

SPRING CLASSES 2019

March 1, 2019-April 25, 2019

MONDAY

SM1 GENTLE KRIPALU YOGA — *Open the Doors to Your Inner Knowing*
Emme Shapiro

For Course Description see page 1.

9:00-10:00 AM **Mondays** **Begins: 3/4** **Ends: 4/22**
Eight sessions **Members \$88** **Non-Members \$104**

Note: Yoga is offered Monday through Thursday in the spring at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

SM2 THE 70s — *YOU WERE THERE!* ★ **NEW**
George Stassa

Bell-bottoms and discos, Vietnam and continued protests against the war mark the decade. Watergate shattered presidential trust and a “new right” emerged to protect conservatism and “family values.” Women, African Americans, Native Americans, gays and lesbians and other marginalized people continued to fight for equality. Re-live your experience and discuss this tumultuous decade with hindsight and insight.

See *Biographical Sketch* on page 35.

1:00-2:30 PM **Mondays** **Begins: 3/4** **Ends: 3/11**
Two sessions **Members \$40** **Non-Members \$45**

SM3 ADVANCED INTERMEDIATE BRIDGE
Larry Auerbach

For Course Description see page 11.

1:00-2:30 PM **Mondays** **Begins 3/4** **Ends: 3/25**
Four sessions **Members \$60** **Non-Members \$70**

SM4 FILM NOIR — *HOLLYWOOD'S DARK SIDE* ★ **NEW**
Gus Mollasis

See the stunning images of 1940s and 1950s Americana shot in beautiful black and white with many shades of grey. From *Double Indemnity* to *The Postman Always Rings Twice*, you will peer into Hollywood’s stylish dark side, when men smoked, women were smoking hot and the big screen sizzled, especially when these boy-meets-girl stories go terribly bad. Gus will surprise you (movies are not listed or announced beforehand) with four film noir masterpieces that he will pick to view and discuss.

See *Biographical Sketch* on page 2.

1:00-4:00 PM **Mondays** **Begins: 3/4** **Ends: 3/25**
Four sessions **Members \$75** **Non-Members \$85**

Some courses that are offered in February are extended by student demand. Or new courses are added in the spring line-up after the brochure printing. Please inquire at the office for updated spring scheduling or check our website www.lbkeducationcenter.org

MONDAY (CONT.)

SM5 MIXED BEGINNERS BRIDGE

Larry Auerbach

This course combines Beginning Bridge I for players with some knowledge of the game and Beginning Bridge II for advanced beginners. Basics will be reviewed and developed.

See Biographical Sketch on page 1.

3:00-4:30 PM
Four sessions

Mondays
Members \$60

Begins: 3/4
Non-Members \$70

Ends: 3/25

TUESDAY

ST1 SWEET AND SPIRITED YOGA!

Mary Kane

For Course Description see page 2.

9:00-10:00 AM
Eight sessions

Tuesdays
Members \$88

Begins: 3/5
Non-Members \$104

Ends: 4/23

Note: Yoga is offered Monday through Thursday in the spring at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

ST2 AT THE MOVIES

Gus Mollasis

For Course Description see page 3.

11:00 AM-12:30 PM
Six sessions

Tuesdays
Members \$95

Begins: 3/5
Non-Members \$105

Ends: 4/9

Note: We will pro-rate number of classes desired, space permitting.

ST3 AT THE MOVIES

Gus Mollasis

For Course Description see page 3.

1:00-2:30 PM
Six sessions

Tuesdays
Members \$95

Begins: 3/5
Non-Members \$105

Ends: 4/9

Note: We will pro-rate number of classes desired, space permitting.

ST4 EXPRESS YOURSELF THROUGH WRITING

Ronni Miller

For Course Description see page 18.

1:00-3:00 PM
Four sessions

Tuesdays
Members \$85

Begins: 3/5
Non-Members \$95

Ends: 3/26

*Lecture Series 2019 continues through March every Tuesday at 3 PM.
See pages 53 and 54. Call (941) 383-8811 for reservations.*

WEDNESDAY

[SW1] SLOW FLOW YOGA

Angelena Craig

For Course Description see page 3.

9:00-10:00 AM **Wednesdays** **Begins: 3/6** **Ends: 4/24**
Eight sessions **Members \$88** **Non-Members \$104**

Note: Yoga is offered Monday through Thursday in the spring at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

[SW2] MINDFULNESS MEDITATION

Ruth Fishel

For Course Description see page 20.

9:00-10:30 AM **Wednesdays** **Begins: 3/6** **Ends: 3/27**
Four sessions **Members \$75** **Non-Members \$85**

[SW3] WATERCOLOR, ACRYLIC, PASTELS, OILS, AND DRAWING

Renee DiNapoli

For Course Description see page 3.

9:00-11:30 AM **Wednesdays** **Begins: 3/6** **Ends: 3/27**
Four sessions **Members \$135** **Non-Members \$145**

[SW4] FOUR MASTERPIECES THAT CHANGED MUSIC FOREVER! ★ NEW

The Life And Work Of Beethoven and Stravinsky: Part Two

Richard Benedum, D.M.A.

This is Part Two of a 4-session course that started in February (see page 28). You can enjoy Part Two without having taken Part One because each series stands alone and does not require information from the other. Part Two will examine two more masterful compositions that forever changed the path of music history, and in the process, have become beloved staples of our Western musical heritage. The first lecture will examine Beethoven's *Symphony No. 9* ("Choral") composed in 1824 near the end of Beethoven's life when he was virtually deaf. Its scope is unprecedented, as was the use of soloists and chorus in the final movement. It set the standard and inspired composers for the rest of the nineteenth century. It will be performed by the Sarasota Orchestra this spring. The series will end with Stravinsky's *Le sacre du printemps* (*The Rite of Spring*) which premiered on May 29, 1913, and along with the work of Pablo Picasso, ushered in the beginnings of a truly "modern" style of music and art. We will also explore the brilliant innovations of Stravinsky and the vibrant Parisian arts scene.

See Biographical Sketch on page 28.

3:00-4:30 PM **Wednesdays** **Begins: 3/6** **Ends: 3/13**
Two sessions **Members \$40** **Non-Members \$45**

[SW5] YOU'VE GOT TO SEE THIS MOVIE!

Kathie Moon

For Course Description see page 4.

1:00-2:30 PM **Wednesdays** **Begins: 3/6** **Ends: 4/10**
Six sessions **Members \$95** **Non-Members \$105**

Note: This course is also offered from 3-4:30 PM (see page 58) and on Thursdays from 1-2:30 PM (see page 58). We will pro-rate number of classes desired, space permitting.

WEDNESDAY

[SW6] YOU'VE GOT TO SEE THIS MOVIE!

Kathie Moon

For Course Description see page 4.

3:00-4:30 PM

Wednesdays

Begins: 3/6

Ends: 4/10

Six sessions

Members \$95

Non-Members \$105

Note: This course is also offered from 1-2:30 PM (see page 57) and on Thursdays from 1-2:30 PM (see below). We will pro-rate number of classes desired, space permitting.

THURSDAY

[SR1] SWEET AND SPIRITED YOGA!

Mary Kane

For Course Description see page 2.

9:00-10:00 AM

Thursdays

Begins: 3/7

Ends: 4/25

Eight sessions

Members \$88

Non-Members \$104

Note: Yoga is offered Monday through Thursday in the spring at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

[SR2] THE NATIONAL GALLERY OF ART, WASHINGTON, D.C. ★ NEW

Kevin Costello

Art historian and critic Kevin Costello will walk you through the galleries of this world-class museum. The best of Italian, French, German, Spanish, British, Dutch and American schools of painting will be viewed and discussed. The focus will be on taking the time to learn how to “see” a painting rather than just looking at it. This series will give you more viewing skills so that you can truly appreciate great works of art.

See Biographical Sketch on page 26.

11:00 AM-12:30 PM

Thursdays

Begins: 3/7

Ends: 3/14

Two sessions

Members \$40

Non-Members \$45

[SR3] YOU'VE GOT TO SEE THIS MOVIE!

Kathie Moon

For Course Description see page 4.

1:00-2:30 PM

Thursdays

Begins: 3/7

Ends: 4/11

Six sessions

Members \$95

Non-Members \$105

Note: This course is also offered twice on Wednesday 1-2:30 PM (page 57) and 3-4:30 PM (above). We will pro-rate number of classes desired, space permitting.

A LA CARTE CLASSES FOR iPHONES & iPADS ★ NEW

We will be creating single iPhone/iPad classes to provide a follow-up for Keith Coker's Basics Plus and Intermediate I & II courses, so that students can further explore topics that are of collective interest and will benefit everyone. It will help tie up any loose ends that weren't covered in his classes or that need further explanation. Students will be invited to bring ideas and interest to these one-time classes. Flyers will be created and available at the office with dates and particulars towards the end of February. Or, call 941-383-8811

FRIDAY

SF1 QIGONG FOR HEALTH & VITALITY

Nancy Saum

For Course Description see page 37.

9:00-10:00 AM **Fridays** **Begins: 3/1** **Ends: 3/22**
Four sessions **Members \$45** **Non-Members \$55**

SF2 BREAKFAST FORUMS

Stanley Kolodkin

For Course Description see page 28.

9:00-10:30 AM **Fridays** **Begins: 3/1** **Ends: 3/22**
Four sessions **Members \$80** **Non-Members \$90**

SF3 DORIS DAY AND JANE POWELL — Sunny Singers, Powerful Performers

★ **NEW**

Susan Benjamin

Two beautiful blondes with great stage presence, Doris Day and Jane Powell created an aura of joyful entertainment. However, their personal stories were not always sweetness and light. Both had complicated relationships with their parents and both projected an untroubled persona on the screen, despite personal travails. This program explores the two stars' professional and personal triumphs.

See *Biographical Sketch* on page 42

1:00-2:15 PM **Fridays** **Begins: 3/15** **Ends: 3/22**
Two sessions **Members \$40** **Non-Members \$45**

SF4 INTERMEDIATE BRIDGE I

Larry Auerbach

For Course Description see page 42.

1:00-2:30 PM **Fridays** **Begins: 3/1** **Ends: 3/22**
Four sessions **Members \$60** **Non-Members \$70**

SF5 INTERMEDIATE BRIDGE II

Larry Auerbach

For Course Description see page 43.

3:00-4:30 PM **Fridays** **Begins: 3/1** **Ends: 3/22**
Four sessions **Members \$60** **Non-Members \$70**

SATURDAY

SS1 CHAIR YOGA

Angelena Craig

For Course Description see page 5.

10:00-11:00 AM **Saturdays** **Begins: 3/2** **Ends: 4/20**
Eight sessions **Members \$88** **Non-Members \$104**

New One-Time Special Friday Programs

11:00 AM-12:30 PM

MARCH 1

SPF1 GUSTAV KLIMT – *Vienna In A Golden Era*

Baila Miller

Gustav Klimt (1862-1918) was an Austrian symbolist painter and one of the most prominent members of the Vienna Secession movement. Klimt is noted for his paintings, murals, sketches, and other *objets d'art*. His primary subject was the female body and his works are marked by frank eroticism. Among the artists of the Vienna Secession, Klimt was the most influenced by Japanese art and its methods. He had much success with the paintings of his “golden phase”, many of which include gold leaf. Enjoy viewing and discussing the art of Gustav Klimt.

Baila Miller has been presenting college level courses that explore the role of literature, fine arts, cinema, and music in the development of European, Jewish and modern American culture. Ms. Miller has taught at the University of Memphis, The Brandeis National Committee, The Ringling College of Art & Design, and many local lifelong learning centers.

MARCH 8

SPF2 PARIS FASHION IN THE TWENTIES

JoAnne Olian

The excitement and glamour of fashion in the exuberant, sophisticated Jazz Age — flappers, Gatsby, Josephine Baker, Cole Porter, Chanel — will come alive in this PowerPoint presentation, which will also show how fashion was influenced by the visual and performing arts and the changing role of women in World War I. A brief overview of the fascinating history of French fashion from its beginning under Louis XIV will also be included.

JoAnne Olian is a graduate of the Institute of Fine Arts of New York University and was curator of the costume collection at the Museum of the City of New York for over 20 years. She has compiled 16 books on French and American fashion for Dover Publications.

MARCH 15

SPF3 TWO CONTEMPORARY BALLETS BY ROBERT DE WARREN

Robert de Warren

Robert de Warren, former artistic director and choreographer for the Sarasota Ballet, will show and discuss video clips of two contemporary ballets that he choreographed and produced for the Sarasota Ballet — *Ca'd'Zan — A Ringling Fantasy*, which was done in collaboration with The Circus Arts Conservatory and its founder and CEO, Pedro Reis, and *Last Call — The Dance*, based on the monumental sculpture “Last Call,” created by Sarasota sculptor Jack Dowd, which represents a New York pub at closing time. Let Robert tell you how he was inspired to do these two popular and intriguing ballets.

See Biographical Sketch on page 15.

11:00 AM-12:30 PM **Members \$18 Non-Members \$23**
Per Person, Per Program