

# WINTER CLASSES 2019

January 4, 2019 - February 28, 2019

**Most classes meet once a week. Check beginning and end dates carefully.**

## MONDAY

**WM1** GENTLE KRIPALU YOGA — *Open the Doors to Your Inner Knowing*  
Emme Shapiro

For Course Description see page 1.

**9:00-10:00 AM**      **Mondays**      **Begins: 1/7**      **Ends: 2/25**  
**Eight sessions**      **Members \$88**      **Non-Members \$104**

**Note:** Yoga classes are offered Monday, Tuesday, Wednesday, and Thursday at 9:00 am. Qigong is offered on Fridays at 9:00 am and Chair Yoga on Saturdays at 10:00 am. Students can join at any time on a pro-rated basis if space permits.

**WM2** BURNING ISSUES IN THE SUPREME COURT — 2018 TOP CASES  
Bill Cotter, J.D.

2018 had more “burning issues” than in almost any recent year. We will discuss the leading cases and the future direction of the Supreme Court following the retirement of Justice Kennedy as well as Justice Gorsuch’s impact during his first full year on the Court. It was also a year in which federal courts repeatedly blocked presidential executive orders and we will explore those conflicts within our system of “checks and balances.” The 2018 cases concern: gay rights versus religious freedom; abortion rights; freedom of speech; privacy rights and cell phone data collection; voter suppression; President Trump’s travel ban; union dues for non-union members; defendants’ rights to adequate counsel; and state taxation of internet orders. All the cases are new and previous participants are most welcome. Background readings, (available at the office for an additional \$10 charge) will be provided and vigorous discussion is encouraged. This seminar-type course is limited to 35 students who want homework! Bill will also give his perennial favorite, traditional lecture-type, two-session series, which will be a shorter version of this in-depth course and will have no assigned readings on Mondays in February. (See page 10).

*Bill Cotter is a graduate of Harvard College and Harvard Law School and was president and professor of constitutional law at Colby College for 21 years. He was then founding president of the Oak Foundation in Geneva, Switzerland. Prior to Colby, Bill was president of the Africa-America Institute, Ford Foundation Representative for Colombia and Venezuela, a White House Fellow with President Johnson, an associate attorney on Wall Street, an assistant attorney general (“Crown Counsel”) in Nigeria, and a law clerk to a Federal District Judge in the Southern District of New York. He has taught constitutional law at local lifelong learning institutions for several years.*

**9:00-10:30 AM**      **Mondays**      **Begins: 1/7**      **Ends: 1/28**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

## REGISTER EARLY!

**ONLINE:** [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org)    **PHONE:** (941) 383-8811

**MAIL:** Mail in one of the registration cards found in the middle of this brochure.

Enjoy special member prices and other benefits! Become a Friend of The Longboat Key Education Center. Check the flap attached to the registration cards in the middle of the brochure for membership details, or call (941) 383-8811.

Or, visit [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org)

## MONDAY (CONT.)

### **WM3** THE WORLD'S GREATEST NOVELLAS

*Edward J. Dwyer, Ph.D.*

Students will discuss four of the greatest novellas ever written. Each one is radically unique and riveting. You have a real treat in store; and you will never forget this experience! That's a promise. Come to the first class having read Herman Melville's *Bartleby, the Scrivener*. Then in order of discussion, novellas include: Toni Morrison's *The Bluest Eye*, Franz Kafka's *In the Penal Colony*, and Nathaniel West's *Miss Lonelyhearts*. Please purchase these books for yourself. Classes are extraordinarily participant-friendly. Students who took this popular course last season are welcome to return and discuss new novellas. Come out and enjoy yourself.

**Dr. Edward J. Dwyer** earned his BS in engineering from West Point and his MA and Ph.D. from Villanova and Temple in PA. He taught English for 25 years. As president of Ed Dwyer Seminars, he has consulted worldwide in corporate, military and government and taught people to improve their writing, speaking and leadership skills. Additionally, he is the author of *Lincoln, Kennedy and King: Their Great Speeches and Writings* and two books on great quotations *Quotes 365* and *Quotes 365 II*.

**9:00-10:30 AM**  
**Four sessions**

**Mondays**  
**Members \$75**

**Begins: 2/4**  
**Non-Members \$85**

**Ends: 2/25**

### **WM4** LIVE TO BE A 100!?

*Donald H. Dembo, M.D.*

★ **NEW**

In just the last few years there have been remarkable, innovative advances in research and technology. Medical breakthroughs are striking back at cancer, heart disease, diabetes, dementia, and hearing loss. New drugs are providing remedies for once-intractable diseases. Science is helping us to live longer and live well as we age. In this forum-style course, which has become a perennial favorite, you will learn about the newest research and treatments for illnesses and anti-aging as well as how the body-mind connection plays an important role in overall health, well-being and longevity. But it's not all rainbows and roses. Students will also be able to learn and ask about the hypes, fads and fixes not worth wasting a nickel on; the shameful nursing home system and health care crisis; disappearing primary doctors, pharmacy clinics and internet doctoring; dangerous hospitals; anti-depressant overuse in seniors and the opioid epidemic; expensive medications that the aging population cannot afford, even with Rx insurance, and many other topics and concerns as they come up in class. Live longer, live better and learn as much as you can about how to do it!

**Dr. Donald Dembo** is retired from his position as assistant professor of medicine in cardiology at Johns Hopkins University in Maryland. He was chief of cardiology at Sinai Hospital Baltimore, Maryland General Hospital and Good Samaritan Hospital in Maryland. He has received a number of teaching awards, was one of the pioneers in CPR development and is an education leader in world tours in educational exchange programs. Dr. Dembo has been listed in *Who's Who in Medicine*, *Who's Who in America* and *Who's Who in the World*.

**9:00-10:30 AM**  
**Four sessions**

**Mondays**  
**Members \$75**

**Begins: 2/4**  
**Non-Members \$85**

**Ends: 2/25**

### **WM5** AT THE MOVIES

*Gus Mollasis*

For Course Description see page 3.

**11:00 AM-12:30 PM**  
**Eight sessions**

**Mondays**  
**Members \$120**

**Begins: 1/7**  
**Non-Members \$130**

**Ends: 2/25**

## MONDAY (CONT.)

### **WM6** A STRATEGIC APPROACH TO BRIDGE BIDDING AND PLAY — FOR ADVANCED PLAYERS

*Dick Wegman*

This course is for experienced bridge players, and is designed to help players deal with problems that arise frequently at the table. Players should already be familiar with basic play and defensive tools, and common conventions such as Stayman, Blackwood and Gerber. Course topics will include: constructive and competitive bidding, hand evaluation, slam bidding techniques, declarer play strategies, and defensive signaling and tactics. Each class will include the opportunity for participants to bid, play and discuss selected hands that deal with topics raised during the class. New materials and hands will be included, and returning students are welcome. This course sells out every year so please register early!

*Dick Wegman is an ACBL diamond life master with more than 8500 masterpoints. He is a certified bridge teacher who has taught bridge workshops on bidding, declarer play, and defense both on Longboat Key and in the Washington D.C. area. He is a national bridge champion who competes regularly in national and regional tournaments against top American and international bridge experts.*

**11:00 AM-12:30 PM**    **Mondays**                      **Begins: 1/7**                      **Ends: 2/11**  
**Six sessions**                      **Members \$85**                      **Non-Members \$95**

### **WM7** LIFE: *On Earth and Off Earth*

★ **NEW**

*Jeff Rogers*

#### **Part One — Life On Earth**

While we still don't know how life began on Earth, we can piece together a grand history of how living things diversified after the ball got rolling, evolving from bacteria to bushes to brachiosaurs to biologists. We'll take a look at what we do know about life's origins, refresh ourselves on how evolution works, see how DNA shows that all living things are related, and examine what the fossil record tells us about life's comings and goings.

#### **Part Two — Life Off Earth**

Could this be the year that we find life off Earth? With a working knowledge of how life works from the first lecture, we'll discuss the odds of life existing elsewhere. What planets and moons, in our solar system and others, are good candidates for life? How are we looking for it, and what will it mean if we find it?

*Jeff Rodgers, director of education, South Florida Museum and director of the Bishop Planetarium, joined the museum in 2004 after nine years at the American Museum of Natural History and Hayden Planetarium in New York City. A science communicator, he spends the bulk of his time trying to de-mystify the universe and our place in it.*

**11:00 AM-12:30 PM**    **Mondays**                      **Begins: 1/7**                      **Ends: 1/14**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

## MONDAY (CONT.)

### **WM8** ISSUES IN MOVING TOWARD NORDIC CAPITALISM

★ **NEW**

*Philip Kotler, Ph.D.*

American Capitalism today represents the revival of a 19th century set of ideas of free trade, deregulation, privatization, fiscal austerity, and smaller government. It aims to maximize the incentives to business to pursue unrestrained economic advantage. Its metric is how high did GDP go, but leaves out the question of labor and management's shares of the GDP. The Nordic nations have forged a different version of capitalism. Nordic capitalism believes that business should pursue the triple bottom line: profits, people, and the planet. We will examine whether the U.S. economy could or should move forward the Nordic model of Capitalism.

**Dr. Philip Kotler** received his Ph.D. from MIT in economics and is the S.C. Johnson and Son Distinguished Professor of International Marketing at the Kellogg School of Management, Northwestern University. He trained at the University of Chicago and M.I.T and is the author of 60 books. He lectures around the world on economics and marketing strategy. His most recent books are *Confronting Capitalism: Real Solutions for a Troubled Economic System* (2015) and *Decline of Democracy: Rebuilding the Future* (2016).

**11:00 AM-12:30 PM**    **Mondays**                      **Begins: 1/21**                      **Ends: 1/28**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

### **WM9** BURNING ISSUES IN THE SUPREME COURT — 2018 TOP CASES

*Bill Cotter, J.D.*

For Course Description see page 7. Following last year's pattern, Bill Cotter will lead a four-session seminar-style course in January as well as this annual two-part lecture series in February. Both will cover the same cases, but the four-session course in January (Mondays from 9-10:30 AM, see page 7), will be limited to 35 students, and there will be advanced reading assignments with adequate time for class debate. This two-part lecture series covers the material more rapidly and, as a result, there is some, but less, time for discussion. **Register early!** This popular lecture series always sells out.

*See Biographical Sketch on page 7.*

**11:00 AM-12:30 PM**    **Mondays**                      **Begins: 2/4**                      **Ends: 2/11**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

### **WM10** THE MUELLER INVESTIGATION — *WHERE ARE WE?*

★ **NEW**

*Robert Gary*

This series will cover "breaking news" information and up-to-the minute updates on the Robert Mueller Special Counsel Investigation — even hours before the class. It will also briefly review: the history of the independent counsel from Watergate to the present; the authority, mandate and permissible scope of the investigation; the crimes being investigated, and the people involved. Will Mueller have been fired by the time you take this series? Pardons, impeachment, and the impact of this investigation on the nation will be discussed with participation encouraged.

**Robert (Bob) Gary** obtained a JD from the Case Western Reserve School of Law and has an LLM in criminal justice from the New York University School of Law. He was a former trial attorney in the Criminal Division of the U.S. Dept. of Justice. He was also a special assistant U.S. attorney and the deputy chief and acting chief of the U.S. Justice Department Cleveland Strike Force on organized crime. In various other capacities he was responsible for the supervision of major federal investigations, conducting federal grand juries and the trial and prosecution of cases in the federal courts.

**11:00 AM-12:30 PM**    **Mondays**                      **Begins: 2/18**                      **Ends: 2/25**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

## MONDAY (CONT.)

### **WM11** GUIDED AUTOBIOGRAPHY

★ **NEW**

*Melissa Kotler Schwartz*

Your stories are the fabric of your life. They reside within you. Guided Autobiography (GAB) helps individuals organize their life stories with themes and priming questions that evoke memories of events once known but filed away and seemingly forgotten. Writing your life stories helps gain perspective, appreciation, strength, and new meaning in your life. Facilitated in a supportive atmosphere, this process and these classes will get you started on the story of your life with baby steps, one page at a time.

*Melissa Kotler Schwartz is a college English instructor and a certified Guided Autobiography (GAB) instructor from the James F. Birren School of Autobiography. She is the author of Strangers I Have Known. See [www.strangersihaveknown.com](http://www.strangersihaveknown.com).*

**1:00-2:30 PM**

**Mondays**

**Begins: 1/7**

**Ends: 1/28**

**Four sessions**

**Members \$75**

**Non-Members \$85**

### **WM12** ADVANCED INTERMEDIATE BRIDGE

*Larry Auerbach*

This course is intended for players who have taken INTERMEDIATE BRIDGE I and II or their equivalent and who have mastered bidding. Instruction will go further into playing of the hand and into the defense. Return to this level again and again!

*See Biographical Sketch on page 1.*

**1:00-2:30 PM**

**Mondays**

**Begins: 1/7**

**Ends: 2/25**

**Eight sessions**

**Members \$115**

**Non-Members \$125**

### **WM13** MARK TWAIN: *Under Cover*

★ **NEW**

*Alan Kitty*

Mark Twain's real name was Samuel Langhorne Clemens. His impoverished childhood stirred his wanderlust, creative escapism and the need to remake himself when he went to work at age 12. Called "Freud's favorite patient" by those who found him in an unfamiliar mood (now called Bipolar Disorder), Clemens created his Mark Twain as both pen name and alter ego. While a pen name remains a convention to this day, Twain's was a metaphor for his double life as well as for the dual nature of humanity, which became a major thematic element in many of his works—hence, the subtitle of this series, *Under Cover*. Learn more about Mark and Sam and enjoy a fascinating look through a unique window into the heart and soul of Samuel Clemens, whose books endure on bookshelves, in defiance of more than a century of censorship, and whose characters linger in the hearts and minds of readers around the world.

*Alan Kitty, writer, actor, and independent Twain scholar, has been performing as Mark Twain since 1979, based on 30 years of research on the author's life and works, current events and their historical roots.*

**1:00-2:30 PM**

**Mondays**

**Begins: 2/4**

**Ends: 2/11**

**Two sessions**

**Members \$40**

**Non-Members \$45**

**Questions? (941) 383-8811**  
**e-mail: [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org)**

## MONDAY (CONT.)

### **WM14** DO YOU LOVE POETRY OR HATE IT? *Let's Talk!*

★ **NEW**

*Anne Arsenault, Ed.D.*

In this two-part series we'll try to understand why poetry is a joy to some and a torture to others. Bring a poem (or poems) to class that you love or have trouble understanding. We'll analyze a few poetic techniques which will help to make poetry more accessible and pleasurable for those who struggle with this literary form. Poetry lovers will have a chance to talk about why they love certain poems. Everyone will be encouraged to fully explore and discuss their attitudes about poetry in an open-minded, supportive forum that promises to be a lot of fun, no matter how you feel about poetry!

*Dr. Anne Arsenault, teacher, writer, poet, received her master's in American literature and a doctorate in adult education from Columbia and Boston universities, respectively. After retirement she started her own company, A Woman's Way, and was also one of the founders and first executive director of Sarasota's Academy of Lifelong Learning (now the RCLLA) where she taught her popular book club for 15 years.*

**1:00-2:30 PM**  
**Two sessions**

**Mondays**  
**Members \$40**

**Begins: 2/18**  
**Non-Members \$45**

**Ends: 2/25**

### **WM15** THE FILMS OF ELIA KAZAN — *An Actor's Director*

★ **NEW**

*Gus Mollasis*

Marlon Brando, Vivien Leigh, Rod Steiger — these are just a few of the actors who gave some of the most iconic performances put on film — Elia Kazan's films. He knew everything about the medium of film but most of all he knew how to pull a stellar performance out of a great actor, whether it was *On the Waterfront* or simply by helping *A Tree Grow in Brooklyn*. Gus will surprise you (movies are not listed or announced beforehand) with four Kazan masterpieces that he will pick to view and discuss.

*See Biographical Sketch on page 2.*

**1:00-4:00 PM**  
**Four sessions**

**Mondays**  
**Members \$75**

**Begins: 1/7**  
**Non-Members \$85**

**Ends: 1/28**

### **WM16** THE 70s — HOLLYWOOD'S OTHER GOLDEN AGE – PART II

*Gus Mollasis*

Last year Gus brought you Part I of The 70s. This season he is bringing you more excellent films from this decade that produced films so powerful, raw and filled with so many real characters and stories that this era is often studied in film schools. It's the time of master directors Ashby, Altman, Lumet, Coppola, Spielberg and too many iconic stars to name, who were all hitting their artistic stride. Gus will pick four masterpieces, eminently worthy of rediscovery, to view and discuss.

*See Biographical Sketch on page 2.*

**1:00-4:00 PM**  
**Four sessions**

**Mondays**  
**Members \$75**

**Begins: 2/4**  
**Non-Members \$85**

**Ends: 2/25**

## A SPECIAL PACKAGE PRICE FOR WM15 AND WM16!

### **WM17** ELIA KAZAN & THE 70s — *Special Package Price*

*Gus Mollasis*

For Course Descriptions see above.

**1:00-4:00 PM**  
**Eight sessions**

**Mondays**  
**Members \$130**

**Begins: 1/7**  
**Non-Members \$150**

**Ends: 2/25**

## MONDAY (CONT.)

**WM18** **SHAKESPEARE'S KING HENRY V** — *The Invention of the Modern Hero* ★ **NEW**  
*Jonathan Epstein*

Shakespeare's King Henry is perhaps his most modern character—a man who recognizes the horrors of war but wages war, horribly, anyway, who recognizes the veniality of the church but relies on it anyway, who executes his (male) lover and marries the daughter of his enemy and does it all with gallantry and charisma. This two-session class will explore the immaculately constructed play with its complex central character.

*Jonathan Epstein is an associate professor of classical performance at the Asolo Conservatory of Florida State University. As an actor he has performed on and off-Broadway, in London's West End, and at dozens of regional theatres across the country, but is best known for his 25-year association as actor, director and teacher with Shakespeare & Company in Lenox, Massachusetts. He was text and sonnet teacher in more than 30 of the company's month-long workshops for professional actors and has been teaching Shakespeare courses at the Education Center for the last three seasons.*

**3:00-4:30 PM**                      **Mondays**                      **Begins: 1/7**                      **Ends: 1/14**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

**WM19** **KING LEAR** — *The Deepest, Darkest Play Ever Written* ★ **NEW**  
*Jonathan Epstein*

No other play, perhaps no other work of art, carries us so deeply into the darkest places of the soul. In the company of no other play do we go there so willingly and with such painful pleasure. This is Shakespeare's most sublime and magnetic verse laid at the service of two intertwined stories, where the struggles within two families reflect the struggles which pervade the world. This two-session course will explore the play as a whole, and specifically the way in which we can use the Aristotelian triad of *Ethos, Logos, Pathos* to understand it more fully.

*See Biographical Sketch above.*

**3:00-4:30 PM**                      **Mondays**                      **Begins: 1/21**                      **Ends: 1/28**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

**WM20** **LOVE, SEX, AND DESIRE IN THE ANCIENT WORLD** ★ **NEW**  
*David Miano, Ph.D.*

This course will introduce students to cultures of ancient Sumer, Egypt, Israel, and Greece through an examination of their conceptions and expressions of love, desire, and sexuality. We'll engage in an interdisciplinary study using a variety of literary genres, including lyric poetry, love letters, philosophical dialogue, and didactic poetry. A wide range of topics will be discussed, including the split between physical and spiritual love, philosophic ideals of "love" and "beauty," perceptions of appropriate gender roles, physical ideals of female and male beauty, conceptions of hetero- and homosexual relations and the conventions of literary form.

*Dr. David Miano is a biblical and ancient scholar, specializing in the histories of the Near East, Egypt, Greece, Rome, India and China. He earned his Ph.D. at the University of California, San Diego, and is the author of Shadow on the Steps: Time Measurement in Ancient Israel, and several anthologies designed for classroom use. He currently teaches at the State College of Florida, Manatee—Sarasota, and is the founder and executive director of Schola Antiquorum, an academic society dedicated to the study of ancient history.*

**3:00-4:30 PM**                      **Mondays**                      **Begins: 2/4**                      **Ends: 2/25**  
**Four sessions**                      **Members \$75**                      **Non-Members \$85**

## MONDAY (CONT.)

### **WM21** BEGINNING BRIDGE I

*Larry Auerbach*

This course reviews fundamentals and is for players with some knowledge of the game.

*See Biographical Sketch on page 1.*

**3:00-4:30 PM**  
**Eight sessions**

**Mondays**  
**Members \$115**

**Begins: 1/7**  
**Non-Members \$125**

**Ends: 2/25**

## TUESDAY

### **WT1** SWEET AND SPIRITED YOGA!

*Mary Kane*

For Course Description see page 2.

**9:00-10:00 AM**  
**Eight sessions**

**Tuesdays**  
**Members \$88**

**Begins: 1/8**  
**Non-Members \$104**

**Ends: 2/26**

**Note:** Yoga classes are offered Monday, Tuesday, Wednesday and Thursday at 9:00 AM. Qigong is offered on Fridays at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

### **WT2** INHERITANCE IN THE BIBLE — *A Social Order or a Legal Right?*

*Rachel Zohar Dulin, Ph.D.*

★ **NEW**

The concept of inheritance is fundamental to the definition of social rights of the family and the nation in ancient Israel. We will focus on the stories in the Bible centered on the issues of inheritance. This course will explore the way these narratives protected the social order in ancient Israel, their effect on history and their relevancy today. Inheritance laws, the genealogy from Adam to Noah, the Gideon Avimelech story, the Queen Athaliah pedigree, the story of Ruth, the daughters of Zelophehad, the succession struggle to the throne of David, and more narratives will be examined and discussed.

*Dr. Rachel Zohar Dulin was born in Israel and served in the Israeli army as a teacher, subsequently being sent by the Jewish Agency to teach in the U.S. She received her Ph.D. in religious and theological studies from Northwestern University, Evanston, IL, and has been a professor of Hebrew and Bible at Spertus College of Judaica since 1970 and an adjunct professor of Hebrew and Bible at New College of Florida since 2010. She has taught adult education for over 45 years and lectured extensively on biblical literature.*

**9:00-10:30 AM**  
**Four sessions**

**Tuesdays**  
**Members \$75**

**Begins: 1/8**  
**Non-Members \$85**

**Ends: 1/29**

### **WT3** THE WORLD'S GREATEST SHORT STORIES

*Edward J. Dwyer, Ph.D.*

★ **NEW**

*The Best American Short Stories*, the premier annual showcase for the country's finest short fiction, was a popular course that Ed taught for many years. But this season he is changing it up and focusing on the greatest short stories ever written! Students are asked to come to the first class having read Edgar Allan Poe's "The Cask of Amontillado." In order of discussion, the rest of the outstanding lineup includes "The Lottery," by Shirley Jackson, "The Bet," by Anton Chekov, "Recitatif," by Toni Morrison and "The Aleph," by Jorge Luis Borges. Students should secure their own copies of the stories. Classes are extraordinarily participant-friendly. Read, discuss, enjoy!

*See Biographical Sketch on page 8.*

**9:00-10:30 AM**  
**Four sessions**

**Tuesdays**  
**Members \$75**

**Begins: 1/8**  
**Non-Members \$85**

**Ends: 1/29**

## TUESDAY (CONT.)

### **WT4** LET'S GO BIRDING!

*Kathy Doddridge*

Longboat and Lido Keys and Anna Maria have an eye-opening variety of birds which you will learn to observe and identify in their natural habitat. The first meeting will be held at the school and cover birding basics. The next three weeks you will continue learning about birds while in the field (details and field trip locations will be given at the first class). Binoculars are a must. Each trip will consist of about a mile of pleasantly paced walking. New and returning birders have exciting outings every year in this popular course.

*Kathy Doddridge is a retired communications director having worked at NCR Corporation for 23 years. She is an enthusiastic birder who learned from some of the best birders in Sarasota and Manatee counties. For the last three years she was the top e-birder in Manatee county tallying over 200 species in each year. She serves as compiler for the National Audubon Christmas Bird Count — Bradenton Circle, is a Celery Fields bird naturalist and an accomplished photographer.*

**9:00-10:30 AM**  
**Four sessions**

**Tuesdays**  
**Members \$75**

**Begins: 2/5**  
**Non-Members \$85**

**Ends: 2/26**

### **WT5** BALLET TRENDS AND STYLES IN THE 21ST CENTURY

★ **NEW**

*Robert de Warren*

Christopher Wheeldon, of Royal Ballet formation, is one of the most sought-after choreographers of this century. The first presentation of this two-part series will look at and discuss some of Wheeldon's creations and imaginative use of the classical vocabulary. Chrystal Pite is a Canadian modern dance creator whose work has an unusual poetic quality that reaches for a direct and sometimes provocative connection with her audience. She receives numerous world-wide commissions. Liam Scarlett is artist-in-residence with the Royal Ballet. His new *Swan Lake* and his first full length ballet, based on the gothic novel *Frankenstein* by Mary Shelley, are emblematic of his hunger to find something new and daring. The contrasting talents of Pite and Scarlett will be highlighted and explored in the second lecture. Enjoy the compelling brilliance of all these artists!

*Robert de Warren is an international ballet director, choreographer, and designer. He has directed a number of companies, including the Iranian National Ballet (under the former Shah), the Northern Ballet Theatre in the United Kingdom, the Ballet at La Scala Opera House in Milan, and the Sarasota Ballet, where he was artistic director for 13 years. His memoir Destiny's Waltz — In Step with Giants, covers his artistic journey.*

**11:00 AM-12:30 PM**  
**Two sessions**

**Tuesdays**  
**Members \$40**

**Begins: 1/8**  
**Non-Members \$45**

**Ends: 1/15**

### **STAY IN THE KNOW...**

Make sure the office has your **email address** so that we can eblast you with reminders of what's coming up and announcements of special programs and events that are not in the brochure. Also, check the bulletin board in the main hallway next to the elevators.

**NOTE: RECEIPTS FOR PROGRAMS AND MEMBERSHIPS WILL NOW BE SENT BY EMAIL.**

## TUESDAY (CONT.)

### **WT6** CHOPIN & DEBUSSY AND THE WOMEN BEHIND THEM ★ **NEW** *Sandra Moulin*

The music of Frederic Chopin and Claude Debussy strike a unique chord as viewed through the lens of their lovers, George Sand and Emma Bardac, respectively. Listen to live examples of the composers' most memorable work as Sandra Moulin weaves intimate love stories and fascinating anecdotes into her dynamic and interactive presentations which include her playing select pieces. Discover how passion and torment speak their own timeless musical language. You will understand these Romantic composers and their music like never before!

*Sandra Moulin is a professional musician, public speaker, actress, author, and storyteller. For over 30 years she enjoyed a career as a French and humanities high school and university instructor, as well as an entertainer, in Michigan and North Carolina. Locally, Sandra continues to share her passion and talent for teaching and playing the piano with her presentation that brings composers' music and their dalliances to life. Her one-woman show on Rachmaninov will be presented at the school on Friday, February 22 in our Theatre Showcase Series. See page 44.*

**11:00 AM-12:30 PM**      **Tuesdays**      **Begins: 1/22**      **Ends: 1/29**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

### **WT7** THE WOMEN'S CIRCLE *Patricia Werlau and Billie Dawson*

This circle of women will give everyone an opportunity to discuss a variety of issues and topics that will be brought to the gathering either by Patricia or Billie, as well as suggestions from the group, to inspire insightful and thought-provoking discussions. Women will enjoy friendly interaction and helpful support for personal growth and increased awareness. Guest speakers will also be invited to give interesting presentations on various topics of the day. Join us and make new friends, share, and learn in a supportive group.

*Patricia Werlau has a master's degree in social work and has been a social worker for over 40 years practicing in the field of geriatric care management. She was employed as a social work director in a community hospital for 25 years and owned a non-medical home care business for 12 years. She has been a facilitator for a similar group in New York for the past five years helping women live healthier, happier lives.*

*Billie Dawson is a social work assistant who also worked as director of residential services at the Ithaca Housing Authority in Ithaca, NY. Among other things, she facilitated support groups for senior citizens in residence there.*

**11:00 AM-12:30 PM**      **Tuesdays**      **Begins: 1/8**      **Ends: 2/12**  
**Six sessions**      **Members \$95**      **Non-Members \$105**

## TUESDAY (CONT.)

### **WT8** TURNING THE LIGHTS UP ON ARCHITECTURE

*Claude R. Engle*

The intent of this return series is to heighten the students' awareness of light and its effect on our perception of architecture. Architectural sites that exemplify how lighting design adds the "wow" factor to the interiors and exteriors of buildings and places, and the world-famous architects who created them, will be reviewed and discussed, including: Skidmore, Owings & Merrill's (SOM) San Francisco International Airport and Cathedral of Christ the Light; Harry Seidler's Australian Embassy in Paris; Norman Foster's British Museum and Canary Wharf in London and Metro Bilbao in Spain; Philip Johnson's Avery Fisher Hall and the Kennedy Center's Terrace Theatre and many more. New and return students (new sites to examine) are welcome.

*Claude R. Engle graduated from Princeton University in electrical engineering having spent a lot of time designing lighting at its McCarter Theatre. He has combined his engineering background and experience in theatre and television into a practice of lighting design for architecture. He has collaborated with I.M. Pei, Frank Gehry, Norman Foster, Philip Johnson and many others. His work spans from Buckminster Fuller Dome at EXPO 67 in Montreal to Yamasaki's Twin Towers and Skidmore, Owings & Merrill's new One World Trade Center. Learn more at [crengle.com](http://crengle.com).*

**11:00 AM-12:30 PM**      **Tuesdays**      **Begins: 2/5**      **Ends: 2/12**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

### **WT9** THE YELLOW WALLPAPER —

*And Other Stories by Charlotte Perkins Gilman*

*Kenneth Simons, Ph.D.*

★ **NEW**

Gilman's classic short story "The Yellow Wallpaper" (1892) is considered the first expression of feminism in American literature. We will discuss this and several other short stories from Gilman's anthology of that name. Please purchase the anthology and come to the first class having read the "The Yellow Wallpaper." Remaining stories will be assigned in class.

*Dr. Kenneth Simons, a Columbia Ph.D. in English and comparative literature, taught writing and literature at Columbia University and Wisconsin and Adelphi Universities before joining the faculty of Syosset (NY) High School. He has published on Joseph Conrad and other subjects and is listed in Who's Who Among America's Teachers, 1996.*

**11:00 AM-12:30 PM**      **Tuesdays**      **Begins: 2/19**      **Ends: 2/26**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

### **WT10** IMPRESSIONISTS BERTHE MORISOT & AUGUSTE RENOIR —

*Vive La Difference!*

*Paulette Rackow*

★ **NEW**

Berthe Morisot and Auguste Renoir were two well-known artists of the late 19th and 20th centuries. Morisot, a female impressionist, played a respectful role in the art scene in Paris and was a friend of Renoir. Renoir's work is far more famous than Morisot's even though she was one of the founding members of the Impressionist group. These two lectures will explore their lives, their work and their influence on the art world.

*Paulette Rackow is a retired kindergarten teacher and Montessori administrator. She holds a BS and master's degree in elementary education and completed over 10 years of study at the Barnes Foundation, where she has been a docent for over nine years. She also studied art at the Clark Institute in Williamstown, Massachusetts.*

**11:00 AM-12:30 PM**      **Tuesdays**      **Begins: 2/19**      **Ends: 2/26**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

## TUESDAY (CONT.)

### **WT11** AT THE MOVIES

*Gus Mollasis*

For Course Description see page 3.

**11:00 AM-12:30 PM**      **Tuesdays**      **Begins: 1/8**      **Ends: 2/26**  
**Eight sessions**      **Members \$120**      **Non-Members \$130**

### **WT12** AT THE MOVIES

*Gus Mollasis*

For Course Description see page 3.

**1:00-2:30 PM**      **Tuesdays**      **Begins: 1/8**      **Ends: 2/26**  
**Eight sessions**      **Members \$120**      **Non-Members \$130**

### **WT13** EXPRESS YOURSELF THROUGH WRITING

*Ronni Miller*

This fun, hands-on, workshop-style course that Ronni has taught at the school for 15 years, is designed for people who wish to experience the creative enjoyment of expressing themselves through writing whether it's memoir, fiction, poetry or journaling. Write to document, to enjoy, to heal, to publish, or to entertain. Novice and professional writers, new and returning students, all are welcome to share their writing in a creative and supportive atmosphere with guidance and encouragement. Class work consists of motivating, warm-up writing exercises and readings of assignments or works-in-progress. This class continues in the Spring Term (see page 56).

*Ronni Miller, founder and director of Write It Out®, a motivational and expressive writing program for students of all ages established in 1992, is a published, award-winning author of short stories, a playwright, editor, workshop leader, and educator who has written seven books for adults and children. Her Write It Out® program is endorsed by James W. Pennebaker, Ph.D., leading researcher in the field of expressive writing. She is national 4th VP of the National League of American Pen Women.*

**1:00-3:00 PM**      **Tuesdays**      **Begins: 1/8**      **Ends: 2/26**  
**Eight sessions**      **Members \$145**      **Non-Members \$155**

### **WT14** AT THE MOVIES

*Gus Mollasis*

For Course Description see page 3.

**3:00-4:30 PM**      **Tuesdays**      **Begins: 1/8**      **Ends: 2/26**  
**Eight sessions**      **Members \$120**      **Non-Members \$130**

### **WT15** TUESDAY FILM NIGHTS: BEST MOVIES YOU'VE NEVER SEEN!

*Gus Mollasis and Kathie Moon*

You will enjoy a light buffet (and fresh popped popcorn!), followed by viewing a quality movie. Both Gus and Kathie have treasure troves of obscure movie gems that have rarely seen the light of day. The audience will participate in a stimulating discussion afterwards. Our movie nights are popular and fun!!

**Note: Kathie will host January 22 and Gus will host February 19.**

See *Biographical Sketch* for **Gus Mollasis** on page 2 and for **Kathie Moon** on page 4.

**5:00-8:15 PM**      **Tuesdays**      **Jan., 1/22 & Feb., 2/19**  
**Buffet: 5:15**      **Movie: 5:45**      **Buffet and Beverages are included in the price.**  
**Two sessions**      **Members \$50**      **Non-Members \$55**

*Join us for Lecture Series 2019 every Tuesday at 3 pm. See pages 51-54.*

# WEDNESDAY

## **WW1** SLOW FLOW YOGA

*Angelena Craig*

For Course Description see page 3.

**9:00-10:00 AM**      **Wednesdays**      **Begins: 1/9**      **Ends: 2/27**  
**Eight sessions**      **Members \$88**      **Non-Members \$104**

**Note:** Yoga classes are offered Monday, Tuesday, Wednesday, and Thursday at 9:00 AM. Qigong is offered on Fridays at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

## **WATERCOLOR, ACRYLIC, PASTELS, OILS**

*Renee DiNapoli*

For Course Description see page 3.

## **WW2** WATERCOLOR ETC — SECTION ONE

**9:00-11:30 AM**      **Wednesdays**      **Begins: 1/9**      **Ends: 1/30**  
**Four sessions**      **Members \$135**      **Non-Members \$145**

## **WW3** WATERCOLOR ETC — SECTION TWO

**9:00-11:30 AM**      **Wednesdays**      **Begins: 2/6**      **Ends: 2/27**  
**Four sessions**      **Members \$135**      **Non-Members \$145**

## **WW4** WATERCOLOR ETC — SECTIONS ONE & TWO

**9:00-11:30 AM**      **Wednesdays**      **Begins: 1/9**      **Ends: 2/27**  
**Eight sessions**      **Members \$235**      **Non-Members \$250**

*(Note discount if taking both sections.)*

*Limited Enrollment*

## **WW5** INTRODUCTION TO MINDFULNESS —

***Reclaiming the Present Moment and Your Life***

*Nancy Saum*

Simply put, mindfulness is the practice of cultivating an accepting awareness in day-to-day life. When we rest in mindful awareness, we are able to participate more fully with life, as it is unfolding in each moment. Jon Kabat-Zinn introduced mindfulness into mainstream western medicine in 1979 with the course “Mindfulness-Based Stress Reduction” (MBSR). Since then, MBSR studies have demonstrated positive changes in the brain, correlated with greater emotional balance, compassion, and genuine happiness. Also reported is improved physical and mental well-being, as well as the ability to buffer stressful experiences when they occur. In these classes, you will practice several of the forms of mindfulness meditation taught in the MBSR course. The content and practices are valuable for the novice meditator, those with some meditation experience, and for Nancy’s return students.

*Nancy Saum, MS,RN,AHN-BC, is a certified holistic nurse and has completed Mindfulness-Based Stress Reduction (MBSR) training with faculty from the University of Massachusetts Center for Mindfulness. She also teaches mindful movement practices as a senior trainer with the Institute of Integral Qigong and Tai Chi. Nancy has been teaching MBSR and Qigong for more than 12 years, most recently at the Sarasota Mindfulness Institute. Nancy also teaches Qigong at 9 AM on Fridays at The Longboat Key Education Center (page 37).*

**9:00-10:30 AM**      **Wednesdays**      **Begins: 1/9**      **Ends: 1/30**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

## WEDNESDAY (CONT.)

### **WW6** MINDFULNESS MEDITATION

*Ruth Fishel*

Bring more patience, balance, equanimity, and joy to your life, enriching your life on all levels. Scientific studies have proven that mindfulness meditation can actually improve memory, blood pressure, sleep, and overall health and well-being, no matter at what age you begin to practice. This class will include helpful instructions in meditation, journaling and the power of affirmations. Wear comfortable clothing. Return students welcome. Ruth will also continue with another four weeks in March. (See page 57.)

*Ruth Fishel, M.Ed., is a nationally known author, meditation teacher, retreat and workshop leader. Her books include the best-selling Time for Joy, Living Light as a Feather; Change Almost Anything in 21 Days; Peace in My Heart, Peace in the World; Wrinkles Don't Hurt: The Joy of Aging Mindfully, and Time For Me. Ruth has helped thousands of people feel better about themselves spiritually, mentally and physically.*

**9:00-10:30 AM**  
**Four sessions**

**Wednesdays**  
**Members \$75**

**Begins: 2/6**  
**Non-Members \$85**

**Ends: 2/27**

### LITERARY GEMS

*Randi Kreiss*

Join the group for this perennial favorite! Talk about great books in a stimulating, friendly, and focused gathering. Have fun reading and discussing important writers, the best fiction and nonfiction, and connecting it all to the world we live in today. Sign up for one section or both.

*Randi Kreiss is a longtime book group facilitator with an MS in English/Education from Queens College in New York and a BS from NYU. She is a published writer, literary commentator and public speaker. Her award-winning weekly column in the Herald Community Newspapers in New York can be read online at www.liherald.com. Just follow the links to the opinion pages.*

### **WW7** LITERARY GEMS — PART ONE: FAMILY TIES

These four books are richly imagined and lauded by the critics. They explore family connection in all their gorgeous and contentious glory. Books in order of discussion include: *Calypso* by David Sedaris; *Little Fires Everywhere* by Celeste Ng; *Warlight* by Michael Ondaatje, and *My Absolute Darling* by Gabriel Tallent.

**11:00 AM-12:30 PM**  
**Four sessions**

**Wednesdays**  
**Members \$75**

**Begins: 1/9**  
**Non-Members \$85**

**Ends: 1/30**

### **WW8** LITERARY GEMS — PART TWO: PUSHING THE BOUNDARIES

Slap on your readers and fasten your seatbelt, it's going to be a thrilling ride, fueled by our authors' immense skills and fertile imaginations. Books in order of discussion include: *Artists of the Floating World* by Kazuo Ishiguro; *The Theory of Bastards* by Audrey Schulman; *Asymmetry* by Lisa Halliday, and *Devil in the Grove* by Gilbert King.

**11:00 AM-12:30 PM**  
**Four sessions**

**Wednesdays**  
**Members \$75**

**Begins: 2/6**  
**Non-Members \$85**

**Ends: 2/27**

### **WW9** LITERARY GEMS — PARTS ONE & TWO

**11:00 AM-12:30 PM**  
**Eight sessions**

**Wednesdays**  
**Members \$130**

**Begins: 1/9**  
**Non-Members \$150**

**Ends: 2/27**

*(Note discount if taking both sections.)*

## WEDNESDAY (CONT.)

### **WW10** AMERICA AND THE WORLD IN 2019

*Gary Massel, Ph.D.*

The world is going through the most dramatic challenges since the end of the Cold War. America's economic predominance is essentially gone. The institutions and the values that have supported, since WW II, significant world economic growth and lack of major nation conflict, are being challenged. The core beliefs in "liberal democracy" that have been central to the Western World are under attack from a growth in "populism" and from a revanchist Russia. The Middle East continues to be home to an increasing number of conflicts that threaten to further involve other major powers. And, in this increasingly confusing world, America has retreated from its role as the one nation who could effectively build coalitions to address some of the world's major issues. We will discuss these challenges with a specific focus on the roles played by Russia, China, Iran and North Korea and what America's options are. Register early for this popular course. **Note:** This year Gary will teach six classes instead of eight as in past seasons. Please check out the course below on Mark Twain's politics and religion. It will provide a fascinating follow-up.

*Dr. Gary Massel has a Ph.D. in physics and 31 years of experience in the federal government and in private industry. After graduation he worked at the Institute for Defense Analysis and then for the Office of the Secretary of Defense. He served on the first SALT (Strategic Arms Limitation Treaty) team and then became director of Land Forces Planning and director of Naval Forces Planning. After leaving the government for private industry he continued to maintain a strong interest in foreign policy and cultural and political histories of major world regions.*

**11:00 AM-12:30 PM**  
**Six sessions**

**Wednesdays**  
**Members \$95**

**Begins: 1/9**  
**Non-Members \$105**

**Ends: 2/13**

### **WW11** POLITICS AND RELIGION ACCORDING TO MARK TWAIN ★ **NEW**

*Alan Kitty*

Twain has been lauded as the "greatest humorist this country has produced." William Faulkner called him "the father of American literature." Twain's wit and satire will make you laugh as well as provide you with the deep insights of a remarkable man who was a friend to presidents, artists, industrialists, and European royalty. **Lecture One: Mark Twain Politics, Yesterday and Today** — This talk will deconstruct the history of today's political landscape from the point of view of Mark Twain. We will trace Twain's political evolution from his youth as a poor, rural Anti-bellum southern youth, to his death in 1910 as a rich, globally sophisticated Yankee icon. What changed his perspectives and how did his views compare with national sentiments? What were the macro issues and solutions? What were the long-term consequences?

**Lecture Two: Mark Twain and Religion** — "Often, very often, in matters concerning religion and politics, man's reasoning power is not above the monkey's," wrote Mark Twain. In a half-joking response to the banning of *Huckleberry Finn*, he commented that the Bible was more of a threat to healthy children than any book he would be willing to write. We will follow Twain's religious beliefs from his Calvinist roots to his ultimate conclusion that God, if he existed, was indistinguishable from the Devil or a Tyrant in his cruelty. Bring your meds to this lecture!

*See Biographical Sketch on page 11.*

**11:00 AM-12:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 2/20**  
**Non-Members \$45**

**Ends: 2/27**

## WEDNESDAY (CONT.)

### **WW12** “THE MIGHTY FIVE” – *Their Lives And Their Music* ★ **NEW** *Mark Kroll*

Five Russian composers — César Cui, Aleksandr Borodin, Mily Balakirev, Modest Mussorgsky, and Nikolay Rimsky-Korsakov — established the first native Russian musical tradition, and became so popular and admired that critics called them “The Mighty Five.” Their compositions, such as *Scheherazade*, *Boris Godunov*, *Night on Bald Mountain*, and *Polovetsian Dances*, are still some of the favorite pieces for audiences and performers alike. In this course, we will study and enjoy their wonderful music, and learn about their very different lives.

*Mark Kroll, Professor Emeritus, Boston University, has been able to balance performing, teaching and scholarship throughout his career. A noted authority on performance practice, Mr. Kroll has published four books and numerous scholarly articles; his new book, The Companion to the Harpsichord, will be published by Cambridge University Press this year. Acclaimed as one of the world’s leading harpsichordists and fortepianists, he served as harpsichordist for the Boston Symphony since 1979, and has released the first five recordings of his complete set of the harpsichord works by François Couperin for Centaur Records.*

**1:00-2:30 PM**                      **Wednesdays**                      **Begins: 1/9**                      **Ends: 1/16**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

### **WW13** YOU’VE GOT TO SEE THIS MOVIE! *Kathie Moon*

For Course Description see page 4.

**1:00-2:30 PM**                      **Wednesdays**                      **Begins: 1/9**                      **Ends: 2/27**  
**Eight sessions**                      **Members \$120**                      **Non-Members \$130**

**Note:** This course is also offered later in the day from 3-4:30 PM (page 25), and on Thursdays from 1-2:30 PM (page 33).

### **WW14** IPHONE & IPAD: FUNDAMENTALS FOR BEGINNERS *Keith S. Coker*

If you are a new iPhone or iPad user, or you have had your device for a while and are still trying to grasp the basics, then this course, which aims to simplify getting to know your iOS device, is for you! First and foremost, we will go over what an Apple ID is and the functions that it serves. You will then be guided through the following relevant fundamentals: basic features and functions and how you interact with iOS, making and receiving phone calls and Facetime calls, sending and receiving texts and emails, creating and managing your contacts, using your calendar, and exploring some of the applications (Apps) that come with your iOS device. Bring your devices fully charged, and bring your chargers, just in case. Try your best to come to class to know in advance what your Apple ID (usually your email) and the Apple ID password are. All novices, as well as return students, are welcome.

*See Biographical Sketch on page 4.*

**1:00-3:00 PM**                      **Wednesdays**                      **Begins: 1/9**                      **Ends: 1/30**  
**Four sessions**                      **Members \$100**                      **Non-Members \$110**

**Questions? (941) 383-8811**  
**e-mail: [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org)**

## WEDNESDAY (CONT.)

### **WW15** THE LEGENDARY BALLETS RUSSES: 1909-1929 —

★ NEW

#### *Music And Dance In Belle Epoque Paris*

*Jean Joseph Renoux*

Originally conceived by impresario Sergei Diaghilev, the Ballets Russes is widely regarded as the most influential ballet company of the 20th century. In this series you will learn about the years from Diaghilev's birth in 1872, through his founding of the company in 1909 and onward to the debut of "Rite of Spring", the ballet that rocked the ballet world with its unusual score by Igor Stravinsky and revolutionary choreography by dancer Vaslav Nijinsky. You will also be treated to excerpts — some with the original casts, others reprisals — from many renowned ballets, including "Giselle," "La Sylphide," "Le Spectre de la Rose," and "Afternoon of a Faun." You will hear the behind the scenes stories and adventures that brought together ground-breaking artistic collaborations among young choreographers, visual artists, composers, designers, and dancers—Claude Debussy, Sergei Prokofiev, Vasily Kandinsky, Alexandre Benois, Pablo Picasso, Henri Matisse, Leon Bakst and Coco Chanel. The influence of the groundbreaking Ballets Russes lasts to the present day.

**Note:** This series is dedicated to Joan Rotenberg, who died unexpectedly last spring, and who was a big fan of Jean Renoux. Her loving spirit will be in the audience.

*Jean Joseph Renoux, interior designer and art historian has been presenting history and art history programs and lectures for over 25 years throughout the U.S. He also leads group excursions to Europe, particularly Prague and throughout France, to explore its art, architecture and history. He was also former assistant to filmmaker Louis Malle.*

**1:00-2:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 1/23**  
**Non-Members \$45**

**Ends: 1/30**

### **WW16** DIG DEEPER —

★ NEW

#### THE UNTOLD STORIES OF BIBLICAL ARCHEOLOGY

*Ken Hanson, Ph.D.*

Biblical archaeology is more than an academic science. Incredibly enough, it's on the forefront of geopolitics in the Middle East today, because it relates a narrative of the people and cultures who inhabited the land of Israel from time immemorial. The unconsidered trifles from each archaeological dig speak volumes. Yet, archaeology cannot derive meaning from what it uncovers. It's up to us to find the lessons, knowing that those who fail to learn from the mistakes of the past are condemned to repeat them. In this two-part series, we highlight what the diggers have uncovered, shedding light on everything from the Exodus from Egypt to King David, King Solomon and beyond. It's a true journey of discovery! Dr. Hanson's unique theatrical style of presentation never fails to captivate and engage his audience.

*Dr. Ken Hanson, Director, Interdisciplinary Program in Judaic Studies, University of Central Florida, is an associate professor and teaches in the Judaic studies program. He has also taught philosophy and religion at Rollins College, Winter Park, Florida. He earned a master's degree in international/inter-cultural communication, and went on to earn a doctorate in Hebrew language and literature from the University of Texas at Austin. His multiple books and appearances on syndicated radio and national television (including "The History Channel" and "The Travel Channel") have brought his unique insights into everyone's world.*

**1:00-2:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 2/6**  
**Non-Members \$45**

**Ends: 2/13**

## WEDNESDAY (CONT.)

### **WW17** AFRICAN AMERICAN THEATRE — *From Start To Broadway*

Travis Ray

★ NEW

Take a glimpse into African American Theatre and discover how it began in the early 1820s, what made it stand out, and what's happening today. Various African American musicals, including *Dreamgirls* and *The Lion King* will be discussed, as well as the most popular African American theatres like Penumbra, Crossroads Theatre, and Sarasota's popular Westcoast Black Theatre Troupe. We will also delve into famous playwrights in the United States such as Langston Hughes, August Wilson, and Lorraine Hansberry. This course will also showcase clips from some popular musicals from the past to what's currently playing on Broadway. Come join the energy, passion, and drama of African American Theatre!

*Travis Ray is the associate managing director for the Westcoast Black Theatre Troupe in Sarasota. Travis earned his BA in theatre performance from Alabama State University, (Montgomery, AL). He continued his professional actor training at the Johnny Carson School of Theatre and Film (Lincoln, NE). He earned his masters of fine arts degree in theatre management and arts administration at The University of Alabama (Tuscaloosa, AL).*

**1:00-2:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 2/6**  
**Non-Members \$45**

**Ends: 2/13**

### **WW18** BRAIN CHANGER: CREATING AN ULTRAMIND

Nicci Kobritz

★ NEW

This two-part series is designed to teach you how to achieve an ultramind. It is a dynamic step-by-step program for improving and enhancing overall body and brain functioning. What leads to a broken brain? The key insight is that your brain is an organ that's connected to everything else happening in your body. Fixing your brain starts with fixing your body: optimizing all the inputs and taking out all the bad influences. The good news is that the brain is resilient and can recover and heal when given the right conditions. Nicci will go over the basics of the *Broken Brain* program developed by Mark Hyman, MD, director of Cleveland Clinic's Center for Functional Medicine and founder of the UltraWellness Center in Lenox, MA. She has been trained in the program and will be using Dr. Hyman's cutting-edge theories on how specific vitamins, minerals, nutrients and supplements can fix a diverse number of brain disorders and problems. It's never too late to ramp up your brain power!

*Nicci Kobritz is the CEO of the Center for Brain Health and president of Youthful Aging Home Health. She is a nurse practitioner and geriatric specialist with more than three decades of experience in developing and managing health care services. In 2011, she formed a partnership with the internationally known Roskamp Institute to create and operate Sci-Brain, a research-driven organization dedicated to reducing peoples' risk for Alzheimer's disease. In 2016, she established a new entity, the Center for Brain Health, located in The Centre Shops of Longboat Key, to expand its capabilities.*

**1:00-2:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 2/20**  
**Non-Members \$45**

**Ends: 2/27**

## WEDNESDAY (CONT.)

### **WW19** THE NEXT 20 YEARS: 2018-2038 – Level Two

★ **NEW**

*David Houle*

Due to the huge popularity of this program last year, and the enthusiastic demand for a continuation, futurist David Houle has created a **Level Two** series that will build on the dynamics introduced and discussed last season. **Level Two** is recommended for David's return students. To catch up, new students are invited to register for **The Next Twenty Years-Level One** (see page 41). **Level Two** explores the bigger and more far reaching changes that will occur in the next twenty years, including what might be the most transformative disruptions in economics and finance in history. Topics for discussion and interactive participation will include: how technological changes might affect evolution, spirituality, education, medicine and economics; the consequences of major changes in energy and transportation; how much, and in what ways, climate change will alter life on earth. Come and envision the future!

*David Houle is a globally recognized futurist. He has given speeches on six continents. He spent over 20 years in media and entertainment, working with NBC, CBS, and as part of the senior team that created and launched MTV1 Nickelodeon, VH1, and CNN Headline News. He has a highly regarded futurist blog [www.evolutionshift.com](http://www.evolutionshift.com) and has written seven books, including his influential first book *The Shift Age* published in 2007 and his latest book, co-authored with Timothy Ramage, *This Spaceship Earth*. Houle is currently serving as futurist in residence at Ringling College of Art and Design and is honorary president and futurist of the Future Business School of China. In 2017 he launched "The Sarasota Institute" a 21st century think tank. See page 30 for a presentation on "The Sarasota Institute" in our special Thursday programs.*

**1:00-2:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 2/20**  
**Non-Members \$45**

**Ends: 2/27**

### **WW20** YOU'VE GOT TO SEE THIS MOVIE!

*Kathie Moon*

For Course Description see page 4.

**3:00-4:30 PM**  
**Eight sessions**

**Wednesdays**  
**Members \$120**

**Begins: 1/9**  
**Non-Members \$130**

**Ends: 2/27**

**Note:** This course is also offered earlier in the day from 1-2:30 pm (page 22) and on Thursdays from 1-2:30 pm (page 33).

### **WW21** iPHONE & iPAD — BASICS PLUS

*Keith S. Coker*

For Course Description see page 4.

For the first time, due to popular demand, this course will now be offered in the Fall Term, see page 4, as well as the Winter Term.

**3:15-5:15 PM**  
**Four sessions**

**Wednesdays**  
**Members \$100**

**Begins: 1/9**  
**Non-Members \$110**

**Ends: 1/30**

## WEDNESDAY (CONT.)

### **WW22** CREATING A MYSTERY

★ NEW

*Don Bruns and Pat McKanic*

Everyone loves a mystery! This series will introduce you to two mystery novelists who will talk about the creative process that goes into the art of creating a mystery—where they get their ideas from; how they build relatable, vivid, three-dimensional characters, and what inspires them to devise compelling and suspenseful plotlines. Both writers will be happy to answer questions and give you intriguing insights into their “mysterious” tool boxes. To make this series event more participatory and fun, why not read one of the mystery novels Pat McKanic and/or Don Bruns (see their websites with their bios below) have written! Don Bruns will lecture on January 9 and Pat McKanic will lecture on January 16.

**Don Bruns**, USA Today bestselling Kindle author, is also a songwriter, musician and advertising executive who lives in South Florida. He has 16 widely acclaimed published novels which include the popular stuff series ([Stuff To Die For](#), [Stuff To Spy For](#), [Stuff Dreams Are Made Of](#), [Don't Sweat The Small Stuff](#), [Too Much Stuff](#), [Hot Stuff](#) and [Reel Stuff](#)), the Quentin Archer Series ([Casting Bones](#), [Thrill Kill](#), [No Second Chances](#)), and the Caribbean Series ([Jamaica Blue](#), [Barbados Heat](#), [South Beach Shakedown](#), [St. Barts Breakdown](#), [Bahama Burnout](#)). Check out his website [www.donbrunsbooks.com](http://www.donbrunsbooks.com).

**Pat McKanic** is the author of the murder mystery thriller/suspense/romance [Illusions of Paradise](#). It is her first mystery novel and has received great reviews. She is owner of Pat McKanic & Associates LLC, a diversified communications company specializing in PR, marketing, media training, and executive coaching. The award-winning writer and former print and broadcast journalist has worked for newspapers in the Caribbean, [The Wall Street Journal](#), and the [New York Times Co.](#), among others. She is currently working on a second book in a planned series. Visit her website [www.illusionsofparadise.net](http://www.illusionsofparadise.net).

**3:00-4:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 1/9**  
**Non-Members \$45**

**Ends: 1/16**

### **WW23** POP! Goes The Art — Roy Lichtenstein

★ NEW

*Kevin Costello*

Roy Lichtenstein took the memes of advertising and transformed them into elusive statements about the world by juxtaposing commercial symbols with contemporary narratives of love, history and consumerism. During the 1960s, along with Andy Warhol, Jasper Johns, and James Rosenquist, he became a leading figure in the new Pop Art movement. His work defined the premise of this genre through parody. Inspired by the comic strip, Lichtenstein produced precise compositions that documented while they parodied, often in a tongue-in-cheek manner. This series will investigate Lichtenstein's formidable contributions to Pop Art.

**Kevin Costello** graduated Chelsea School of Art and University of London's Goldsmiths College with degrees in fine art and art history. Kevin is a studio artist and has taught painting, drawing, sculpture, and art history at the San Francisco Academy of Art, the San Francisco Museum of Art, and the Ringling College of Art and Design. He was the art and architecture correspondent for the [Sarasota Herald Tribune](#) for eight years and currently teaches art history for the School Board of Sarasota and local lifelong learning centers.

**3:00-4:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 1/23**  
**Non-Members \$45**

**Ends: 1/30**

## WEDNESDAY (CONT.)

### **WW24** OVER THE RAINBOW WITH HAROLD ARLEN AND THE STARDUSTED LIFE OF HOAGY CARMICHAEL

★ NEW

*Dan Fine*

Dan Fine will discuss and play piano selections to illustrate the musical styles and contributions of American composers/songwriters Harold Arlen (1905-1986) and Hoagy Carmichael (1899-1981). Arlen's name may not bring instant recognition but his music will. He has composed over 500 songs, a number of which have become known worldwide — *Over The Rainbow*, *Stormy Weather*, *Ac-Cent-Tchu-Ate the Positive*, and *Get Happy*, to name a few! He is a highly regarded contributor to the Great American Songbook. Carmichael was an American composer, pianist, singer, actor, and bandleader. He was one of the most successful Tin Pan Alley songwriters of the 1930s. He composed over 200 songs, including 50 that achieved hit record status. Above all, his music reflected his love for the small time, simple life of rural Americans sitting on the back porch. He wrote *Stardust*, *Georgia on My Mind*, *Up The Lazy River*, and many more you'll know. Come and enjoy listening to the songs of Arlen and Carmichael and learning about their lives.

*Dan Fine began piano lessons at the age of 8 and has been playing professionally since age 14. He has played alto saxophone for 30 years with the Simsbury Community Band in Connecticut and was on the board of the Greater Hartford Festival of Jazz for 10 years. He has a BA from University of Connecticut, an MBA from Boston College, and retired as a stockbroker after 43 years.*

**3:00-4:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 2/6**  
**Non-Members \$45**

**Ends: 2/13**

### **WW25** IPHONE & IPAD—INTERMEDIATE I

*Keith S. Coker*

This course is for intermediate students who have a solid understanding of the basics and beyond, and who want to unlock even more potential of their Apple devices. It will essentially pick up where iPhone & iPad — Basics Plus left off, so the completion of Basics Plus (see pages 4 and 25) is strongly recommended. We will continue to explore more of the fun and convenient features of your iOS device. The use of the camera, Apple's Photos App, and how to take, send, receive, save and manage your pictures and videos will be covered in depth. We will also go over the use of Maps and the use of your iOS device as a GPS. This is a hands-on class — as always, please have your devices fully charged or bring your chargers! Return students are welcome to review and learn more! For iPhone & iPad — Intermediate II see page 36.

*See Biographical Sketch on page 4.*

**3:00-5:00 PM**  
**Four sessions**

**Wednesdays**  
**Members \$100**

**Begins: 2/6**  
**Non-Members \$110**

**Ends: 2/27**

## WEDNESDAY (CONT.)

**WW26** **FOUR MASTERPIECES THAT CHANGED MUSIC FOREVER!** ★ **NEW**  
*The Life And Work Of Handel And Berlioz: Part One*  
Richard Benedum, D.M.A.

This 4-session course, divided into two parts (see page 57 for Part Two), will examine four masterful compositions that forever changed the path of music history, and in the process, have become beloved staples of our Western musical heritage. Part One explores Handel's beloved oratorio *Messiah*, composed in 1741, and considers the differences and similarities between opera and oratorio. We will also look at Handel's life and circumstances surrounding the composition, which he remarkably composed in just 22 days! The second lecture of Part One will look at *Symphonie fantastique*, the ground-breaking work of Hector Berlioz which premiered in 1830 and marked the beginning of Romanticism. Don't miss Part Two on March 6 and 13 (page 57) for Beethoven's *Symphony No. 9* ("Choral") and Stravinsky's *The Rite of Spring*.

*Dr. Richard Benedum is professor emeritus of music at the University of Dayton, Ohio. He is founder and former artistic director and conductor of the professional-level Dayton Bach Society chorus and orchestra. In addition to his many other achievements, awards and contributions, he directed 15 summer seminars and institutes for teachers based in Vienna who were studying the music of Mozart for the National Endowment for the Humanities between 1990 and 2014. He currently is organist-choirmaster at Christ Episcopal Church in Bradenton.*

**3:00-4:30 PM**  
**Two sessions**

**Wednesdays**  
**Members \$40**

**Begins: 2/20**  
**Non-Members \$45**

**Ends: 2/27**

## THURSDAY

**WR1** **SWEET AND SPIRITED YOGA!**  
*Mary Kane*

For Course Description see page 2.

**9:00-10:00 AM**  
**Eight sessions**

**Thursdays**  
**Members \$88**

**Begins: 1/10**  
**Non-Members \$104**

**Ends: 2/28**

**Note:** Yoga classes are offered Monday, Tuesday, Wednesday, and Thursday at 9:00 AM. Qigong is offered on Fridays at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

**WR2** **BREAKFAST FORUMS**  
*Stanley Kolodkin*

These popular forums provide the opportunity for lively, informal discussions about important social, moral and political issues. The facilitator, Stanley Kolodkin, does his homework and introduces stimulating and thought-provoking subjects, guides the discussion and keeps the group focused. A continental breakfast will be provided. Repeat and new students welcome. This course is a perennial favorite. Register early!

*Stanley Kolodkin obtained his BS and MS degrees in electrical engineering from MIT. He was CEO and founder of Xenergy Inc., a New England-based energy management company. He has consulted on numerous national and international energy, finance and management projects.*

**9:00-10:30 AM**  
**Four sessions**

**Thursdays**  
**Members \$80**

**Begins: 1/10**  
**Non-Members \$90**

**Ends: 1/31**

**Note:** Forums are also offered Fridays 9-10:30 in February (page 37) and March (page 59).

## THURSDAY (CONT.)

### **WR3** THE WORLD'S GREATEST POEMS

★ **NEW**

*Edward J. Dwyer, Ph.D.*

This course will focus on the greatest poems every written. The lineup features Emily Dickinson, Robert Frost, Rumi, Basho and the Haiku poets, Omar Khayyam, Elizabeth Bishop, Shakespeare, Keats, Wordsworth, e.e. cummings, Lewis Carroll, Maya Angelou, Walt Whitman, Dylan Thomas and Bob Dylan, among others! These poets represent a wide range of styles, forms and temperaments. You will discover (or re-discover) why they are so great! Copies of the poems to be discussed will be provided to you. Extraordinarily participant-friendly and enjoyable — simply poetic!

*See Biographical Sketch on page 8.*

**9:00-10:30 AM**  
**Four sessions**

**Thursdays**  
**Members \$75**

**Begins: 1/10**  
**Non-Members \$85**

**Ends: 1/31**

### **WR4** THE NATURE OF LONGBOAT KEY

*Karen Willey*

Gulf of Mexico barrier islands have unique ecosystems found nowhere else on earth. Learn about the ecosystems of Longboat Key, the plants and animals that call them home, and how we connect with them in the interdependent web of life on earth. Coastal dunes, mangrove forests, seagrass flats and climate change will be discussed as they relate to Longboat Key. The first class will be at the school followed by three nearby field trips. Karen will leave you with a sense of what makes Florida unique and why we should preserve our natural systems. This always sells out so register early. There is a second section from 11-12:30. See page 32.

*Karen Willey has spent 33 years walking local trails and studying the natural wonders of our land and sea. She has a BS from the University of Florida in ornamental horticulture with an environmental studies minor. Her company, Around the Bend Nature Tours, has provided environmental education programs for Sarasota and Manatee county schools for over 20 years. Karen also coordinates the Bay Guardians volunteer program for the Sarasota Bay Estuary Program.*

**9:00-10:30 AM**  
**Four sessions**

**Thursdays**  
**Members \$80**

**Begins: 2/7**  
**Non-Members \$90**

**Ends: 2/28**

### **WR5** CERAMICS: THERAPY FOR THE HANDS AND SOUL

★ **NEW**

*Jean DeCicco*

Learn to make hand-built ceramic pieces that are beautiful and can be enjoyed every day — pinch pots, leaf dish, coffee/tea mugs, appetizer plate, bowl, or platter — use them yourself or make them for personalized gifts. No painting skills are required as the glazes (food safe) will take on a beauty themselves when fired in a kiln, which will be done for you off the premises. Working with your hands is therapeutic; it reduces stress, promotes joint movement and dexterity and offers many other health benefits that are well documented. All materials, including firing, are included and will be provided. Discover the “zen” of creating with clay.

*Jean DeCicco is a retired financial services executive and has been teaching and making pottery for the last eight years in community centers in the Indianapolis area. It is her passion to continue to teach pottery in her retirement and recent relocation to LBK.*

**9:30-11:30 AM**  
**Four sessions**

**Thursdays**  
**Members \$145**

**Begins: 2/14**  
**Non-members \$155**

**Ends: 3/7**

**Note:** This course starts in the Winter Term and ends a week into the Spring Term.

## *New One-Time Special Thursday Programs*

### **SPR1** THE CREATION OF *FIDDLER ON THE ROOF*

*Charles Troy*

The stories of Yiddish writer Sholom Aleichem seemed an unlikely subject for a musical, and certainly of limited appeal. We'll see how genius director-choreographer Jerome Robbins guided his creative team to find universality in the material, and how they made a "Jewish musical" that struck a responsive chord in virtually every country in the world. Charles Troy's multimedia presentation will relate the fascinating story behind this beloved show.

*Charles Troy is a musical theatre historian, graphic designer, and former theatre lyricist based in the Chicago area, where he gives his unusual multimedia musical theatre presentations (he has created over 50) at numerous venues. His work has been featured recently at the York Theatre in New York and the Auditorium Theatre in Chicago.*

**11:00 AM-12:45 PM**      **Thursday, January 10**  
**One session**              **Members \$20**      **Non Members \$25**

### **SPR2** POETRY FESTIVAL

*Co-ordinated by Anne Arsenault (See Biographical Sketch on page 12.)*

Join us for poetry readings and live music in this first-time event that was created to celebrate the art of poetry. Poets include Linda Albert, Anne Arsenault, Liz Bergmann, Lucia Blinn, Su Byron, Doug Knowlton, Pat Owens, and Piero Rivolta. They will bring a wide variety of poems to read and talk about. Share the poignancy and power of their poetry. Trevor Bystrom, singer/songwriter/musician, will play between readings and infuse the room with his inspirational lyrics and captivating sounds and rhythms from around the globe. Don't miss this wonderful event!

**11:00 AM-12:45 PM**      **Thursday, January 17**  
**One session**              **Members \$20**      **Non Members \$25**

### **SPR3** AN INTRODUCTION TO THE SARASOTA INSTITUTE

*David Houle, Phil Kotler, Gary Massel, Jason Apollo Voss*

Learn about the new 21st century think tank based here in Sarasota, formed in 2017, and headed by four of your favorite LBK Education Center professors-- Philip Kotler (see bio on page 10), David Houle (see bio on page 25), Gary Massel (see bio on page 21) and Jason Apollo Voss (who gave a lecture on intuitive investing last season). The goal of this free presentation is to gather interest and support in the institute's purpose and to discuss how we can collectively navigate the next 20-plus years, globally and right here in Sarasota! The Sarasota Institute intends to be a place where intelligence, new thinking and pathways of action can be developed to face our future. Visit <https://sarasotainstitute.global> and if you like what you see, sign up for email notifications from the Sarasota Institute.

**11:00 AM-12:30 PM**      **Thursday, January 24**  
**One session**              **FREE**

## *New One-Time Special Thursday Programs* (CONTINUED)

### **SPR4**    **MAGNA GRAECIA**

*Robert Gaglio*

Most people do not realize that more Greeks lived in the Mediterranean area the Romans called Greater Greece, than in Greece. The settlers who began arriving in the 8th century BC brought with them their Hellenic civilization, which was to leave a lasting imprint on Italy, such as in the culture of ancient Rome. Robert's presentation focuses on Italy's lost Greece, and its significance within the history of Southern Italy's culture and cuisine. Enjoy a Greek food tasting prepared by Chef Robert who will also bring a performer to add to your lunch and learn experience. Robert always sells out his annual food and lecture presentations at the school. Register early!

*Robert Gaglio owns and operates Italian Culinary Tours, a specialty travel company that offers unique dining experiences and educational tours through the diverse regions of Italy, and Ciao Bella Productions, an innovative, private party catering company. His passion is Italian cooking and culture.*

**11:00 AM-12:45 PM**    **Thursday, January 31**  
**One session**                      **Members \$30**                      **Non-Members \$35**

## **THURSDAY (CONT.)**

### **WR6**    **LET'S PLAY CANASTA! — For Beginners**

*Joyce Doran*

For Course Description see page 4.

**11:00 AM-12:30 PM**    **Thursdays**                      **Begins: 1/10**                      **Ends: 1/31**  
**Four sessions**                      **Members \$60**                      **Non-Members \$70**

### **WR7**    **FACTS AND FICTION FOR TUMULTUOUS TIMES**

★ **NEW**

*Dilip Mathur and Arnold Well, Ph.D.*

We struggle to separate fact from fiction, and information seems to come at us in a rush. How do we make wise decisions on the key issues of the day? We will discuss important topics such as women's rights, income inequality, demographics and immigration, health care and climate change. Armed with critical thinking and an open mind, we will examine our own biases. The facilitators have an engaging, humorous and conversational style with lots of class participation encouraged! They will use exercises and examples from history to bring wisdom to the facts of life. It is learning with a smile.

*Dilip Mathur is a frequent speaker and workshop leader on topics related to wisdom and happiness. He taught the Wisdom of Vedanta course at the Chinmaya Center in Boston for 13 years. An MIT alumnus, he has been a CEO, and the architect of businesses that have created over 50,000 jobs for disadvantaged people, particularly village women.*

*Dr. Arnold Well is professor emeritus of psychological and brain sciences at UMass Amherst. He taught courses dealing with aspects of cognitive psychology, research design, and statistical analysis, and received several teaching awards. He has strong interest in the factors that led to dramatic changes in the U.S. immigration policies in the 1920s.*

**11:00 AM-12:30 PM**    **Thursdays**                      **Begins: 1/10**                      **Ends: 1/31**  
**Four sessions**                      **Members \$75**                      **Non-Members \$85**

## THURSDAY (CONT.)

**WR8**

### LONDON CALLING —

★ **NEW**

#### *Four Significant British Artists Of The 20th Century*

*Kevin Costello*

David Hockney, Lucien Freud and Sir Howard Hodgkin represent three distinct characteristics of contemporary British painting: The detached observations and clear bright color of Pop Art (Hockney); the intense analysis of figurative/portrait painting (Freud); and the musicality of Abstract Art (Hodgkin). Anish Kapoor, British sculptor, explored the optical possibilities of mirrored polished steel sculptures reflecting their surroundings. His art is often large in scope and overwhelming in concentration of color. His dogged pursuit of extreme materiality often segues into his favorite topic: The Void. Join us as we explore four great British artists.

*See Biographical Sketch on page 26.*

**11:00 AM-12:30 PM**

**Thursdays**

**Begins: 2/7**

**Ends: 2/28**

**Four sessions**

**Members \$75**

**Non-Members \$85**

**WR9**

### LEARN HOW TO PLAY MAH JONGG

★ **NEW**

*Joyce Doran*

This time-honored, rummy-like Chinese tile game is simple and at the same time, challenging. It's competitive and requires skill, concentration, and luck! But the main objective is to have fun and enjoy this wonderful, sociable game in a relaxed atmosphere. This course teaches you the basics and will get you playing fairly quickly. There's nothing more exciting than when you call "Mah Jongg!" We play by the rules of the National Mah Jongg League based in New York. Hands-on instruction will be given while you learn to play. Time permitting, Joyce will cover winning strategies. Mah Jongg sets are provided and the 2018 Mah Jongg card will be available to purchase from Joyce.

**Note:** Students cannot miss the first class or they will not be able to take the course.

*Joyce Doran is a retired English teacher from London, England. She learned how to play Chinese mah jongg while living in Hong Kong many years ago and fell in love with the game. After moving to Sarasota she subsequently learned the American version and has been teaching mah jongg for five years. Joyce also teaches canasta, see page 4.*

**11:00 AM-12:30 PM**

**Thursdays**

**Begins: 2/7**

**Ends: 3/14**

**Six sessions**

**Members \$90**

**Non-Members \$100**

**Note:** This course starts in the Winter Term and continues for two sessions in the Spring Term.

**WR10**

### THE NATURE OF LONGBOAT KEY

*Karen Willey*

For Course Description see page 29. This course is so popular we now have two sections.

**11:00 AM-12:30 PM**

**Thursdays**

**Begins: 2/7**

**Ends: 2/28**

**Four sessions**

**Members \$80**

**Non-Members \$90**

## THURSDAY (CONT.)

### **WR11** PARLEZ-VOUS FRANÇAIS? — FRENCH FOR TRAVELERS

*Betty Silberman*

Why study French online with Babbel when you can learn French with Betty in person? This course will focus on the interactive, easy and fun way to learn basic everyday expressions and travel vocabulary. With just four classes you can greatly enhance your travel experiences to French-speaking countries. Listening to and singing popular French songs of well-known artists like Edith Piaf and others will add to the stimulating atmosphere and provide a backdrop for various French-speaking cultures. Begin your adventure as a novice or use this course as a brush up of your college French. Enjoy being in a live classroom — the old-fashioned way to learn a language!

*Betty Silberman, native French and Yiddish speaker from Montreal, Canada, taught both languages at Berklee College of Music, Tufts Experimental College, and Hebrew College (all in Boston), as well as various Elderhostels. She has performed worldwide as a professional singer and actress, and is a graduate of the Boston Conservatory of Music.*

**1:00-2:30 PM**  
**Four sessions**

**Thursdays**  
**Members \$75**

**Begins: 1/10**  
**Non-Members \$85**

**Ends: 1/31**

### **WR12** YOU'VE GOT TO SEE THIS MOVIE!

*Kathie Moon*

For Course Description see page 4.

**1:00-2:30 PM**  
**Eight sessions**

**Thursdays**  
**Members \$120**

**Begins: 1/10**  
**Non-Members \$130**

**Ends: 2/28**

**Note:** This course is also offered twice on Wednesday 1-2:30 PM (page 22) and 3-4:30 PM (page 25).

### **WR13** ARE YOU THE LEADER OF THE PACK?

★ **NEW**

*Gregg Flowers*

Gregg is back this season to teach dog owners how to create a healthy, balanced pack. Dogs naturally gravitate toward love and affection. And we love loving them. "But as far as 'love' being an important, integral part of pack cohesiveness, it just isn't," says Gregg. Dogs feel safe and secure and drawn to their owner when they recognize you as the leader of the pack. Subconsciously all dogs crave a leader above anything else. Gregg will cover how to communicate that you are the pack leader — how to: use your voice appropriately; motivate your dog; correct your dog; reinforce boundaries; use the leash, and why the leash is so important. If you become a better leader any bad habits can be turned around. There will be an opportunity for plenty of Q and A. People who attended Gregg's popular course last year are welcome to return and learn more about living with the dogs they love.

*Gregg Flowers never met a dog he didn't love. His fascination with dogs and the way they can be taught different things led him to start working with dogs and their owners in Shreveport, Louisiana, in the 1980s. His column about dogs has run in the Shreveport Times for 10 years. In 2009 Gregg moved to Florida where he continues his full time professional work of "teaching dogs and training people". He currently writes a column for the Sarasota Herald Tribune entitled "All About Dogs."*

**1:00-2:30 PM**  
**Two sessions**

**Thursdays**  
**Members \$40**

**Begins: 2/7**  
**Non-Members \$45**

**Ends: 2/14**

## THURSDAY (CONT.)

### **WR14** AN INTRODUCTION TO GEMOLOGY

★ **NEW**

*Tom Seguin, G.G., A.S.A.*

The first session of this two-part course will start with diamonds: how they are graded using the 4 C's, and the GIA diamond grading system; how they are mined and cut, and the valuation process of diamonds in the most common markets where they are traded. The second session will cover colored gemstones and how they differ from diamonds; how they are identified and graded; the durability of different colored gems and their value. The course will wrap up with a discussion on jewelry design and how the manufacture of jewelry today compares to the past; the properties of the noble metals, gold, silver and platinum, and jewelry repair methods and challenges. There will be a Q and A portion built into the program.

*Tom Seguin is a master gemologist appraiser and owner of Suncoast Gem Laboratories, located in Bradenton since 1986. He obtained his graduate gemologist degree from the Gemological Institute of America (GIA). He has been on the board of directors for the Accredited Gemologist Association and organized several of the most successful educational gemological conferences ever conducted by the AGA. He teaches at various local lifelong learning centers, civic and professional groups.*

**1:00-2:30 PM**  
**Two sessions**

**Thursdays**  
**Members \$40**

**Begins: 2/21**  
**Non-Members \$45**

**Ends: 2/28**

### **WR15** THE FOREIGN FILM FEST

*Gus Mollasis*

Some of the most vibrant and interesting foreign films in recent years that have shown at film festivals or have been nominated for Best Foreign Film will be viewed and discussed. Expand your vision of the world, learn about the different cultural styles of making films and enrich your understanding and appreciation of foreign films. Each film will be followed by an insightful group discussion.

*See Biographical Sketch on page 2.*

***Note:** Dr. Michael Givant, who facilitated this course and the Jewish/Israeli Film Festival for the last few years, has permanently relocated to California. We will miss him and wish him well in his new home.*

**2:15-5:00 PM**  
**Four sessions**

**Thursdays**  
**Members \$75**

**Begins: 1/10**  
**Non-Members \$85**

**Ends: 1/31**

### **WR16** JEWISH/ISRAELI FILM FESTIVAL

*Susan Goldfarb and Special Guest Facilitators*

We will view exceptional, award-winning, quality films and explore a variety of Jewish themes which touch the Jewish heart yet are universal in nature. Cultural diversity, Jewish history, Jewish identity and how the movies reflect and affect the Jewish/Israeli experience will be the subject of lively discussions afterwards. New movies are chosen every year. This is one of the most popular courses at the school. So please register early!

***Susan Goldfarb**, executive director of The Longboat Key Education Center since 1997, holds an Honors BA in English literature from York University, Toronto, Canada, and diplomas from the Alliance Française in Paris, France; The Royal Conservatory of Music in Toronto, piano; and The University of Toronto, theatre technology. She was the marketing and public relations director for the Sarasota Ballet from 1994-1997.*

***Special Guest Facilitators** will be chosen over the summer.*

**2:15-5:00 PM**  
**Six sessions**

**Thursdays**  
**Members \$100**

**Begins: 2/7**  
**Non-Members \$110**

**Ends: 3/14**

## THURSDAY (CONT.)

### **WR17** MEMORABLE MILESTONES IN BASEBALL ★ NEW

- 1) **The Brooklyn Dodgers 1939-1957 — Or — How To Suffer**
- 2) **Hank, Sandy And Jackie: The Minorities Make The Majors Big Time**  
*Bud Livingston*

The Brooklyn Dodgers tormented their fans more than any other team, managing to lose the pennant on the last day of the season, or the last game in a play-off, or the last game in the World Series, over and over again. When they finally beat the Yankees in 1955 no Brooklyn fan could believe it. Hear all about the Bums of the 1930s, the Boys of Summer of the 1950s and of their painful departure for Los Angeles.

Hank Greenberg, Sandy Koufax and Jackie Robinson — two Jewish boys from the Bronx and Brooklyn respectively, and one black guy from California—changed baseball history. Three of the greatest baseball players ever, came from minority groups and their success in the Major Leagues was not easy. Hear about their challenges and how these three outstanding minority athletes made it big on the baseball diamond. Nostalgia and sharing memories of great moments in baseball will be expected!

*Bud Livingston* obtained his MA in history from Queens College. He has taught and lectured at various adult education programs in New York and many other locations. He is past president and past vice-president of the Civil War Round Table of New York and author of the book Brooklyn and the Civil War. He focuses on sports and history, the Civil War and World War II.

**3:00-4:30 PM**                      **Thursdays**                      **Begins: 1/10**                      **Ends: 1/17**  
**Two sessions**                      **Members \$40**                      **Non-Members \$45**

### **WR18** THE CIVIL WAR – THEY LIVED IT! ★ NEW

*George Stassa, M.D.*

Gain a different perspective of the Civil War by delving into the hearts and minds of the people who lived through it. By reading actual letters, journals, diaries, and newspaper statements you will view events of the war through the prism of the personal experiences, feelings and thoughts of the soldiers, wives of combatants, young people, and the clergy. This is not your typical history course of the Civil War!

*Dr. George Stassa* obtained his BA from Columbia College and his MD from Columbia University, College of Physicians and Surgeons. He was associate clinical professor of Radiology/Anatomy at New York Cornell Medical College for 36 years. Dr. Stassa has had a love of history since grade school and wanted to be a college professor, so he has reinvented himself into a teacher of history!

**3:00-4:30 PM**                      **Thursdays**                      **Begins: 1/10**                      **Ends: 1/31**  
**Four sessions**                      **Members \$75**                      **Non-Members \$85**

•••••••••• *Back By Popular Demand* ••••••••••

**Two Jazz Nights – Save the dates for these fabulous concerts**

**NEW ORLEANS JAZZ**    **Thursday, January 24, 8-10 PM**

**Kid Dutch** and his guest jazz artists

**JAZZ CLASSICS**    **Thursday, February 21, 8-10 PM**

**Sam Miltich**, guitar; singer **Charmin Michelle**; **John Lamb**, bass;  
**Mark Feinman**, drums... jazz from the great songbooks

First come, first served – \$20 per person donation at the door. Cash or check.

## THURSDAY (CONT.)

### **WR19** ARTIFICIAL INTELLIGENCE, ROBOTS, DRIVERLESS CARS — ★ *NEW* *Are We Ready For Our New Partners In Life?*

*Arthur S. Kesten, Ph.D.*

What should we be thinking regarding the rapid acceleration of science and technology? Our world is being profoundly disrupted. Are we ready for the challenges? These two sessions are designed to provide insights into the underlying ramifications of what lies ahead and the impact it will have on our lives. This is the perfect course to take after Dr. Kesten's lecture titled "Good News And Bad From The Accelerating World Of Science And Technology," which he will present on Tuesday, January 15, in our Lecture Series 2019. See page 51. This seminar-style course will afford a deeper and more participatory treatment of what he will cover in the lecture.

*Dr. Arthur Kesten, president of Nanocap Technologies, earned a BS from New York University and an MS and Ph.D. in chemical engineering from the University of Pittsburgh. He held several key scientific research positions at United Technologies Research Center and in 1997 was named its distinguished engineer of the year. He taught for many years at Rensselaer Polytechnic Institute and teaches locally at lifelong learning centers.*

**3:00-4:30 PM**  
**Two sessions**

**Thursdays**  
**Members \$40**

**Begins: 1/24**  
**Non-Members \$45**

**Ends: 1/31**

### **WR20** COMMANDER IN CHIEF

★ *NEW*

*George Stassa, M.D.*

This course will be an analysis of the 14 major wartime presidents. Who were the best and who were the worst? How well or poorly did they live up to the responsibilities of the CIC? How did the presidents fare as war leaders? Let's discuss and rate the performances of these presidents in our history.

*See Biographical Sketch page 35.*

**3:00-4:30 PM**  
**Four sessions**

**Thursdays**  
**Members \$75**

**Begins: 2/7**  
**Non-Members \$85**

**Ends: 2/28**

### **WR21** IPHONE & IPAD — INTERMEDIATE II

★ *NEW*

*Keith S. Coker*

This course will pick up where iPhone & iPad-Intermediate I left off. It is expected that students will have taken Intermediate I as a prerequisite. See page 27. We will cover some of the Apps not covered in previous classes and courses, including: Notes, Home, Wallet & Apple Pay, Health, Weather, News & Tips. We will have fun learning about iTunes Store for downloading music, movies and other types of media. You will also learn about iBooks, and we will download the corresponding manual for your iOS devices. We will explore the use of Bluetooth, and, finally we will tie it all together by learning how you can access all of the controls and features you have learned with Siri! This is a hands-on class — as always, please have your devices fully charged and /or bring your chargers! This is the most advanced level Keith offers.

*See Biographical Sketch on page 4.*

**3:00-5:00 PM**  
**Four sessions**

**Thursdays**  
**Members \$100**

**Begins: 2/7**  
**Non-Members \$110**

**Ends: 2/28**

# FRIDAY

## **WF1** QIGONG FOR HEALTH & VITALITY

*Nancy Saum*

Qigong is an ancient self-care practice from Traditional Chinese Medicine, sometimes described as “Chinese yoga.” Students will practice breathing, meditation (both moving and still), and self-applied massage. These mind-body practices are simple and relaxing, even when practiced for the very first time. Qigong helps increase flexibility, balance and endurance, and also helps improve immune function, sleep, mood, and stress management. All fitness levels will enjoy and benefit. Wear exercise clothing.

*See Biographical Sketch on page 19.*

**9:00-10:00 AM**      **Fridays**      **Begins: 1/4**      **Ends: 2/22**  
**Eight sessions**      **Members \$88**      **Non-Members \$104**

## **WF2** HAMILTON: *The Biography And A Bit Of The Musical*

*Edward J. Dwyer, Ph.D.*

This course is a reprise of last year’s “Hamilton” course — held over by popular request! The major focus (75%) will be Ron Chernow’s biography, *Alexander Hamilton*, the basis of the Broadway hit musical “Hamilton.” Please purchase the book and come to the first class having read through page 242. The last class will be entirely devoted to an extravaganza, featuring excerpts from the musical on CDs, accompanied by a printout of the lyrics. This class is extraordinarily participant-friendly. Come out and enjoy!

*See Biographical Sketch on page 8.*

**9:00-10:30 AM**      **Fridays**      **Begins: 1/4**      **Ends: 1/25**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

## **WF3** BREAKFAST FORUMS

*Stanley Kolodkin*

For Course Description see page 28.

**9:00-10:30 AM**      **Fridays**      **Begins: 2/1**      **Ends: 2/22**  
**Four sessions**      **Members \$80**      **Non-Members \$90**

**Note:** This course is also offered on Thursdays, 9-10:30 AM in January (page 28) and 9-10:30 AM on Fridays in March (page 59).

## **WF4** ULYSSES S. GRANT — (1822-1885)

★ **NEW**

*His Life And Rise To Fame Sounds More Like Fiction Than Fact!*

*Bud Livingston*

In the winter of 1860-1861, ex-army officer U.S. Grant stood shivering in the streets of St. Louis selling fire wood to earn enough money to stave off poverty. Only two years later he was a major general in command of U.S. forces in Mississippi, Tennessee, and Kentucky. On March 10, 1864, he would be in command of all troops of the Federal armies. How on earth did he do this? Grant was the Union’s first and foremost hero in the Civil War. He ended his unbelievable army career as a Lt. General, capturing his third Confederate army at Appomattox, Virginia. Did Robert E. Lee capture any Union armies? No. Hear more fascinating stories about the incredible career and accomplishments of U.S. Grant.

*See Biographical Sketch on page 35.*

**9:00-10:30 AM**      **Fridays**      **Begins: 2/15**      **Ends: 2/22**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

## FRIDAY (CONT.)

### **WF5** OPERA PREVIEW

*Phillip Gainsley*

Phil Gainsley will discuss and preview the operas being performed by the Sarasota Opera for its 2018-2019 season. Operas in order of discussion include: *Turandot* by Puccini, *The Magic Flute* by Mozart, *Nabucco* by Verdi, and *Rita (Two Men and a Woman)* by Donizetti and *Susanna's Secret* by Wolf-Ferrari. Phil is noted for his extraordinarily thorough and enjoyable lectures.

*Phillip Gainsley has been a national speaker on opera and musical theater for over 35 years. He was a regular guest on the Metropolitan Opera Quiz, heard during the Saturday afternoon Met Opera radio broadcasts, for 30 years. He lectures for the Sarasota Opera Guild and hosts pre-concert discussions for the Minnesota and Sarasota Orchestras.*

**11:00 AM-12:30 PM**      **Fridays**      **Begins 1/4**      **Ends: 1/25**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

### **WF6** ENVIRONMENTAL CONSCIOUSNESS

★ **NEW**

*Bruce Segal and Burton Jaffe, M.D.*

This two-part series will cover the issues and activism of environmental consciousness from prehistoric times to the present.

#### **The History of Environmental Activism – Part One-Bruce Segal — January 4**

How did tribal peoples deal with environmental problems before and after the advent of modern civilization? You will be surprised to learn of some of the incredibly creative, inventive, and effective solutions that came forth. What resourceful ways did governments, monarchies, and religious leaders take to deal with deforestation, air and water pollution, animal extinction, climate change, and chemical toxicity? This talk will cover environmental consciousness from prehistoric times to the 1930s. Open discussions will be encouraged.

#### **Who Sues on Behalf of the Earth? – Part Two-Burton Jaffe — January 11**

We are all victims of climate change. The financial cost in 2017 just in the U.S. from severe storms and forest fires was about \$350 billion. Are lawsuits possible to compensate for loss of life, homes and businesses from intense storm flooding, sea level rise, and forest fires? The legal community is gearing up for this fight. Eric Schneiderman, the attorney general in N.Y. who resigned, had started a case against Exxon for misleading the public about its marketing regarding global warming. Cities have already sued the fossil fuel corporations. Do they have a chance to win? What legal arguments can be made? What are they claiming, and how have the oil and gas companies responded? Come and voice your opinion about what you see as social justice.

*Bruce Segal had a 25-year career in education and is the founder of a non-profit rain-forest action group in Philadelphia. His passion for environmental issues and concerns has taken him on 13 trips to tropical and temperate rain forests and he has given many educational talks on the subject for lifelong learners in the Philadelphia area.*

*Dr. Burton Jaffe has given numerous courses and lectures about climate change and renewable energy at the Harvard Institute of Learning in Retirement in Cambridge, MA. He was on the faculty of Harvard and Tufts Medical schools and was winner of Boston's Mayor Menino's Green Residential Awards and Mayor Walsh's Greenovate award for teaching.*

**11:00 AM-12:30 PM**      **Fridays**      **Begins: 1/4**      **Ends: 1/11**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

## FRIDAY (CONT.)

**WF7**    **SEAPOWER: THE GEOPOLITICS OF THE OCEANS**    ★ **NEW**  
*Allan Gehring*

This course will be based on *Seapower: The Geopolitics of the Oceans* by retired admiral James Stavridis who is currently dean of the Fletcher School of Law and Diplomacy at Tufts University. Admiral Stavridis is also a frequent guest on the MSNBC program, "Morning Joe." Students are strongly encouraged to buy this book and bring it to class in order to discuss key points. The book has chapters on each of the world's major oceans and special attention will be paid to the Indian Ocean and Arctic Ocean because of their growing significance in the 21st century.

*Allan Gehring served as a naval officer in the Atlantic, Pacific, Mediterranean, and South China Seas during the Vietnam War. He was qualified as an officer of the deck (OOD) on a 17,000 ton guided missile cruiser and also served as an air intercept controller, public affairs officer, and surface watch officer in the combat information center of three different ships. He has taught at the Massachusetts Maritime Academy and holds a master's degree in educational psychology and statistics.*

**11:00 AM-12:30 PM**    **Fridays**    **Begins: 1/18**    **Ends: 1/25**  
**Two sessions**    **Members \$40**    **Non-Members \$45**

**WF8**    **THE WHY AND HOW OF HAPPINESS AND WELL-BEING**    ★ **NEW**  
*Marjorie B. Krubiner*

What constitutes happiness and well-being? How can we build resilience, gratitude and positivity? Research and science provides insight and answers to these questions citing the impact and influence of positivity, kindness, and gratitude on health, relationships, satisfaction and a sense of purpose. Through interactive exercises and discussion this course will help participants acquire tools for living life to its fullest.

*Marjorie B. Krubiner is a life coach, facilitator, educator, university professor and mentor. She has advanced degrees in psychology and has thoroughly enjoyed leading seminars and training sessions over the past four decades.*

**11:00 AM-12:30 PM**    **Fridays**    **Begins: 1/4**    **Ends: 1/25**  
**Four sessions**    **Members \$75**    **Non-Members \$85**

**WF9**    **IMPROV COMEDY FOR EVERYONE!**    **IT'S ALWAYS NEW!**  
*Will Luera*

Discover the freedom of spontaneity and prepare to laugh — a lot! Improv is a wildly popular course at The Longboat Key Education Center. Come back for more or join the fun for the first time. You will learn to think quickly on your feet, explore your creativity, hone your comedic voice, and build self-confidence. Students will focus on the tenets of improvisation by learning how to play together, make others look good, support each other, and have fun while learning some improv games. You will discover that you already have what it takes to improvise successfully onstage and off.

*Will Luera is the director of improvisation at Florida Studio Theatre, director of Big Bang Improv and artistic director emeritus of ImprovBoston. He has appeared in numerous improv festivals around the world and has studied improvisation with many improv companies including ImprovOlympic and The Second City. Will has taught, directed and toured as an improv and theater actor globally.*

**11:00 AM-12:30 PM**    **Fridays**    **Begins: 2/1**    **Ends: 2/22**  
**Four sessions**    **Members \$75**    **Non-Members \$85**

## FRIDAY (CONT.)

**WF10** **BENJAMIN FRANKLIN (1706-1790)** ★ **NEW**  
**& THOMAS JEFFERSON (1743-1826) – American Founding Fathers**  
*Allan B. Schwartz, M.D.*

Topics that will be examined and discussed will include: the influence of the two colonial leaders on their original states' governments (Pennsylvania and Virginia); their individual diplomatic outreach to Great Britain and France; the Declaration of Independence, and Revolutionary War for Independence; The Treaty of Paris and the Louisiana Purchase; Franklin's inventions; and their enduring writings and contributions to our country. Who was the Marquis de Lafayette? Who were and how did—Martha, Maria and Sally—Sarah, Rebecca and Catherine—figure into their romantic lives? What secret illnesses did they have that affected their diplomatic responsibilities? Learn more about Founding Fathers Thomas Jefferson, third president of the United States, and the incredible polymath, Benjamin Franklin.

*Dr. Allan B. Schwartz, professor of medicine, Drexel University College of Medicine, Philadelphia, PA, has conducted 180 regional and national continuing medical education seminars, has published two textbooks, 22 chapters, and 88 research articles predominantly in hypertension, cardiovascular diseases and kidney disorders. He was vice chair of medicine, director of internal medical residency and continuing medical education. Dr. Schwartz has received numerous Outstanding Clinician and Outstanding Teacher awards at Hahnemann and Drexel. His recent courses and published series include world leaders and U.S. presidents' secret illnesses, history, politics and wars.*

**11:00 AM-12:30 PM**    **Fridays**    **Begins: 2/1**    **Ends: 2/8**  
**Two sessions**    **Members \$40**    **Non-Members \$45**

**WF11** **UNDERSTANDING INFORMATION WARFARE** ★ **NEW**  
*John Rixse*

With the Russian cyber-attack and manipulation of social media leading up to and during the 2016 presidential election, the public became aware (many for the first time) of the role of information warfare in today's digital environment. This two-part series seeks to improve our understanding of just what information warfare is and what it means for us as individuals and as a country. We will look at the historical role of information, its role in both wartime and as the "soft power" element of diplomacy, and as a propaganda and psychological warfare element of government. We will examine how the Russians (for one) have "weaponized" information and made it a seamless part of their approach to achieving their objectives, from "green" men in Crimea and Ukraine, to manipulating social media giants such as Facebook and Twitter.

*John Rixse was a senior official in both the Intelligence Community and Department of Defense (DoD). He has served on the National Security Council Staff, as the special assistant to the secretary and deputy secretary of defense, and as the deputy assistant secretary of defense for Europe and NATO. At CIA he was responsible for current intelligence, including the President's Daily Brief, and also served as executive secretary of CIA. He dealt with intelligence policy matters while assigned to the National Reconnaissance Office (NRO). He holds degrees from Yale College and The Fletcher School of Law and Diplomacy.*

**11:00 AM-12:30 PM**    **Fridays**    **Begins: 2/15**    **Ends: 2/22**  
**Two sessions**    **Members \$40**    **Non-Members \$45**

## FRIDAY (CONT.)

### **WF12 WISDOM SEEKERS**

*Larry Prusak and Dilip Mathur*

Are we drowning in knowledge and starved for wisdom? This course covers what wisdom is, how it has been taught, the ways of thinking that facilitate wisdom, and the urgency and methods of cultivating wisdom in a fast changing, troubled world. How do we apply the insights of Aristotle, who defined the Western tradition, and the Eastern wisdom tradition of the Bhagavad Gita, that so influenced Thoreau and Einstein, to issues of today? This class flows with stories, humor, and examples of wise people, wise nations, wise actions, and wise words. The classes are conversational with opportunity to share wisdom stories and personal insights. There will be fresh material for returning students who took Larry and Dilip's course on wisdom last year.

**Larry Prusak** teaches a wisdom course at the School of Professional Studies at Columbia University. He is a researcher, teacher, and consultant who has been studying knowledge and learning for the past 25 years. He has written or edited 12 books, over 50 articles, and given 250 speeches on these subjects.

See *Biographical Sketch* for **Dilip Mathur** on page 31.

**11:00 AM-12:30 PM**      **Fridays**      **Begins: 2/1**      **Ends: 2/22**  
**Four sessions**      **Members \$75**      **Non-Members \$85**

### **WF13 THE NEXT 20 YEARS: 2018-2038 – Level One**

*David Houle*

This 20-year period will be one of the most historical transits in human history. There will be more transformation and shift than any 50-year period in history. It may well be looked back upon as significant a transit as the beginning of the Industrial Age or the Renaissance. Reality as we know it will largely change. Learn what your new reality will look like; the reality of your children, grandchildren and great grandchildren. Get a look ahead! This course was so popular last season that we have brought it back so more people can enjoy it. David has developed a **Level Two** in February for his return students from last year and for those who want to continue a more in-depth exploration of the future "after" they take **Level One**. See page 25.

See *Biographical Sketch* on page 25.

**1:00-2:30 PM**      **Fridays**      **Begins: 1/4**      **Ends: 1/11**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

### **WF14 JOSEPH STALIN & MAO TSE-TUNG (ZEDONG)**

★ **NEW**

*The Development Of Communism In The USSR And China*

*Allan B. Schwartz, M.D.*

Stalin went from a troubled childhood to becoming a Bolshevik and eventually assuming leadership of the Soviet Union from the mid-1920s until his death in 1953. He directed Ukraine starvation and Jewish pogroms and led the USSR to wars against Georgia, Poland and Germany. Mao was an honor student, poet and teacher. As a soldier and revolutionary, he became ruler of the Peoples Republic of China. He founded China's communism. Learn how these two dictators caused tens of millions of deaths by famine and war, vied with each other for global prominence of the Communist movement, and died of secret brain illnesses.

See *Biographical Sketch* on page 40.

**1:00-2:30 PM**      **Fridays**      **Begins: 1/18**      **Ends: 1/25**  
**Two sessions**      **Members \$40**      **Non-Members \$45**

## FRIDAY (CONT.)

### **WF15** INTERMEDIATE BRIDGE I

*Larry Auerbach*

This course is for players with basic knowledge of the game. More complex bridge concepts will be considered. Classes will cover opening leads, concentrating on standard American conventions and touching on more advanced conventions.

*See Biographical Sketch on page 1.*

**1:00-2:30 PM**  
**Eight sessions**

**Fridays**  
**Members \$115**

**Begins: 1/4**  
**Non-Members \$125**

**Ends: 2/22**

### **WF16** MAKING MAGIC: JEWISH MUSICAL THEATER PIONEERS — ★ **NEW** *Jerome Kern And Harold Arlen*

*Susan Benjamin*

Jewish composers and lyricists created much of what we know as American musical theater. Jerome Kern modified European operetta and helped create a new American art form. Kern broke new ground with his musical, *Showboat*, and wrote songs that still endure today, such as “The Way You Look Tonight.” Harold Arlen wrote “Over The Rainbow,” the #1 song of the 20th century, as well as over 30 jazz standards, such as “Stormy Weather” and “The Man That Got Away,” but to many, he remains unknown. This program explores the work and personal stories of these two great American musical theater trailblazers.

*Susan Benjamin, musical biographer, served as an Illinois public high school teacher and school administrator for 35 years. She is the recipient of the Lifetime Writer Award (Conference on English Leadership) and the John Heissler Award for Excellence in English. Susan has written over 68 programs and presents musical biographies at 44 venues in the Chicago area.*

**1:00-2:15 PM**  
**Two sessions**

**Fridays**  
**Members \$40**

**Begins: 1/18**  
**Non-Members \$45**

**Ends: 1/25**

### **WF17** COLE PORTER AND HIS WORLD

*Mark Kroll*

★ **NEW**

Cole Porter's life could not have been more different from his other great Broadway contemporaries. No shtetl or Ellis Island for him. Porter was born to a wealthy Indiana family, graduated from Yale University, and lived in luxury and privilege. Yet that did not stop him from writing some of the most popular and enduring songs of the era, loved for their wit and sophistication and sung by the likes of Fred Astaire, Ella Fitzgerald, Judy Garland, Frank Sinatra, and Mary Martin. In this course we will examine the life and music of Cole Porter, and the world in which he lived.

*See Biographical Sketch on page 22.*

**1:00-2:30 PM**  
**Two sessions**

**Fridays**  
**Members \$40**

**Begins 2/1**  
**Non-Members \$45**

**Ends: 2/8**

## FRIDAY (CONT.)

### **WF18** CREATIVE IMAGING WITH YOUR iPhone – PART ONE

#### ***Making Images***

*Jeffrey Paul Gunthart*

Learn how to make creative choices using your iPhone as a tool for making images. Explore the iPhone camera's interface, image organization, and basic editing options. Then, learn how to implement choices, using classic photography principles of light, color, and composition. Bring your iPhone charged and your chargers. Students should have fundamental iPhone skills.

*Jeffrey Paul Gunthart, international professional photographer, is the education director of Longhaus, a new alternative art school in Sarasota that offers classes in traditional craft and cultural celebration; visit [thelonghaus.com](http://thelonghaus.com). He spent 15 years of his career assisting world-renowned photographers like Annie Leibovitz, Kurt Iswarienko, and Ellen von Unwerth on fashion and editorial campaigns.*

**1:00-3:30 PM**  
**Two sessions**

**Fridays**  
**Members \$65**

**Begins: 2/1**  
**Non-Members \$75**

**Ends: 2/8**

### **WF19** CREATIVE IMAGING WITH YOUR iPhone – PART TWO ★ NEW

#### ***Post Production***

*Jeffrey Paul Gunthart*

Take your iPhone images to the next level. Apply beautiful post production solutions to your iPhone photographs using apps like Snap Sneed. Explore the exciting possibilities of visual manipulation through color, sharpness, contrast, and tonal black and white. Bring your iPhones charged and your chargers. Students should take Part One first. See above.

*See Biographical Sketch above.*

**1:00-3:30 PM**  
**Two sessions**

**Fridays**  
**Members \$65**

**Begins: 2/15**  
**Non-Members \$75**

**Ends: 2/22**

### **WF20** TWO SHIRLEYS — *Two Sparkling Stars* ★ NEW

*Susan Benjamin*

Shirley Temple was America's youngest major star. Adorable and talented, she was a sheer pleasure to watch on the screen. Shirley Jones, named for Shirley Temple, was also a youthful, major musical star. Rogers and Hammerstein loved her stage presence placing her in starring movie roles including those in *Oklahoma* and *Carousel*. As both stars matured out of ingénue roles, they continued to sparkle with productive, professional lives, despite personal challenges.

*See Biographical Sketch on page 42.*

**1:00-2:15 PM**  
**Two sessions**

**Fridays**  
**Members \$40**

**Begins: 2/15**  
**Non-Members \$45**

**Ends: 2/22**

### **WF21** INTERMEDIATE BRIDGE II

*Larry Auerbach*

Students should have completed INTERMEDIATE BRIDGE I or its equivalent. Standard and more advanced conventions will be reviewed as well as instruction for playing of the hand and the defense.

*See Biographical Sketch on page 1.*

**3:00-4:30 PM**  
**Eight sessions**

**Fridays**  
**Members \$115**

**Begins: 1/4**  
**Non-Members \$125**

**Ends: 2/22**