

THE LONGBOAT KEY EDUCATION CENTER

2019-2020

Like College, Only Better!



AT THE CENTRE SHOPS OF LONGBOAT KEY

**iPHONES, iPODS & iPADS
BREAKFAST FORUMS
SATURDAY WORKSHOPS
PERFORMING ARTS
LECTURE SERIES
BROADWAY BIOS
BOOK GROUPS
WRITING COURSES
MOVIE GOING
MEDITATION
LITERATURE
LIVE BANDS
MAH JONGG
WELLNESS
QIGONG
MAGIC
FILMS
YOGA
BRIDGE
FRENCH
CANASTA
RELIGION
PHOTOGRAPHY
FIELD TRIPS
NATURE WALKS
AMERICAN HISTORY
ALL ABOUT DOGS
FISHING & BIRDING
THE SUPREME COURT
ART & DANCE HISTORY
ANTI-AGING PROGRAMS
MUSIC APPRECIATION
FINE AND APPLIED ARTS
WORLD POLITICS AND EVENTS**

34
YEARS

The Longboat Key Education Center

HISTORY & MISSION: Founded by **Laura Taubes** in 1985, and directed by **Susan Goldfarb** since 1996, The Longboat Key Education Center provides enrichment programming and lifelong learning for all adults regardless of residence or educational background. A desire to continue learning is the only prerequisite.

WHAT: The Center is a not-for-profit educational organization (501)(c)(3). It offers non-credit courses for adults in the fine and applied arts, humanities, liberal arts, natural and social sciences. Also available are recreational courses, field trips, daytrips, a lecture series and performing arts programs. **The Gallery at The Longboat Key Education Center** is open to the public and exhibits works by local artists and faculty members on a rotating basis throughout the season.

WHERE: The Center is located at 5370 Gulf of Mexico Drive, Suite #212, at The Centre Shops on Longboat Key. Access for handicapped persons is provided.

WHEN: The Center is open from October to late April. The programs are divided into three terms: Fall, Winter and Spring.

Office Opens: Monday, October 7, 2019

Fall Term Begins: Monday, October 14, 2019

No Classes: Thanksgiving Week. November 25-30, 2019

Winter Term Begins: Monday, January 6, 2020

Spring Term Begins: Monday, March 2, 2020

Office Closes for Season: Saturday, April 18, 2020

REGISTRATION INFORMATION

Registration for all programs begins by mail, phone, and e-mail in August for members and September for non-members. Register as soon as possible to avoid disappointment!

IN PERSON: At the Center weekdays, 9:00 AM - 5:00 PM. We are closed on Fridays in the Fall. (Beginning October 7, 2019)

BY MAIL: Use the registration forms in the center of the brochure. Make checks payable to **The Longboat Key Education Center. Mail to 5370 Gulf of Mexico Drive, Suite #212, Longboat Key, Florida 34228-2047.**

BY TELEPHONE: (941) 383-8811.

BY E-MAIL: Go to our website (www.lbkeducationcenter.org) and click on Registration Page or, email us at info@lbkeducationcenter.org

If registering by phone or e-mail, a check must follow within one week to finalize registration.

REFUNDS: NO REFUNDS WILL BE ISSUED UNLESS A PROGRAM IS CANCELLED BY THE CENTER. As a membership benefit, members are eligible for credit if they withdraw from a program. Members must notify the office at least one week before the program begins to be eligible for a credit. Credits are issued at the sole discretion of the executive director and must be used by the end of the following season.

GUESTS: All guests must be reported to the office before entering a class. **Guest fees are pro-rated at non-member prices based on the course tuition.**

NOTICE OF NONDISCRIMINATORY POLICY AS TO STUDENTS

The Longboat Key Education Center admits students of any race, color, national, or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at this school. It does not discriminate on the basis of race, color, national, or ethnic origin in administration of education and admissions policies.

FALL CLASSES 2019

October 14, 2019 - December 14, 2019

Most classes meet once a week.

No classes Thanksgiving week, November 25-30, 2019.

MONDAY

FM1 GENTLE KRIPALU YOGA — Open the Doors to Your Inner Knowing

Emme Shapiro

Kripalu yoga is a form of Hatha yoga named after The Kripalu Center for Yoga and Health, the largest residential facility in North America for holistic health and education, located in Stockbridge, Massachusetts. Students will be guided into meditation, breathing techniques, various standard yoga postures and relaxation. Attention will also be given to the seven main energy centers in the body known as chakras to improve overall physical functioning and mental well-being. The primary focus of Kripalu style yoga is on BRFWA-breathe, relax, feel, witness, and allow — the mantra of Kripalu yoga. All ages and fitness levels are welcome. Bring a mat (mats also provided) and wear exercise clothing.

Emme Shapiro acquired 200-hour certification in Kripalu Yoga and then completed an additional 500 hours. Emme taught yoga for seven years in the Cincinnati area in her home studio or privately before she made Florida her permanent home.

9:00-10:00 AM
Eight sessions

Mondays
Members \$88

Begins: 10/14
Non-Members \$104

Ends: 12/9

Note: Yoga is offered Monday, Tuesday and Wednesday (Chair Yoga) in the fall at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

FM2 MIXED BEGINNERS BRIDGE

Larry Auerbach

This course will cover the basic mechanics and fundamentals of the game. It is designed to combine players who have some knowledge of the game and new players.

Larry Auerbach is well known in the Sarasota area as a professional player, teacher and director. He has been playing bridge for over 40 years and has more than 8,000 masterpoints. He has won many regional events in bridge tournaments. Mr. Auerbach has a BA from the University of Nevada.

1:00-2:30 PM
Six sessions

Mondays
Members \$85

Begins: 10/28
Non-Members \$95

Ends: 12/9

IN LOVING MEMORY

MICHAEL GIVANT

beloved husband of Maddie Givant

Michael taught Birding and the Foreign Film Fest at the school. His courses were very popular.

ROGER GOLDSTEIN

beloved husband of Judy Goldstein

Roger was a familiar face at many of our programs. We shall miss his jovial spirit.

ALAN PORTNOFF

beloved husband of our Advisory Board member, Lois Portnoff.

MONDAY (CONT.)

FM3 BROWN BAG BIJOU: HIDDEN GEMS — *Lunch & A Movie!*

Gus Mollasis,

Enjoy a brown bag lunch (actually it's a buffet), freshly popped popcorn and beverages, and view a full-length movie followed by a stimulating discussion with popular movie maven and critic Gus Mollasis. He has an impressive repertoire of hidden gems; films that you probably have never heard of, much less seen! It's always fun to spend time with Gus! Come with an appetite for a delicious lunch and food for thought!

Gus Mollasis is a professional movie maven. He is host of "At The Movies," a Sarasota television show dedicated to the discussion of film which ran for over nine years and now airs on various social media platforms. From big stars to first time filmmakers, Gus loves to talk film with them all. The show supports both major film festivals in town — The Cine-World Film Festival and the Sarasota Film Festival. Gus brings a passion and knowledge of movies that both a film buff and casual movie fan can enjoy. He is co-creator and host of the PBS award-winning series "Diamonds Along the Highway," featuring short films about interesting places and personalities in Florida on WEDU. Gus also writes a monthly movie column for Sarasota Scene.

12:30-3:30 PM
Four sessions

Mondays
Members \$85

Begins: 11/4
Non-Members \$95

Ends: 12/2

Note: Price includes lunch, popcorn, and beverages. Students can join on a pro-rated basis if space permits.

FM4 MIXED INTERMEDIATE BRIDGE

Larry Auerbach

This course is for all intermediate level players who are ready for more complex bridge concepts. Classes will cover opening leads, concentrating on standard American conventions and touching on more advanced conventions. Advanced Intermediate players can also join this class and work separately with Larry at their own table(s).

See Biographical Sketch on page 1.

3:00-4:30 PM
Six sessions

Mondays
Members \$85

Begins: 10/28
Non-Members \$95

Ends: 12/9

TUESDAY

FT1 SWEET AND SPIRITED YOGA!

Mary Kane

Enjoy a gentle yoga class with a sweet and spirited approach! Focus will be on body awareness, alignment, and deep connecting breath. This class is designed for men and women of all ages and fitness levels. Bring a mat (mats are available for use) and wear comfortable clothing suitable for exercise. Students are welcome to come at 8:30 AM for preliminary stretching.

Mary Kane earned an MA in creative arts and therapy from Hahnemann Medical College and University. She became an Ashtanga instructor in 1995 and a Reiki Master in 1998. She studies energy and consciousness work and practices and teaches Ashtanga yoga and Reiki throughout the area.

9:00-10:00 AM
Eight sessions

Tuesdays
Members \$88

Begins: 10/15
Non-Members \$104

Ends: 12/10

Note: Yoga is offered Monday, Tuesday and Wednesday (Chair Yoga) in the fall at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join on a pro-rated basis if space permits.

TUESDAY (CONT.)

FT2 AT THE MOVIES

Gus Mollasis

Join Gus on a celluloid adventure as he assigns quality films that are playing locally for you to see and then discuss together in class. Film is the greatest art form according to Gus because it encompasses all the arts and touches all the senses. In class you will decide whether your film assignment was a hit or a miss as you discuss the script, acting, cinematography, directing and scoring. Call the school (**941-383-8811**) or check our website for your first and subsequent movie assignments, www.lbkeducationcenter.org.

See Biographical Sketch on page 2.

11:00 AM-12:30 PM **Tuesdays** **Begins: 10/15** **Ends: 12/10**
Eight sessions **Members \$120** **Non-Members \$130**

Note: Students can join at any time on a pro-rated basis if space permits.

WEDNESDAY

FW1 CHAIR YOGA

Angelena Craig

Any body, any size or age or fitness level can benefit from chair yoga, which makes the practice of yoga more accessible to people unable to exercise on the floor with ease. Most of the class is seated, however there is a standing portion, for those who are able, to practice balancing and strengthening, using the chair for support. Resistance bands, inspiring music and a guided meditation further enhance the program. Chair yoga, just like traditional yoga, lifts the spirits, works the body, and calms the mind. Wear exercise clothes.

Angelena Craig is a professional level Kripalu yoga instructor, having completed 500 hours of training. She founded Beacon Light Yoga Center in Boston and her present Sarasota company, A New Aging Movement. Angelena publishes a newspaper op-ed column "Boomer Talk," addressing all the concerns of aging Boomers and those beyond.

9:00-10:00 AM **Wednesdays** **Begins: 10/16** **Ends: 12/11**
Eight sessions **Members \$88** **Non-Members \$104**

Note: Yoga is offered Monday, Tuesday and Wednesday (Chair Yoga) in the fall at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join on a pro-rated basis if space permits.

FW2 WATERCOLOR, ACRYLIC, PASTELS, OILS

Renee DiNapoli

Learn to paint like the masters in your medium of choice with simple techniques. Depth and perspective, light and shadow will be covered with personal instruction and demonstrations. Easy subject materials will be provided. A delightful method of creating abstract, seascapes, landscapes, etc. will also be introduced. Seasoned artists or complete novices will enjoy these classes. Students can bring their own materials (the office also has a supply list). Or materials can be bought in class for an additional \$10 per class, payable to the teacher.

Renee DiNapoli trained with Italian master, Carlo DiNapoli, for many years and is a graduate of the Red Mountain Institute of Art in Mountainbrook, AL. She has taught at Ringling College of Art and Design, Selby Gardens and various universities and art leagues. Her work is represented in numerous galleries and museums.

9:00-11:30 AM **Wednesdays** **Begins: 11/6** **Ends: 12/4**
Four sessions **Members \$135** **Non-Members \$145**

WEDNESDAY (CONT.)

FW3 **iPHONE & iPAD: FUNDAMENTALS FOR BEGINNERS**

Keith S. Coker

If you are a new iPhone or iPad user, or you have had your device for a while and are still trying to grasp the basics, then this course, which aims to simplify getting to know your iOS device, is for you! First and foremost, we will go over what an Apple ID is and the functions that it serves. You will then be guided through the fundamental features and functions of your devices: making and receiving phone calls and Facetime calls, sending and receiving texts and emails, creating and managing your contacts, using your calendar, and exploring some of the applications (Apps) that come with your iOS device. Bring your devices fully charged, and bring your chargers, just in case. **Try your best to know in advance of the first class what your Apple ID (usually your email) and the Apple ID password are.** This class will also be offered in the Winter Term. See page 22.

Keith S. Coker is an IT and technology consultant specializing in Apple technology and products. He is owner and president of Cybaris Network, Inc., providing in-home and in-office, personalized audio-visual advice and technical support in the greater Sarasota area since 1997. He was senior associate with Computer Technologies Group (CTG) for 10 years and was media center coordinator for New Gate School and media center assistant at New College of Florida. He holds a BA from New College of Florida, Sarasota, and has been president and vice-president of Sarasota/Manatee Macintosh User's Group (SMUG).

1:00-3:00 PM
Four sessions

Wednesdays
Members \$100

Begins: 11/6
Non-Members \$110

Ends: 12/4

FW4 **iPHONE & iPAD — BASICS PLUS**

Keith S. Coker

This course is for people who are a little beyond beginners but who are not fully utilizing the many basic features of their iOS devices. Fundamentals will be fully reviewed to make sure everyone is up to speed. The definition and uses of your Apple ID for Apple's iCloud will be explored as well as navigating the App Store for new Apps and Games. The main features and use of your iOS device, including the Control Center and everything for essential communication will be covered: using the iPhone and/or iPad itself to make phone and Facetime calls, texting, iMessage, web browsing and email. Use of your camera, Apple's photo management and storage app, Photos, as well as the useful but often overlooked Notes and Calendar, will be explored. This is a hands-on experience. Bring your iOS devices fully charged with your chargers. Please try to have your devices updated to the most current iOS, and **it is essential that you know your Apple ID and password.** Return students welcome. This class will also be offered in the Winter Term. See page 24.

See Biographical Sketch above.

3:15-5:15 PM
Four sessions

Wednesdays
Members \$100

Begins: 11/6
Non-Members \$110

Ends: 12/4

Questions? (941) 383-8811 e-mail: info@lbkeducationcenter.org

Note: No classes Thanksgiving Week, November 25-30.

WEDNESDAY (CONT.)

FW5 YOU'VE GOT TO SEE THIS MOVIE!

Kathie Moon

If you love to go to movies and talk about them, then this course is for you. Each week students will be assigned a quality film to see from a variety of current movies, "art," foreign language, independent and the best of Hollywood. The following week students will discuss the movie—themes, style, techniques, previous work of the director and actors, etc. Call the Education Center for the first movie assignment (**941-383-8811**). All movie assignments will also be posted on our website: www.lbkeducationcenter.org.

Kathie Moon, movie critic/ film guru and award-winning former *Sarasota Pelican Press* film reviewer, now Tweets, Blogs and Tumblrs about film as art. She is involved in film studies through classes, field trips, film programming, film societies and film festivals.

3:00-4:30 PM **Wednesdays** **Begins: 10/16** **Ends: 12/11**
Eight sessions **Members \$120** **Non-Members \$130**

Note: Classes can be pro-rated if space permits.

THURSDAY

FR1 LET'S PLAY CANASTA! — *For Beginners*

Joyce Doran

Have fun learning how to play this easy and fascinating card game. The variation taught will be American canasta. A hands-on class will guide you through each concept of the game and teach you rules and strategies. **Students cannot miss the first class or they will not be able to take the course.** Class size is limited so all players can have more one-on-one attention.

Joyce Doran is a retired English teacher from London and has been playing canasta for ten years and teaching the game for eight. She learned Chinese mah jongg while living in Hong Kong and fell in love with the game. After moving to Sarasota she subsequently learned the American version and has been teaching it for six years. Joyce teaches canasta and mah jongg again in the Winter Term, see pages 30 and 31 respectively.

11:00 AM-12:30 PM **Thursdays** **Begins: 11/7** **Ends: 12/5**
Four sessions **Members \$60** **Non-Members \$70**

FR2 LEARN HOW TO PLAY MAH JONGG

Joyce Doran

This time-honored, rummy-like Chinese tile game is simple and at the same time, challenging. It's competitive and requires skill, concentration, and luck! But the main objective is to have fun and enjoy this wonderful, sociable game in a relaxed atmosphere. This course teaches you the basics and will get you playing fairly quickly. There's nothing more exciting than when you call "Mah Jongg!" We play by the rules of the National Mah Jongg League based in New York. Hands-on instruction will be given while you learn to play. Time permitting, Joyce will cover winning strategies. Mah Jongg sets are provided and the 2019 Mah Jongg card will be available to purchase from Joyce.

Note: Students cannot miss the first class or they will not be able to take the course.

See *Biographical Sketch* above.

1:00-2:30 PM **Thursdays** **Begins: 11/7** **Ends: 12/19**
Six sessions **Members \$90** **Non-Members \$100**

NO CLASSES THANKSGIVING WEEK, NOVEMBER 25-30.

FRIDAY

The school is closed FRIDAYS in the Fall Term except for one class that meets on Friday, November 8, for the Cine-World Film Festival Seminar (see below).

ANNUAL FALL MOVIE FESTIVAL

SPFS

BURNS COURT CINE-WORLD FILM FESTIVAL SEMINAR

Gus Mollasis

The Sarasota Film Society's annual Cine-World Film Festival is the best 10 days in Sarasota for cinema, offering a fabulous smorgasbord of excellent films straight from the Toronto, New York and Cannes Film Festivals. It is a "must-do" for film buffs and great fun! After carefully selecting six films to see at Burns Court Cinema, Gus will contact each student with the assigned Cine-World movie list. Discussions will be held at The LBK Education Center; classroom dates are listed below.

Note: Students will be required to purchase their own film tickets online after they have been notified by Gus of the assigned movies, times and dates. Students must be members of the **Sarasota Film Society**. Call 941-364-8662 or join online: www.filmsociety.org. The festival runs from November 1-10, this year.

See *Biographical Sketch* on page 2.

10:00 AM-12:00
Three sessions

Dates: Mon., 11/4 , Fri., 11/8 , Mon., 11/11
Members \$55 Non-Members \$65

SATURDAY

FS1

CHAIR YOGA

Angelena Craig

For Course Description see page 3.

10:00-11:00 AM
Eight sessions

Saturdays
Members \$88

Begins: 10/19 Ends: 12/14
Non-Members \$104

Note: Students can join at any time on a pro-rated basis if space permits.

SATURDAY FALL WORKSHOP

FWK1

FISHING IN OUR LOCAL WATERS —

A Focus On Inshore Flats Fishing

Captain Bucky Goldman

Captain Bucky is back to teach new and returning students how to catch popular fish such as Snook, Trout, Redfish, Tarpon, and more. This season's workshop will focus on how to use live bait and artificial lures. Everything discussed can be applied to fishing from a boat or kayak, from the land, off a pier, or wading. Topics of discussion will include: knot tying and certain types of live bait rigs; how and where to locate fish (not to be confused with telling you where to go fishing and what's biting); a brief look at tides; rod and reel and line and leader selection; how to properly rig live bait; how to fish and rig artificial soft plastics and hard baits; the Captain's go-to artificial lures; and a quick overview of some of the current rules and regulations. The focus is on inshore fishing, but many of the rigs, lures and live bait rigging can be used offshore. Questions and open discussion will be encouraged.

Captain Bucky, an USCG licensed and insured guide, owns and operates Bag'em Fishing Charters. A Florida native, he has been fishing the waters of Central Florida for over 25 years, specializing as an inshore fishing guide.

10:00 AM-12:00
One session

Saturday, November 23
Members \$30

Non-Members \$35

WINTER CLASSES 2020

January 6, 2020 –February 29, 2020

Most classes meet once a week. Check beginning and end dates carefully.

MONDAY

WM1 GENTLE KRIPALU YOGA — Open the Doors to Your Inner Knowing
Emme Shapiro

For Course Description see page 1.

9:00-10:00 AM **Mondays** **Begins: 1/6** **Ends: 2/24**
Eight sessions **Members \$88** **Non-Members \$104**

Note: Yoga classes are offered Monday, Tuesday, Wednesday (Chair Yoga), and Thursday at 9:00 AM. Qigong is offered on Fridays at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

WM2 THE WORLD'S GREATEST NOVELLAS

Edward J. Dwyer, Ph.D.

This annual series continues with four of the greatest novellas ever written. Each one is radically unique, riveting and memorable. You have a real treat in store! Ed promises it! Come to the first class having read Henry James' *The Turn of the Screw*. Then in order of discussion, novellas include Edwin Abbot's *Flatland*, Muriel Spark's *The Prime of Miss Jean Brodie*, and Toni Morrison's *Beloved*. Please purchase these books for yourself. Classes are extraordinarily participant-friendly. Students who took this popular course last season are welcome to return and discuss new novellas. Come out and enjoy yourself.

Dr. Edward J. Dwyer earned his BS in engineering from West Point and his MA and Ph.D. from Villanova and Temple in PA. He taught English for 25 years. As president of Ed Dwyer Seminars, he has consulted worldwide in corporate, military and government and taught people to improve their writing, speaking and leadership skills. Additionally, he is the author of Lincoln, Kennedy and King: Their Great Speeches and Writings and two books on great quotations Quotes 365 and Quotes 365 II.

9:00-10:30 AM **Mondays** **Begins: 2/3** **Ends: 2/24**
Four sessions **Members \$75** **Non-Members \$85**

WM3 LIVE TO BE A 100!?

Donald H. Dembo, M.D.

Dr. Dembo has updated information to share about the quest to reach 100 in this culminating, forum-style course on healthy aging, which he began several seasons ago. New and returning students are welcome to discuss topics that Dr. Dembo has prepared, ask questions and share their specific concerns. Advice will be given regarding behavior; immunizations; medications, supplements and vitamins; hospital risks, specific diets and activity; and the newest therapies and treatments for illnesses and disabilities such as heart disease, diabetes, dementia, memory issues and hearing loss, that prohibit people from living their best and healthiest senior years. Live longer, live better, and learn how to do it!

Dr. Donald Dembo is retired from his position as assistant professor of medicine in cardiology at Johns Hopkins University in Maryland. He was chief of cardiology at Sinai Hospital Baltimore, Maryland General Hospital and Good Samaritan Hospital in Maryland. He has received a number of teaching awards, was one of the pioneers in CPR development and is an education leader in world tours in educational exchange programs. Dr. Dembo has been listed in Who's Who in Medicine, Who's Who in America and Who's Who in the World.

9:00-10:30 AM **Mondays** **Begins: 2/3** **Ends: 2/24**
Four sessions **Members \$75** **Non-Members \$85**

MONDAY (CONT.)

WM4 AT THE MOVIES

Gus Mollasis

For Course Description see page 3.

11:00 AM-12:30 PM **Mondays** **Begins: 1/6** **Ends: 2/24**
Eight sessions **Members \$120** **Non-Members \$130**

WM5 A STRATEGIC APPROACH TO BRIDGE BIDDING AND PLAY — FOR ADVANCED PLAYERS

Dick Wegman

This course is for experienced bridge players, and is designed to help players deal with problems that arise frequently at the table. Players should already be familiar with basic play and defensive tools, and common conventions such as Stayman, Blackwood and Gerber. Course topics will include: constructive and competitive bidding, hand evaluation, slam bidding techniques, declarer play strategies, and defensive signaling and tactics. Each class will include the opportunity for participants to bid, play and discuss selected hands that deal with topics raised during the class. New materials and hands will be included, and returning students are welcome. This course sells out every year so please register early!

Dick Wegman is an ACBL diamond life master with more than 9,000 masterpoints. He is a certified bridge teacher who has taught bridge workshops on bidding, declarer play, and defense both on Longboat Key and in the Washington D.C. area. He is a national bridge champion who competes regularly in national and regional tournaments against top American and international bridge experts.

11:00 AM -12:30 PM **Mondays** **Begins: 1/6** **Ends: 2/10**
Six sessions **Members \$85** **Non-Members \$95**

WM6 IMPROVING THE WAY WE VOTE

★ **NEW**

Mark Weston

Part One — Electoral Votes: Past, Present and Future

America is the only country with electoral votes. The electoral system, which no one alive has ever voted for, began as a compromise with the slave states at the Constitutional Convention, and has allowed second-place candidates to become president five times. In his lecture, author Mark Weston will describe why electoral votes just have to go! His talk carefully rebuts the arguments in favor of electoral votes and explains how a constitutional amendment for direct presidential elections can be achieved.

Part Two — Voting By Star-Ratings

We use stars to vote for everything from hotels to appliances, but we still elect our leaders by the 18th century method of “first past the post” (whoever gets the most votes wins, even if a majority of the people despise him). Weston will explain how we can dramatically improve the quality of our leaders if we use star-ratings the way critics give restaurants and movies anywhere between 1 and 5 stars. He will show how star-ratings could have spared Europe a lot of grief in the 1930s, and how they would have changed America’s party primaries in 2016.

Mark Weston is a graduate of Brown University and the University of Texas Law School. He worked as a lawyer for ABC Television and as a journalist for ABC News before writing six books, including The Runner-Up Presidency — The Elections that Defied America’s Popular Will; and Prophets and Princes — Saudi Arabia from Muhammad to the Present. He has written articles for The New York Times, The Washington Post and TIME, and has appeared on CNN and MSNBC.

11:00 AM -12:30 PM **Mondays** **Begins: 1/6** **Ends: 1/13**
Two sessions **Members \$40** **Non-Members \$45**

MONDAY (CONT.)

WM7 THE FUTURE OF CAPITALISM AND DEMOCRACY

★ NEW

Philip Kotler, Ph.D.

When Americans cast their presidential votes in 2020, they are actually voting for the type of capitalism and democracy they favor. Are they voting laissez faire capitalism, finance capitalism, corporate capitalism, welfare capitalism, social democracy, or socialism? Each system carries a vastly different impact on the nation's economic growth, efficiency and income distribution. One side argues that high income inequality is necessary to produce high economic growth. The other side argues that economic growth would be higher if there was less income inequality. We will examine this debate. We will also examine which policies are best for reducing income inequality. We will assume that both sides need to agree that the ultimate goal is a rising standard of living for as many Americans as possible.

Dr. Philip Kotler received his Ph.D. from MIT in economics and is the S.C. Johnson and Son Distinguished Professor of International Marketing at the Kellogg School of Management, Northwestern University. He trained at the University of Chicago and M.I.T and is the author of 70 books. He lectures around the world on economics and marketing strategy. His most recent books are Confronting Capitalism: Real Solutions for a Troubled Economic System (2015), Decline of Democracy: Rebuilding the Future (2016) and Advancing the Common Good (2019).

11:00 AM-12:30 PM

Mondays

Begins: 1/20

Ends: 1/27

Two sessions

Members \$40

Non-Members \$45

WM8 THE HISTORY OF NEW YORK CITY

★ NEW

— *From Wilderness to a Sky-High City*

Michael Sherrow

How did a small island with four sisters, across the waterway, develop into a financial, political, cultural and architectural world capital with arguably, the most diverse population of any city in the world? How has its early Dutch and English origins and its influx of immigrants from all over the world influenced that development? Michael's lecture will provide fascinating historical information.

Michael Sherrow obtained his BBA from Baruch School of the City University of New York and his JD from St. John's University Law School and is a retired member of the New York State Bar. He was a partner for over 40 years with an international real estate investment banking firm headquartered in Manhattan. Michael was born and raised in NYC and has lived there his entire life. He has always been interested in the origins and history of the city and is personally familiar with many of its neighborhoods. He is a Big Apple Greeter (BAG); a non-profit group of volunteers who take visitors, at no cost, on tours to the less traveled, more interesting areas of the city. Michael shouts... "I HEART NY!"

11:00 AM-12:30 PM

Mondays

Begins: 2/3

Ends: 2/10

Two sessions

Members \$40

Non-Members \$45

REGISTER EARLY!

ONLINE: www.lbkeducationcenter.org PHONE: (941) 383-8811

MAIL: Mail in one of the registration cards found in the middle of this brochure.

Enjoy special member prices and other benefits! Become a Friend of The Longboat Key

Education Center. Check the flap attached to the registration cards in the middle of

the brochure for membership details, or call (941) 383-8811. Or, visit

www.lbkeducationcenter.org and submit your membership application.

MONDAY (CONT.)

WM9 AMERICAN TRIBALISM

★ **NEW**

Robert Gary

This series will study the forces that divide the American people. The impact of gerrymandering on the polarization of the American political process, will be analyzed as well as the history of voter suppression. How the 24/7 news cycle, the Internet and social media contribute to American division will also be examined. The weakening of the American public trust in the media as well as the interjection of foreign governments in our electoral process will be discussed. We will also consider the corrosive effect of false information from the government and the abandonment of expected norms of civil discourse. We are all entitled to our own opinions but we cannot co-exist if we have our own facts.

Robert (Bob) Gary obtained a JD from the Case Western Reserve School of Law and has an LLM in criminal justice from the New York University School of Law. He was a former trial attorney in the Criminal Division of the U.S. Dept. of Justice. He was also a special assistant U.S. attorney and the deputy chief and acting chief of the U.S. Justice Department Cleveland Strike Force on organized crime. In various other capacities he was responsible for the supervision of major federal investigations, conducting federal grand juries and the trial and prosecution of cases in the federal courts.

11:00 AM-12:30 PM
Two sessions

Mondays
Members \$40

Begins: 2/17
Non-Members \$45

Ends: 2/24

WM10 THE LOGIC OF BRIDGE — LEARN HOW TO THINK LIKE A BRIDGE PLAYER! — *For Advanced Players*

★ **NEW**

Arnie Malasky

Experienced bridge players can bring their game to the next level by understanding the logic behind everything you are learning and not just memorizing things. This course is for experienced bridge players with a focus on defensive play, (although declarer play and bidding will be touched on). You will learn what factors are important to think about, how to communicate with your partner and how to use all the information that is available. Written material will be provided in advance and discussed in class. There will be an opportunity to practice the material with hands to bid and play in class.

Arnie Malasky is an ACBL diamond life master. He is a certified bridge teacher and an accredited director. He has been teaching groups on LBK and in the Berkshires for 20 years and has taught bridge on over 60 cruises on most of the major cruise lines. He competes and wins regularly in national bridge championships against top U.S. and international bridge experts.

11:00 AM-12:30 PM
Four sessions

Mondays
Members \$60

Begins: 2/17
Non-Members \$70

Ends: 3/9

Note: This course starts in the Winter Term and ends two weeks into the Spring Term.

Questions? (941) 383-8811
e-mail: info@lbkeducationcenter.org

MONDAY (CONT.)

WM11 GUIDED AUTOBIOGRAPHY

Melissa Kotler Schwartz

Your stories are the fabric of your life. They reside within you. Guided Autobiography (GAB) helps individuals organize their life stories with themes and priming questions that evoke memories of events once known but filed away and seemingly forgotten. Writing your life stories helps gain perspective, appreciation, strength, and new meaning in your life. Facilitated in a supportive atmosphere, this process and these classes, will get you started on the story of your life with baby steps, one page at a time. Due to the popularity of this class last season, we have made the course eight weeks instead of four weeks long. However, students may take 4 **continuous** sessions (January or February) on a pro-rated basis if space permits. Four sessions for Members \$75 and Non-Members \$85.

Melissa Kotler Schwartz is a college English instructor and a certified Guided Autobiography (GAB) instructor from the James F. Birren School of Autobiography. She is the author of *Strangers I Have Known*. See www.strangersihaveknown.com.

1:00-2:30 PM
Eight sessions

Mondays
Members \$145

Begins: 1/6
Non-Members \$155

Ends: 2/24

WM12 FLYING THOUGH FILM GENRES WITH HOWARD HAWKS ★ **NEW**

Gus Mollasis

Howard Hawks, a great film director, producer and screenwriter was gifted with an eclectic touch of creating Hollywood classics in many genres. From film noir to screwball comedy and from the western to the gangster film — Hawks mastered them all. Leonard Maltin said of Hawks, “The greatest American director who is not a household name.” Hawks’ canon of films includes, *Scarface*, *Bringing Up Baby*, *The Big Sleep* and *His Girl Friday*. His films often feature strong female characters which define the “Hawksian woman.” Gus will surprise you (movies are not listed or announced beforehand) with four of Hawks’ masterpieces that he will pick to view and discuss.

See Biographical Sketch on page 2.

1:00-4:00 PM
Four sessions

Mondays
Members \$75

Begins: 1/6
Non-Members \$85

Ends: 1/27

WM13 THE SCORCHING 1960s

Gus Mollasis

★ **NEW**

Some of the most memorable films in history were made during the 1960s. Thrillers like Alfred Hitchcock’s *Psycho* and John Frankenheimer’s *The Manchurian Candidate* as well as other classics like Stanley Kubrick’s *Spartacus* and many other gritty, groundbreaking films with iconic performances such as *Midnight Cowboy*, *The Good, the Bad, and the Ugly* and *Easy Rider*. Gus will pick four eminently worthy films to view and discuss.

See Biographical Sketch on page 2.

1:00-4:00 PM
Four sessions

Mondays
Members \$75

Begins: 2/3
Non-Members \$85

Ends: 2/24

A SPECIAL PACKAGE PRICE FOR WM12 AND WM13!

WM14 HOWARD HAWKS & THE 1960s — *Special Package Price*

Gus Mollasis

For Course Descriptions see above.

1:00-4:00 PM
Eight sessions

Mondays
Members \$130

Begins: 1/6
Non-Members \$150

Ends: 2/24

MONDAY (CONT.)

WM15 ADVANCED INTERMEDIATE BRIDGE

Larry Auerbach

This course is intended for players who have taken INTERMEDIATE BRIDGE I and II or their equivalent and who have mastered bidding. Instruction will go further into playing of the hand and into the defense. Return to this level again and again!

See *Biographical Sketch* on page 1.

1:00-2:30 PM **Mondays** **Begins: 1/6** **Ends: 2/24**
Eight sessions **Members \$115** **Non-Members \$125**

WM16 ROMEO AND JULIET

★ NEW

— *Why Does True Love Have to Be Tragic to Be True?*

Jonathan Epstein

We see them together for barely twenty minutes of a more than two-hour-long play, their tragic end is more the result of happenstance than fate, and yet this couple has for centuries remained the archetype of romantic love. This class will explore the reasons for our fascination with this story. It will also be a good preparation for those who plan to attend the Asolo Conservatory production at Selby Gardens in April.

Jonathan Epstein is teaching professor of classical performance at the Asolo Conservatory of Florida State University. As an actor he has performed on and off-Broadway, in London's West End, and at dozens of regional theatres across the country, but is best known for his 25-year association as actor, director and teacher with Shakespeare & Company in Lenox, Massachusetts. He was text and sonnet teacher in more than 30 of the company's month-long workshops for professional actors and has been teaching Shakespeare courses at the LBK Education Center for the last five seasons.

3:00-4:30 PM **Mondays** **Begins: 1/6** **Ends: 1/13**
Two sessions **Members \$40** **Non-Members \$45**

WM17 THE WINTER'S TALE

★ NEW

— *Shakespeare's Most Sublime Play May Also Be His Oddest*

Jonathan Epstein

This late Shakespeare play is what happened when the writer decided he no longer needed to worry about structure or linear sense, or causation, but simply wrote from his heart. Leontes is the standard bearer for overwhelming, unreasoning jealousy, as his Sicilian court is the image of institutionalized, toxic masculinity. The redemption in the last act is among the most moving events anywhere in literature.

See *Biographical Sketch* above.

3:00-4:30 PM **Mondays** **Begins: 1/20** **Ends: 1/27**
Two sessions **Members \$40** **Non-Members \$45**

WM18 BEGINNING BRIDGE I

Larry Auerbach

This course reviews fundamentals and is for players with some knowledge of the game.

See *Biographical Sketch* on page 1.

3:00-4:30 PM **Mondays** **Begins: 1/6** **Ends: 2/24**
Eight sessions **Members \$115** **Non-Members \$125**

MONDAY (CONT.)

WM19 ANCIENT EXPLORERS

★ **NEW**

David Miano, Ph.D.

This series examines ancient travel and discovery before 600 CE. It will chronicle actual voyages, focusing on the remarkable figures who braved the unknown, the objects of their journeys, and their crude equipment and knowledge. How did the ancients get from place to place and what did they know about the world around them? We will look into the earliest inventions in travel technology, geographical knowledge in ancient times, and some of our most interesting accounts of ancient exploration. Join us as we recount the expeditions of the renowned explorers Harkhuf, Nehesj, Midacritus, Himilco, Sataspes, Hanno, Pytheas, Aristean, Skylax, Patrocles, Eudoxus, and many more.

Dr. David Miano is an ancient historian, specializing in the histories of the Near East, Egypt, Greece, Rome, India and China. He earned his Ph.D. at the University of California, San Diego, and is the author of Shadow on the Steps: Time Measurement in Ancient Israel and several anthologies designed for classroom use. He currently teaches at the State College of Florida, Manatee-Sarasota, and is the founder and executive director of Schola Antiquorum, an academic society dedicated to the study of ancient history.

3:00-4:30 PM

Mondays

Begins: 2/3

Ends: 2/24

Four sessions

Members \$75

Non-Members \$85

TUESDAY

WT1 SWEET AND SPIRITED YOGA!

Mary Kane

For Course Description see page 2.

9:00-10:00 AM

Tuesdays

Begins: 1/7

Ends: 2/25

Eight sessions

Members \$88

Non-Members \$104

Note: Yoga classes are offered Monday, Tuesday, Wednesday (Chair Yoga) and Thursday at 9:00 AM. Qigong is offered on Fridays at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

WT2 THE WORLD'S GREATEST SHORT STORIES

Edward J. Dwyer, Ph.D.

This course will focus on the greatest short stories ever written! This year's extraordinary lineup features Edgar Allan Poe's "The Fall of the House of Usher," Graham Greene's "The Destructors," Tobias Wolff's "Hunters in the Snow," Raymond Carver's "What We Talk About When We Talk About Love," Nathan Englander's "What We Talk About When We Talk About Anne Frank," and Ambrose Bierce's "An Occurrence at Owl Creek Bridge" (story + film). Students should secure their own copies of the stories (all stories are available online) and come to the first class having read Poe's "The Fall of the House of Usher." Classes are extraordinarily participant-friendly. Read, discuss, enjoy!

See *Biographical Sketch* on page 7.

9:00-10:30 AM

Tuesdays

Begins: 1/7

Ends: 1/28

Four sessions

Members \$75

Non-Members \$85

TUESDAY (CONT.)

WT3 BURNING ISSUES IN THE SUPREME COURT — 2019 TOP CASES

Bill Cotter, J.D.

President Trump has added two justices to the Supreme Court and the confirmation process has become ever more political. We will discuss the impact of those justices on the court as well as the president's disputes with the House of Representatives and other court challenges to the president. We will then analyze eight leading cases decided in the spring of 2019. These cases concern: the proposed citizenship question in the 2020 census; the separation of church and state, excessive fines by state, double jeopardy; racial gerrymandering; political gerrymandering; capital punishment; and immoral copyrights. All the cases are new and previous participants are most welcome. Background readings, (available at the office in December for an additional \$10 charge) will be provided. This seminar-type course has limited enrollment for students who want homework and are willing to engage in vigorous discussion! Bill will also give his perennial favorite, traditional lecture-type, two-session series, which will be a shorter version of this in-depth course and will have no assigned readings, on Tuesdays in February. (See page 16).

Bill Cotter is a graduate of Harvard College and Harvard Law School and was president and professor of constitutional law at Colby College for 21 years. He was then founding president of the Oak Foundation in Geneva, Switzerland. Prior to Colby, Bill was president of the Africa-America Institute, Ford Foundation Representative for Colombia and Venezuela, a White House Fellow with President Johnson, an associate attorney on Wall Street, an assistant attorney general ("Crown Counsel") in Nigeria, and a law clerk to a Federal District Judge in the Southern District of New York. He has taught constitutional law at local lifelong learning institutions for several years.

9:00-10:30 AM
Four sessions

Tuesdays
Members \$75

Begins: 1/7
Non-Members \$85

Ends: 1/28

WT4 LET'S GO BIRDING ON LONGBOAT AND LIDO KEYS!

Kathy Doddridge

Sarasota and Manatee counties have a wide variety of birds, which you will learn to identify in their natural habitat. The first meeting will be held at the school and cover birding basics. Over the next three weeks you will continue learning about birds while in the field (details and field trip locations will be given at the first class). Binoculars are a must. Each trip will consist of about a mile of pleasantly paced walking. New and returning birders have exciting outings every year in this popular course. All field trips are subject to rain dates.

Kathy Doddridge is a retired communications director having worked at NCR Corporation for 23 years. She is an enthusiastic birder who learned from some of the best birders in Sarasota and Manatee counties. For the last four years she was the top e-Birder in Manatee county tallying over 200 species in each year. She serves as compiler for the National Audubon Christmas Bird Count — Bradenton Circle, is a Celery Fields bird naturalist and an accomplished photographer.

9:00-10:30 AM
Four sessions

Tuesdays
Members \$75

Begins: 2/4
Non-Members \$85

Ends: 2/25

STAY IN THE KNOW...

Make sure the office has your **email address** so we can eblast you with reminders of what's coming up and announcements of special programs and events that are not in the brochure. Also, check the bulletin board in the main hallway next to the elevators.

NOTE: RECEIPTS FOR PROGRAMS AND MEMBERSHIPS WILL NOW BE SENT BY EMAIL.

TUESDAY (CONT.)

WT5 ENDURING STORY BALLETS

★ NEW

Robert de Warren

In this two-part series Robert de Warren will first review various interpretations of *La Sylphide* and *Giselle*, two masterpieces of the Romantic era that launched Marie Taglioni, a star, known for her weightless technique and for being one of the first women to dance “en pointe.” In honor of the 100th anniversary of Dame Margot Fonteyn, Prima Ballerina Assoluta of the Royal Ballet, the second lecture will look at two of Marius Petipa’s greatest creations to music by Tchaikovsky, *Swan Lake* and *The Sleeping Beauty* — classical ballet at its best — in the legendary partnership of Margot Fonteyn and Rudolf Nureyev.

Robert de Warren is an international ballet director, choreographer, and designer. He has directed a number of companies, including the Iranian National Ballet (under the former Shah), the Northern Ballet Theatre in the United Kingdom, the Ballet at La Scala Opera House in Milan, and the Sarasota Ballet, where he was artistic director for 13 years. His memoir Destiny’s Waltz — In Step with Giants, covers his artistic journey.

11:00 AM-12:30 PM
Two sessions

Tuesdays
Members \$40

Begins: 1/7
Non-Members \$45

Ends: 1/14

WT6 ISN'T IT ROMANTIC? — 19th Century Romantic Composers ★ NEW

Sandra Moulin

Enjoy the stories of famous 19th century romantic composers and hear Sandra Moulin perform some of their most memorable music on the piano. Learn about the trysts of Franz Liszt, the “Claire de Lune” of Gabriel Fauré and his “Dolly Suite” and the heart-wrenching story of Edvard Grieg and concert singer, Nina Hagerup.

Sandra Moulin is a professional musician, public speaker, actress, author, and storyteller. For over 30 years she enjoyed a career as a French and humanities high school and university instructor, as well as an entertainer, in Michigan and North Carolina. Locally, Sandra continues to share her passion and talent for teaching and playing the piano with her presentation that brings composers’ music and their dalliances to life. Her one-woman show on George Gershwin and Kay Swift will be presented at the school on Friday, February 21 in our Theatre Showcase Series. See page 43.

11:00 AM-12:15 PM
Two sessions

Tuesdays
Members \$40

Begins: 1/21
Non-Members \$45

Ends: 1/28

WT7 MAGIC FOR THE YOUNG AT HEART

★ NEW

Mark Hogan

You’re never too old to learn new tricks! Here’s your chance to learn simple, easy-to-do magic tricks that you can perform at family gatherings and parties. And here’s the best part: you can remain the “cool” magic grandpa or grandma or party magician or you can become the magic guru yourself—teaching these tricks to your grandkids, friends and associates. Performing these fun tricks is a fantastic opportunity for you to connect with people and share some unique and unforgettable moments. Students will need to purchase a magic kit for \$20, payable to the teacher at the first class.

Mark Hogan is a magician who has been performing and enjoying magic for over 25 years. He has performed primarily in social and non-profit venues. His passion to share magic with others has led him to write two books on basic magic principals for both seniors and younger children. He teaches seniors at the Osher Lifelong Learning Institute and Communiiversity and to 5th and 6th grade school magic clubs, both in Cincinnati.

11:00 AM-12:30 PM
Four sessions

Tuesdays
Members \$75

Begins: 1/7
Non-Members \$85

Ends: 1/28

TUESDAY (CONT.)

WT8 AT THE MOVIES

Gus Mollasis

For Course Description see page 3.

11:00 AM-12:30 PM **Tuesdays** **Begins: 1/7** **Ends: 2/25**
Eight sessions **Members \$120** **Non-Members \$130**

WT9 BURNING ISSUES IN THE SUPREME COURT — 2019 TOP CASES

Bill Cotter, J.D.

For Course Description see page 14. Following last year's pattern, Bill Cotter will lead a four-session seminar-style course in January as well as this annual two-part lecture series in February. Both will cover the same cases, but the four-session course in January (Tuesdays from 9-10:30 AM, see page 14), will have limited enrollment, and there will be advanced reading assignments with adequate time for class debate. This two-part lecture series covers the material more rapidly and, as a result, there is some, but less, time for discussion. **Register early!** This popular lecture series always sells out.

See *Biographical Sketch* on page 14.

11:00 AM -12:30 PM **Tuesdays** **Begins: 2/4** **Ends: 2/11**
Two sessions **Members \$40** **Non-Members \$45**

WT10 APHORISMS, PROVERBS, AND MAXIMS

★ **NEW**

Kenneth Simons, Ph.D.

Aphorisms, proverbs and maxims are pointed sayings whose truths are supposed to endure over time. However, many of them don't retain their vibrancy or relevance, lapsing instead into familiar clichés — “a penny saved is a penny earned” for example. But there's another class of proverbs that retain striking power and originality, that remain relevant and capable of stimulating our understanding. In this course we'll consider these as a legitimate literary art form — something like a poem condensed into a single sentence or phrase — and practice the skill of unpacking highly condensed figures of speech. Course content includes sayings from the Bible, Ben Franklin, William Blake, and Francois VI, duc de La Rochefoucauld. Materials will be distributed in class.

Dr. Kenneth Simons, a Columbia Ph.D. in English and comparative literature, taught writing and literature at Columbia University and Wisconsin and Adelphi Universities before joining the faculty of Syosset (NY) High School. He has published on Joseph Conrad and other subjects and is listed in Who's Who Among America's Teachers (1996).

11:00 AM-12:30 PM **Tuesdays** **Begins: 2/4** **Ends: 2/11**
Two sessions **Members \$40** **Non-Members \$45**

WT11 THEODORE DREISER AND AMERICAN NATURALISM — *SISTER CARRIE*

★ **NEW**

Kenneth Simons, Ph.D.

Sister Carrie (1900) is an example of literary 'naturalism,' a school of writing which came of age a generation before in the work of French novelist Émile Zola. We'll discuss stylistic and thematic elements of naturalism as reflected in this truly great story of the American Dream as seen from the distaff side.

See *Biographical Sketch* above.

11:00 AM-12:30 PM **Tuesdays** **Begins: 2/18** **Ends: 2/25**
Two sessions **Members \$40** **Non-Members \$45**

TUESDAY (CONT.)

WT12 MONET AND MANET AND THEIR PIVOTAL ROLES IN IMPRESSIONISM AND MODERNISM

★ **NEW**

Paulette Rackow

This series offers an introduction to the works of Edouard Manet and Claude Monet in relation to Impressionism and Modernism. Manet was considered a crucial figure in the history of art and took the leap from Realism to Impressionism. Monet is considered the quintessential Impressionist by painting what he saw at the moment and capturing the effects of light. We will explore the influence these two artists had on each other and compare their works with other artists from that time period.

Paulette Rackow is a retired kindergarten teacher and Montessori administrator. She holds a BS and master's degree in elementary education and completed over 10 years of study at the Barnes Foundation, where she has been a docent for over nine years. She also studied art at the Clark Institute in Williamstown, Massachusetts.

11:00 AM-12:30 PM **Tuesdays** **Begins: 2/18** **Ends: 2/25**
Two sessions **Members \$40** **Non-Members \$45**

WT13 AT THE MOVIES

Gus Mollasis

For Course Description see page 3.

1:00-2:30 PM **Tuesdays** **Begins: 1/7** **Ends: 2/25**
Eight sessions **Members \$120** **Non-Members \$130**

WT14 EXPRESS YOURSELF THROUGH WRITING

Ronni Miller

This fun, hands-on, workshop-style course that Ronni has taught at the school for 16 years, is designed for people who wish to experience the creative enjoyment of expressing themselves through writing whether it's memoir, fiction, poetry or journaling. Write to document, to enjoy, to heal, to publish, or to entertain. Novice and professional writers, new and returning students, all are welcome to share their writing in a creative and supportive atmosphere with guidance and encouragement. Class work consists of motivating, warm-up writing exercises and readings of assignments or works-in-progress.

Ronni Miller, founder and director of Write It Out®, a motivational and expressive writing program for students of all ages established in 1992, is a published, award-winning author of short stories, a playwright, editor, workshop leader, and educator who has written seven books for adults and children. Her Write It Out® program is endorsed by James W. Pennebaker, Ph.D., leading researcher in the field of expressive writing. She is national 4th VP of the National League of American Pen Women.

1:00-3:00 PM **Tuesdays** **Begins: 1/7** **Ends: 2/25**
Eight sessions **Members \$145** **Non-Members \$155**

WT15 AT THE MOVIES

Gus Mollasis

For Course Description see page 3.

3:00-4:30 PM **Tuesdays** **Begins: 1/7** **Ends: 2/25**
Eight sessions **Members \$120** **Non-Members \$130**

Join us for Lecture Series 2020 every Tuesday at 3 PM. Pages 51-53.

TUESDAY (CONT.)

WT16 TUESDAY FILM NIGHTS: BEST MOVIES YOU'VE NEVER SEEN!

Gus Mollasis and Kathie Moon

You will enjoy a light buffet (and fresh popped popcorn!), followed by viewing a quality movie. Both Gus and Kathie have treasure troves of obscure movie gems that have rarely seen the light of day. The audience will participate in a stimulating discussion afterwards. Our movie nights are popular and fun!!

Note: Kathie will host January 28 and Gus will host February 18.

See *Biographical Sketch* for **Gus Mollasis** on page 2 and for **Kathie Moon** on page 5.

5:00-8:15 PM **Tuesdays** **Jan., 1/28 & Feb., 2/18**
Buffet: 5:15 **Movie: 5:45** **Buffet and Refreshments are included in the price.**
Two sessions **Members \$50** **Non-Members \$55**

WEDNESDAY

WW1 CHAIR YOGA

Angelena Craig

For Course Description see page 3.

9:00-10:00 AM **Wednesdays** **Begins: 1/8** **Ends: 2/26**
Eight sessions **Members \$88** **Non-Members \$104**

Note: Yoga classes are offered Monday, Tuesday, Wednesday (Chair Yoga), and Thursday at 9:00 AM. Qigong is offered on Fridays at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

WATERCOLOR, ACRYLIC, PASTELS, OILS

Renee DiNapoli

For Course Description see page 3.

WW2 WATERCOLOR ETC — SECTION ONE

9:00 -11:30 AM **Wednesdays** **Begins: 1/8** **Ends 1/29**
Four sessions **Members \$135** **Non-Members \$145**

WW3 WATERCOLOR ETC. — SECTION TWO

9:00-11:30 AM **Wednesdays** **Begins: 2/5** **Ends: 2/26**
Four sessions **Members \$135** **Non-Members \$145**

WW4 WATERCOLOR ETC.— SECTIONS ONE & TWO

9:00 -11:30 AM **Wednesdays** **Begins: 1/8** **Ends: 2/26**
Eight sessions **Members \$235** **Non-Members \$250**

(Note discount if taking both sections.)

Limited Enrollment

WEDNESDAY (CONT.)

WW5 INTRODUCTION TO MINDFULNESS — *Reclaiming the Present Moment and Your Life* Nancy Saum

Simply put, mindfulness is the practice of cultivating an accepting awareness in day-to-day life. When we rest in mindful awareness, we are able to participate more fully with life, as it is unfolding in each moment. Jon Kabat-Zinn introduced mindfulness into mainstream western medicine in 1979 with the course “Mindfulness-Based Stress Reduction” (MBSR). Since then, MBSR studies have demonstrated positive changes in the brain, correlated with greater emotional balance, compassion, and genuine happiness. Also reported is improved physical and mental well-being, as well as the ability to buffer stressful experiences when they occur. In these classes, you will practice several of the forms of mindfulness meditation taught in the MBSR course. The content and practices are valuable for the novice meditator, those with some meditation experience, and for Nancy’s return students.

Nancy Saum, MS, RN, AHN-BC, is a certified holistic nurse and has completed Mindfulness-Based Stress Reduction (MBSR) training with faculty from the University of Massachusetts Center for Mindfulness. She also teaches mindful movement practices as a senior trainer with the Institute of Integral Qigong and Tai Chi. Nancy has been teaching MBSR and Qigong for more than 12 years, most recently at the Sarasota Mindfulness Institute. Nancy also teaches Qigong at 9 AM on Fridays at The Longboat Key Education Center (page 35).

9:00-10:30 AM **Wednesdays** **Begins: 1/8** **Ends: 1/29**
Four sessions **Members \$75** **Non-Members \$85**

WW6 MINDFULNESS MEDITATION Ruth Fishel

Bring more patience, balance, equanimity, and joy to your life, enriching your life on all levels. Scientific studies have proven that mindfulness meditation can actually improve memory, blood pressure, sleep, and overall health and well-being, no matter at what age you begin to practice. This class will include helpful instructions in meditation, journaling and the power of affirmations. Wear comfortable clothing. Return students welcome. Ruth will also continue with another four weeks in March. (See page 57.)

Ruth Fishel, M.Ed., is a nationally known author, meditation teacher, retreat and workshop leader. Her books include the best-selling Time for Joy, Living Light as a Feather, Change Almost Anything in 21 Days, Peace in My Heart, Peace in the World, Wrinkles Don't Hurt, The Joy of Aging Mindfully, and Time For Me. Ruth has helped thousands of people feel better about themselves spiritually, mentally and physically.

9:00-10:30 AM **Wednesdays** **Begins: 2/5** **Ends: 2/26**
Four sessions **Members \$75** **Non-Members \$85**

WEDNESDAY (CONT.)

LITERARY GEMS

Randi Kreiss

Join the group for this perennial favorite! Talk about great books in a stimulating, friendly, and focused gathering. Have fun reading and discussing important writers, the best fiction and nonfiction, and connecting it all to the world we live in today. Sign up for one section or both.

Randi Kreiss is a longtime book group facilitator with an MS in English/Education from Queens College in New York and a BS from NYU. She is a journalist, literary commentator and public speaker. She is the former editor of the *Herald Community Newspapers* in New York, and her award-winning weekly column can be read online at www.liherald.com. Just follow the links to the opinion pages.

WW7 LITERARY GEMS — PART ONE: MINING LITERARY GOLD

Gorgeously written and imagined, these works bring us a richer understanding of our lives in the 21st Century. Books in order of discussion include: *The Nix* by Nathan Hill; *Montpelier Parade* by Karl Geary; *Cat on a Hot Tin Roof* by Tennessee Williams; and *The Great Believers* by Rebecca Makkai.

11:00 AM-12:30 PM **Wednesdays** **Begins: 1/8** **Ends: 1/29**
Four sessions **Members \$75** **Non-Members \$85**

WW8 LITERARY GEMS — PART TWO: FINDING OURSELVES

In this array of highly lauded fiction, we breach the boundaries of time and place. Books in order of discussion include: *Normal People* by Sally Rooney; *An American Marriage* by Tayari Jones; *The Snow Child* by Eowyn Ivey, and *In The Distance* by Hernan Diaz.

11:00 AM-12:30 PM **Wednesdays** **Begins: 2/5** **Ends: 2/26**
Four sessions **Members \$75** **Non-Members \$85**

WW9 LITERARY GEMS — PARTS ONE & TWO

11:00 AM-12:30 PM **Wednesdays** **Begins: 1/8** **Ends: 2/26**
Eight sessions **Members \$130** **Non-Members \$150**

(Note price break for taking both sections.)

WW10 AMERICA AND THE WORLD IN 2020

Gary Massel, Ph.D.

In this course, a perennial favorite, we will address the growing challenges to the liberal democratic world order that has been led by the U.S. since the end of WWII. We will discuss: China's challenge to America's economic position; Putin's revanchist Russia; growth of populism in the U.S. and Europe; and the multiple conflicts in the Middle East that threaten to involve other major powers. We will also take a look inside Iran and Israel at the forces shaping their politics and hence their roles in the Middle East. Finally, we will examine America's rejection of its role as a leader in the existing world order.

Dr. Gary Massel has a Ph.D. in physics and 31 years of experience in the federal government and in private industry. After graduation he worked at the Institute for Defense Analysis and then for the Office of the Secretary of Defense. He served on the first SALT (Strategic Arms Limitation Treaty) team and then became director of Land Forces Planning and director of Naval Forces Planning. After leaving the government for private industry he continued to maintain a strong interest in foreign policy and cultural and political histories of major world regions.

11:00 AM-12:30 PM **Wednesdays** **Begins: 1/8** **Ends: 2/12**
Six sessions **Members \$95** **Non-Members \$105**

WEDNESDAY (CONT.)

WW11 ASSIMILATION THROUGH SERVICE:

★ NEW

The Struggle For Acceptance

George Stassa, M.D.

Lecture One: Slave-Soldier Statesman — The history of African-Americans begins with slavery, as white European settlers first brought Africans to the continent to serve as slaves. Although some Blacks were able to secure freedom, the Civil War changed the slave system, and many were to become soldiers, some became statesmen, and one became president. The evolution and assimilation of the Black presence in America is a timeline of struggle, new legislation and innovation which will be reviewed and analyzed.

Note: This lecture pays tribute to Black History month

Lecture Two: The Jewish American Military Experience — Jewish Americans have served in the American Armed Forces dating back to before the colonial era when Jews had served in militias of the Thirteen Colonies. Jewish military personnel have served in all branches of the armed forces and in every major armed conflict in which the United States has been involved. The Jewish Chaplains Council estimated that there are currently 10,000 known Jewish servicemen and servicewomen on active duty. We will trace the roles of “GI Jews” and their place in our military history.

Dr. George Stassa obtained his BA from Columbia College and his MD from Columbia University, College of Physicians and Surgeons. He was associate clinical professor of Radiology/Anatomy at New York Cornell Medical College for 36 years. Dr. Stassa has had a love of history since grade school and wanted to be a college professor, so he has reinvented himself into a teacher of history!

11:00 AM-12:30 PM

Wednesdays
Members \$40

Begins: 2/19

Ends: 2/26

Two sessions

Non-Members \$45

WW12 A TALE OF TWO ORCHESTRAS

★ NEW

The New York Philharmonic and The Boston Symphony

Mark Kroll

The rivalry between Boston and New York began long before “The Curse of the Bambino,” the baseball legend created when the Red Sox sold Babe Ruth to the Yankees in 1919. In music, the New York Philharmonic and Boston Symphony have often claimed bragging rights as the greatest of America’s “Big Five” orchestras (the others are Chicago, Philadelphia and Cleveland). They are certainly the oldest and most venerable. The Philharmonic, founded in 1842, can boast about conductors such as Mahler, Tchaikovsky, Richard Strauss, Toscanini and Leonard Bernstein. The Boston Symphony played its first notes in 1881, premiered some of the most important works of the twentieth century, and was led by an equally distinguished roster of maestros, including Sir George Henschel, Arthur Nikisch, Serge Koussevitzky, Seiji Ozawa and James Levine. In this course we will learn about the histories of each orchestra, including some “inside” gossip, listen to their recordings from the 1920s to the present, and perhaps reach our own conclusions about which is number one.

Mark Kroll, Professor Emeritus, Boston University, has been able to balance performing, teaching and scholarship throughout his career. A noted authority on performance practice, Mr. Kroll has published six books and numerous scholarly articles; his new book, The Companion to the Harpsichord, was published by Cambridge University Press this year. Acclaimed as one of the world’s leading harpsichordists and fortepianists, he served as harpsichordist for the Boston Symphony since 1979, and has released the first seven recordings of his complete set of the harpsichord works by François Couperin for Centaur Records.

1:00-2:30 PM

Wednesdays
Members \$40

Begins: 1/8

Ends: 1/15

Two sessions

Non-Members \$45

WEDNESDAY (CONT.)

WW13 YOU'VE GOT TO SEE THIS MOVIE!

Kathie Moon

For Course Description see page 5.

1:00-2:30 PM

Wednesdays

Begins: 1/8

Ends: 2/26

Eight sessions

Members \$120

Non-Members \$130

Note: This course is also offered later in the day from 3-4:30 PM (page 24).

WW14 iPHONE & IPAD: FUNDAMENTALS FOR BEGINNERS

Keith S. Coker

For Course Description see page 4.

1:00-3:00 PM

Wednesdays

Begins: 1/8

Ends: 1/29

Four sessions

Members \$100

Non-Members \$110

WW15 THE HISTORY AND FUTURE OF NOTRE DAME DE PARIS ★ **NEW**

Jean Joseph Renoux

Notre Dame de Paris is the most famous of Gothic cathedrals of the Middle Ages. It is distinguished for its size, antiquity (construction began in 1163), historical events (including the French Revolution and Napoleon's coronation in 1801), religious relics (Crown of Thorns) and artifacts, the prized stained glass rose windows, and architectural marvels. The cathedral, built on top of an ancient Greco-Roman temple, has seen many remodeling and destructive times. It was about to undergo another renovation when a devastating fire in April 2019 broke out beneath the roof. Jean Renoux will review the history of this 850-year old landmark, highlight its valuable contents and innovative architectural design, examine the damages due to the recent fire, and discuss the many proposals for how to rebuild, re-decorate and re-use the cathedral.

Jean Joseph Renoux, interior designer and art and architecture historian, has been presenting history and art history programs and lectures for over 25 years throughout the U.S. He also leads group excursions to Europe, particularly Prague and throughout France, to explore its art, architecture and history. He has also worked with filmmaker Louis Malle.

1:00-2:30 PM

Wednesdays

Begins: 1/22

Ends: 1/29

Two sessions

Members \$40

Non-Members \$45

WW16 COGNITIVE CONNECTIONS

★ **NEW**

Barbara Glatt, Ph.D.

You know that momentary physical reaction you have when you step into a COLD shower?! It takes your mind to a new space. Through various hands-on exercises we, too, will explore new spaces in our minds in an effort to activate, develop and sharpen our mental acuity. The exercises will use different cognitive learning modalities which may include verbal, visual, auditory, tactile and kinesthetic pathways. We will have fun exploring different mental spaces and sharing the experiences. I promise there will be NO cold showers — just fascinating new discoveries and ways of thinking to help sharpen our minds!

Dr. Barbara Glatt received her Ph.D. from the University of Chicago and specialized in cognitive learning. She is a former professor and published academic author. She is also a well-known expert on cognitive parrotting. Dr. Glatt has also been an OLLI coordinator for several years in the Chicago area at Northwestern University,

1:00-2:30 PM

Wednesdays

Begins: 2/5

Ends: 2/26

Four sessions

Members \$75

Non-Members \$85

WEDNESDAY (CONT.)

WW17 THE LEGACY OF KING HEROD THE GREAT

★ NEW

Ken Hanson, Ph.D.

King Herod the Great was one of the greatest builders of the ancient world as well as one of the cruelest and most brutal rulers who ever lived. While he may have been a paranoid schizophrenic (perhaps criminally insane), he left some of the greatest architectural treasures in the Land of Israel. We'll focus on a few of Herod's most famous projects: the artificial harbor and monumental structures at Caesarea, the Temple Mount complex in Jerusalem and the palaces and other structures at the towering desert fortress of Masada. Via multimedia projections, we'll head over to Herodion (possible site of Herod's Tomb) and other sites which the megalomaniac king built or rebuilt. Multiple mysteries await; are you ready?

Dr. Ken Hanson, Director, Interdisciplinary Program in Judaic Studies, University of Central Florida, is an associate professor and teaches in the Judaic studies program. He has also taught philosophy and religion at Rollins College, Winter Park, Florida. He earned a master's degree in international/inter-cultural communication, and went on to earn a doctorate in Hebrew language and literature from the University of Texas at Austin. His multiple books and appearances on syndicated radio and national television (including "The History Channel" and "The Travel Channel") have brought his unique insights into everyone's world. Dr. Hanson's exceptional theatrical style of presentation never fails to captivate and engage his audience.

1:00-2:30 PM
Two sessions

Wednesdays
Members \$40

Begins: 2/5
Non-Members \$45

Ends: 2/12

WW18 THE NEW HEALTH AGE IN THE 21ST CENTURY

★ NEW

David Houle

In this two-part course David Houle looks into the future on the coming transformations in medicine, healthcare and well-being. He explains why big data, technological intelligence and DNA medicine will be the three major forces in the next twenty years. Medical breakthroughs will include mapping the brain, a technological cure for Alzheimer's, living to be 120, and the ability to have truly preventative healthcare—"an ounce of prevention" instead of a "pound of cure" system that we have now. Houle co-authored a bestselling and industry influential book in 2011, *The New Health Age: The Future of Healthcare in America* in which he forecast many of the changes and innovations of today. Houle is also writing the "Future of Medicine and Healthcare" whitepaper for The Sarasota Institute.

*David Houle is a globally recognized futurist. He has given speeches on six continents. He spent over 20 years in media and entertainment, working with NBC, CBS, and as part of the senior team that created and launched MTV1 Nickelodeon, VH1, and CNN Headline News. He has a highly regarded futurist blog www.evolutionshift.com and has written seven books, including his influential first book *The Shift Age* published in 2007 and his latest book, co-authored with Timothy Ramage, *This Spaceship Earth*. Houle is currently serving as futurist in residence at Ringling College of Art and Design and is honorary president and futurist of the Future Business School of China. In 2017 he launched "The Sarasota Institute," a 21st century think tank.*

1:00-2:30 PM
Two sessions

Wednesdays
Members \$40

Begins: 2/19
Non-Members \$45

Ends: 2/26

WEDNESDAY (CONT.)

WW19 YOU'VE GOT TO SEE THIS MOVIE!

Kathie Moon

For Course Description see page 5.

3:00-4:30 PM **Wednesdays** **Begins: 1/8** **Ends: 2/26**
Eight sessions **Members \$120** **Non-Members \$130**

Note: This course is also offered earlier in the day from 1-2:30 PM (page 22).

WW20 iPHONE & iPAD — BASICS PLUS

Keith S. Coker

For Course Description see page 4.

3:15-5:15 PM **Wednesdays** **Begins: 1/8** **Ends: 1/29**
Four sessions **Members \$100** **Non-Members \$110**

WW21 CASTLES AND KINGS — *Chess For Beginners*

★ **NEW**

Kevin Costello

Chess, a 1500-year-old game, is played at least once a year by 12% of British people, 15% of Americans, 23% of Germans, 43% of Russians and 70% of the people in India. This chess class for beginners will introduce the basic moves and strategy of the pieces; their initial positioning on the board; opening moves; and the advantages and limits of each piece. Have fun the old-fashioned way — without technology — while learning to play this ancient board game. Bring your own chess set. We will have a few on hand at the school.

Kevin Costello received prizes and recognition as a chess player from an early age. He joined the famous Black and White Club at the University of London and played in competitions there. At the San Francisco Children's Museum, Kevin taught and organized a chess club for teenagers. He continues to improve his game here in Sarasota.

3:00-4:30 PM **Wednesdays** **Begins: 2/5** **Ends: 2/26**
Four sessions **Members \$60** **Non-Members \$70**

WW22 MASTERPIECES THAT CHANGED CLASSICAL MUSIC FOREVER!

Bach, Mozart and Bartok

★ **NEW**

Richard Benedum, D.M.A.

Dr. Benedum is back to examine and discuss more masterful compositions that forever changed the path of music history, and in the process, have become beloved staples of our Western musical heritage. The course will cover: Bach's six *Brandenburg Concertos*, the second of which was sent to space by the Voyager spacecraft in 1977; Mozart's *Symphony No. 41* ("Jupiter"), which set a pattern for the symphonies of Beethoven, 19th century composers and all who followed; Mozart's *Don Giovanni*, which set new standards for opera composers; and Bela Bartok's ground-breaking *Concerto for Orchestra*, which will be performed by the Sarasota Orchestra on their March Masterworks 6 concert.

Dr. Richard Benedum is professor emeritus of music at the University of Dayton, Ohio. He is founder and former artistic director and conductor of the professional-level Dayton Bach Society chorus and orchestra. In addition to his many other achievements, awards and contributions, he directed 15 summer seminars and institutes for teachers based in Vienna and who were studying the music of Mozart for the National Endowment for the Humanities between 1990 and 2014. He currently is organist-choirmaster at Christ Episcopal Church in Bradenton.

3:00-4:30 PM **Wednesdays** **Begins: 1/8** **Ends: 1/29**
Four sessions **Members \$75** **Non-Members \$85**

WEDNESDAY (CONT.)

WW23 IRVING BERLIN AND JIMMY VAN HEUSEN — *Two of America's Most Prolific Composers* *Dan Fine*

★ NEW

Dan Fine will discuss the lives and play the music of Irving Berlin on February 5, and Jimmy Van Heusen on February 12, in this two-part course. Although Irving Berlin couldn't read music and had limited ability on the piano (he could only play in one key), he wrote an estimated 1500 songs including "Alexander's Ragtime Band," "White Christmas," "Easter Parade," and "God Bless America." Jimmy Van Heusen worked as a WWII test pilot for Lockheed from 5:00 AM to 1 PM and then after 2 PM he wrote songs such as "Swinging on a Star," "All the Way," "Second Time Around," "High Hopes," and "Love and Marriage." At the end of each class there will be time for questions and requests. Join Dan in his popular and entertaining presentations.

Dan Fine began piano lessons at the age of 8 and has been playing professionally since age 14. He has played alto saxophone for 30 years with the Simsbury Community Band in Connecticut and was on the board of the Greater Hartford Festival of Jazz for 10 years. He has a BA from University of Connecticut, an MBA from Boston College, and retired as a stockbroker after 43 years.

3:00-4:30 PM
Two sessions

Wednesdays
Members \$40

Begins: 2/5
Non-Members \$45

Ends: 2/12

WW24 LEGENDARY COMEDIANS OF THE 20TH CENTURY — *1920s to 1980s Radio, Movies, and TV* *Joel Schwartz, M.D.*

★ NEW

Dr. Schwartz will discuss the early years in comedy and its iconic comedians in his first talk. Watch out for flying pies, car chases, pratfalls, and bonks on the head. You'll learn how the daring stunts were done and look into the interesting lives of Buster Keaton, Harold Lloyd, Laurel and Hardy, Charlie Chaplin, Our Gang, and others. Laugh your way back to the days of comedy without the F*** word. The popular radio comedians that later transitioned into early TV such as Abbott and Costello ("Who's on First?"), Jack Benny and Bob Hope will be highlighted in the second talk which will also feature the humor of Danny Kaye ("Where is the pellet with the poison?"), Henry Youngman, Sid Caesar, Mel Brooks, Lucille Ball (can Lucy and Ethel get the candies wrapped?), Jackie Gleason, Carol Burnett and more. Quintessential video clips will be shown. Many of you may remember Joel's popular lecture last season titled "How to be Funnier."

Dr. Schwartz received his medical degree from Hahnemann University Hospital and his psychiatric training at the Institute of Living and Hahnemann University. He is a board certified child, adolescent, and adult psychoanalyst and has been on the "Top Docs" list of Philadelphia Magazine several times. Dr. Schwartz is an author of ten books and a professional speaker. His newest book is Shrink Unwrapped. He has also been a flea circus trainer and a weatherman in Fargo, North Dakota!

3:00-4:30 PM
Two sessions

Wednesdays
Members \$40

Begins: 2/19
Non-Members \$45

Ends: 2/26

THURSDAY

WR1 SWEET AND SPIRITED YOGA!

Mary Kane

For Course Description see page 2.

9:00-10:00 AM
Eight sessions

Thursdays
Members \$88

Begins: 1/9
Non-Members \$104

Ends: 2/27

Note: Yoga classes are offered Monday, Tuesday, Wednesday (Chair Yoga), and Thursday at 9:00 AM. Qigong is offered on Fridays at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

WR2 BREAKFAST FORUMS

Stanley Kolodkin

These popular forums provide the opportunity for lively, informal discussions about important social, moral and political issues. The facilitator, Stanley Kolodkin, does his homework and introduces stimulating and thought-provoking subjects, guides the discussion and keeps the group focused. Breakfast snacks will be provided. Repeat and new students welcome. This course is a perennial favorite. Register early!

Stanley Kolodkin obtained his BS and MS degrees in electrical engineering from MIT. He was CEO and founder of Xenergy Inc., a New England-based energy management company. He has consulted on numerous national and international energy, finance and management projects.

9:00-10:30 AM
Four sessions

Thursdays
Members \$80

Begins: 1/9
Non-Members \$90

Ends: 1/30

Note: Breakfast Forums in February and March will be changed to a new format and the course is called "Morning Forums" with different guest facilitators every week on Friday mornings from 9-10:30. See pages 36 and 59.

WR3 THE WORLD'S GREATEST POEMS

Edward J. Dwyer, Ph.D.

This course will focus on the greatest poems ever written. The year's lineup features Emily Dickinson, Walt Whitman, Mary Oliver, Billy Collins, W.B. Yeats, and Shakespeare. These poets represent a wide range of styles, forms and temperaments. You will discover (or re-discover) why they are so great! Copies of the poems to be discussed will be provided to you. Extraordinarily participant-friendly and enjoyable — simply poetic!

See *Biographical Sketch* on page 7.

9:00-10:30 AM
Four sessions

Thursdays
Members \$75

Begins: 1/9
Non-Members \$85

Ends: 1/30

Questions? (941) 383-8811
e-mail: info@lbkeducationcenter.org

THURSDAY (CONT.)

WR4 THE NATURE OF LONGBOAT KEY

Karen Willey

Gulf of Mexico barrier islands have unique ecosystems found nowhere else on earth. Learn about the ecosystems of Longboat Key, the plants and animals that call them home, and how we connect with them in the interdependent web of life on earth. Coastal dunes, mangrove forests, seagrass flats and climate change will be discussed as they relate to Longboat Key. The first class will be at the school followed by three nearby field trips. Karen will leave you with a sense of what makes Florida unique and why we should preserve our natural systems. This always sells out so register early. There is a second section from 11-12:30. See page 31.

Karen Willey has spent 38 years walking local trails and studying the natural wonders of our land and sea. She has a BS from the University of Florida in ornamental horticulture with an environmental studies minor. As founder of Around the Bend Nature Tours, she has provided environmental education programs for Sarasota and Manatee county schools for over 20 years. This year Karen begins a new endeavor focused on climate change communication based on science, hope and community level solutions.

9:00-10:30 AM
Four sessions

Thursdays
Members \$80

Begins: 2/6
Non-Members \$90

Ends: 2/27

WR5 MYTHOLOGY — *Gods, Goddesses, Muses and Monsters* ★ **NEW** *Edward J. Dwyer, Ph.D.*

Students will examine selections from Edith Hamilton's classic study of myths. Please purchase the book *Mythology* by Edith Hamilton and come to the first class having read pages 345-391 (Part Five: "The Great Families of Mythology"). Come out and discover what the ancients had to say about the human condition and the human psyche. All of Ed's classes encourage student engagement and discussion.

See Biographical Sketch on page 7.

9:00-10:30 AM
Two sessions

Thursdays
Members \$40

Begins: 2/20
Non-Members \$45

Ends: 2/27

WR6 CERAMICS: THERAPY FOR THE HANDS AND SOUL

Jean DeCicco

Learn to make hand-built ceramic pieces that are beautiful and can be enjoyed every day — pinch pots, leaf dish, coffee/tea mugs, appetizer plate, bowl, or platter — use them yourself or make them for personalized gifts. No painting skills are required as the glazes (food safe) will take on a beauty themselves when fired in a kiln, which will be done for you off the premises. Working with your hands is therapeutic; it reduces stress, promotes joint movement and dexterity and offers many other health benefits that are well documented. All materials, including firing, are included and will be provided. Discover the "zen" of creating with clay. Due to the popularity of this course last year and the many requests to extend the course, it will run for six weeks with option of taking four if space permits.

Jean DeCicco is a retired financial services executive and has been teaching and making pottery for the last eight years in community centers in the Indianapolis area. It is her passion to continue to teach pottery in her retirement and recent relocation to LBK.

9:30-11:30 AM
Six sessions

Thursdays
Members \$215

Begins: 2/13
Non-Members \$225

Ends: 3/19

WR6-4

Four Sessions

Thursdays
Members \$145

Begins: 2/13
Non-Members \$155

Ends: 3/5

Note: This course starts in the Winter Term and continues into the Spring Term.

New One-Time Special Thursday Programs

SPR1 THE WHOLE MEGILLAH: THE HISTORY OF THE YIDDISH THEATRE

Charles Troy

This multimedia presentation covers the story of the Yiddish Theatre, from the moment of its birth in Rumania in 1876, to its rapid spread across the Western Hemisphere, to its meteoric flowering in the Golden Age — a bloom that would last but a few short decades and carry the seeds of its own destruction. It's an amazing story, full of twists and turns that are — like Yiddish theatre itself — sometimes outrageous, sometimes poignant, but always melodramatic. It is one packed program — the whole megillah — punctuated by klezmer music that mirrors the soul of a vibrant but distant era. Last year Charles gave a presentation of *Fiddler on the Roof* with rave reviews.

Charles Troy is America's most acclaimed dramatic musical theatre historian. He is also a graphic designer, and former theatre lyricist based in the Chicago area, where he gives his unusual multimedia musical theatre presentations (he has created over 50) at numerous venues. His work has been featured at the York Theatre in New York and the Auditorium Theatre in Chicago.

11:00 AM-1:00 PM Thursday, January 9 (With short intermission)
One session Members \$20 Non Members \$25

SPR2 FLORIDA: WHERE WATER, EARTH AND HEAVEN MEET THE CLYDE BUTCHER STORY — As Told By His Daughter

Jackie Obendorf

Clyde Butcher is an award-winning American photographer renowned for his large format black and white, primeval wilderness photography of the Florida landscape. He is a strong advocate of conservation efforts and uses his work to promote awareness of the beauty of natural places. Considered the Ansel Adams of Florida, he will always be identified with the Everglades, but he is deeply committed to recording precious landscapes throughout the world. Join us for a presentation by his daughter, Jackie Obendorf, who will share stories about her father's fascinating artistic journey and show examples of his stunning images. The program will be followed by a Q and A. Don't miss this wonderful event!

Jackie Obendorf ran a successful retail art business before joining her father in 1999 as his business manager, running three of his galleries (one is located in St. Armand's Circle) and organizing museum exhibits throughout the country. She continues to carry the message of her father to ensure that his work inspires future generations to see the beauty of the environment and the necessity of taking care of the earth that sustains us.

11:00 AM-12:30 PM Thursday, January 16
One session Members \$20 Non Members \$25

New One-Time Special Thursday Programs

(CONTINUED)

SPR3 THE SARASOTA CUBAN BALLET SCHOOL

Ariel Serrano

Hear Sarasota Cuban Ballet School (SCBS) co-founder and co-artistic director Ariel Serrano, speak about his life growing up in Cuba, he and his wife's defection from Cuba to the U.S. in 1993, and the path of their dancing careers throughout Central and South America and in the USA. You'll learn how their lives in the art of dance led them to open the Sarasota Cuban Ballet School, a gem right here in the heart of Sarasota. Founded in 2011, the school is one of the very few that teaches true Cuban Ballet technique outside of Cuba, and in its short history, has produced many professional dancers who have gone on to dance in ballet companies all over the country and around the world. Ariel will show excerpts of recent SCBS performances and bring a dancer or two to do a demonstration of what "Cuban" ballet means! Join us for this very special opportunity.

Ariel Serrano is a graduate of the National School of Arts in Italy. In Cuba, he danced with Ballet Camaguey under the direction of Fernando Alonso, and then joined the Youth Corps of the National Ballet of Cuba under Laura Alonso and artistic director Alicia Alonso. He has been a principal dancer with the Ballet of Monterrey in Mexico. Both he and his wife Wilman Hernandez were invited to join the Sarasota Ballet in 1994, under the direction of artistic director Robert de Warren. They both danced principal roles until they retired in 2000.

11:00 AM-12:30 PM Thursday, January 23
One session Members \$20 Non Members \$25

SPR4 MUSIC ON MACK AVENUE — a Motown Morning!

Robert Gaglio and Michael Mendez

You don't have to be from Detroit to enjoy this special show inspired by Joe Gaglio's record shop on Mack Avenue in Grosse Pointe Woods, Michigan, just a few miles from the legendary Motown Hitsville USA. Joe was a renowned jazz pianist who created one of the hottest hangouts for the neighborhood youth in the 1950s and 60s. Kids would listen to great music, pick up the latest CKLW Top 30 record survey or purchase the newest hit records. Robert Gaglio, Joe's son, has put together a collection of these hit songs from this era that will be performed by the amazing Michael Mendez, who has been entertaining Sarasota audiences for eight seasons with Westcoast Black Theatre Troupe. Chef Robert will also prepare some tasty Italian bites to enjoy. Robert always sells out his annual food/lecture presentations at the school. Register early!

Robert Gaglio owns and operates Italian Culinary Tours, a specialty travel company that offers unique dining experiences and educational tours through the diverse regions of Italy, and Ciao Bella Productions, an innovative, private party catering company. His passion is Italian cooking and culture.

Michael Mendez earned rave reviews for his impressive work in "Five Guys Named Moe," "The Fabulous 5," "In the Heights" and "Soul Crooners," and he starred as Harry Belafonte in the Troupe's 2014 hit "Harry and Lena," just to name a few.

11:00 AM-12:15 PM Thursday, January 30
One session Members \$30 Non Members \$35

THURSDAY (CONT.)

WR7 LET'S PLAY CANASTA! — *For Beginners*

Joyce Doran

For Course Description see page 5.

11:00 AM-12:30 PM **Thursdays** **Begins: 1/9** **Ends: 1/30**
Four sessions **Members \$60** **Non-Members \$70**

WR8 THE HISTORY OF CENTRAL BANKING — *From 1776 to Present Day*

★ **NEW**

Tom Dietrich

There have been four central banks in U.S. history. Why did the first three banks fail, and what were the consequences? What were the mistakes central banks made that had an impact on the economy? Why did a number of presidents oppose the formation of a central bank? The fourth central bank is the Federal Reserve created in 1913. We will analyze the track record of the Fed in preventing recessions and depressions and the mistakes it made that prolonged the Great Depression. Why are some of the NY banks “too big to fail?” Who owns the capital stock of the Fed? Is the Fed a branch of the government? How does the Fed create new money and who created the money when there was no central bank? Treasury dollars versus Fed dollars will be discussed as well as a proposed monetary reform plan that could pay off the \$22 trillion debt, and the annual \$375 billion interest payment, over a 30-year period. Questions and dialog will be encouraged.

Tom Dietrich received a BS from Millikin, and an MBA from Case Western Reserve. He worked at Caterpillar for 43 years in management and taught business courses at Caterpillar University. He was on the corporate staff when it was named Best Corporate University in America by ASTD. He served on the board of Pierian Spring Academy for five years and also taught courses there. Dietrich is currently secretary of the SunCoast Alliance for Lifelong Learning Board and teaches at Osher Lifelong Learning Institute.

11:00 AM-12:30 PM **Thursdays** **Begins: 1/9** **Ends: 1/16**
Two sessions **Members \$40** **Non-Members \$45**

WR9 ALL ABOUT DOGS

Gregg Flowers

Gregg returns this season to teach dog owners how to communicate better with their dogs. Our furry family members love that we love them but there is much more to having a fulfilling relationship with your dog. Do you speak your dog's language? What motivates your dog and what doesn't? Does your dog relate to you as the leader of the pack? All dogs crave a leader above anything else. Learn how to correct, reinforce boundaries, use the leash properly, turn around bad habits, and create a secure as well as a healthy family pack. Gregg likes to say that he “teaches dogs and trains people.” There will be an opportunity for plenty of Q and A as well as other topics of interest. People who have attended Gregg's popular courses are welcome to return and learn more about living with the dogs they love.

Gregg Flowers never met a dog he didn't love. His fascination with dogs and the way they can be taught different things led him to start working with dogs and their owners in Shreveport, Louisiana, in the 1980s. His column about dogs ran in the Shreveport Times for 10 years. In 2009 Gregg moved to Florida where he continues his full time professional work. He currently writes a column for the Sarasota Herald Tribune entitled “All About Dogs.”

11:00 AM-12:30 PM **Thursdays** **Begins: 1/23** **Ends: 1/30**
Two sessions **Members \$40** **Non-Members \$45**

THURSDAY (CONT.)

WR10 **THE HUMAN STORY— *The Role of Art, Music and Philosophy in Western Culture from the 18th to the 20th Century*** ★ **NEW**
Kevin Costello

Aristotle placed poetic truth above a simple chronology of historical thought and events; because to truly understand the spirit of a people, one must examine the humanities in its largest sense. Such investigations do more than deepen our understanding of past human behavior, they also increase our awareness of the present — and that is the objective of this course. A compelling array of composers, philosophers/writers, artists and architects will be explored, such as, Francois Boucher, Mozart, Jonathan Swift, Thomas Jefferson, William Turner, Georges Bizet, John Keats, Louis Sullivan, Constantin Brancusi, Pablo Picasso, Maurice Ravel, Sigmund Freud, Richard Serra, Philip Glass and Bob Dylan.

Kevin Costello graduated Chelsea School of Art and University of London's Goldsmiths College with degrees in fine art and art history. Kevin is a studio artist and has taught painting, drawing, sculpture, and art history at the San Francisco Academy of Art, the San Francisco Museum of Art, and the Ringling College of Art and Design. He was the art and architecture correspondent for the Sarasota Herald Tribune for eight years and currently teaches art and humanities for the School Board of Sarasota and local lifelong learning centers.

11:00 AM-12:30 PM **Thursdays** **Begins: 2/6** **Ends: 2/27**
Four sessions **Members \$75** **Non-Members \$85**

WR11 **LEARN HOW TO PLAY MAH JONGG**
Joyce Doran

For Course Description see page 5.

Note: Students cannot miss the first class or they will not be able to take the course.

11:00 AM -12:30 PM **Thursdays** **Begins: 2/6** **Ends: 3/12**
Six sessions **Members \$90** **Non-Members \$100**

Note: This course starts in the Winter Term and continues for two sessions in the Spring Term.

WR12 **THE NATURE OF LONGBOAT KEY**
Karen Willey

For Course Description see page 27. This course is so popular we now have two sections.

11:00 AM-12:30 PM **Thursdays** **Begins: 2/6** **Ends: 2/27**
Four sessions **Members \$80** **Non-Members \$90**

WR13 **PARLEZ-VOUS FRANÇAIS? — FRENCH FOR TRAVELERS**
Betty Silberman

Why study French online with Babbel when you can learn French with Betty in person in a live classroom having fun interacting with other students? This course will focus on basic everyday expressions and travel vocabulary. With just four classes you can greatly enhance your travel experiences to French-speaking countries. Begin your adventure as a novice or use this course as a brush up of your college French.

Betty Silberman, native French and Yiddish speaker from Montreal, Canada, taught both languages at Berklee College of Music, Tufts Experimental College, and Hebrew College (all in Boston), as well as various Elderhostels. She has performed worldwide as a professional singer and actress and is a graduate of the Boston Conservatory of Music.

1:00-2:30 PM **Thursdays** **Begins: 1/9** **Ends: 1/30**
Four sessions **Members \$75** **Non-Members \$85**

THURSDAY (CONT.)

WR14 **STORIES AND STORYTELLING —** *How We Live Through Narratives* Larry Prusak

★ **NEW**

Stories are universal. They allow us to convey information and knowledge and give us a rationale for how we live and understand our own lives and the world around us. This course will have a two-fold focus; we will analyze how stories are effectively constructed, transmitted, presented and disseminated globally, and we will discuss how stories are enacted in our daily lives with our families and circle of friends and associates. Everyone loves to tell stories so students will have a chance to tell their own stories and hone their storytelling skills in an interactive atmosphere that promises to be informative and very entertaining!

Larry Prusak is a teacher and consultant who has been studying knowledge and its transmission for the past 25 years. He has taught in over 30 universities around the world, written/edited 12 books, and authored more than 50 articles relating to this subject. He is currently an adjunct lecturer in the master's degree program on information and knowledge at Columbia University.

1:00-2:30 PM **Thursdays** **Begins: 2/6** **Ends: 2/27**
Four sessions **Members \$75** **Non-Members \$85**

WR15 **ARE YOU STREAMING YET? *Cutting the Cable Cord!*** Bonnie Hammer

★ **NEW**

The technology for live streaming is getting better and better. Would you like to be in the know and stream but have absolutely no idea what streaming is? Then this class is for you! We will discuss how you too can “cut the cable cord” by streaming your favorite TV shows and movies with Netflix, Amazon Prime, Hulu, HBO Now, Movies Anywhere, Acorn TV and many more. Please bring your mobile devices — tablets, Android phones or iPads/iPhones — and password books. Don't worry if you don't have your accounts set up yet because we will be setting them up in class.

Bonnie Hammer is a computer technology instructor and consultant who has 20 years of teaching experience and has been teaching adult enrichment and lifelong learning classes in Sarasota for 10 years. She covers Macintosh and Windows computers, iPads and tablets, and all the mobile devices and their software applications, apps and operating systems. She is certified in Adobe Creative Suite, Microsoft Office Suite, Google, and social media.

1:00-3:00 PM **Thursdays** **Begins: 1/9** **Ends: 1/16**
Two sessions **Members \$50** **Non-Members \$60**

WR16 **iPHONE & iPAD — “BEYOND” BASICS PLUS** Keith S. Coker

★ **NEW**

This course is for intermediate and/or more advanced students who have a solid understanding of the basics and want to unlock even more potential of their Apple devices. It will essentially pick up where iPHONE & iPAD — BASICS PLUS left off (see pages 4 and 24) and continue to explore more of the fun and convenient features of your iOS device. We will take an in-depth look at use of the camera and Apple's Photo App, and how to take, send, receive, save, and manage your pictures and videos. We will explore how to use Maps, GPS and how to talk to our devices using Siri. This is a hands-on class — as always, please have your devices fully charged and bring your chargers just in case. Return students are welcome to review and learn more.

See Biographical Sketch on page 4.

1:00-3:00 PM **Thursdays** **Begins: 2/6** **Ends: 2/27**
Four sessions **Members \$100** **Non-Members \$110**

THURSDAY (CONT.)

WR17 THE FOREIGN FILM FEST

Gus Mollasis

Some of the most vibrant and interesting foreign films in recent years that have been shown at film festivals or have been nominated for Best Foreign Film will be viewed and discussed. Expand your vision of the world, learn about the different cultural styles of making films and enrich your understanding and appreciation of foreign films. Each film will be followed by an insightful and stimulating group discussion.

See Biographical Sketch on page 2.

2:00-5:00 PM
Four sessions

Thursdays
Members \$75

Begins: 1/9
Non-Members

Ends: 1/30
\$85

WR18 JEWISH/ISRAELI FILM FESTIVAL

Susan Goldfarb and Special Guest Facilitators

We will view exceptional, award-winning, quality films and explore a variety of Jewish themes which touch the Jewish heart yet are universal in nature. Cultural diversity, Jewish history, Jewish identity and how the movies reflect and affect the Jewish/Israeli experience will be the subject of lively discussions afterwards. This season we will have a very special movie to kick off our festival called *Zuzana: Music Is Life*, sponsored by the Viktor Kalabis & Zuzana Ruzickova Foundation. Ruzickova, who died recently, was a Czech harpsichordist who survived four concentration camps (including Auschwitz and Bergen-Belsen) to become one of the leading harpsichordists and teachers of her era. Her story is remarkable. To make this an even more exceptional program, Mark Kroll (see biographical sketch on page 21), colleague of Zuzana, and his wife Carol Lieberman, virtuoso violinist, will perform *Sonata for Violin and Piano*, composed by Zuzana's husband Viktor Kalabis, after the film. New movies are chosen every year. Register early. This is a popular course!

Susan Goldfarb, executive director of The Longboat Key Education Center since 1997, holds an Honors BA in English literature from York University, Toronto, Canada, and diplomas from the Alliance Française in Paris, France; The Royal Conservatory of Music in Toronto, piano; and The University of Toronto, theatre technology. She was the marketing and public relations director for the Sarasota Ballet from 1994-1997.

2:00-5:00 PM
Six sessions

Thursdays
Members \$100

Begins: 2/6
Non-Members \$110

Ends: 3/12

Note: This course starts in the Winter Term and ends two weeks into the Spring Term.

WR19 WAR AND THE SILVER SCREEN

George Stassa, M.D.

★ **NEW**

America has been at war almost constantly since movies have existed. Our memories and awareness have been modified by war movies often more concretely than the reality of events. WWI, WWII, the Cold War, The Korean War, Vietnam War, and the War on Terror have been portrayed and modified by such films as *All Quiet on the Western Front*, *Apocalypse Now*, *The Hurt Locker*, *Paths of Glory* and *Casablanca*, to name a few, that reflected the attitudes when they were made rather than accuracy of the events of the time. We will explore those attitudes and the discrepancies they created for fascinating insights.

See Biographical Sketch on page 21.

3:00-4:30 PM
Four sessions

Thursdays
Members \$75

Begins: 1/9
Non-Members \$85

Ends: 1/30

THURSDAY (CONT.)

WR20 BUSH FATHER AND SON: *The Presidential Family of War* ★ **NEW** *Allan B. Schwartz, M.D.*

This course will compare and contrast the two President Bushes: the father, George “HW” and the son, George “W”; #41 vs #43. How were their military and political careers influenced by their family’s legacy of military service and political service? Both had war in Iraq — did their family background influence the oil industry or did the oil industry influence the Bushes and the U.S. presidency? Who were the Middle East contacts in Saudi, Iraq and Iran, and what role did Dick Cheney play in both presidencies as secretary of defense and vice-president? The father and son’s secret illnesses will also be discussed for even more interesting insights into these two presidents.

Dr. Allan B. Schwartz, Professor of Medicine, Drexel University College of Medicine, Philadelphia, PA, has conducted 180 regional and national continuing medical education seminars, has published two textbooks, 22 chapters, and 88 research articles predominantly in hypertension, cardiovascular diseases and kidney disorders. He was vice chair of medicine, director of internal medical residency and continuing medical education. Dr. Schwartz has received numerous Outstanding Clinician and Outstanding Teacher awards at Hahnemann and Drexel. His recent courses and published series include world leaders and U.S. presidents’ secret illnesses, history, politics and wars.

3:00-4:30 PM **Thursdays** **Begins: 1/23** **Ends: 1/30**
Two sessions **Members \$40** **Non-Members \$45**

WR21 THE GILDED AGE ★ **NEW** *George Stassa, M.D.*

The Gilded Age is defined as the time between the Civil War and World War I during which the U.S. population and economy grew quickly. It is easy to caricature the Gilded Age as an era of corruption, conspicuous consumption, and unfettered capitalism. Gilded was not golden; it was something else. It was the shiny exterior and rot underneath. We will examine and compare the Gilded Age with early 21st century America, focusing on wealth, inequality, protectionism, tax breaks and Populist movements.

See Biographical Sketch page 21.

3:00-4:30 PM **Thursdays** **Begins: 2/6** **Ends: 2/27**
Four sessions **Members \$75** **Non-Members \$85**

WR22 TEXTING AND TWEETING ★ **NEW** *Bonnie Hammer*

Want to know what tweeting, twittering, hashtags, and mentions are? Is your text an iMessage (iPhone users) or an SMS? Find out the answers to these questions and more in this two-session course that teaches you how to get up-to-the-minute news and how to write your first tweet in 140 characters or less. You’ll discover the ins and outs of Twitter and find out 11 ways to send a text. If all you have been doing is tap typing a traditional text, then you are in for a big surprise and a fun time. Texts and tweets can now contain digital images, videos, and sound, as well as emoji and other amusing icons. Bring your iPad, iPhone or Android mobile device charged and ready to play, along with your password booklets.

See Biographical Sketch on page 32.

3:15-5:15 PM **Thursdays** **Begins: 1/9** **Ends: 1/16**
Two sessions **Members \$50** **Non-Members \$60**

THURSDAY (CONT.)

WW23 **iPHONE & iPAD — A REVIEW OF BASICS PLUS AND BEYOND BASICS PLUS**

★ **NEW**

Keith S. Coker

This course is a catch-all and review for everyone who either has recently taken Keith's BEYOND BASICS PLUS (see page 32) and/or BASICS PLUS (see pages 4, 24). We will continue to explore more of the fun and convenient features of your iOS device and learn about some of the Apps not covered in previous classes including: Notes, Home, Wallet & Apple Pay, Health, Weather and News & Tips; as well as looking at iBooks and Bluetooth and downloading the corresponding manual for your iOS devices. Finally, we will tie it all together so you can access all of the controls and features you have learned with Siri. This is a hands-on class — as always, please have your devices fully charged or bring your chargers! Return students are welcome to review and learn more!

See Biographical Sketch on page 4.

3:15-5:15 PM
Four sessions

Thursdays
Members \$100

Begins: 2/6
Non-Members \$110

Ends: 2/27

..... *Back By Popular Demand*

Two Jazz Nights – Save the dates for these fabulous concerts

NEW ORLEANS JAZZ

Kid Dutch and his exceptional guest jazz artists

Thursday, January 23, 8-10 PM

Thursday, February 27, 8-10 PM

First come, first served – \$20 per person donation at the door. Cash or check.

FRIDAY

WF1 **QIGONG FOR HEALTH & VITALITY**

Nancy Saum

Qigong is an ancient self-care practice from Traditional Chinese Medicine, sometimes described as “Chinese yoga.” Students will practice breathing, meditation (both moving and still), and self-applied massage. These mind-body practices are simple and relaxing, even when practiced for the very first time. Qigong helps increase flexibility, balance and endurance, and also helps improve immune function, sleep, mood, and stress management. All fitness levels will enjoy and benefit. Wear exercise clothing.

See Biographical Sketch on page 19.

9:00-10:00 AM
Eight sessions

Fridays
Members \$88

Begins: 1/10
Non-Members \$104

Ends: 2/28

FRIDAY (CONT.)

WF2 LEADERSHIP IN TURBULENT TIMES

★ **NEW**

Edward J. Dwyer, Ph.D.

Doris Kearns Goodwin's bestseller, *Leadership in Turbulent Times*, examines the leadership styles of Abraham Lincoln, Teddy Roosevelt, Franklin D. Roosevelt and Lyndon Johnson and the adversities they overcame. The comparisons to what we are experiencing today are chilling and thought-provoking. Please purchase the book and come to the first class having read through page 94. Participation is always encouraged.

See Biographical Sketch on page 7.

9:00-10:30 AM
Four sessions

Fridays
Members \$75

Begins: 1/10
Non-Members \$85

Ends: 1/31

WF3 THE WORLD'S GREATEST ESSAYS

★ **NEW**

Edward J. Dwyer, Ph.D.

This course will examine the essay: a piece of writing which attempts an in-depth investigation of peculiar and particular things. Participants should secure their own copies of the essays. All essays are available online. Come to the first class having read "What Came Before the Big Bang?" by Alan Lightman and "Dumbstruck" by Annie Dillard. We will discuss "The Life of Irony" by Randolph Bourne and "The Other Steve Harvey" by Steven Harvey in our second meeting. Enjoy discussing these noteworthy essays in a participant-friendly atmosphere.

See Biographical Sketch on page 7.

9:00-10:30 AM
Two sessions

Fridays
Members \$40

Begins: 2/7
Non-Members \$45

Ends: 2/14

WF4 MORNING FORUMS — *With Guest Facilitators*

★ **NEW**

Stanley Kolodkin, Coordinator

These morning forums will provide the opportunity for lively, informal discussions about important social, moral and political issues. The facilitators are instructors from our various courses this season or in the past, who will bring topics to discuss with more participation than is possible in their lecture-style formats. They will either be expanded topics from their courses or different topics entirely that fall within their field of expertise. Stanley Kolodkin, who has been teaching Breakfast Forums since 2005 (!!), and still teaches his popular Breakfast Forums in January on Thursdays (see page 26), will coordinate the facilitators and advise students of the lineup before the first class.

See Biographical Sketch for Stanley Kolodkin on page 26.

9:00-10:30 AM
Four sessions

Fridays
Members \$75

Begins: 2/7
Non-Members \$85

Ends: 2/28

FRIDAY (CONT.)

WF5

1945 WAS QUITE A YEAR!

★ **NEW**

Bud Livingston

Two world leaders died in 1945, Adolph Hitler by suicide, and FDR from high blood pressure. Harry Truman, the little-known Missouri senator, became president and made the still controversial decision to drop the atomic bomb and end the war in the Pacific. World War II came to an end in 1945 when German armies surrendered in May and Japanese forces in August. The United Nations was chartered and 11 million men who had served, took off their uniforms. Many of them went to college and got lenient terms on their mortgages under the new G.I. Bill, something that transformed America forever. And there is plenty more that happened in 1945 that will be reviewed and commented upon.

Bud Livingston obtained his MA in history from Queens College. He has taught and lectured at various adult education programs in New York and many other locations. He is past president and past vice-president of the Civil War Round Table of New York and author of the book Brooklyn and the Civil War. He focuses on sports and history, the Civil War and World War II.

9:00-10:30 AM

Fridays

Begins: 2/21

Ends: 2/28

Two sessions

Members \$40

Non-Members \$45

WF6

OPERA PREVIEWS

Phillip Gainsley

Phil Gainsley will provide a music and dramatic analysis of four great love stories, all of which are being performed by the Sarasota Opera for its 2019-2020 season. Operas in order of discussion include: Puccini's *La Boheme*, Gounod's *Romeo et Juliette*, Donizetti's *L'elisir d'amore*, and Catalani's *La Wally*. Phil is noted for his extraordinarily thorough and enjoyable presentations.

Phillip Gainsley has been a national speaker on opera and music theater for over 35 years. He was a regular guest on the Metropolitan Opera Quiz, heard during the Saturday afternoon Met Opera radio broadcasts, for 30 years. Phil hosts pre-concert discussions for the Minnesota Orchestra and Sarasota Orchestra. He also writes performance reviews for Opera News and is a speaker for the Metropolitan Opera Guild.

11:00 AM-12:30 PM

Fridays

Begins 1/10

Ends: 1/31

Four sessions

Members \$75

Non-Members \$85

WF7

SHORT STORIES IN THE HEBREW BIBLE

★ **NEW**

Rachel Zohar Dulin, Ph.D.

The biblical writers left us a legacy of short stories based on folklore. These stories served their agenda and enhanced the biblical message. For us, the stories open a window to the ancient culture of Israel. We will examine a few stories to better understand the Text and it's perspective. Stories will include: Rebekah and Isaac (Genesis 24), Avimelekh-Gideon's son (Judges 9), The Concubine in Givah (Judges 19-20) David, Nabal and Abigail (1 Samuel 25) and others if time permits.

Dr. Rachel Zohar Dulin was born in Israel and served in the Israeli army as a teacher, subsequently being sent by the Jewish Agency to teach in the U.S. She received her Ph.D. in religious and theological studies from Northwestern University, Evanston, IL, and has been a professor of Hebrew and Bible at Spertus College of Judaica since 1970 and an adjunct professor of Hebrew and Bible at New College of Florida since 2010. She has taught adult education for over 45 years and lectured extensively on biblical literature.

11:00 AM-12:30 PM

Fridays

Begins: 1/10

Ends: 1/31

Four sessions

Members \$75

Non-Members \$85

FRIDAY (CONT.)

WF8 THE WOMEN'S CIRCLE

Patricia Werlau and Billie Dawson

This circle of women will give everyone an opportunity to discuss a variety of issues and topics that will be brought to the gathering either by Patricia or Billie, as well as suggestions from the group, to inspire insightful and thought-provoking discussions. Women will enjoy friendly interaction and helpful support for personal growth and increased awareness. Guest speakers will also be invited to give interesting presentations on various topics of the day. Join us and make new friends, share, and learn in a supportive group.

Patricia Werlau has a master's degree in social work and has been a social worker for over 40 years practicing in the field of geriatric care management. She was employed as a social work director in a community hospital for 25 years and owned a non-medical home care business for 12 years. She has been a facilitator for a similar group in New York for the past five years helping women live healthier, happier lives.

Billie Dawson is a social work assistant who also worked as director of residential services at the Ithaca Housing Authority in Ithaca, NY. Among other things, she facilitated support groups for senior citizens in residence there.

11:00 AM-12:30 PM **Fridays** **Begins: 1/10** **Ends: 2/28**
Eight sessions **Members \$120** **Non-Members \$130**

WF9 INTELLIGENCE FOR THE PRESIDENT

★ **NEW**

John Rixse

Perhaps the most important role of the CIA and the Director of National Intelligence is to make sure the president and the National Security Council (NSC) have the best possible information to make critical national security decisions. The purpose of these two talks is to understand why intelligence is important and the process by which it is provided to the president and NSC. This includes how intelligence is gathered and assembled, who is involved and how it is presented (e.g., memos, assessments, briefings, etc.), with an emphasis on the key role of the analyst and importance of sources. How this process, beginning with President Truman, has evolved over the years will also be addressed.

John Rixse was a senior official in both the Intelligence Community and Department of Defense (DoD). He has served on the National Security Council Staff, as the special assistant to the secretary and deputy secretary of defense, and as the deputy assistant secretary of defense for Europe and NATO. At CIA he was, among other assignments, responsible for current intelligence, including the President's Daily Brief. He dealt with intelligence policy matters while assigned to the National Reconnaissance Office (NRO). He holds degrees from Yale College and The Fletcher School of Law and Diplomacy.

11:00 AM-12:30 PM **Fridays** **Begins: 2/7** **Ends: 2/14**
Two sessions **Members \$40** **Non-Members \$45**

FRIDAY (CONT.)

WF10 THE POWER OF TRUTH — *Satyagraha* AND WISDOM — *Pragyagraha*

★ NEW

Dilip Mathur

This course will be divided into two parts. The first two weeks will examine truth and the second two weeks will explore wisdom.

The Power of Truth- What is the power of truth and how can we develop it? In these tumultuous times, when we are flooded with information, how do we sift out the important and true, and combat lies? Mahatma Gandhi used satyagraha (Sanskrit for the power of truth) to win independence for India. Martin Luther King adapted it for his Civil Rights Movement and Socrates, the great philosopher, understood the power of truth. We will study the concepts of satyagraha and learn to develop our own truth power through time proven techniques such as thought experiments, and new ones such as bias cancelling, perspective shifting, and salience framing. We will cover the difference between argument winning and truth seeking and discuss real life stories of successes in speaking truth to power.

The Power of Wisdom- What is wisdom and how is it different from knowledge? Why are wise people happy people? We will learn the dimensions of wisdom, pragyagraha in Sanskrit, and its importance in living a fulfilling personal life, and in society. The use of fables and sayings in wisdom transmission through history in different cultures will be explored. Wisdom is needed to overcome our urgent planetary challenges. Wisdom basics for group action as well as practical wisdom principles to use every day will be discussed.

Dilip Mathur is a frequent speaker and workshop leader on topics related to wisdom and happiness. He taught the Wisdom of Vedanta course at the Chinmaya Center in Boston for 13 years. An MIT alumnus, he has been a CEO, and the architect of businesses that have created over 50,000 jobs for disadvantaged people, particularly village women.

11:00 AM-12:30 PM **Fridays** **Begins: 2/7** **Ends: 2/28**
Four sessions **Members \$75** **Non-Members \$85**

WF11 STEPPING INTO THE DYNAMIC WORLD OF CONTEMPORARY DANCE

★ NEW

Laurence Siegel

This two-session presentation explores the origins and evolution of contemporary dance. We'll begin with its birth in the cauldron of change and turmoil of the early 20th century. Using archival film and articles, we'll watch and discuss the early innovators such as Diaghilev and the Ballet Russes, Isadora Duncan and Martha Graham and the controversies that surrounded the launch of the form. Moving through the century we'll view works of choreographers from established international companies such as Parsons Dance, Crystal Pite's Kidd Pivot and Campagne Marie Chouinard. We'll investigate the work of companies and choreographers of diverse cultural backgrounds including Novadance who have synthesized traditional and contemporary modes to create uniquely innovative dance repertoires. And finally, we'll look at the recent interface of dance with film to produce a new form known as screen dance. This promises to be a revealing and moving experience.

Laurence Siegel has had an extensive career in the arts since the 1970s. He has worked in radio and television, arts education, arts management and consulting and photography. Since 2009 Mr. Siegel has been producing and directing dance on film.

11:00 AM-12:30 PM **Fridays** **Begins: 2/21** **Ends: 2/28**
Two sessions **Members \$40** **Non-Members \$45**

FRIDAY (CONT.)

WF12 WHAT'S IT WORTH?

★ NEW

Andrew Ford

How are valuables assessed, bought and sold in the fine art and antiques business? Are you curious about the value of a family heirloom or a piece of artwork that you own and would like to restore, consign or sell? Do you know how to pick up valuable items at an estate auction? Have you ever been to one? They are great fun. Andrew Ford has a rich, diverse history to share with you about “what something is worth.” His life’s passion is assessing fine art and antiques. Not only does he own Sarasota Trading Company, which specializes in a wide variety of furniture, antiques, fine art, lighting, sculptures, and collectibles but he also owns and operates Sarasota Estate Auction which reaches international audiences and showcases unique and outstanding items in dozens of categories. In this course you will be able to learn all the tricks of the “trade,” as well as ask questions and have fun!

Andrew Ford, in addition to owning Sarasota Trading Company and Sarasota Estate Auction, owns Ford Art & Antiques and hosts “What’s It Worth,” seen monthly on Facebook Live.

1:00-2:30 PM
Two sessions

Fridays
Members \$40

Begins: 1/10
Non-Members \$45

Ends: 1/17

WF13 MOVING TO A FINITE EARTH ECONOMY

★ NEW

David Houle

This two-part course is based upon David Houle’s Ebook trilogy, print book and audio books of the same name. It is time that growth economies — the fundamental cause of climate change — move to completely finite earth economies, and by 2030. Putting humanity and earth 1st is what the global economy must do if we want something resembling civilization by 2100. Most climate change presentations that you have seen are usually by a climate scientist, an activist or an eco-entrepreneur. As a futurist, Houle brings an entirely different view about facing climate change and the growing wealth inequality of capitalism, a 225-year old economic reality that needs to radically change in the next 10 years. For those who have enjoyed Houle’s presentations about the next 20 years this is a must attend! For more information and to watch Houle’s TEDx talk on the topic please visit <https://finiteearththeconomy.com>. David Houle will be also presenting a two-part series titled “The New Health Age in the 21st Century” in February. See page 23.

See Biographical Sketch on page 23.

1:00-2:30 PM
Two sessions

Fridays
Members \$40

Begins: 1/10
Non-Members \$45

Ends: 1/17

WF14 OPTIMIZE YOUR HEALTH THROUGH EPIGENETICS —

★ NEW

How To Make Your Genes Work For You

Tracy Gapin, M.D., FACS

Research has proven that lifestyle choices can turn on and off certain genes. This is the science of epigenetics. Dr. Tracy Gapin will share scientifically proven health techniques and technology tools to help you create an individualized plan to optimize your health and unlock your full potential. This approach, based on your unique genetic blueprint, is called precision medicine — the future of healthcare.

Dr. Tracy Gapin is a board certified urologist in Sarasota, a men’s optimization expert and medical director of Sarasota Apeiron Center for Human Potential. He is the founder of Smart Men’s Health, www.SmartMensHealth.com

1:00-2:30 PM
Two sessions

Fridays
Members \$40

Begins: 1/24
Non-Members \$45

Ends: 1/31

FRIDAY (CONT.)

WF15 INTERMEDIATE BRIDGE I

Larry Auerbach

This course is for players with basic knowledge of the game. More complex bridge concepts will be considered. Classes will cover opening leads, concentrating on standard American conventions and touching on more advanced conventions.

See Biographical Sketch on page 1.

1:00-2:30 PM
Eight sessions

Fridays
Members \$115

Begins: 1/10
Non-Members \$125

Ends: 2/28

WF16 MAKING MAGIC: JEWISH COMPOSERS SHAPING AMERICAN MUSICALS — Jerry Herman & Stephen Sondheim

★ **NEW**

Susan Benjamin

Jerry Herman and Stephen Sondheim changed the Broadway musical landscape in the second half of the 20th century. Jerry Herman, the master of the hummable show tune, composed show-stopping numbers in *Hello Dolly*, *Mame*, *La Cage Aux Folles*, and other productions. From Stephen Sondheim's early, musical theater days, as the lyricist for *West Side Story* and *Gypsy*, to serving as the composer and lyricist for *A Funny Thing Happened on the Way to the Forum*, *Company*, *Follies*, *A Little Night Music* and others, his originality and genius shine through. This program features personal life stories of each composer, in addition to examples of Herman's and Sondheim's unbridled creativity.

Susan Benjamin, musical biographer, served as an Illinois public high school teacher and school administrator for 35 years. She is the recipient of the Lifetime Writer Award (Conference on English Leadership) and the John Heissler Award for Excellence in English. Susan has written over 68 programs and presents musical biographies at 44 venues in the Chicago area.

1:00-2:15 PM
Two sessions

Fridays
Members \$40

Begins: 1/24
Non-Members \$45

Ends: 1/31

WF17 THE KEYBOARD VIRTUOSO: *Four Centuries of Showmanship*

★ **NEW**

Mark Kroll

The keyboard virtuoso appeared on the scene almost as soon as the keyboard instrument was invented, and why not? With all those keys, pedals and other mechanical devices making it possible to play a gaggle of notes, faster and louder, than just about any other performer, the temptation to show off was irresistible. This course will take us through 400 years of keyboard virtuosity, starting with the harpsichordist Frescobaldi in the 1600s, who used to astonish his friends by playing with his knuckles; visiting Bach in his organ loft (people said he could play better with his feet than most could play with their hands); and listening with awe as two centuries of piano daredevils, from Liszt to Lang Lang, do their stuff.

See Biographical Sketch on page 21.

1:00-2:30 PM
Two sessions

Fridays
Members \$40

Begins 2/7
Non-Members \$45

Ends: 2/14

FRIDAY (CONT.)

WF18 CREATIVE IMAGING WITH YOUR IPHONE CAMERA

★ NEW

Wayne Eastep

No matter if you're using the camera for snap shots of your cats and family or making artful images, it is necessary to acquire mastery of the way the iPhone camera works in order to take memorable photos. This course will help you understand the iPhone as a camera and inspire you to take your skills with the iPhone camera to new levels. The goal is to help you move beyond "auto" where the Apple algorithm decides what's best for giving you "creative control" over your photographs. You will learn how to control and use the camera much like a conventional DSLR. We'll cover shutter release, focus, camera features and settings, how to store and organize pictures, editing apps like Snapseed and Lightroom, and the creative process, helping you to understand your point of view. Everyone can look into a camera but no one can see the way you do! Wayne will also enliven his classes with examples of his work as a documentary photographer. Bring your iPhone charged and your charger. Students should have fundamental iPhone skills.

Wayne Eastep, Master Photographer, is celebrated for his fine art, commercial and documentary photography. He has traveled the globe since 1980 making award-winning photographs that have exhibited worldwide. He has been commissioned by National Geographic and the Smithsonian and by leading camera companies including Nikon, Canon, Olympus and Polaroid. Wayne also lectures at museums and universities and has published two books, one of which, The Living Seas, is the official book for the aquarium at Epcot.

1:00-3:00 PM
Four sessions

Fridays
Members \$100

Begins: 2/7
Non-Members \$110

Ends: 2/28

WF19 ANDREW LLOYD WEBBER —

★ NEW

From Musical Prodigy to Musical Theater Master

Susan Benjamin

Andrew Lloyd Webber changed the face of musical theater when he "crossed the pond" from London's West End to New York's Broadway. He perfected the "sing through" musical from *Joseph and the Amazing Technicolor Dreamcoat* to *Jesus Christ Superstar* to *Evita* to *Cats* to the most successful musical of all time, *Phantom of the Opera*, and more! This program intertwines elements of Webber's personal life with the creation of musical triumphs.

See Biographical Sketch on page 41.

1:00-2:15 PM
Two sessions

Fridays
Members \$40

Begins: 2/21
Non-Members \$45

Ends: 2/28

WF20 INTERMEDIATE BRIDGE II

Larry Auerbach

Students should have completed INTERMEDIATE BRIDGE I or its equivalent. Standard and more advanced conventions will be reviewed as well as instruction for playing of the hand and the defense.

See Biographical Sketch on page 1.

3:00-4:30 PM
Eight sessions

Fridays
Members \$115

Begins: 1/10
Non-Members \$125

Ends: 2/28

FRIDAY PERFORMING ARTS PROGRAMS

at The Longboat Key Education Center

THEATRE SHOWCASE

Innovative, captivating, compelling performances!

FRIDAY, FEBRUARY 7 3 - 4:45 PM

PAF1 THE BOYS IN AUTUMN — A Play by Bernard Sabath

Alan Kitty and Preston Boyd

Ever wonder what happened to a close friend from childhood? Tom Sawyer vanished at age 15 for 55 years before returning to his Missouri roots to set things right with old Huck, but redemption “don’t come easy.” This bittersweet play of wit and charm has been produced on both U.S. coasts and abroad. It stars actor, musician and drama teacher Preston Boyd as Huck Finn, and actor, Mark Twain scholar, and historian Alan Kitty, as Tom Sawyer. Q and A will follow.

FRIDAY, FEBRUARY 14 3 - 4:15 PM

PAF2 DOME — A Short Play by James Kassees

This hilarious farce takes a look at present day political shenanigans but sets the plot in ancient Rome. Actors David Meyersburg, Tom Aposporos, Tami Vaughan, and Dylan Jones, under the direction of Preston Boyd, present this laugh-filled play that was a big hit at Theatre Odyssey in Sarasota last season. The playwright and director will host a talkback reflecting on current political issues that resound in the silliness of the script.

FRIDAY, FEBRUARY 21 3 - 4:15 PM

PAF3 FINE AND DANDY: *The Story of George Gershwin and Kay Swift*

Sandra Moulin — storyteller, musician, public speaker

Sandra Moulin becomes Kay Swift, the talented female musician who played a major role in the composer’s very short life. Sandra will educate and entertain with familiar Gershwin favorites on the baby grand piano. Q and A will follow.

IN THE SPOTLIGHT

This musical concert will lift your spirits!

FRIDAY, JANUARY 31 3 - 4:15 PM

PAF4 WOMEN OF VALOR—*From the Bible, the Torah and Beyond*

Rosalie Leon, Jewish music specialist, musician, singer and entertainer

Rosalie will tell stories and sing songs (with guitar) related to Jewish women in history who were creative, heroic, and talented, including Debbie Friedman, Emma Lazarus, Naomi Shemer, Hannah Arendt, and Golda Meir to name a few, that relate to their history and to the strength of the human spirit. Some of the songs are in Hebrew and Yiddish (with English translations), with a few surprises! Melodious, haunting, uplifting.

FRIDAY, MARCH 6 3 - 4:30 PM

PAF5 MUSIC THROUGH THE DECADES

David S. Polansky, career musician, educator, and lecturer

David will play an eclectic compilation of songs that were all inspired by major world events (e.g. the advent of the automobile, radio, World Wars I and II). If you’ve attended any of the last four “sold-out” shows he presented here, you’ll know that his exciting trumpet solos, warm voice, great piano harmonizations and genuine connection with his audience put a big smile on everyone’s face.

Per Performance: Members \$20 Non-Members \$25

Registration is required for all performances.

Use the registration card provided in the center of the brochure or call (941) 383-8811.

FRIDAY PERFORMING ARTS SERIES (CONT.)
at The Longboat Key Education Center

FRIDAY AT FIVE

*Enjoy great music in an intimate setting with amazing artists
who will play and sing and interact with the audience.*

Wine, champagne, and Happy Hour nibbles included in the price!

FRIDAY, JANUARY 17 5 - 6:30 PM

PAF6

THE THOMAS CARABASI NEW JAZZ STANDARDS QUINTET

*Thomas Carabasi, drums; James Suggs, trumpet; Jeremy Carter, saxophone;
John O'Leary, piano; Alejandro Arenas, bass*

This quintet features some of the finest jazz musicians in the Tampa Bay/Sarasota area. The group reinterprets many of the jazz classics with a contemporary flair as well as some of the lesser-known compositions by jazz giants such as Charles Mingus, Antonio Carlos Jobim, George Gershwin and others. Join us for a splendid jazz concert!

FRIDAY, FEBRUARY 28 5 - 6:00 PM

PAF7

WESTCOAST BLACK THEATRE TROUPE — THE HARLEM RENAISSANCE

WBTT Performers

Members of the WBTT will take you back to the streets of Harlem with a celebration of the history, song and poetry of the Harlem Renaissance. Nate Jacobs, WBTT founder and artistic director, will create a new 45-minute performance that draws you into the world of Harlem luminaries like Duke Ellington, Louis Armstrong, Langston Hughes, Fats Waller, Cab Calloway, Zora Neal Hurston and others. Westcoast Black Theatre Troupe has become one of the most popular theatre groups in town with sold out shows and rave reviews every season. You can't miss this extraordinary show! We sold out in a week last season with their history of Motown show!

Sponsored by Sy and Shelley Goldblatt

Per Performance: Members \$25 Non-Members \$30

Registration is required for all performances.

Use the registration card provided in the center of the brochure or call (941) 383-8811.

— **SATURDAY WINTER DAYTRIP** —

WDT

THE BAKER MUSEUM AND DOWNTOWN GALLERIES IN NAPLES

Enjoy A Day Of Art with Art Historian and Lecturer Kevin Costello

We will visit the newly repaired, expanded and renovated Baker Museum, which is part of the Artis — Naples campus. The Baker Museum is one of the foremost fine art museums in Southwest Florida, emphasizing modern and contemporary art. You will view iconic works from the permanent collection which includes a broad spectrum of artists and diverse media featuring artists such as Diego Rivera, Alexander Calder and Lichtenstein. Traveling exhibits will include French masterworks from the Impressionist period. The museum also has a newly created sculpture exhibition featuring interactive sculptures that will be exciting to see. We will enjoy lunch at a select restaurant in downtown Naples and visit a few of Kevin's favorite galleries nearby on Broad Avenue afterwards. **The bus departs promptly from the Centre Shops parking lot at 8:15 AM.** Your price includes lunch, tour guide, museum/gallery admissions, and driver gratuity. Our Daytrips always sell out, so register early!

8:15 AM-5:00 PM

One trip

Saturday, February 1

Members \$85

Non-Members \$95

SATURDAY

WS1 CHAIR YOGA *Angelena Craig*

For Course Description see page 3.

10:00-11:00 AM
Eight sessions

Saturdays
Members \$88

Begins: 1/11 **Ends: 2/29**
Non-Members \$104

WS2 MIXED MEDIA — OPEN STUDIO *Danielle Glaysher*

★ **NEW**

Are you a novice who has never done any artwork but would like to start an art project? Are you working on a painting or collage and would like some guidance? Maybe you just want to be inspired to have the experience of making art. This open studio will give you the opportunity to create new art, complete a work in progress and/or try new materials and learn how to use them. Danielle will suggest projects and bring some starter materials for those who aren't sure what they want to do. Or bring past artworks for a critique. Come and enjoy a creative afternoon in a motivating atmosphere that will help nourish the inner artist in you!

Danielle Glaysher is a graduate from the Ringling College of Art and Design. She is a professional artist and has taught in the continuing education programs at Ringling and currently teaches at the Sarasota Bay Club. Danielle's sculptural artwork can be seen at various public parks in Sarasota and she shows her mixed media at The Island Gallery in Venice, Fl and the ESP Gallery in Chelsea, New York.

1:30-3:30 PM
Six sessions

Saturdays
Members \$150

Begins: 1/18 **Ends: 2/22**
Non-Members \$160

Note: Classes can be pro-rated if space permits.

SATURDAY WINTER WORKSHOPS ALL NEW

WWK1 HOW YOU CAN REGULATE YOUR NERVOUS SYSTEM — ★ **NEW** *Gain Freedom and Power in Your Mind and Body!* *Anne Ferrier*

We are born wired to connect. How we move through the world — turning toward, backing away, sometimes connecting and other times isolating — is guided by our autonomic nervous system, constantly asking the question: "Is this safe?" Being able to accurately assess the state of our autonomic nervous system and effectively change it to fit our needs better is a "super" skill and the goal of this workshop. You will learn: the role of the autonomic nervous system in your daily life; explore how it shapes your behaviors; expand your ability to understand and navigate the effect on your body and mind; and increase your ability to spend more time in a safe internal space.

Anne Ferrier holds a master's degree in clinical psychology from the Vrije University in Amsterdam, the Netherlands. She brings more than 25 years of experience as a global executive coach, diversity consultant, workshop presenter, and cultural psychologist. During this time, Anne has worked in the field of human change and development in South America, Europe and the U.S.

10:00 AM-12:00

Saturday, January 11
Members \$30

Non-Members \$35

SATURDAY WINTER WORKSHOPS ALL NEW (CONT.)

WWK2 ARTHRITIS — *It's Not Just One Disease!*

Alan S. Fischman, MD

Over 40 million people in the U.S. suffer the pain and disability of some form of arthritis, and there are over 100! Osteoarthritis, the most common form, and other common forms of the disease, including rheumatoid arthritis, psoriatic arthritis, fibromyalgia, and gout, will be discussed by Dr. Fischman in this informative workshop. He will cover the signs and symptoms of the diseases, their differences, possible causes, as well as the current treatments. This will also include a discussion and update of some of the newer and even controversial treatments in 2020. Questions will be addressed.

Dr. Alan Fischman practiced rheumatology in New York for 34 years. He earned his MD at New York Medical College and did his clinical training at NYU Medical Center, followed by his fellowship in rheumatology at The University of Connecticut. He has served on the board of the Hudson Valley Arthritis Committee as well as being a clinical instructor at New York Medical College. He has lectured extensively on osteoarthritis, rheumatoid arthritis, psoriatic arthritis, systemic lupus erythematosus, scleroderma, and gout.

10:00 AM-12:00

Saturday, January 18

Members \$30

Non-Members \$35

WWK3 COMPOSITION IN PHOTOGRAPHY

Ken Strothman

Composition can make or break a photograph. Paying attention to the whole frame, and looking for a balance of the elements in your images, will result in better photographs. The “Rule of Thirds” along with other compositional elements will be discussed as well as a brief conversation about the craft of photography. Understanding the capabilities and limits of your camera is important in order to get the best results. This workshop is for people looking to improve their photography, whether it be for travel or casual photographs of friends and family.

Ken Strothman has been working in photography since high school. Among other jobs and positions, he was head photographer of the Indian University Art Museum. In Sarasota, he just recently retired after 20 years at the Ringling College of Art and Design. While at Ringling, he was an integral part of the photography and imaging department, where he oversaw the department's studios, classrooms and digital printing equipment and supported both faculty and students.

10:00 AM-12:00

Saturday, January 25

Members \$30

Non-Members \$35

WWK4 FISHING IN OUR LOCAL WATERS — *A Focus On Inshore Flats Fishing*

Captain Bucky Goldman

For Course Description see page 6.

10:00 AM-12:00

Saturday, February 1

Members \$30

Non-Members \$35

SATURDAY WINTER WORKSHOPS ALL NEW (CONT.)

WWK5 POWER OF JOY: *Anandagraha Workshop*

Dilip Mathur

Why have humans evolved to laugh and experience joy? What is the nature of this gift we have been given and how can we fully use it in daily life to flourish and live a happy life of noble achievement? We will see how the power of joy (anandagraha in Sanskrit) can be cultivated and how it has been used by famous people. Laughter and joy have healing power, disarm conflict, and create harmony. This fun workshop uses jokes, cartoons, and exercises. Laugh your way to learning and experience a joyful morning. See Dilip's course starting February 7, The Power of Truth and Wisdom on page 39.

See Biographical Sketch on page 39.

10:00 AM-12:00 **Saturday, February 1**
Members \$30 **Non-Members \$35**

WWK6 YI JIN JING – QIGONG WORKSHOP

Nancy Saum

Join Nancy Saum, our popular qigong instructor, in this introduction to the modern version of the twelve traditional routines of Yi Jin Jing, which feature soft, extended, even movements that invigorate the limbs and internal organs. Yi Jin Jing can help your body become stronger, more resilient and more flexible. It works on both physical and emotional levels simultaneously enhancing your potential to move through the world with greater confidence and compassion.

See Biographical Sketch on page 19.

1:00-3:00 PM **Saturday, February 8**
Members \$30 **Non-Members \$35**

WWK7 CONSCIOUS CULTURAL TRAVEL

Wayne Eastep and Anne Ferrier

You've traveled looking at landscapes, monuments, street scenes and people. Are you ready to go beyond traveling as a tourist and become a conscious cultural traveler? In this workshop you will be introduced to a new way of travel — seeing, connecting, and expanding your ability to experience the authentic culture of a people. The presentation is a mix of photography and ideas for personal expansion; discovering the inner eye, the lens of our heart. Documentary photographer Wayne Eastep will show images that he has made while photographing in Kyoto, Iceland, Saudi Arabia, and Kazakhstan. Cultural psychologist Anne Ferrier will join Wayne and the two will discuss how you can learn to travel and see places and people from the inside out. Being a cultural explorer and observer will enhance your travels and enrich your life. Travelers with or without camera in hand will enjoy this unique approach to travel. This workshop will change your future travel experiences forever.

See Biographical Sketch for Wayne Eastep on page 42 and for Anne Ferrier on page 45.

10:00 AM-12:00 **Saturday, February 29**
Members \$30 **Non-Members \$35**

SATURDAY WINTER WORKSHOPS (CONT.)

THE ART OF AGING WELL

Anti-Aging Workshops

WWK8 ANGELENA'S TOP TEN TIPS FOR EMBRACING AGING

Angelena Craig

As a young octogenarian, our popular and forever vibrant chair yoga teacher has ten top practical tips to share for growing old while staying young. The workshop will be conducted in a discussion format and will include some introductory chair yoga warmups. Angelena maintains that through staying in charge of our health, practicing self-care, and remaining curious we can, more than ever, move into our authentic selves. For those attending Angelena's chair yoga class from 10-11, there are on-site restaurants to enjoy after class and before the workshop.

See Biographical Sketch on page 3.

12:30-2:30 PM

Saturday, January 18

Members \$30

Non-Members \$35

WWK9 LIVE LONGER, STAY YOUNGER, WITH BETTER FOOD CHOICES

Shyamala Badrinath

Go to the kitchen instead of your doctor! But make good choices. Food in America has changed in the last 50 years and can contribute to chronic inflammation in our bodies. This workshop is designed to make students aware of the essential aspects of nutrition, which has a profound impact on our emotional, mental, and physical well-being. Reading materials and brochures will be given out and Shyamala will cook a wonderful, light, nutritious lunch for everyone to enjoy! Her dishes are delicious and based on healthy spices and herbs from her Indian tradition. Price of the workshop includes lunch.

Dr. Shyamala Badrinath is an anesthesiologist at Rush University Medical Center and retired medical director of Rush Surgery Center. She has a great love for cooking and has taken many courses. Her primary focus is on nutrition and the prevention of diseases. "Let food be thy medicine and medicine be thy food," said Hippocrates, and so says Shyamala.

10:00 AM-12:30 PM

Saturday, February 15

Members \$35

Non-Members \$40

WWK10 WRINKLES DON'T HURT — *Aging Mindfully*

Ruth Fishel

Aging can be a time of limitless opportunities or merely a time of limits and losses. The choice is ours. In this workshop you will learn how our thoughts play a large part in how we feel and how meditation and mindfulness can give our lives a new purpose. You will go home with a set of daily practices, including mindfulness, daily journaling, affirmations, sharing and setting intentions, so that you can face the challenges that come with aging and help you live a rich and meaningful life. Ruth has taught her popular mindfulness course on Wednesdays in February (see page 19), for many years at The Longboat Key Education Center.

See Biographical Sketch on page 19.

10:00 AM-12:00

Saturday, February 22

Members \$30

Non-Members \$35

SPECIAL SUNDAY SHOWCASE

WE ARE PROUD TO PRESENT A COLLABORATIVE EVENT
WITH
THE LONGBOAT KEY EDUCATION CENTER
AND
TEMPLE BETH ISRAEL



SUN1 *An Evening of Exquisite Music*

Join us for an intimate evening of wonderful music featuring the unique talents of two renowned virtuosos, **Daniel Jordan**, violinist and concertmaster of the Sarasota Orchestra, and **Solomon Eichner**, internationally recognized pianist, who will play a diverse program that includes Chopin, Rachmaninoff and Bach and the distinguished works of Jewish composers George Gershwin and Ernest Bloch as well as other Jewish masterpieces. This delightful concert will also include the much-loved theme from *Schindler's List* by John Williams and conclude with Franck's epic *Violin Sonata*. An opportunity to meet and greet the artists will follow the concert at a champagne-dessert reception. Reserve tickets now for what will be a sold-out concert!

Date: Sunday, February 9
Time: 7:30-9 PM
Location: Temple Beth Israel
567 Bay Isles Road, Longboat Key
Cost: \$40 (Members of TBI or LBK Education Center)
\$50 (Non-members)

Tickets can also be obtained by calling Temple Beth Israel, 941-383-3428.

Sponsorships are also available for this very special collaborative event. Call Isaac Azerad, executive director of Temple Beth Israel at 941-383-3428, or Susan Goldfarb, executive director of The Longboat Key Education Center, 941-383-8811. Please consider supporting two Longboat Key organizations that strive to enrich your lives with spiritual, cultural and educational programs.

OFF CAMPUS FIELD TRIPS

BEHIND THE SCENES AT WESTCOAST BLACK THEATRE TROUPE

*Sponsored by Sy and Shelley Goldblatt
and Michael and Karen Gardiner*

OC1 WBTT TOUR, TALK, ENTERTAINMENT, AND LUNCH

Join Nate Jacobs, founder and artistic director of Westcoast Black Theatre Troupe (WBTT) and his team for a behind-the-scenes tour of their campus including the newly renovated theatre building and the recently opened Education and Outreach center. You'll learn the history of WBTT, enjoy some entertainment from the Troupe and have a delicious catered lunch.

* Congregate in the WBTT theatre lobby at 10:45.

Date: Wednesday, January 15 11:00 AM-1:00 PM

Location: 1012 N. Orange Ave, Sarasota

Members: \$35 Non-Members \$40

EXCLUSIVE ENGAGEMENTS

Sponsored by Sharon and Paul Steinwachs

OC2 OPERA HIGHLIGHTS

An exclusive mixed program presented by selected singers of the Sarasota Opera will be pure delight as always! Meet Richard Russell, executive director, Greg Trupiano, director of artistic administration, and Maestro Victor DeRenzi, artistic director. A short tour (optional) of the Sarasota Opera House follows.

* Continental breakfast at 9:30 AM in the Opera House courtyard.

Date: Wednesday, January 22 9:30-11:30 AM

Location: Sarasota Opera House, 61 N. Pineapple Ave.

Members: \$20 Non-Members \$25

OC3 BURNS COURT CINEMA

See a full-length, obscure, rarely-seen, quality, award-winning film that has been chosen especially for this event and deemed to be extraordinary viewing. Expect controversial or provocative subject matter. A discussion follows, led by our popular movie teacher Gus Mollasis. Never a boring morning!

* Continental breakfast from 8:30-9:00 AM

Date: Wednesday, February 12 8:30 AM-11:15 AM

Location: Burns Court Cinema, Burns Court Lane, Sarasota

Members: \$15 Non-Members \$20

OC4 BRUNCH & BALLET

You'll be just inches away in the rehearsal studio as you watch the Sarasota Ballet rehearse with director Iain Webb for an upcoming performance. There is nothing quite like this insider view of the dance world. Afterwards, ask questions and enjoy a light brunch on the mezzanine. *Attendance is limited to 40 people!*

* Congregate in the FSU Center lobby at 10:45. We will go to rehearsal promptly at 11.

Date: Wednesday, March 4 10:45 AM-1:00 PM

Location: FSU Center for the Performing Arts, 5555 N. Tamiami Trail

Members: \$35 Non-Members \$40

Note: Participants must provide their own transportation for Exclusive Engagements. Proceeds help support the Longboat Key Education Center and the organizations we are visiting. Registration required for all field trips. Use **side one** of the registration cards provided in the brochure or visit our website, www.lbkeducationcenter.org. Or simply call 941-383-8811.

LECTURE SERIES 2020

Tuesdays 3:00-4:30 PM

TUESDAY, JANUARY 7

LS1 SUPERTALL TOWERS + GREEN CITIES

Adrian D. Smith, FAIA

Adrian Smith is one of the first American architects to design supertall buildings internationally. He is a leading expert on the advanced technology of supertall towers and their impact on cities. This talk will explore projects that have effectively reduced negative environmental impacts, while simultaneously improving the overall quality of life in the city. He will feature his major international projects including Burj Khalifa in Dubai, Jeddah Tower in Saudi Arabia, and plans for a self-sustaining satellite city in China.

Adrian D. Smith, FAIA, is an architect of international renown, having built many landmark buildings. In 2006, he founded Adrian Smith+Gordon Gill Architecture (AS+GG), a firm dedicated to the design of high-performance, energy-efficient, and sustainable architecture on an international scale. Before he started AS+GG, he was design partner in the Chicago office of Skidmore, Owings & Merrill from 1980 to 2003 and consulting design partner from 2003 to 2006.

TUESDAY, JANUARY 14

LS2 THE IMPORTANCE OF RELATIONSHIPS IN INTELLIGENCE

John Rixse

As in so many aspects of our lives, relationships are also crucial in the world of intelligence. They are fundamental both to the gathering of information and in the reporting of the analysis to inform the decisions of our policymakers. If the relationships in either area — the collection or reporting — are weak, or break down, we can have bad intelligence, an intelligence failure, or worse. The purpose of this talk is to understand the different kinds of intelligence relationships, why they are important, and what happens if they are strong, weak or non-existent.

See Biographical Sketch on page 38.

TUESDAY, FEBRUARY 11

LS3 A TOUR OF ISRAEL

Linda Kreithen Richter, Ph.D.

This presentation, with accompanying photographs, will examine Israel's layered and complicated history, highlight some of its archeological sites and discoveries, and take a look at the Israel of today with its contemporary cities, burgeoning industries, modern resorts, and developing desert. Explore Israel with Linda as she details her fascinating trip to Israel with her family. If you've been to Israel recently, come to re-live the experience and perhaps see some things you didn't see on your own trip. And if you've never been, maybe this talk and tour will convince you to go. Discover Israel — multi-dimensional, beautiful, complex, problematic and remarkable!

Dr. Linda Kreithen Richter obtained her Ph.D. in English literature from New York University. She has been a teacher at CCNYU and an assistant dean and lecturer at the University of Pennsylvania. One of her passions is traveling and gathering new insights about people, places and their cultures.

Registration is required for all lectures. Call (941) 383-8811.

	Members	Non-Members
Single Lecture	\$15	\$20
LSFS Full Series (9)	\$105	\$135

LECTURE SERIES 2020 (CONT.)

Tuesdays 3:00-4:30 PM

TUESDAY, FEBRUARY 18

LS4 CANADA'S UNIVERSAL HEALTH CARE SYSTEM —

How It Happened, How It Works Today

Karen Capen

Canada has provided a federal, publicly funded health care system for several decades. The legislation that formalized the current approach, the *Canada Health Act* was passed in 1984. Although it has undergone some changes over the years the basic principles remain the same: universal coverage for medically necessary health care services provided on the basis of need, rather than on the ability to pay. This lecture will trace the social, professional and political developments in Canada that led to the passage and implementation of this widely respected "health insurance" regime. It will also illustrate some of the similarities and differences between Canada's and the United States' federal and provincial/state governments and some of the social/political issues regarding the delivery of health care services. Given that universal health care is one of the hot topics of debate for the upcoming 2020 election, this is a lecture you won't want to miss. Q and A will follow the lecture.

Karen Capen, BCL, LLB, MA, is a former legal counsel from Canada's federal Department of Justice, with law degrees in both civil and common law from McGill University, and an MA in medical ethics from Concordia University (both universities in Montreal, Quebec).

TUESDAY, FEBRUARY 25

LS5 THE LATE NEIL SIMON — From Brighton Beach To Broadway

Diane Steinbrink

This program explores the life and career of Neil Simon, one of our most prolific American playwrights. It will discuss how his background influenced his plays and feature monologues from some of his funniest and most poignant characters from the plays *Broadway Bound*, *Lost in Yonkers*, *45 Seconds from Broadway*, and *The Dinner Party*. Q and A will follow the presentation.

Diane Steinbrink has a BA in speech and drama from Adelphi University. She was the coordinator of Plays For Living, a socio-drama program at Family Service Philadelphia for 17 years. She has also produced theater projects, presented her one-person programs and acted in regional theater in Philadelphia, south Jersey, Florida, Harrisburg and the Berkshires. She has participated in theater talkbacks in Sarasota and Williamstown, MA.

TUESDAY, MARCH 3

LS6 CELEBRATED DESIGNERS, PROMINENT PATRONS

JoAnne Olian

From Charles Worth in the 19th century to Karl Lagerfeld in the present, JoAnne will discuss and illustrate style and society viewed through the most influential creators and their fascinating clients, including such diverse notables as Sarah Bernhardt, Mrs. Potter Palmer, Josephine Baker, Jacqueline Kennedy Onassis, Diana Vreeland and Lauren Bacall.

JoAnne Olian is a graduate of the Institute of Fine Arts of New York University and was curator of the costume collection at the Museum of the City of New York for over 20 years. She has compiled 16 books on French and American fashion for Dover Publications.

Registration is required for all lectures. Call (941) 383-8811.

	Members	Non-Members
Single Lecture	\$15	\$20
LSFS Full Series (9)	\$105	\$135

LECTURE SERIES 2020 (CONT.)

Tuesdays 3:00-4:30 PM

TUESDAY, MARCH 10

LS7 FROM SUFFRAGE TO WOMEN'S ECONOMIC EMPOWERMENT —
How Susan B. Anthony and Bertha Palmer Propelled
Martha Matilda Harper to Launch a New Business Model
Jane Plitt

Discover the buried story of how the suffrage movement and determined Bertha Palmer combined forces to support Canadian immigrant Martha Matilda Harper and her business plan to help poor women, which became the first modern retail franchise. When Harper died in 1950 the NY Times recorded her accomplishments in a two column obituary, but now few know the story of this path-blazing servant turned global business magnate. In this 100th anniversary of women's suffrage, discover how women had bigger aims and achievements beyond the vote.

Jane Plitt, a graduate of Cornell University, ran a thriving consulting practice and remains a visiting scholar at the University of Rochester. She spent six years criss-crossing countries to uncover Martha Matilda's forgotten story. Now Plitt's three books Martha Matilda Harper and the American Dream, Martha the Hairpreneur, and Martha's Magical Hair inspire all ages. Plitt has a track record for advocating for small business, women, and social justice having earned several awards including the local American Association of University Women (AAUW) Woman of Achievement award.

TUESDAY, MARCH 17

LS8 WHAT MAKES US HUMAN?
Norman Weinberg, Ph.D.

For too long we have considered microorganisms as creepy, disgusting, disease causing things we must eradicate. We have become very good at killing them, the good guys and the bad. Our efforts are rewarded with a generation of new *superbugs*. Turns out our collection of microorganisms, our microbiome, is vital to our very existence. Microorganisms are what make us human! Learn how microorganisms influence our health, including our mental state; how they communicate with each other and with us; and how we can start listening to and nourish our microbiome for healthy aging.

Dr. Norman Weinberg is a chemist who received his MA at the University of Toronto and his Ph.D. at the University of Ottawa. He was part of the team at American Cyanide that discovered the world's first lithium batteries. He and his wife owned a successful, award-winning, research and development business, working on electrochemical projects for government and industry. He is currently writing two books on microorganisms.

TUESDAY, MARCH 24

LS9 RED TIDE AND YOU
Lenny Landau

Red tide, a toxic algal microorganism, affects everything in our lives on Longboat Key — the environment, property values, the economy, and public health. This presentation will explain what red tide is, why it occurs, and include a discussion of what needs to be done to further understand, monitor, and control red tide in the future.

Lenny Landau is a mechanical engineering graduate of West Virginia University, who worked for General Electric Aircraft Engines in Cincinnati, Ohio, for 39 years, and consulted for 11 more years following retirement. After moving to Longboat Key he has applied his analytical skills to local issues, including town budgets, beach re-nourishment, water and sewer systems, traffic and the population cycle, and the local impact of climate change/sea rise.

Registration is required for all lectures. Call (941) 383-8811.
See pages 51 and 52 for pricing.

OLLI AT RINGLING COLLEGE SPEAKER SERIES



Stay Curious. Stay Connected.

These talks, brought to us by
Osher Lifelong Learning Institute at Ringling College,
will take place at The Longboat Key Education Center.

Tuesdays 3:00-4:30 PM

TUESDAY, JANUARY 21

OL1 ARTIFICIAL INTELLIGENCE — The 4th Industrial Revolution Is Upon Us

Alex Beavers, Ph.D.

A vast array of new technologies from artificial intelligence, human-like robots, ubiquitous data-collecting sensors, and self-organizing systems are making it possible for the 4th generation of an Industrial Revolution to become part of the global economy. This talk will look at not only how it might happen, but also why it is important to all of us that it does.

Dr. Beavers has a doctorate in electrical engineering and a master's degree in business administration. Alex is a veteran high-technology executive, entrepreneur, and author of 25 papers and two books. His board memberships include Ringling College, Chai Energy, and Palma Sola Consulting. His executive and entrepreneurial experience include Stanford Research Institute, Schlumberger, GE, Thompson Industries, and three high-tech ventures. He is a volunteer and instructor with OLLI at Ringling College.

TUESDAY, JANUARY 28

OL2 FOR THE LOVE OF CHAMBER MUSIC

Jack Winberg, MD, Ph.D.

Chamber music is a form of classical music, for a small group, that was usually performed in a palace chamber. Written by many composers, it enjoys a unique and intimate beauty with its audience. Dr. Winberg has been playing cello in small groups for years. He will share his love of this wonderful music with a lecture, videos and cello demonstration.

Dr. Winberg, played cello with the Minneapolis Symphony, then attended college, earning degrees in medicine and microbiology. Jack continues as an active chamber music cellist, and award-winning photographer, and an experienced instructor in both music and digital imaging. Jack has taught at OLLI at Ringling College for many years and considered to be their resident Renaissance man with his vast knowledge in a variety of subjects.

TUESDAY, FEBRUARY 4

OL3 THIS WAS HER LIFE: ELEANOR ROOSEVELT

Monroe Brett

There have been famous and important women from ancient history up to modern times. These women have been scientists, authors, artists, performers, in charge of empires and adventurers who have changed our world. This lecture will touch on a powerful, intelligent and pioneering woman, Eleanor Roosevelt, the instructor's favorite historical woman.

Monroe Brett has a bachelor's degree in history and a master's in secondary social studies education from George Washington University (DC). He taught U.S. History, world studies, and advanced placement economics at Eleanor Roosevelt High School in Beltsville, MD., selected 'best teacher that made a difference.' He has taught many years at OLLI at Ringling College and OLLI at American University in Washington, D.C.

Registration is required for all lectures. Call (941) 383-8811.

	Members	Non-Members
Single Lecture	\$15	\$20
OLFS Full Series (3)	\$35	\$50

SPRING CLASSES 2020

March 2, 2020 - April 25, 2020

MONDAY

SM1 GENTLE KRIPALU YOGA — Open the Doors to Your Inner Knowing
Emme Shapiro

For Course Description see page 1.

9:00-10:00 AM **Mondays** **Begins: 3/2** **Ends: 4/20**
Eight sessions **Members \$88** **Non-Members \$104**

Note: Yoga is offered Monday through Thursday, with Chair Yoga on Wednesday, in the spring at 9:00 AM. Chair Yoga is also given on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

SM2 ADVANCED INTERMEDIATE BRIDGE
Larry Auerbach

For Course Description see page 12.

1:00-2:30 PM **Mondays** **Begins 3/2** **Ends: 3/23**
Four sessions **Members \$60** **Non-Members \$70**

SM3 HOLLYWOOD ICONS ★ **NEW**
Gus Mollasis

Great directors and stars from all the eras and genres are featured here in this magic grab bag of Gus's favorites. Be ready to see films from Hollywood's Golden Era of the 1930s and 1940s all the way up to the second Golden Era of the 1970s. A surprise movie awaits to be rediscovered. From Brando to Bogart to Nicholson — and from Bergman to Bette Davis — Hollywood icons features star power. As Sam Spade say in *The Maltese Falcon* — “the stuff dreams are made of.”

See *Biographical Sketch* on page 2.

1:00-4:00 PM **Mondays** **Begins: 3/2** **Ends: 3/23**
Four sessions **Members \$75** **Non-Members \$85**

SM4 MIXED BEGINNERS BRIDGE
Larry Auerbach

This course combines Beginning Bridge I for players with some knowledge of the game and Beginning Bridge II for advanced beginners. Basics will be reviewed and developed.

See *Biographical Sketch* on page 1.

3:00-4:30 PM **Mondays** **Begins: 3/2** **Ends: 3/23**
Four sessions **Members \$60** **Non-Members \$70**

Some courses that are offered in February are extended by student demand. Or new courses are added in the spring line-up after the brochure printing. Please inquire at the office for updated spring scheduling or check our website www.lbkeducationcenter.org

TUESDAY

ST1 SWEET AND SPIRITED YOGA!

Mary Kane

For Course Description see page 2.

9:00-10:00 AM **Tuesdays** **Begins: 3/3** **Ends: 4/21**
Eight sessions **Members \$88** **Non-Members \$104**

Note: Yoga is offered Monday through Thursday with Chair Yoga on Wednesday, in the spring at 9:00 AM. Chair Yoga is also given on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

ST2 LET'S GO BIRDING ON LONGBOAT AND LIDO KEYS!

Kathy Doddridge

For Course Description see page 14.

9:00-10:30 AM **Tuesdays** **Begins: 3/3** **Ends: 3/24**
Four sessions **Members \$75** **Non-Members \$85**

ST3 AT THE MOVIES

Gus Mollasis

For Course Description see page 3.

11:00 AM-12:30 PM **Tuesdays** **Begins: 3/3** **Ends: 4/7**
Six sessions **Members \$95** **Non-Members \$105**

Note: We will pro-rate number of classes desired, space permitting.

ST4 AT THE MOVIES

Gus Mollasis

For Course Description see page 3.

1:00-2:30 PM **Tuesdays** **Begins: 3/3** **Ends: 4/7**
Six sessions **Members \$95** **Non-Members \$105**

Note: We will pro-rate number of classes desired, space permitting.

ST5 iPHONE TIPS AND TRICKS

Bonnie Hammer

★ **NEW**

Think you know your Apple device? These tried and true tips and tricks and troubleshooters will really help you get to know your iOS device much better. Discover the lesser-known features that you somehow survived not knowing until now! Your iPhone and iPad have a myriad of hidden features that can help you achieve things quickly and easily. Bring your device charged and ready to play.

See *Biographical Sketch* on page 32.

1:00-3:00 PM **Tuesdays** **Begins: 3/3** **Ends: 3/10**
Two sessions **Members \$50** **Non-Members \$60**

ST6 EXPRESS YOURSELF THROUGH WRITING

Ronni Miller

For Course Description see page 17.

1:00-3:00 PM **Tuesdays** **Begins: 3/3** **Ends: 3/24**
Four sessions **Members \$85** **Non-Members \$95**

TUESDAY (CONT.)

ST7 AT THE MOVIES

Gus Mollasis

For Course Description see page 3.

3:00-4:30 PM
Six sessions

Tuesdays
Members \$95

Begins: 3/3
Non-Members \$105

Ends: 4/7

Note: We will pro-rate number of classes desired, space permitting.

ST8 SYNC OR SWIM

Bonnie Hammer

★ **NEW**

Discover the buzz! Learn the terminology. What is *this* Cloud all about and why should you care? Cloud computing is all the craze. Would you like to know what all of this syncing is about? No more reading through hundreds of emails twice, deleting them and seeing them reappear. Join us in this hands-on class as we cover cloud-based email applications and learn how to sync email, contacts, and calendars to save time and sanity. Bring your mobile devices, Apple or Android, and all of your passwords.

See *Biographical Sketch* on page 32.

3:15-5:15 PM
Two sessions

Tuesdays
Members \$50

Begins: 3/3
Non-Members \$60

Ends: 3/10

*Lecture Series 2020 continues through March every Tuesday at 3 PM.
See pages 52 and 53. Call (941) 383-8811 for reservations.*

WEDNESDAY

SW1 CHAIR YOGA

Angelena Craig

For Course Description see page 3.

9:00-10:00 AM
Eight sessions

Wednesdays
Members \$88

Begins: 3/4
Non-Members \$104

Ends: 4/22

Note: Yoga is offered Monday through Thursday with Chair Yoga on Wednesday, in the spring at 9:00 AM. Chair Yoga is also given on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

SW2 MINDFULNESS MEDITATION

Ruth Fishel

For Course Description see page 19.

9:00-10:30 AM
Four sessions

Wednesdays
Members \$75

Begins: 3/4
Non-Members \$85

Ends: 3/25

SW3 WATERCOLOR, ACRYLIC, PASTELS, OILS, AND DRAWING

Renee DiNapoli

For Course Description see page 3.

9:00-11:30 AM
Four sessions

Wednesdays
Members \$135

Begins: 3/4
Non-Members \$145

Ends: 3/25

WEDNESDAY (CONT.)

SW4 YOU'VE GOT TO SEE THIS MOVIE!

Kathie Moon

For Course Description see page 5.

1:00-2:30 PM **Wednesdays** **Begins: 3/4** **Ends: 4/8**
Six sessions **Members \$95** **Non-Members \$105**

SW5 YOU'VE GOT TO SEE THIS MOVIE!

Kathie Moon

For Course Description see page 5.

3:00-4:30 PM **Wednesdays** **Begins: 3/4** **Ends: 4/8**
Six sessions **Members \$95** **Non-Members \$105**

Note: This course is also offered from 1-2:30 PM (see above). Classes can be pro-rated if space permits.

THURSDAY

SR1 SWEET AND SPIRITED YOGA!

Mary Kane

For Course Description see page 2.

9:00-10:00 AM **Thursdays** **Begins: 3/5** **Ends: 4/23**
Eight sessions **Members \$88** **Non-Members \$104**

Note: Yoga is offered Monday through Thursday with Chair Yoga on Wednesday, in the spring at 9:00 AM. Chair Yoga is also given on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

SR2 EVERYTHING IN BLOOM — Art Nouveau Design

★ **NEW**

Kevin Costello

At the close of the 19th century a new style of art and design emerged that utilized new industrial processes, while deriving its inspiration from natural flowing shapes and combinations of intense colors. These decorative aspects, with their aesthetic curves and other worldly convolutions were essentially linear and romantic. This two-session PowerPoint presentation will view and explore some of the masterpieces of this movement in art, architecture and the decorative arts.

See Biographical Sketch on page 31.

11:00 AM-12:30 PM **Thursdays** **Begins: 3/5** **Ends: 3/12**
Two sessions **Members \$40** **Non-Members \$45**

FRIDAY

SF1 QIGONG FOR HEALTH & VITALITY

Nancy Saum

For Course Description see page 35.

9:00-10:00 AM **Fridays** **Begins: 3/6** **Ends: 4/10**
Six sessions **Members \$66** **Non-Members \$78**

SF2 MORNING FORUMS — With Guest Facilitators

Stanley Kolodkin, Coordinator

★ **NEW**

For Course Description see page 36.

9:00-10:30 AM **Fridays** **Begins: 3/6** **Ends: 3/27**
Four sessions **Members \$80** **Non-Members \$90**

SF3 RODGERS & HAMMERSTEIN — Social Activists

JOHNNY MERCER — Social Butterfly

★ **NEW**

Susan Benjamin

Rodgers and Hammerstein did more than compose beautiful music for some of the most beloved productions of all time. They influenced the way Americans thought about race, culture, and tolerance through works such as *Oklahoma*, *Flower Drum Song*, *The King and I* and *South Pacific*. Johnny Mercer, prolific lyricist, composer and singer, focused on natural, sensual images in his work. From “That Old Black Magic” to “Something’s Gotta Give,” Mercer created well recognized works (18 Academy Award nominations) that sometimes reflected his active, mercurial social life. This program illustrates how the personal priorities of these composers came through in their music.

See *Biographical Sketch* on page 41.

1:00-2:15 PM **Fridays** **Begins: 3/6** **Ends: 3/13**
Two sessions **Members \$40** **Non-members \$45**

SF4 INTERMEDIATE BRIDGE I

Larry Auerbach

For Course Description see page 41.

1:00-2:30 PM **Fridays** **Begins: 3/6** **Ends: 3/27**
Four sessions **Members \$60** **Non-Members \$70**

SF5 INTERMEDIATE BRIDGE II

Larry Auerbach

For Course Description see page 42.

3:00-4:30 PM **Fridays** **Begins: 3/6** **Ends: 3/27**
Four sessions **Members \$60** **Non-Members \$70**

SATURDAY

SS1 CHAIR YOGA

Angelena Craig

For Course Description see page 3.

10:00-11:00 AM **Saturdays** **Begins: 3/7** **Ends: 4/25**
Eight sessions **Members \$88** **Non-Members \$104**

New One-Time Special Friday Programs

11:00 AM-12:30 PM

MARCH 6

SPF1 ARTISTIC RIVALS — Henri Matisse vs Pablo Picasso

Baila Miller

Artistic rivals Henri Matisse and Pablo Picasso redefined the visual arts at the beginning of the 20th century. Their experiments with color, subject matter, techniques, and ideas liberated artists who had been confined by traditional ideas of how art should look. Because of their introduction to Freud, psychology, and “stream of consciousness,” their imaginative works led the road to modernism. Their rivalry challenged them to expand possibilities in all art forms, painting, sculpture, music, literature, set design and architecture. This presentation will compare and contrast these two titans of the art world, viewing and examining their techniques and revolutionary works of art.

Baila Miller has been presenting college level courses that explore the role of literature, fine arts, cinema, and music in the development of European, Jewish and modern American culture. Ms. Miller has taught at the University of Memphis, The Brandeis National Committee, The Ringling College of Art & Design, and many local lifelong learning centers.

MARCH 13

SPF2 A LEAGUE OF HER OWN

Lucy Calautti

Lucy Calautti was a senior executive with Major League Baseball for 20 years. She currently represents the Baltimore Orioles on all government related matters. She has represented baseball before Congress on wide ranging issues that included anti-trust, stadium security, performance enhancing drug control, taxes, franchise movement, and labor relations with the baseball union. As one of the rare female executives in baseball and a U.S. Navy veteran, Lucy has worked to improve equal rights for all women. She heads the iconic National Woman’s Party, which fought and won the vote for women 100 years ago. Come and hear Lucy speak about her life in baseball and her efforts on behalf of women.

Lucy Calautti is a lifelong baseball fan who grew up in New York with the Giants and Mets. Before moving to Sarasota she lived in Washington, D.C., and fell in love with the Orioles. She served as chief of staff to Congressman Byron Dorgan (D-ND) in the U.S. House of Representatives prior to her work in baseball. She then served as chief of staff to Senator Dorgan in the U.S. Senate, and worked with the Democratic leadership in the Senate. In 1986, Lucy ran the successful U.S. Senate campaign of Kent Conrad (D-ND), whom she married in 1987.

MARCH 20

SPF3 COME HITHER: THE ROMANCE OF THE FAN

Kevin Costello

In the 18th and 19th century the folding hand fan was a conspicuous symbol of social importance and a *must have* for high society ladies. The origin of the fan can be traced back to Egypt 4000 years ago, and the traditional folding fan comes to us from Japan or China around the 6th Century. The visual history of fans (like any art form) is dense with styles and subject matter. Putting aside the sheer beauty of fans, the symbolic language of fans is a chronicle of European social history and the art of allure. This PowerPoint lecture will present the history, artistry and the mysteries of the *language* of fans — a silent communication that once shaped the fate of men and the women that captivated them.

See Biographical Sketch on page 31.

11:00 AM-12:30 PM Members \$18 Non-Members \$23

Per Person, Per Program

The Longboat Key Education Center

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