

# LECTURE SERIES 2019

Tuesdays 3:00-4:30 PM

## TUESDAY, JANUARY 8

### **LS1** A FREE PRESS: *The State Of The Industry*

*Matthew Sauer*

The media landscape is a very different one today with such a crowded field of entities purporting to be reporting news. What does it look like and how do you make sure you're getting the real thing?

*Matthew Sauer* became the Sarasota Herald-Tribune's executive editor in May, 2017. He has been with the paper for 25 years as a writer and editor. During Sauer's time at the Herald-Tribune the newspaper has won two Pulitzer Prizes, been a finalist four times and won dozens of national and state awards.

## TUESDAY, JANUARY 15

### **LS2** GOOD NEWS AND BAD NEWS FROM THE ACCELERATING WORLD OF SCIENCE AND TECHNOLOGY

*Arthur Kesten, Ph.D.*

The iPhone is 11 years old. Google is 18 and both have caused our world to change profoundly. Innovations in molecular biology are reshaping the field of medicine. Advances in energy production and distribution are impacting consumption patterns and engendering political upheaval. Robots will transform the way we live and work. And the news of the day is no longer reported by Walter Cronkite. We will look at the science that underlies several of these developments and speculate on how our children and grandchildren might capitalize on these issues as we adapt to a rapidly changing world.

*See Biographical Sketch on page 36.*

## TUESDAY, JANUARY 22

### **LS3** WHAT IS THE ROLE OF INTELLIGENCE IN THE U.S. TODAY?

*John Rixse*

Over the past two years there has been a great deal of public discussion about the role of intelligence, much of which has been either hyperbole or based on a mistaken understanding of what the Intelligence Community is and does. This discussion seeks to provide the basis for a better understanding of the roles of the 17 entities that make up the Intelligence Community (IC). It will include an overview of their respective functions and the relationships between and among them as well as with their executive and congressional oversight bodies. Topics of interest that may arise closer to the time of the talk will be addressed during either the discussion or Q and A.

*See Biographical Sketch on page 40.*

**Registration is required for all lectures. Call (941) 383-8811.**

	<b>Members</b>	<b>Non-Members</b>
<b>Single Lecture</b>	<b>\$15</b>	<b>\$20</b>
<b>Full Series (12)</b>	<b>\$120</b>	<b>\$180</b>

**Become a Friend of The Longboat Key Education Center and save more on Lecture Series 2019 than the cost of your membership!**

*Check the information on the registration card provided in the center of the brochure or call 941-383-8811.*

# LECTURE SERIES 2019 (CONT.)

Tuesdays 3:00-4:30 PM

## TUESDAY, JANUARY 29

### **LS4** THE HEART-BRAIN CONNECTION

*Kenneth Henson, M.D.*

There is a strong link between heart disease and risk for Alzheimer's disease and dementia. The two diseases share common risk factors as well as genetic predispositions. Positive lifestyle changes and aggressive risk factor management can reduce the risk for both. This talk will address both lifestyle modification and medical management and will also discuss options for early detection and preventive screening.

*Dr. Kenneth Henson is board certified by the American Board of Internal Medicine in cardiovascular disease and internal medicine. He is a concierge physician, combining internal medicine and cardiology in a single practice, with around-the-clock direct access. His office is located in Sarasota.*

## TUESDAY, FEBRUARY 5

### **LS5** IS PRIVACY DEAD? *The Future Of Privacy In The Digital Age*

*David Houle*

This lecture is based upon futurist David Houle's 2013 eBook of the same name. Written in response to the Snowden data dump that year, Houle has continued to research, write and speak about the concept of privacy and why we need to accept that it has been vastly compromised. How do we move forward? Why is the loss of privacy a step in a new direction of human evolution? What will be the new definition of privacy for the future? David will also be giving two courses on the future, see pages 25 and 41.

*See Biographical Sketch on page 25.*

## TUESDAY, FEBRUARY 12

### **LS6** INCREDIBLE BUT TRUE! — *WWII Revelations*

*George Stassa, M.D.*

How did an Italian businessman, posing as a Spanish diplomat, save 5,000 Jews? Do you know the story of the last Japanese soldier to surrender in 1974 or how a five-man unit captured Belgrade? Do you know about Leo Major's extraordinary accomplishments or why German-trained Chinese fought the Japanese? George's collection of amazing feats and events of WWII defy probability and credibility. For the last few years George has uncovered some extraordinary, little-known facts from WWII in our lecture series. He's back with many more unbelievable revelations. "They could not make this up!" says George.

*See Biographical Sketch on page 35.*

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## LECTURE SERIES 2019 (CONT.)

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### TUESDAY, FEBRUARY 19

#### **LS7** MINORITY ARTISTS IN THE MAINSTREAM ART WORLD

*Eleanor Merritt Darlington*

This discussion, with visual images, will focus on minority artists and their place in the history of 20th century contemporary art. Eleanor, a renowned artist, will compare various artistic innovations and techniques and their approach to personal expression in their work. We are fortunate to have her speak during Black History Month.

*Eleanor Merritt Darlington spent 30 years as an artist and educator in New York. She taught during the difficult days of racial segregation. The list of her one-woman group, corporate and juried shows spans the eastern seaboard and westward. She was a chairperson of the art department in the Westbury, New York school system; served on the board of the John & Mable Ringling Museum of Art, the Women's Caucus for Art, and the Sarasota Arts Council, and participates in a number of Sarasota arts centers and organizations. She is a charter member of the National Museum of Women in the Arts in Washington, D.C., and a founder of Women Contemporary Artists in Sarasota.*

### TUESDAY, FEBRUARY 26

#### **LS8** APPRECIATING THE FINE ART OF CONTEMPORARY GLASS

*Philip Kotler, Ph.D.*

Most glass objects have a utilitarian purpose but glass as an art medium traces back to Egypt and Rome and has flourished in the U.S. (think of Tiffany), Italy, Czechoslovakia, Sweden, and Japan. Dr. Kotler will show and discuss pictures of highly diverse glass objects and the major artists. He will also briefly show Japanese netsukes and sword guards.

*Dr. Philip Kotler, with his wife Nancy Kotler, collected glass for twenty years and they gifted their collection to the Ringling Museum (the Kotler/Coville Glass Pavilion). Their collection of Japanese netsukes and sword guards are also on exhibit in Ringling's Asian museum in the mezzanine. For more information about Philip Kotler see page 10.*

### TUESDAY, MARCH 5

#### **LS9** HOW TO BE FUNNIER

*Joel Schwartz, M.D.*

Suffering from ADHD? (Adult Deficient Humor Disorder). Here is the cure. Learn the basics for creating humor. Take your grandchildren's remarks and turn them into a great standup routine. Turn our life's messages into comedy success. Come and explore how to express yourself through humor.

*Dr. Joel Schwartz received his medical degree from Hahnemann University Hospital and his psychiatric training at the Institute of Living and Hahnemann University. He is a board certified child, adolescent, and adult psychoanalyst and has been on the "Top Docs" list of Philadelphia Magazine several times. Dr. Schwartz is an author of ten books and a professional speaker. His newest book is Shrink Unwrapped. He has also been a flea circus trainer and a weatherman in Fargo, North Dakota!*

# LECTURE SERIES 2019 (CONT.)

Tuesdays 3:00-4:30 PM

## TUESDAY, MARCH 12

### **LS10** DO YOU NEED A FINANCIAL ADVISOR?

*Walter Frank*

What exactly are the roles of financial advisors? How do you know if you need a financial advisor? When should you be considering seeking an advisor? How do you find one and check his or her credentials and background? How do you conduct an interview? Do you understand how you will be charged and how much you should expect to pay? How do you evaluate your existing advisor or switch your advisor? Lots of questions and Walter has all the answers. Over the past 10 years, there has been a major change in the financial advice business and investors should be aware of how this could impact them. This lecture will not include financial advice; it is for resource information only and to help you be a more informed investor.

*Walter Frank* obtained a designation from Columbia University as a certified financial manager and was a vice president and senior financial advisor at Merrill Lynch/ Bank of America where he spent 38 years. Recently retired, he has written a book with the same title as the lecture which is expected to be published in 2019.

## TUESDAY, MARCH 19

### **LS11** THE OPIOID EPIDEMIC

*Maurice Pickard, M.D.*

Opioid addiction is the cause of more deaths than guns and auto accidents combined. This scourge has become one of America's most urgent social challenges. It began in the pharmaceutical industry and in normative medical practices. In 2015, one-third of all Medicare patients (12 million) were given these prescriptions with as little as one week use, leading to as much as 13% addiction. It is time for all of us to become involved in the prevention and treatment of this addiction.

*Dr. Maurice Pickard* obtained his M.D. from the University of Illinois and did his post doctorate study in Internal Medicine at the University of Illinois, and the University of California, San Francisco. He has been a practicing physician for 35 years, was a fellow of the MacLean Center for Clinical Medical Ethics at the University of Chicago, and is currently a medical ethicist at their university affiliated hospital.

## TUESDAY, MARCH 26

### **LS12** THE LURE OF LONGBOAT

*Mary Lou Johnson*

Have you been lured by the lure of Longboat Key — *Sunrise to Sunset?* Photographic art is the focus for this power-point presentation. Using images from her best-selling coffee table book *The Lure of Longboat Key*, and new ones which will be in an upcoming book, Johnson shares the beauty of our area and discusses techniques used in her art. She will be signing books. If you want yours signed, just bring it. There will be some books and art on canvas and metal stands available for sale.

*Mary Lou Johnson* is a Longboat Key photographer whose images have been shown locally as well as digitally huge in NY Times Square. They can be found in many private and public collections worldwide and have received national and international awards.

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