while and are still trying to grasp the basics, then this course is for you! First and foremost, we will discuss the Apple ID and make sure everyone is up to date and knows what his/her Apple ID and password is and why it is so important! We will also learn how to download the appropriate manual for your devices. You will then be guided through the following relevant fundamentals: basic features and functions, the buttons and user interface, making and receiving calls, sending and receiving texts and emails, managing contacts, and some camera basics. Bring your devices fully charged, and bring your chargers, just in case. Try your best to come to class knowing what your Apple ID and password are. All novices, as well as return students, are welcome.

*Keith S. Coker is an Apple and IT consultant and technologist and owner of Cybaris Network, Inc., providing audio-visual advice and technical support to homes and businesses in the greater Sarasota area since 1997. He was senior associate with Computer Technologies Group (CTG) for 10 years and was media center coordinator for New Gate School and media center assistant at New College of Florida. He holds a BA from New College of Florida, Sarasota, and has been president and vice-president of Sarasota/Manatee Macintosh User's Group (SMUG).*

**1:00-3:00 PM**

**Four sessions**

**Wednesdays**  
**Members \$100**

**Begins: 1/10**

**Non-Members \$110**

**Ends: 1/31**

### **WW14** GREAT WOMEN ARTISTS — *The Famous And Not So Famous* ★ **NEW**

*Jean Joseph Renoux*

A fascinating lineup of great female artists beginning with Italian painter Lavinia Fontana (1552-1614), regarded as the first woman artist to paint female nudes, and the major breadwinner of a family of 13, to the innovative, contemporary Danish photographer and graphic artist, Olivia Muus, who currently enjoys a reputation for "selfie" art, will be presented with historical references, captivating personal stories, and a critique of the art that made them famous or left them in obscurity. Artists to be discussed will include: Dutch still life and portrait painter Judith Leyster; English portrait painter Mary Beale; French sculptor Camille Claudel; French nudes and portraits painter Suzanne Valadon; American photographer Kate Matthews; Ukrainian-born French pioneer of the Abstract Movement Sonia Delaunay; German-Swedish painter and portraitist Lotte Laserstein; feminist sculptor Louise Nevelson; American painter of portraits, landscapes and still life, Alice Neel; and American-French sculptor and installation artist Louise Bourgeois.

*Jean Joseph Renoux has been presenting history and art history programs and lectures for over 25 years throughout the U.S. He also leads group excursions to Europe, particularly Prague and throughout France, to explore its art, architecture and history.*

**1:00-2:30 PM**

**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 1/24**

**Non-Members \$45**

**Ends: 1/31**

## WEDNESDAY (CONT.)

### **WW15** WANDERINGS: TWO THOUSAND YEARS OF JEWISH DISPERSION

*Ken Hanson, Ph.D.*

★ **NEW**

The Jewish people have wandered across the continents for over two millennia. Today they represent a scant 13.9 million, one out of every 457 people in the world. That's a sliver of a sliver. Yet, the influence of the Jewish people is beyond measure. This series follows their wanderings as they are woven in the fabric of the cultures of Europe and Asia, from the Roman empire, through the Middle Ages, the Enlightenment, two world wars, and the rise of the modern state of Israel. In many ways, their story is the story of us all! Dr. Hanson's unique theatrical style of presentation never fails to captivate and engage his audience.

*Dr. Ken Hanson, Director, Interdisciplinary Program in Judaic Studies, University of Central Florida, is an associate professor and teaches in the Judaic studies program. He has also taught philosophy and religion at Rollins College, Winter Park, Florida. He earned a master's degree in international/inter-cultural communication, and went on to earn a doctorate in Hebrew language and literature from the University of Texas at Austin. His multiple books and appearances on syndicated radio and national television (including "The History Channel" and "The Travel Channel") have brought his unique insights into everyone's world.*

**1:00-2:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 2/7**  
**Non-Members \$45**

**Ends: 2/14**

### **WW16** ESSENTIAL ASPECTS OF BRAIN HEALTH

*Nicci Kobritz*

★ **NEW**

Nicci Kobritz and The Center for Brain Health, brings you three distinguished doctors, one each week, with a summary at the last class by Nicci. Learn and understand the most important aspects of maintaining and improving brain health, most particularly for the 60+ age group. You will be empowered to reach your maximum brain performance with the latest supporting research presented by doctors who are specialists in their fields. **Sarah L. Szanton, Ph.D., ANP, FANN**, an associate professor in the Department of Community-Public Health in Baltimore, Maryland, and one of the top recognized experts at the forefront of improving aging, will discuss enhanced cognitive functioning and innovative care in the aging population; **Ken Henson, M.D.**, board certified by the American Board of Internal Medicine in cardiovascular disease and internal medicine, will talk about the heart/brain connection. **Dr. Jack Wazen**, board certified in otolaryngology, and board sub-certified in neurology, will explain how hearing loss affects brain health. Each class will allow time for questions and answers.

*Nicci Kobritz is the CEO of the Center for Brain Health and president of Youthful Aging Home Health. She is a nurse practitioner and geriatric specialist with more than three decades of experience in developing and managing health care services. In 2011, she formed a partnership with the internationally known Roskamp Institute to create and operate Sci-Brain, a research-driven organization dedicated to reducing peoples' risk for Alzheimer's disease. In 2016, she established a new entity, the Center for Brain Health, newly located in The Centre Shops of Longboat Key, to expand its capabilities.*

**1:00-2:30 PM**  
**Four sessions**

**Wednesdays**  
**Members \$75**

**Begins: 2/7**  
**Non-Members \$85**

**Ends: 2/28**



## WEDNESDAY (CONT.)

### **WW17** THE NEXT 20 YEARS: 2017-2037

★ **NEW**

*David Houle*

This 20-year period will be one of the most historical transits in human history. There will be more transformation and shift than any 50-year period in history. It may well be looked back upon as significant a transit as the beginning of the Industrial Age or the Renaissance. Reality as we know it will largely change. Learn what your new reality will look like; the reality of your children, grandchildren and great grandchildren. Get a look ahead!

*David Houle is a futurist, thinker, and speaker. He spent over 20 years in media and entertainment, working with NBC, CBS, and as part of the senior team that created and launched MTV1 Nickelodeon, VH1 and CNN Headline News. Houle has been speaking about the future for 8 years, has a highly regarded futurist blog [www.evolutionshift.com](http://www.evolutionshift.com) and has written seven books including his influential first book *The Shift Age* published in 2007 and his latest book, co-authored with Timothy Ramage, *This Spaceship Earth*. He is currently serving as futurist in residence at Ringling College of Art and Design and is honorary president and futurist of the Future Business School of China.*

**1:00-2:30 PM**

**Wednesdays**

**Begins: 2/21**

**Ends: 2/28**

**Two sessions**

**Members \$40**

**Non-Members \$45**

### **WW18** YOU'VE GOT TO SEE THIS MOVIE!

*Kathie Moon*

For Course Description see page 4.

**3:00-4:30 PM**

**Wednesdays**

**Begins: 1/10**

**Ends: 2/28**

**Eight sessions**

**Members \$120**

**Non-Members \$130**

**Note:** This course is also offered earlier in the day from 1-2:30 PM (page 22) and on Thursdays from 1-2:30 PM (page 32) and 3:00-4:30 PM (page 33).

### **WW19** iPHONE & iPAD — BASICS PLUS

*Keith S. Coker*

This course is for people who are a little beyond beginners but who are not fully utilizing the many basic features of their iOS devices. To get started the definition and uses of your Apple ID for Apple's iCloud and the App Store and making sure everyone knows their Apple ID and password will be reviewed. Other fundamentals for review include iBooks to download the manual for your device, texting, email, navigation, and browsing the internet for information. Apps such as Messages, Mail, Notes, Maps, and the use of Siri and Safari for web browsing will be covered. More about Camera and Photo Apps will be explored and iTunes will be introduced. This is a hands-on experience. Bring your iOS devices fully charged with your chargers. Try to have your devices updated to the most current iOS, and know your Apple ID and password. Return students welcome.

See *Biographical Sketch* on page 22.

**3:15-5:15 PM**

**Wednesdays**

**Begins: 1/10**

**Ends: 1/31**

**Four sessions**

**Members \$100**

**Non-Members \$110**

**Questions? (941) 383-8811**  
**e-mail: [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org)**

## WEDNESDAY (CONT.)

### **WW20** IPHONE & IPAD — INTERMEDIATE

*Keith S. Coker*

This course is for intermediate and/or advanced students who have a solid understanding of the basics and want to unlock even more potential of their Apple devices. We will build on topics from Keith Coker's iPhone & iPad — Fundamentals for Beginners and Basics Plus courses (pages 22 and 24, respectively). Topics will include an in-depth treatment of iCloud, sync features, and the multiple functions of iTunes as it relates to your iOS device, having fun learning how to download music, movies, apps, books and other types of media. We will take an in-depth look at the use of the Camera and Photos Apps, including taking and sharing photos and videos, managing them with albums, and saving and retrieving photos/videos sent to you. We will further explore Siri and introduce Bluetooth and some third-party applications such as Google and Facebook, as well as a variety of things your iOS device is capable of. The possibilities are endless! Bring ideas, interests and suggestions that would benefit the entire class. This is a hands-on class — as always, please have your devices fully charged and/or bring your chargers! Return students are welcome to review and learn more!

*See Biographical Sketch on page 22.*

**3:00-5:00 PM**  
**Four sessions**

**Wednesdays**  
**Members \$100**

**Begins: 2/7**  
**Non-Members \$110**

**Ends: 2/28**

### **WW21** SHE WHO RULES

*Kevin Costello*

★ **NEW**

There have been many historical epochs wherein political and military power rested in the hands of women. Some characteristics shared by all these women have been intelligence, tenacity and, in some cases (for reasons of dynastic security), the ability to birth heirs. This series serves to give vivid portraits of four such women who survived court intrigues and left behind a strong and prosperous empire. They are: Semiramis, Queen of Babylon; Elizabeth I of England; Catherine the Great of Russia; and Margaret Thatcher. Time will be made for questions and answers after each class.

*Kevin Costello graduated Chelsea School of Art and University of London's Goldsmiths College with degrees in fine art and art history. Kevin is a studio artist and has taught painting, drawing, sculpture, and art history at the San Francisco Academy of Art, the San Francisco Museum of Art, and the Ringling College of Art and Design. He was the art and architecture correspondent for the Sarasota Herald Tribune for eight years and currently teaches art history for the School Board of Sarasota and local lifelong learning centers.*

**3:00-4:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 1/10**  
**Non-Members \$45**

**Ends: 1/17**

## WEDNESDAY (CONT.)

### BEETHOVEN—THE MAN, HIS WORLD, AND HIS MUSIC ★ NEW

*Richard Benedum, D.M.A.*

Beethoven was the dominant composer of the 19th century. He became the model for virtually every other composer who followed him throughout the century, and his music set the benchmark that other composers strove for. This two-part course will examine the life of Beethoven, the world in which he lived and which helped shape his music, and a broad array of selected compositions — including works well and little-known, covering music for orchestra, piano, and chamber music. Take Part One, Part Two or both. They stand alone and can be enjoyed separately.

*Doctor Richard Benedum is professor emeritus of music at the University of Dayton, Ohio. He is founder and former artistic director and conductor of the professional-level Dayton Bach Society chorus and orchestra. In addition to his many other achievements, awards and contributions, he directed 15 summer seminars and institutes for teachers based in Vienna and studying the music of Mozart for the National Endowment for the Humanities between 1990 and 2014. He currently is organist-choirmaster at Christ Episcopal Church in Bradenton.*

#### WW22 BEETHOVEN - PART ONE

Part One will provide an overview of Beethoven's style and works and his early years. A little known work, *Wellington's Victory* and the well-known and beautiful piece for the piano, *Sonata in C Minor (Pathetique)* will be discussed.

**3:00-4:30 PM**                      **Wednesdays**                      **Begins: 1/24**                      **Ends: 1/31**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

#### WW23 BEETHOVEN - PART TWO

Part Two will explore Beethoven the person, the arts and patronage of the early 19th century, and his *Symphony III*. The last session will cover his late piano works and chamber music and compositional sketchbooks.

**3:00-4:30 PM**                      **Wednesdays**                      **Begins: 2/7**                      **Ends: 2/14**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

#### WW24 BEETHOVEN - PARTS ONE & TWO

**3:00-4:30 PM**                      **Wednesdays**                      **Begins: 1/24**                      **Ends: 2/14**  
**Four sessions**                      **Members \$75**                      **Non-Members \$85**

*(Note discount if taking both sections.)*

#### WW25 JAZZ MUSICIANS OF NOTE

★ NEW

*Dan Fine*

Dan Fine will discuss and play piano selections to illustrate the musical styles and contributions of artists such as Louis Armstrong, Dizzy Gillespie, Charlie Parker, Duke Ellington, Fats Waller, Erroll Garner, Dave Brubeck and others, with time towards the end of the class for requests from the audience.

*Dan Fine began piano lessons at the age of 8 and has been playing professionally since age 14. He has played alto saxophone for 30 years with the Simsbury Community Band in Connecticut and was on the board of the Greater Hartford Festival of Jazz for 10 years. He has a BA from University of Connecticut, an MBA from Boston College, and retired as a stockbroker after 43 years.*

**3:00-4:30 PM**                      **Wednesdays**                      **Begins: 2/21**                      **Ends: 2/28**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

# THURSDAY

## **WR1** SWEET AND SPIRITED YOGA!

*Mary Kane*

For Course Description see page 2.

**9:00-10:00 AM**  
**Eight sessions**

**Thursdays**  
**Members \$88**

**Begins: 1/4**  
**Non-Members \$104**

**Ends: 2/22**

**Note:** Yoga classes are offered Monday, Tuesday, Wednesday, and Thursday at 9:00 AM. Qigong is offered on Fridays at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM.

## **WR2** BREAKFAST FORUMS

*Stanley Kolodkin*

These popular forums provide the opportunity for lively, informal discussions about important social, moral and political issues. The facilitator, Stanley Kolodkin, does his homework and introduces stimulating and thought-provoking subjects, guides the discussion and keeps the group focused. A continental breakfast will be provided. Repeat and new students welcome. This course is a perennial favorite.

**Stanley Kolodkin** obtained his BS and MS degrees in electrical engineering from MIT. He was CEO and founder of Xenergy Inc., a New England-based energy management company. He has consulted on numerous national and international energy, finance and management projects.

**9:00-10:30 AM**  
**Four sessions**

**Thursdays**  
**Members \$80**

**Begins: 1/4**  
**Non-Members \$90**

**Ends: 1/25**

**Note:** Forums are also offered Fridays 9-10:30 in February (page 35) and March (page 55).

## **WR3** THE METAPHYSICAL POETS

*Edward J. Dwyer, Ph.D.*

★ **NEW**

This course will focus on the great seventeenth century metaphysical poets John Donne, George Herbert, Andrew Marvel, Henry Vaughn, Thomas Traherne, and Richard Crashaw. These poets were revered for their intricacy and originality, and represent a wide range of styles, forms, and temperaments. You will discover (or rediscover) why they are so exceptional. Copies of all the poems to be discussed will be provided. Extraordinarily participant-friendly and enjoyable — simply poetic!

See *Biographical Sketch* on page 9.

**9:00-10:30 AM**  
**Four sessions**

**Thursdays**  
**Members \$75**

**Begins: 1/4**  
**Non-Members \$85**

**Ends: 1/25**

## **WR4** CORE BELIEFS OF BUDDHISM

*Anika Trancik*

★ **NEW**

What are the core beliefs of Buddhism? Who was Buddha and what is enlightenment? How can someone live a Buddhist way of life in today's modern world? Everyone is welcome, no experience necessary. Come with lots of questions and an open mind to learn about one of the world's most ancient and profound religions.

**Anika Trancik** is a Kadampa Buddhist teacher at Kadampa Meditation Center Florida. She has been a Kadampa Buddhist and student of Geshe Kelsan Gyatso for 16 years and longtime resident at KMC Florida.

**9:00-10:30 AM**  
**Four sessions**

**Thursdays**  
**Members \$75**

**Begins: 2/1**  
**Non-Members \$85**

**Ends: 2/22**

## THURSDAY (CONT.)

### **WR5** THE NATURE OF LONGBOAT KEY

*Karen Willey*

Gulf of Mexico barrier islands have unique ecosystems found nowhere else on earth. Learn about the ecosystems of Longboat Key, the plants and animals that call them home, and how we connect with them in the interdependent web of life on earth. Coastal dunes, mangrove forest, seagrass flats and climate change will be discussed as they relate to Longboat Key. The first class will be at the school followed by three nearby field trips. Karen will leave you with a sense of what makes Florida unique and why we should preserve our natural systems. This always sells out so register early. There is a second section from 11-12:30. See page 31.

*Karen Willey has spent 30 years walking local trails and studying the natural wonders of our land and sea. She has a BS from the University of Florida in ornamental horticulture with an environmental studies minor. Her company, Around the Bend Nature Tours, has provided environmental education programs for Sarasota and Manatee county schools for over 17 years. Karen also coordinates the Bay Guardians volunteer program for the Sarasota Bay Estuary Program.*

**9:00-10:30 AM**      **Thursdays**      **Begins: 2/1**      **Ends: 2/22**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

### **WR6** DRAWING: MAKE YOUR MARK IN THIS WORLD!

★ **NEW**

*Alexandra Lillis*

For Course Description see page 4.

**9:30-11:30 AM**      **Thursdays**      **Begins: 2/8**      **Ends: 3/1**  
**Four sessions**      **Members \$120**      **Non-members \$130**

**Note:** This course starts the second week in February and ends the first week in March of the Spring Term.

### *New One-Time Special Thursday Programs*

#### **SPR1** AGING WITH THE "RIGHT" ATTITUDE

*Dr. Peter Cohn (Cardiologist) and Joan Cohn, Ph.D. (Psychotherapist)*

Join the doctors in an insightful presentation discussing the medical and psychological components of a healthy mind-body approach to aging. Drawing on their expertise in their respective fields, and their previous collaboration in writing two well-received books for the lay public on similar topics, this married couple will present what is consensus up-to-date advice. They will give nutritional, psychological, and medical recommendations for maintaining good health, especially as it relates to the challenges of growing older. Creative approaches to the problems of aging will be provided and questions will be encouraged.

*Dr. Peter Cohn recently retired from Stony Brook University Medical Center as emeritus chief of cardiology and emeritus professor of medicine after a 45 year medical career. He has published five medical textbooks and has lectured in the U.S. and worldwide and served on numerous editorial boards of medical journals.*

*Dr. Joan Cohn is an assistant professor of medicine and community and preventive medicine at the Mount Sinai School of Medicine where she was a founding member of the Women's Health Program and served as associate director for mental health. She is a practicing psychotherapist in New York City and appears on radio and TV.*

**11:00 AM-12:30 PM**      **Thursday, January 4**  
**One session**      **Members \$18**      **Non-Members \$23**

*New One-Time Special Thursday Programs*  
(CONTINUED)

**SPR2 PALERMO — MARKETS, STREET FOOD, AND MARIONETTES**  
*Robert Gaglio*

Learn about Palermo's famous outdoor market tradition that dates back to the nineteenth century; the wonderful local street food; and the Sicilian Puppet Theatre, a characteristic theatre performance with an engaging history. Also, listen to a live singing performance while enjoying a Sicilian street food tasting. Robert always sells out his annual food and lecture presentations at the school. Register early!

*Robert Gaglio owns and operates Italian Culinary Tours, a specialty travel company that offers unique dining experiences and educational tours through the diverse regions of Italy, and Ciao Bella Productions, an innovative, private party catering company. His passion is Italian cooking and culture.*

**11:00 AM-12:45 PM Thursday, January 11**  
**One session Members \$30 Non-Members \$35**

**SPR3 THE JUST-TOO-MARVELOUS JOHNNY MERCER!**  
*Charles Troy*

Johnny Mercer was more than a lyricist: he was also a singer, a record company executive, and a talent scout. Plus he himself was one of the 230 tunesmiths who wrote music to his words! You won't believe how many great songs he's responsible for. Learn about Mercer's life in this multimedia presentation, which features live performances by singer Rebecca Renfroe and pianist Victoria de Lissovoy.

*Charles Troy is a musical theatre historian, graphic designer, and former theatre lyricist based in the Chicago area, where he gives his unusual multimedia musical theatre presentations (he has created over 50) at numerous venues. His work has been featured recently at the York Theatre in New York and the Auditorium Theatre in Chicago.*

**11:00 AM-12:45 PM Thursday, January 18**  
**One session Members \$20 Non-Members \$25**

**SPR4 INSIDE SARASOTA'S PERFORMING ARTS ORGANIZATIONS**  
*Phillip Gainsley*

Sarasota is well-known for its first-rate cultural institutions. Join your host Phillip Gainsley as he conducts a panel conversation with Joseph McKenna, President and CEO, Sarasota Orchestra; Richard Russell, Executive Director, Sarasota Opera; Marjorie Floyd, Marketing and Development Director, Sarasota Ballet; and Will Luera, Artistic Associate Director, Florida Studio Theatre (FST). This dynamic panel will discuss the challenges of maintaining a high quality level of performing arts on Florida's Gulf Coast. Don't miss this rare event and inside view of the arts organizations you love!

*See Biographical Sketch for Phillip Gainsley on page 35.*

**11:00 AM-12:30 PM Thursday, January 25**  
**One session Members \$18 Non-Members \$23**

## THURSDAY (CONT.)

### **WR7** LET'S PLAY CANASTA! — For Beginners

*Bunny Simons*

Have fun learning how to play this easy and fascinating card game. A hands-on class will guide you through each concept of the game and teach you rules and strategies. **Students cannot miss the first class or they will not be able to take the course.** Class size is limited so all players can have more one-on-one attention.

*Bunny Simons has been an educator for 35 years. She has been teaching Canasta for five years and playing the game for 16.*

**11:00 AM-12:30 PM**      **Thursdays**      **Begins: 1/4**      **Ends: 1/25**  
**Four sessions**      **Members \$60**      **Non-Members \$70**

### **WR8** IF NOT NOW, WHEN?

*An Exploration In Navigating Where You Want To Be*

*Marjorie B. Krubiner*

★ **NEW**

Each person's life is a journey, and the road is by no means a straight path to your destination. Without a personal GPS, how can we navigate the best paths towards personal satisfaction and fulfillment? With each transition we have new beginnings, options, decisions to make and directions to take. Whether you are retiring, have been retired, or are seeking a new way to invest your time and energy, this class will help you develop your roadmap. Join us and engage in a process that will assist you in determining your priorities, preferences, and next steps. Through dynamic discussions, personal reflections, and interactive activities, discover who you want to be and where you want to go at this stage in your life. And no matter what age you are, "If not now, when?"

*Marjorie B. Krubiner is a life coach, facilitator, educator, university professor, and mentor. She has advanced degrees in psychology and has thoroughly enjoyed leading seminars and training sessions over the past four decades.*

**11:00 AM-12:30 PM**      **Thursdays**      **Begins: 1/4**      **Ends: 1/25**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

### **WR9** THE AGE OF RISK — A Brief History Of 20th Century Art

*Kevin Costello*

★ **NEW**

The distinguishing characteristic of 20th Century art is its experimentation in new ideas and materials, the influence of new technologies, and the impact of such on our world view. It's what separated 20th Century art from the art of previous centuries. This four session PowerPoint course will look at the rapid change in styles from 1900 to 2000 and the philosophies underpinning them. It will also demonstrate how social forces, scientific invention, and innovative ideas in other art forms shaped the fine art of the 20th Century. Art movements to be discussed include Cubism, Surrealism, Pop Art and Post-Modernism.

*See Biographical Sketch on page 25.*

**11:00 AM-12:30 PM**      **Thursdays**      **Begins: 2/1**      **Ends: 2/22**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

## THURSDAY (CONT.)

### **WR10** LEARN HOW TO PLAY MAH JONGG

★ **NEW**

*Joyce Doran*

This time-honored, rummy-like Chinese tile game is simple and at the same time, challenging. It's competitive and requires skill, concentration, and luck! But the main objective is to have fun and enjoy this wonderful, sociable game in a relaxed atmosphere. This course teaches you the basics and will get you playing fairly quickly. There's nothing more exciting than when you call "Mah Jongg!" We play by the rules of the National Mah Jongg League based in New York. Hands-on instruction will be given while you learn to play. Time permitting, Joyce will cover winning strategies. Mah Jongg sets are provided and the 2017 Mah Jongg card will be available to purchase from Joyce.

*Joyce Doran is a retired English teacher from London, England. She learned how to play Chinese mah jongg while living in Hong Kong many years ago and fell in love with the game. After moving to Sarasota she subsequently learned the American version and has been teaching mah jongg for five years.*

**11:00 AM-12:30 PM**      **Thursdays**      **Begins: 2/1**      **Ends: 3/8**  
**Six sessions**      **Members \$90**      **Non-Members \$100**

**Note:** This course starts in the Winter Term and continues for two sessions in the Spring Term.

### **WR11** THE NATURE OF LONGBOAT KEY

*Karen Willey*

For Course Description see page 28. This course is so popular we now have two sections.

**11:00 AM-12:30 PM**      **Thursdays**      **Begins: 2/1**      **Ends: 2/22**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

### **WR12** MAMA LOSHEN — YIDDISH IS ALIVE AND WELL!

★ **NEW**

*Betty Silberman*

Who said Yiddish is a dead language? It is still alive in the hearts and minds of anyone who spoke it or heard it spoken as a child. And Yiddish has steadily seeped into the popular culture as a wonderful source of rich expressions. It still remains one of the most colorful, humorous, and evocative languages. Students will enjoy learning (or remembering — nostalgia guaranteed!) Yiddish words, phrases, expressions, and basic conversation in these interactive classes, flavored with Klezmer music, songs, amusing anecdotes, and poems, providing lots of fun! Previous knowledge of Yiddish is not required and repeat students from a few years ago are welcome to return for more lighthearted learning!

*Betty Silberman speaks Yiddish fluently. She is a native Yiddish speaker whose parents were Holocaust survivors. She began teaching Yiddish in 1979. She taught Yiddish language and culture at Harvard Hillel, M.I.T Hillel, Tufts Experimental College and Hebrew College as well as various Elderhostels.*

**1:00-2:30 PM**      **Thursdays**      **Begins: 1/4**      **Ends: 1/25**  
**Four sessions**      **Members \$75**      **Non-Members \$85**



## THURSDAY (CONT.)

### **WR13** YOU'VE GOT TO SEE THIS MOVIE!

*Kathie Moon*

For Course Description see page 4.

**1:00-2:30 PM**  
**Eight sessions**

**Thursdays**  
**Members \$120**

**Begins: 1/4**  
**Non-Members \$130**

**Ends: 2/22**

**Note:** This course is also offered later in the day from 3:00-4:30 PM (page 33) and twice on Wednesday 1-2:30 PM (page 22) and 3-4:30 PM (page 24).

### **WR14** SPEAKING YOUR DOG'S LANGUAGE:

★ **NEW**

**A "Must Do" For Dog Owners Who Love Their Dogs!**

*Gregg Flowers*

What can you do to have a better relationship with your dog? How does your dog think? What motivates your dog and what doesn't? These are some of the questions that will be answered as well as covering such topics as how to correct, be a leader, use the leash properly, and use your energy while playing, training, and communicating with your dog. You will learn how to talk to your furry family member in his (her) language and enjoy a more fulfilling relationship. There will be an opportunity for Q and A and people who attended Gregg's popular course last year are welcome to return and learn new "tricks" and ask more questions.

*Gregg Flowers never met a dog he didn't love. His fascination with dogs and the way they can be taught different things led him to start working with dogs and their owners in Shreveport, Louisiana, in the 1980s. His column about dogs has run in the Shreveport Times for 10 years. In 2009 Gregg moved to Florida where he continues his full time professional work of "teaching dogs and training people". He currently writes a column for the Sarasota Herald Tribune entitled "All About Dogs."*

**1:00-2:30 PM**  
**Two sessions**

**Thursdays**  
**Members \$40**

**Begins: 2/1**  
**Non-Members \$45**

**Ends: 2/8**

### **WR15** THE BUSINESS OF MAJOR LEAGUE BASEBALL

★ **NEW**

*Stuart Cassell, J.D.*

This series is designed to offer insights and inroads into the history of the business of Major League Baseball (MLB), which will include a discussion of the following subjects: the formation of the original baseball leagues; MLB's status as the granddaddy of all American sports cartels being exempt from anti-trust legislation; the exploitation of the players by the owners in their use of the reserve clause; their conspiracy to keep black players out of major league baseball; their creation of the reverse order of the amateur draft; the tax benefits of owning a major league baseball team; the impact of free agency; the luxury tax; revenue sharing; and the arbitration of players' salaries.

*Stuart Cassell is a retired attorney who practiced in New York as a sole practitioner for over 33 years. He has a juris doctor degree from Brooklyn Law School and currently operates his own business as a Healthcare and Patient Advocate. He grew up in Brooklyn with his beloved Brooklyn Dodgers, loved and played the game, and continues to be a student of the game.*

**1:00-2:30 PM**  
**Two sessions**

**Thursdays**  
**Members \$40**

**Begins: 2/15**  
**Non-Members \$45**

**Ends: 2/22**

## THURSDAY (CONT.)

### **WR16** THE FOREIGN FILM FEST

*Michael Givant, Ph.D.*

Some of the most vibrant and interesting foreign films in recent years that have shown at film festivals or have been nominated for Best Foreign Film are from China, France, Romania, Turkey and Argentina. You will see some films from these countries and expand your view of the world through the eyes of various film-makers' characters. Learning about the different cultural styles of making films and becoming familiar with them enriches our understanding and appreciation of film and moves us from consumers of film to having a critical understanding of it. Each film will be followed by an insightful group discussion. Michael spends a lot of time picking extraordinary movies in this perennial favorite.

*Dr. Michael Givant earned a Ph.D. at the Graduate Center of CUNY in sociology and taught primarily at Adelphi University for well over 30 years. He teaches a film course at The Institute for Learning in Retirement at Farmingdale State College in New York. He brings a practiced sociological eye to the group discussions about film.*

**2:15-5:00 PM**  
**Four sessions**

**Thursdays**  
**Members \$75**

**Begins: 1/4**  
**Non-Members \$85**

**Ends: 1/25**

### **WR17** JEWISH/ISRAELI FILM FESTIVAL

*Susan Goldfarb, Michael Givant and Special Guest Facilitators*

In this class we will view exceptional, award-winning, quality films and explore a variety of Jewish themes which touch the Jewish heart yet are universal in nature. Cultural diversity, Jewish history, Jewish identity and how the movies reflect and affect the Jewish/Israeli experience will be the subject of lively discussions afterwards. New movies are chosen every year. This is one of the most popular courses at the school.

*Susan Goldfarb, Executive Director, The Longboat Key Education Center, holds an Honors BA in English literature from York University, Toronto, Canada, and diplomas from the Alliance Française in Paris, France, French language and culture; The Royal Conservatory of Music in Toronto, piano; and The University of Toronto, theatre technology. She was the marketing and public relations director for The Longboat Key Education Center from 1986-1994 and the Sarasota Ballet from 1994-1997, after which she returned to the school to become the executive director.*

*See Biographical Sketch for **Michael Givant** above.  
Special Guest Facilitators will be chosen over the summer.*

**2:15-5:00 PM**  
**Six sessions**

**Thursdays**  
**Members \$100**

**Begins: 2/1**  
**Non-Members \$110**

**Ends: 3/8**

### **WR18** YOU'VE GOT TO SEE THIS MOVIE!

*Kathie Moon*

For Course Description see page 4.

**3:00-4:30 PM**  
**Eight sessions**

**Thursdays**  
**Members \$120**

**Begins: 1/4**  
**Non-Members \$130**

**Ends: 2/22**

**Note:** This course is also offered earlier in the day from 1:00-2:30 PM (page 32) and twice on Wednesday 1-2:30 PM (page 22) and 3-4:30 PM (page 24).

## THURSDAY (CONT.)

### **WR19** THE SIXTIES — YOU WERE THERE!

★ **NEW**

*George Stassa, M.D.*

Relive the assassinations, the British Invasion and the Civil Rights Movement, the emergence of hippies, flower children, the Vietnam War, and the man on the moon. Your memory and perspective are to be challenged with a 50-year retrospective view accompanied by powerful visuals and historical facts. Super Bowl #1, Charles Manson, The Chicago Seven, the Montgomery March, and the “I have a dream speech” will be covered. Nostalgia and your experience will stimulate lively discussions.

*Dr. George Stassa obtained his BA from Columbia College and his MD from Columbia University, College of Physicians and Surgeons. He was associate clinical professor of Radiology/Anatomy at New York Cornell Medical College for 36 years. Dr. Stassa has had a love of history since grade school and wanted to be a college professor, so he has reinvented himself into a teacher of history!*

**3:00-4:30 PM**  
**Four sessions**

**Thursdays**  
**Members \$75**

**Begins: 1/4**  
**Non-Members \$85**

**Ends: 1/25**

### **WR20** THE SECRET WAR OF WORLD WAR II

★ **NEW**

*George Stassa, M.D.*

Who were the best and worst spies? What impact did they have? How did the clandestine war change the course of the war? What was revealed years after the war that significantly modified events that we did not know then? Why was our spy network so successful? What was the Red Orchestra? Who were “Garbo” and “Trycycle?” These and other “secrets” will be exposed. This is not your college history course!

*See Biographical Sketch above.*

**3:00-4:30 PM**  
**Four sessions**

**Thursdays**  
**Members \$75**

**Begins: 2/1**  
**Non-Members \$85**

**Ends: 2/22**

..... *Back By Popular Demand* .....  
*Never Say It's Over!*  
*One Night Only!*

## LIVE NEW ORLEANS JAZZ CONCERT

**SAVE THE DATE: Thursday, January 25, 8-10 PM**

Join us for *Live New Orleans Jazz* with **Kid Dutch** and his fabulous guest jazz artists, including the wonderful **Henry Blackburn**, playing reeds. First come, first served – \$20 per person donation at the door. Cash or check.

## FRIDAY

### **WF1** QIGONG FOR HEALTH & VITALITY

*Nancy Saum*

Qigong is an ancient self-care practice from Traditional Chinese Medicine, sometimes described as “Chinese yoga.” Students will practice breathing, meditation (both moving and still), and self-applied massage. These mind-body practices are simple and relaxing, even when practiced for the very first time. Qigong helps increase flexibility, balance and endurance, and also helps improve immune function, sleep, mood, and stress management. All fitness levels will enjoy and benefit. Wear exercise clothing.

See *Biographical Sketch* on page 19.

**9:00-10:00 AM**      **Fridays**      **Begins: 1/5**      **Ends: 2/23**  
**Eight sessions**      **Members \$88**      **Non-Members \$104**

### **WF2** BREAKFAST FORUMS

*Stanley Kolodkin*

For Course Description see page 27.

**9:00-10:30 AM**      **Fridays**      **Begins: 2/2**      **Ends: 2/23**  
**Four sessions**      **Members \$80**      **Non-Members \$90**

**Note:** This course is also offered on Thursdays, 9-10:30 AM in January (page 27) and 9-10:30 AM on Fridays in March (page 55).

### **WF3** UNITED STATES – CHINA RIVALRY IN SOUTHEAST ASIA      ★ **NEW**

*Paul Sarno*

The long rivalry between these two powers has intensified relative to the eleven countries of Southeast Asia (from Myanmar/Burma to Timor-Leste). This course, with PowerPoint visuals, will explore the contest in these aspects: its history; military, including the South China Seas clashes; trade; foreign direct investment; climate change; aid; soft power; and diplomacy.

*Paul Sarno* is a graduate of the University of Pennsylvania and the Columbia Law School. He was a civil trial lawyer in New York City. Sarno nurtures his fascination with Southeast Asia through readings, frequent visits, membership in area societies, and by serving as a trustee of the Burma Studies Foundation. He has been teaching courses on Southeast Asia for 13 years to lifelong learners in Sarasota and Norfolk, Connecticut.

**9:00-10:30 AM**      **Fridays**      **Begins: 2/2**      **Ends: 2/23**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

### **WF4** OPERA PREVIEWS

*Phillip Gainsley*

Phil Gainsley will discuss and preview the operas being performed by the Sarasota Opera for its 2017-2018 season. Operas in order of discussion include: *Manon Lescaut* by Puccini, *Carmen* by Bizet, *Tiefland* by d’Albert, and *Norma* by Bellini. Phil is noted for his extraordinarily thorough and enjoyable lectures.

*Phillip Gainsley* has been a national speaker on opera and musical theater for over 35 years. He was a regular guest on the Metropolitan Opera Quiz, heard during the Saturday afternoon Met Opera radio broadcasts, for 30 years. He lectures for the Sarasota Opera Guild and hosts pre-concert discussions for the Minnesota and Sarasota Orchestras.

**11:00 AM-12:30 PM**      **Fridays**      **Begins 1/5**      **Ends: 1/26**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

## FRIDAY (CONT.)

### **WF5** POSITIVE PSYCHOLOGY

★ **NEW**

*Diane Lang*

This popular course, offered last year, will continue to explore the rapidly growing and exciting field of Positive Psychology. In the past we have focused on what is wrong and not working in our lives. Positive Psychology is the scientific study of human flourishing, and an applied approach to optimal functioning focusing on strengths and virtues, enhancing overall life satisfaction and happiness. Participation will be encouraged. Diane is also giving a workshop this season called "Life In Balance." See page 43.

*Diane Lang, practicing therapist, national speaker, educator, and certified positive psychology coach, has her master's degree in counseling psychology and is an adjunct professor in psychology at Montclair State University. She has written two books, Creating Balance & Finding Happiness and Baby Steps: the Path from Motherhood to Career and has been featured in various publications, and on TV and Internet shows.*

**11:00 AM-12:30 PM**      **Fridays**      **Begins: 1/12**      **Ends: 1/26**  
**Three sessions**      **Members \$60**      **Non-Members \$70**

### **IMPROV COMEDY FOR EVERYONE! IT'S ALWAYS NEW!**

*Will Luera*

Discover the freedom of spontaneity and prepare to laugh — a lot! Improv was wildly popular last season. Come back for more! We are lucky Will agreed to come for two courses this season, one in January and one in February. Join him for one or both courses. You don't need to have taken Part One to enjoy Part Two, it's not a prerequisite.

*Will Luera is the director of improvisation at Florida Studio Theatre, director of Big Bang Improv and artistic director emeritus of ImprovBoston. He has appeared in numerous improv festivals around the world and has studied improvisation with many improv companies including ImprovOlympic and The Second City. Will has taught, directed and toured as an improv and theater actor globally.*

### **WF6** IMPROV – PART ONE

You will learn to think quickly on your feet, explore your creativity, hone your comedic voice, and build self-confidence. Students will focus on the tenets of improvisation by learning how to play together, make others look good, support each other, and have fun while learning some of the classic improv games made famous by shows like *Whose Line Is It Anyway?* You will discover that you already have what it takes to improvise successfully onstage and off.

**11:00 AM-12:30 PM**      **Fridays**      **Begins: 1/5**      **Ends: 1/26**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

### **WF7** IMPROV – PART TWO

Students are introduced to the intricate aspects of creating comedic scenes. With purpose-driven "short-form" games and finely tuned exercises, students will learn to create rich characters, heighten relationships, and explore environments.

**11:00 AM-12:30 PM**      **Fridays**      **Begins: 2/2**      **Ends: 2/23**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

### **WF8** IMPROV – PARTS ONE & TWO

**11:00 AM-12:30 PM**      **Fridays**      **Begins: 1/5**      **Ends: 2/23**  
**Eight sessions**      **Members \$130**      **Non-Members \$150**

*(Note price break for taking both sections.)*

## FRIDAY (CONT.)

**WF9**

### WHAT IS WISDOM AND WHERE DO WE FIND IT?

★ **NEW**

*Larry Prusak and Dilip Mathur*

Are we drowning in knowledge and starved for wisdom? This course will cover how wisdom is defined; how it has been taught over time; the ways of thinking that facilitate wisdom; and the urgency of cultivating wisdom in a fast changing world. We will discuss the insights of Aristotle who helped define the Western tradition. We will cover the Eastern wisdom tradition of the Bhagavad Gita that so influenced Thoreau and Einstein. There will be examples of wise people, wise nations, wise actions, and wise words. In the spirit of wise learning, the classes will be interactive, with opportunity to share wisdom stories.

*Larry Prusak is a researcher, teacher, and consultant who has been studying knowledge and learning for the past 25 years. He has written or edited 12 books, over 50 articles, and given 250 speeches on these subjects.*

*Dilip Mathur is a frequent speaker and workshop leader on topics related to wisdom and happiness. He taught the Wisdom of Vedanta courses at the Chinmaya Center in Boston for 13 years. An MIT alumnus, he has been a CEO, and the architect of businesses that have created over 50,000 jobs for disadvantaged people, particularly village women.*

**11:00 AM-12:30 PM**  
**Four sessions**

**Fridays**  
**Members \$75**

**Begins: 2/2**  
**Non-Members \$85**

**Ends: 2/23**

**WF10**

### WOMEN LEADERS OF THE WORLD — HISTORY, POLITICS, AND SECRET ILLNESSES

★ **NEW**

*Allan B. Schwartz, M.D.*

Dr. Schwartz, who has given his popular presidents, world history, and secret illnesses course for several years, has created a whole new course about women leaders in history, the politics of their times, the wars and/or world conflicts they dealt with, and the secret illness they had which impacted their decisions and leaderships. In order of discussion, students will learn and engage in discourse about Eleanor Roosevelt, Golda Meir, Hillary Clinton, and Ruth Bader Ginsburg — dynamic leaders with compelling stories.

*Dr. Allan B. Schwartz, professor of medicine, Drexel University College of Medicine, Philadelphia, PA, has conducted 180 regional and national continuing medical education seminars, has published two textbooks, 22 chapters, and 88 research articles predominantly in hypertension, cardiovascular diseases and kidney disorders. He was vice chair of medicine, director of internal medical residency and continuing medical education. Dr. Schwartz has received numerous Outstanding Clinician and Outstanding Teacher awards at Hahnemann and Drexel.*

**11:00 AM-12:30 PM**  
**Four sessions**

**Fridays**  
**Members \$75**

**Begins: 2/2**  
**Non-Members \$85**

**Ends: 2/23**

**WF11**

### INTERMEDIATE BRIDGE I

*Larry Auerbach*

This course is for players with basic knowledge of the game. More complex bridge concepts will be considered. Classes will cover opening leads, concentrating on standard American conventions and touching on more advanced conventions.

*See Biographical Sketch on page 1.*

**1:00-2:30 PM**  
**Eight sessions**

**Fridays**  
**Members \$115**

**Begins: 1/5**  
**Non-Members \$125**

**Ends: 2/23**

## FRIDAY (CONT.)

### **WF12** PHYSICS GETS WEIRD —

★ **NEW**

#### **An Everyperson's Guide to Relativity and Quantum Mechanics**

*Jeff Rodgers*

#### **Relativity – Lecture One**

A century after they were proposed, Einstein's Theories of Relativity stand as our best understanding of how space, time, matter, energy, and gravity work. They provide a wonderfully simple description of how things work, but the implications are mind-boggling. We will take a look at what Einstein's theories tell us and explore some of their most interesting implications, like why you age slower if you live on top of a mountain.

#### **Quantum Mechanics – Lecture Two**

At really small, subatomic scales, reality gets very strange. Particles appear and disappear in a flash, and act differently depending on whether you are watching them or not. We'll explore how light can be both a particle and a wave, take a look at whether Schrodinger's cat is alive or dead, and ponder whether you have infinite doppelgangers spread across multiple universes. (Good thing this class is on a Friday afternoon. You'll need a drink after this one!)

*Jeff Rodgers, director of education, South Florida Museum and director of the Bishop Planetarium, joined the museum in 2004 after nine years at the American Museum of Natural History and Hayden Planetarium in New York City. A science communicator, he spends the bulk of his time trying to de-mystify the universe and our place in it.*

**1:00-2:30 PM**  
**Two sessions**

**Fridays**  
**Members \$40**

**Begins: 1/5**  
**Non-Members \$45**

**Ends: 1/12**

### **WF13** GRAHAM GREENE'S OUR MAN IN HAVANA —

★ **NEW**

#### **A Novel About Power and Corruption That Is Also Laugh Out Loud Funny!**

*Julie Altshuler, Ed.D*

British author Graham Greene was a profound student of the human psyche, a master of suspense, and one of the most entertaining writers of the twentieth century, many of whose novels have been made into motion pictures. In fact he wrote the screenplay for the popular movie version of *Our Man in Havana*. First published in 1959, set in Cuba, against the backdrop of the Cold War, *Our Man in Havana* remains one of Graham Greene's most widely read novels. It is an espionage thriller, a penetrating character study, and a political satire of government intelligence that still resonates today. Students should purchase, read, and prepare to discuss *Our Man in Havana* before the first class.

*Dr. Julie Altshuler was an English major at Cornell and received a doctorate from the Harvard Graduate School of Education. She was a high school and college English teacher and a higher education administrator. Julie has been leading classes at the Harvard Institute for Learning in Retirement since 2004 and was chairman of the curriculum committee.*

**1:00-2:30 PM**  
**Two sessions**

**Fridays**  
**Members \$40**

**Begins: 1/19**  
**Non-Members \$45**

**Ends: 1/26**

## FRIDAY (CONT.)

### **WF14** DEBBIE REYNOLDS AND DICK VAN DYKE – American Favorites

*Susan Benjamin*

★ **NEW**

Debbie and Dick could do it all: sing, dance, act and make people laugh — quite the quadruple threat! This program explores some of their greatest accomplishments as well as how each achieved stardom, despite personal travails. The Debbie Reynolds tribute section also includes commentary about her daughter, Carrie Fisher.

*Susan Benjamin, musical biographer, served as an Illinois public high school teacher and school administrator for 35 years. She is the recipient of the Lifetime Writer Award (Conference on English Leadership) and the John Heissler Award for Excellence in English. Susan has written over 60 programs and presents musical biographies at 37 venues in the Chicago area.*

**1:00-2:15 PM**  
**Two sessions**

**Fridays**  
**Members \$40**

**Begins: 1/19**  
**Non-Members \$45**

**Ends: 1/26**

### **WF15** GREAT SHORT WORKS OF TOLSTOY

*Julie Altshuler, Ph, Ed.*

★ **NEW**

Tolstoy's short works are compressed gems, often fully as rich and worthy of study as his greatest novels. In these stories Tolstoy writes about courtship, marriage, jealousy, happiness, death, the freeing of the serfs, and the conflict between a Europeanized Russia and a Muslim Chechnya. Students should purchase the book *Great Short Works of Leo Tolstoy*. Stories in order of discussion include: "Family Happiness" and "The Death of Ivan Ilych" for the first class and "The Cossacks" for the second session. Participants are expected to read about 80 pages a week and to actively share their insights and interpretations as we carefully go over and discuss selected pages from each story.

*See Biographical Sketch on page 38.*

**1:00-2:30 PM**  
**Two session**

**Fridays**  
**Members \$40**

**Begins: 2/2**  
**Non-Members \$45**

**Ends: 2/9**

### **WF16** ENCHANTED EVENINGS: THE MUSIC OF RICHARD RODGERS

*Mark Kroll*

★ **NEW**

There have been many wonderful composer-lyricist teams on Broadway: Lerner and Lowe; Comden, Green and Bernstein; Webber and Rice. But many people will rate the partnerships of Richard Rodgers with Lorenz Hart and Oscar Hammerstein II as the best. In this class we will survey the musicals of both teams, including *Pal Joey*, *The King and I*, *South Pacific* and more, to discover the musical genius of Richard Rodgers.

*See Biographical Sketch on page 21.*

**1:00-2:30 PM**  
**Two sessions**

**Fridays**  
**Members \$40**

**Begins 2/2**  
**Non-Members \$45**

**Ends: 2/9**



## FRIDAY (CONT.)

### **WF17** CREATIVE IMAGING WITH YOUR IPHONE

★ NEW

*Jeffrey Paul Gunthart*

In this two-session course you'll learn how to make creative choices; explore the importance of post-production through apps on your phone; and how to implement choices using classic photography principles of light, color and composition. Learn what really sets a photograph apart from a snapshot in our new age of digital technology. Bring your iPhones charged and your chargers. Students should have fundamental iPhone skills.

*Jeffrey Paul Gunthart is an international, professional photographer originally from Zurich, Switzerland. He has worked for leading commercial brands like Ralph Lauren and Guess in Los Angeles and New York. Jeffrey has assisted many world-renowned photographers, including Annie Leibovitz, on fashion shoots and movie ads with celebrities like Brad Pitt, Sir Ben Kingsley, and Taylor Swift.*

**1:00-3:30 PM**  
**Two sessions**

**Fridays**  
**Members \$65**

**Begins: 2/16**  
**Non-Members \$75**

**Ends: 2/23**

### **WF18** LEONARD BERNSTEIN: *America's Maestro*

★ NEW

*Susan Benjamin*

Leonard Bernstein's talent and contributions to music made him seem like he was at least six people: classical composer, musical theater composer, conductor, pianist, teacher, TV personality, and author. His work, ranging from *Candide* to *On the Town* to *West Side Story* and more, helped to define American music in the 20th century. This two-part program highlights his multi-faceted musical theatre contributions juxtaposed with stories of his complicated personal life.

*See Biographical Sketch on page 39.*

**1:00-2:15 PM**  
**Two sessions**

**Fridays**  
**Members \$40**

**Begins: 2/16**  
**Non-Members \$45**

**Ends: 2/23**

### **WF19** INTERMEDIATE BRIDGE II

*Larry Auerbach*

Students should have completed INTERMEDIATE BRIDGE I or its equivalent. Standard and more advanced conventions will be reviewed as well as instruction for playing of the hand and the defense.

*See Biographical Sketch on page 1.*

**3:00-4:30 PM**  
**Eight sessions**

**Fridays**  
**Members \$115**

**Begins: 1/5**  
**Non-Members \$125**

**Ends: 2/23**

### **WF20** 21ST CENTURY CHOREOGRAPHERS

★ NEW

*Robert de Warren*

Two outstanding and contrasting 21st century choreographers will be discussed and highlighted with film clips: Akram Khan, who created a new vision and dance language through a fusion of Indian Kathak dance and English ballet styles and Alex Ratmansky, resident choreographer of American Ballet Theater, a Russian immigrant with new ideas and the youngest ever Bolshoi Ballet director who gave up his company for the artistic freedom of America.

*See Biographical Sketch on page 16.*

**3:00-4:30 PM**  
**Two sessions**

**Fridays**  
**Members \$40**

**Begins: 2/2**  
**Non-Members \$45**

**Ends: 2/9**