

SPRING CLASSES 2020

March 2, 2020 - April 25, 2020

MONDAY

SM1 GENTLE KRIPALU YOGA — Open the Doors to Your Inner Knowing
Emme Shapiro

For Course Description see page 1.

9:00-10:00 AM **Mondays** **Begins: 3/2** **Ends: 4/20**
Eight sessions **Members \$88** **Non-Members \$104**

Note: Yoga is offered Monday through Thursday, with Chair Yoga on Wednesday, in the spring at 9:00 AM. Chair Yoga is also given on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

SM2 ADVANCED INTERMEDIATE BRIDGE
Larry Auerbach

For Course Description see page 12.

1:00-2:30 PM **Mondays** **Begins 3/2** **Ends: 3/23**
Four sessions **Members \$60** **Non-Members \$70**

SM3 HOLLYWOOD ICONS ★ **NEW**
Gus Mollasis

Great directors and stars from all the eras and genres are featured here in this magic grab bag of Gus's favorites. Be ready to see films from Hollywood's Golden Era of the 1930s and 1940s all the way up to the second Golden Era of the 1970s. A surprise movie awaits to be rediscovered. From Brando to Bogart to Nicholson — and from Bergman to Bette Davis — Hollywood icons features star power. As Sam Spade say in *The Maltese Falcon* — “the stuff dreams are made of.”

See *Biographical Sketch* on page 2.

1:00-4:00 PM **Mondays** **Begins: 3/2** **Ends: 3/23**
Four sessions **Members \$75** **Non-Members \$85**

SM4 MIXED BEGINNERS BRIDGE
Larry Auerbach

This course combines Beginning Bridge I for players with some knowledge of the game and Beginning Bridge II for advanced beginners. Basics will be reviewed and developed.

See *Biographical Sketch* on page 1.

3:00-4:30 PM **Mondays** **Begins: 3/2** **Ends: 3/23**
Four sessions **Members \$60** **Non-Members \$70**

Some courses that are offered in February are extended by student demand. Or new courses are added in the spring line-up after the brochure printing. Please inquire at the office for updated spring scheduling or check our website www.lbkeducationcenter.org

TUESDAY

ST1 SWEET AND SPIRITED YOGA!

Mary Kane

For Course Description see page 2.

9:00-10:00 AM **Tuesdays** **Begins: 3/3** **Ends: 4/21**
Eight sessions **Members \$88** **Non-Members \$104**

Note: Yoga is offered Monday through Thursday with Chair Yoga on Wednesday, in the spring at 9:00 AM. Chair Yoga is also given on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

ST2 LET'S GO BIRDING ON LONGBOAT AND LIDO KEYS!

Kathy Doddridge

For Course Description see page 14.

9:00-10:30 AM **Tuesdays** **Begins: 3/3** **Ends: 3/24**
Four sessions **Members \$75** **Non-Members \$85**

ST3 AT THE MOVIES

Gus Mollasis

For Course Description see page 3.

11:00 AM-12:30 PM **Tuesdays** **Begins: 3/3** **Ends: 4/7**
Six sessions **Members \$95** **Non-Members \$105**

Note: We will pro-rate number of classes desired, space permitting.

ST4 AT THE MOVIES

Gus Mollasis

For Course Description see page 3.

1:00-2:30 PM **Tuesdays** **Begins: 3/3** **Ends: 4/7**
Six sessions **Members \$95** **Non-Members \$105**

Note: We will pro-rate number of classes desired, space permitting.

ST5 iPHONE TIPS AND TRICKS

Bonnie Hammer

★ **NEW**

Think you know your Apple device? These tried and true tips and tricks and troubleshooters will really help you get to know your iOS device much better. Discover the lesser-known features that you somehow survived not knowing until now! Your iPhone and iPad have a myriad of hidden features that can help you achieve things quickly and easily. Bring your device charged and ready to play.

See *Biographical Sketch* on page 32.

1:00-3:00 PM **Tuesdays** **Begins: 3/3** **Ends: 3/10**
Two sessions **Members \$50** **Non-Members \$60**

ST6 EXPRESS YOURSELF THROUGH WRITING

Ronni Miller

For Course Description see page 17.

1:00-3:00 PM **Tuesdays** **Begins: 3/3** **Ends: 3/24**
Four sessions **Members \$85** **Non-Members \$95**

TUESDAY (CONT.)

ST7 AT THE MOVIES

Gus Mollasis

For Course Description see page 3.

3:00-4:30 PM
Six sessions

Tuesdays
Members \$95

Begins: 3/3
Non-Members \$105

Ends: 4/7

Note: We will pro-rate number of classes desired, space permitting.

ST8 SYNC OR SWIM

Bonnie Hammer

★ **NEW**

Discover the buzz! Learn the terminology. What is *this* Cloud all about and why should you care? Cloud computing is all the craze. Would you like to know what all of this syncing is about? No more reading through hundreds of emails twice, deleting them and seeing them reappear. Join us in this hands-on class as we cover cloud-based email applications and learn how to sync email, contacts, and calendars to save time and sanity. Bring your mobile devices, Apple or Android, and all of your passwords.

See *Biographical Sketch* on page 32.

3:15-5:15 PM
Two sessions

Tuesdays
Members \$50

Begins: 3/3
Non-Members \$60

Ends: 3/10

*Lecture Series 2020 continues through March every Tuesday at 3 PM.
See pages 52 and 53. Call (941) 383-8811 for reservations.*

WEDNESDAY

SW1 CHAIR YOGA

Angelena Craig

For Course Description see page 3.

9:00-10:00 AM
Eight sessions

Wednesdays
Members \$88

Begins: 3/4
Non-Members \$104

Ends: 4/22

Note: Yoga is offered Monday through Thursday with Chair Yoga on Wednesday, in the spring at 9:00 AM. Chair Yoga is also given on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

SW2 MINDFULNESS MEDITATION

Ruth Fishel

For Course Description see page 19.

9:00-10:30 AM
Four sessions

Wednesdays
Members \$75

Begins: 3/4
Non-Members \$85

Ends: 3/25

SW3 WATERCOLOR, ACRYLIC, PASTELS, OILS, AND DRAWING

Renee DiNapoli

For Course Description see page 3.

9:00-11:30 AM
Four sessions

Wednesdays
Members \$135

Begins: 3/4
Non-Members \$145

Ends: 3/25

WEDNESDAY (CONT.)

SW4 YOU'VE GOT TO SEE THIS MOVIE!

Kathie Moon

For Course Description see page 5.

1:00-2:30 PM	Wednesdays	Begins: 3/4	Ends: 4/8
Six sessions	Members \$95	Non-Members \$105	

SW5 YOU'VE GOT TO SEE THIS MOVIE!

Kathie Moon

For Course Description see page 5.

3:00-4:30 PM	Wednesdays	Begins: 3/4	Ends: 4/8
Six sessions	Members \$95	Non-Members \$105	

Note: This course is also offered from 1-2:30 PM (see above). Classes can be pro-rated if space permits.

THURSDAY

SR1 SWEET AND SPIRITED YOGA!

Mary Kane

For Course Description see page 2.

9:00-10:00 AM	Thursdays	Begins: 3/5	Ends: 4/23
Eight sessions	Members \$88	Non-Members \$104	

Note: Yoga is offered Monday through Thursday with Chair Yoga on Wednesday, in the spring at 9:00 AM. Chair Yoga is also given on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

SR2 EVERYTHING IN BLOOM — Art Nouveau Design

★ **NEW**

Kevin Costello

At the close of the 19th century a new style of art and design emerged that utilized new industrial processes, while deriving its inspiration from natural flowing shapes and combinations of intense colors. These decorative aspects, with their aesthetic curves and other worldly convolutions were essentially linear and romantic. This two-session PowerPoint presentation will view and explore some of the masterpieces of this movement in art, architecture and the decorative arts.

See Biographical Sketch on page 31.

11:00 AM-12:30 PM	Thursdays	Begins: 3/5	Ends: 3/12
Two sessions	Members \$40	Non-Members \$45	

FRIDAY

SF1 QIGONG FOR HEALTH & VITALITY

Nancy Saum

For Course Description see page 35.

9:00-10:00 AM **Fridays** **Begins: 3/6** **Ends: 4/10**
Six sessions **Members \$66** **Non-Members \$78**

SF2 MORNING FORUMS — With Guest Facilitators

Stanley Kolodkin, Coordinator

★ **NEW**

For Course Description see page 36.

9:00-10:30 AM **Fridays** **Begins: 3/6** **Ends: 3/27**
Four sessions **Members \$80** **Non-Members \$90**

SF3 RODGERS & HAMMERSTEIN — Social Activists

JOHNNY MERCER — Social Butterfly

★ **NEW**

Susan Benjamin

Rodgers and Hammerstein did more than compose beautiful music for some of the most beloved productions of all time. They influenced the way Americans thought about race, culture, and tolerance through works such as *Oklahoma*, *Flower Drum Song*, *The King and I* and *South Pacific*. Johnny Mercer, prolific lyricist, composer and singer, focused on natural, sensual images in his work. From “That Old Black Magic” to “Something’s Gotta Give,” Mercer created well recognized works (18 Academy Award nominations) that sometimes reflected his active, mercurial social life. This program illustrates how the personal priorities of these composers came through in their music.

See *Biographical Sketch* on page 41.

1:00-2:15 PM **Fridays** **Begins: 3/6** **Ends: 3/13**
Two sessions **Members \$40** **Non-members \$45**

SF4 INTERMEDIATE BRIDGE I

Larry Auerbach

For Course Description see page 41.

1:00-2:30 PM **Fridays** **Begins: 3/6** **Ends: 3/27**
Four sessions **Members \$60** **Non-Members \$70**

SF5 INTERMEDIATE BRIDGE II

Larry Auerbach

For Course Description see page 42.

3:00-4:30 PM **Fridays** **Begins: 3/6** **Ends: 3/27**
Four sessions **Members \$60** **Non-Members \$70**

SATURDAY

SS1 CHAIR YOGA

Angelena Craig

For Course Description see page 3.

10:00-11:00 AM **Saturdays** **Begins: 3/7** **Ends: 4/25**
Eight sessions **Members \$88** **Non-Members \$104**

New One-Time Special Friday Programs

11:00 AM-12:30 PM

MARCH 6

SPF1 ARTISTIC RIVALS — Henri Matisse vs Pablo Picasso

Baila Miller

Artistic rivals Henri Matisse and Pablo Picasso redefined the visual arts at the beginning of the 20th century. Their experiments with color, subject matter, techniques, and ideas liberated artists who had been confined by traditional ideas of how art should look. Because of their introduction to Freud, psychology, and “stream of consciousness,” their imaginative works led the road to modernism. Their rivalry challenged them to expand possibilities in all art forms, painting, sculpture, music, literature, set design and architecture. This presentation will compare and contrast these two titans of the art world, viewing and examining their techniques and revolutionary works of art.

Baila Miller has been presenting college level courses that explore the role of literature, fine arts, cinema, and music in the development of European, Jewish and modern American culture. Ms. Miller has taught at the University of Memphis, The Brandeis National Committee, The Ringling College of Art & Design, and many local lifelong learning centers.

MARCH 13

SPF2 A LEAGUE OF HER OWN

Lucy Calautti

Lucy Calautti was a senior executive with Major League Baseball for 20 years. She currently represents the Baltimore Orioles on all government related matters. She has represented baseball before Congress on wide ranging issues that included anti-trust, stadium security, performance enhancing drug control, taxes, franchise movement, and labor relations with the baseball union. As one of the rare female executives in baseball and a U.S. Navy veteran, Lucy has worked to improve equal rights for all women. She heads the iconic National Woman’s Party, which fought and won the vote for women 100 years ago. Come and hear Lucy speak about her life in baseball and her efforts on behalf of women.

Lucy Calautti is a lifelong baseball fan who grew up in New York with the Giants and Mets. Before moving to Sarasota she lived in Washington, D.C., and fell in love with the Orioles. She served as chief of staff to Congressman Byron Dorgan (D-ND) in the U.S. House of Representatives prior to her work in baseball. She then served as chief of staff to Senator Dorgan in the U.S. Senate, and worked with the Democratic leadership in the Senate. In 1986, Lucy ran the successful U.S. Senate campaign of Kent Conrad (D-ND), whom she married in 1987.

MARCH 20

SPF3 COME HITHER: THE ROMANCE OF THE FAN

Kevin Costello

In the 18th and 19th century the folding hand fan was a conspicuous symbol of social importance and a *must have* for high society ladies. The origin of the fan can be traced back to Egypt 4000 years ago, and the traditional folding fan comes to us from Japan or China around the 6th Century. The visual history of fans (like any art form) is dense with styles and subject matter. Putting aside the sheer beauty of fans, the symbolic language of fans is a chronicle of European social history and the art of allure. This PowerPoint lecture will present the history, artistry and the mysteries of the *language* of fans — a silent communication that once shaped the fate of men and the women that captivated them.

See Biographical Sketch on page 31.

11:00 AM-12:30 PM Members \$18 Non-Members \$23

Per Person, Per Program