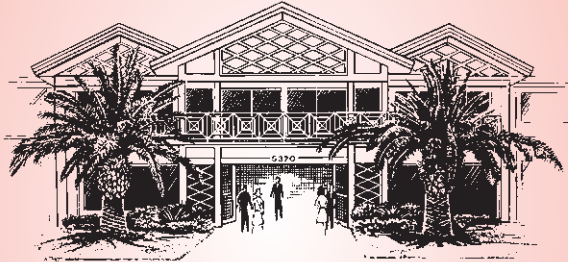


# THE LONGBOAT KEY EDUCATION CENTER

2020-2021

*Like College, Only Better!*



AT THE CENTRE SHOPS OF LONGBOAT KEY

iPHONES, iPODS & iPADS  
SATURDAY WORKSHOPS  
PERFORMING ARTS  
MORNING FORUMS  
LECTURE SERIES  
BROADWAY BIOS  
BOOK GROUPS  
WRITING COURSES  
MOVIE GOING  
MEDITATION  
LITERATURE  
LIVE BANDS  
MAH JONGG  
WELLNESS  
QIGONG  
MAGIC  
FILMS  
YOGA  
BRIDGE  
FITNESS  
CANASTA  
RELIGION  
PHOTOGRAPHY  
FIELD TRIPS  
NATURE WALKS  
AMERICAN HISTORY  
ALL ABOUT DOGS  
FISHING & BIRDING  
THE SUPREME COURT  
ART & DANCE HISTORY  
ANTI-AGING PROGRAMS  
MUSIC APPRECIATION  
FINE AND APPLIED ARTS  
WORLD POLITICS AND EVENTS



# The Longboat Key Education Center

**HISTORY & MISSION:** Founded by Laura Taubes in 1985, and directed by Susan Goldfarb since 1996, The Longboat Key Education Center provides enrichment programming and lifelong learning for all adults regardless of residence or educational background. A desire to continue learning is the only prerequisite.

**WHAT:** The Center is a not-for-profit educational organization 501(c)(3). It offers non-credit courses for adults in the fine and applied arts, humanities, liberal arts, natural and social sciences. Also available are recreational courses, field trips, daytrips, a lecture series and performing arts programs. The Gallery at The Longboat Key Education Center is open to the public and exhibits works by local artists and faculty members on a rotating basis throughout the season.

**WHERE:** The Center is located at 5370 Gulf of Mexico Drive, Suite #212, at The Centre Shops on Longboat Key. Access for handicapped persons is provided.

**WHEN:** The Center is open from October to late April. The programs are divided into three terms: Fall, Winter and Spring.

Office Opens: Monday, October 5, 2020

Fall Term Begins: Monday, October 12, 2020

No Classes: Thanksgiving Week. November 23-28, 2020

Winter Term Begins: Monday, January 4, 2021

Spring Term Begins: Monday, March 1, 2021

Office Closes for Season: Saturday, April 24, 2021

## REGISTRATION INFORMATION

Registration for all programs begins by mail, phone, and e-mail in August for members and September for non-members. Register as soon as possible to avoid disappointment!

**IN PERSON:** At the Center weekdays, 9:00 AM - 5:00 PM. We are closed on Fridays in the Fall. (Beginning October 5, 2020)

**BY MAIL:** Use the registration forms in the center of the brochure. Make checks payable to The Longboat Key Education Center. Mail to 5370 Gulf of Mexico Drive, Suite #212, Longboat Key, Florida 34228-2047.

**BY TELEPHONE:** (941) 383-8811.

**BY E-MAIL:** Go to our website ([www.lbkeducationcenter.org](http://www.lbkeducationcenter.org)) and click on Registration Page or, email us at [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org).

If registering by phone or e-mail, a check must follow within one week to finalize registration.

**REFUNDS: NO REFUNDS WILL BE ISSUED UNLESS A PROGRAM IS CANCELLED BY THE CENTER.** As a membership benefit, members are eligible for credit if they withdraw from a program. Members must notify the office at least one week before the program begins to be eligible for a credit. Credits are issued at the sole discretion of the executive director and must be used by the end of the following season.

**GUESTS:** All guests must be reported to the office before entering a class. Guest fees are pro-rated at non-member prices based on the course tuition.

## NOTICE OF NONDISCRIMINATORY POLICY AS TO STUDENTS

The Longboat Key Education Center admits students of any race, color, national, or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at this school. It does not discriminate on the basis of race, color, national, or ethnic origin in administration of education and admissions policies.

# A Message From The Executive Director



Dear Students,

I have never written a director's message in our brochure before but due to uniquely challenging times with the COVID-19 pandemic and the remarkable milestone of our 35th anniversary, I felt I wanted to share some important information and reach out to all the people who will participate in our celebratory 2020-2021 season.

We have strived for 35 years to provide stimulating and diverse programs that keep the mind and body active and the spirit young, while providing a comfortable facility to enjoy the camaraderie of like-minded individuals. Lifelong learning is the key to staying vibrant and engaged in our family life, friendships, communities, and the world.

We are incredibly grateful for the continued support and loyalty of our students who have enjoyed our offerings for many years. Now, more than ever, during a pandemic, with all its attendant uncertainties, your support will be what lifts us up and gives us positivity and hope for continued service to our community.

Despite financial setbacks from the spring of 2020 due to COVID-19 cancellations, and the roller coaster future ahead, I remain positive and look forward to another stellar year to celebrate our 35th anniversary, which will include wonderful programs and extraordinary celebratory concerts!

We will be exercising up-to-the-minute pandemic safety guidelines and protocols. Class sizes will probably be limited, so we are providing Zoom options for many of our programs. There is more about Zoom on the next page. Last minute, unpredictable changes may occur, but we will keep all our students informed.

We are starting our fall term in November for in-person programs instead of October to buy more time for CDC updates. However, a variety of Zoom programs will be available in October. Hands on, in-person classes such as Bridge and Mah Jongg may have to be postponed if it is not safe to conduct them in November/December.

The Longboat Key Education Center and its mission to provide adult enrichment is my passion! Many of you who have been enthusiastically attending the center for many years know me personally and know how much I look forward to seeing you return year after year. When new students discover us, we are equally thrilled to welcome them to our lively and friendly school. We are doing everything to be here for you, now, and in the future! We will stay calm and carry on!

Wishing everyone peace, safety, health, and happiness.

Best Always,

A handwritten signature in cursive script that reads "Susan Goldfarb". The signature is written in dark ink and is positioned above the printed name.

Susan Goldfarb, Executive Director

# IMPORTANT INFORMATION ABOUT OUR 2020-2021 PROGRAMS

Due to COVID-19 and whatever protocols and guidelines that will be in place in the late fall of 2020 and early part of 2021, the school is implementing additional options for its programs. It is our hope that most students will return to the classrooms and that we will observe social distancing with limited class sizes. However, many programs will be offered virtually online either exclusively or as an option in case our popular programs sell out or if people prefer to stay home and still participate.

## ZOOM

Most everyone has heard of Zoom by now, a virtual video conferencing platform that works with desktop computers and tablets/laptops (Windows or Mac), and smart mobile devices (iPhone or Android). Some of the older computers and laptops may not have a built-in camera so you will have to purchase a webcam (camera). They are sold everywhere and are relatively inexpensive. Some students may want to consider taking one of our Zoom workshops listed on pages 9 and 47 to further familiarize themselves with Zoom and its features as well as Zoom's classroom etiquette and protocol. You can also check out YouTube self-help videos for how to install and use the Zoom app or visit <http://www.zoom.us>. Students will not need a Zoom account; you simply need to install a free Zoom app on the device you will be using to attend the online classes. All Zoom classes will have a specific meeting ID and password so that only registered attendees will be able to join the class. Please do not share these IDs and passwords with others. The school will co-host most of the Zoom programs as a licensed Zoom account holder. This allows the classes to run for our usual 90 minutes. Our account will also be protected from uninvited guests and have other security safeguards. Email addresses and early registration for Zoom programs will be necessary for administrative purposes.

Our course codes are on the upper left hand corner of the program title in a little box. If Zoom is an option, you will see the letters ZO or ZA preceding the rest of the code numbers and letters.

ZA= ZOOM AVAILABLE and means Zoom will be available. People can choose to attend the class in person or through Zoom.

ZO= ZOOM ONLY and means that the program is only available through Zoom.

If necessary, the Zoom Available programs can be changed to Zoom Only.

If there is neither a ZA nor ZO in addition to the course program code, the program is available for in-person classroom attendance only. (The good old-fashioned way!)

Zoom is new to us and our staff is preparing to be as helpful and supportive as possible. Online classes through the Longboat Key Education Center are an experiment we will be experiencing together, so we appreciate your patience trying to serve you in a new, purposeful way.

## IN LOVING MEMORY

MICHAEL EDWARD GROSSBERG

beloved husband of Susan Goldfarb, loving stepdad to Paris Rose Bassett  
and grandpa to Rylan Bassett

Michael died unexpectedly on December 20, 2019.

Most of the students at the Longboat Key Education Center got to meet Michael when he took attendance at the door or rearranged the rooms. He was so pleasant and always had a smile on his face. He was unique in character and appearance (he had a distinctive soul-patch on his chin), smart, funny, kind, honorable, generous, loving and lovable, a true heart, a champion of the underdog and a man of integrity. "He was a great conversationalist, super-cool guy and fun to be around," quoted one of his friends. Michael is sorely missed by his friends and family and everyone who knew him.

# FALL CLASSES 2020

October 12, 2020-December 19, 2020

Most classes meet once a week.

Zoom classes and workshops conducted virtually will start in October. In-person classes will start in November. All in-person classes will be socially distanced and limited in size. We will endeavor to Zoom our yoga and fitness classes if necessary. We will advise registrants accordingly.

No classes Thanksgiving week, November 23-28, 2020.

## MONDAY

### **FM1** GENTLE KRIPALU YOGA — Open the Doors to Your Inner Knowing Emme Shapiro

Kripalu yoga is a form of Hatha yoga named after The Kripalu Center for Yoga and Health, the largest residential facility in North America for holistic health and education, located in Stockbridge, Massachusetts. Students will be guided into meditation, breathing techniques, various standard yoga postures and relaxation. Attention will also be given to the seven main energy centers in the body known as chakras to improve overall physical functioning and mental well-being. The primary focus of Kripalu style yoga is on BRFWA—breathe, relax, feel, witness, and allow—the mantra of Kripalu yoga. All ages and fitness levels are welcome. Bring a mat and wear exercise clothing.

Emme Shapiro acquired 200-hour certification in Kripalu Yoga and then completed an additional 500 hours. Emme taught yoga for seven years in the Cincinnati area in her home studio or privately before she made Florida her permanent home.

9:00-10:00 AM	Mondays	Begins: 11/2	Ends: 12/14
Six sessions	Members \$66	Non-Members \$78	

Note: Yoga is offered Monday, Tuesday and Wednesday (Chair Yoga) in the fall at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Fitness is offered on Thursdays at 9:00 AM. Students can join at any time on a pro-rated basis if space permits.

### **FM2** MIXED BEGINNERS BRIDGE Larry Auerbach

This course will cover the basic mechanics and fundamentals of the game. It is designed to combine players who have some knowledge of the game and new players.

Larry Auerbach is well known in the Sarasota area as a professional player, teacher and director. He has been playing bridge for over 40 years and has more than 8,000 masterpoints. He has won many regional events in bridge tournaments. Mr. Auerbach has a BA from the University of Nevada.

1:00-2:30 PM	Mondays	Begins: 11/2	Ends: 12/14
Six sessions	Members \$85	Non-Members \$95	

Note: This course may be postponed until January if the pandemic persists. Refunds will be given, or credits assigned, per the student's request. Or you can register and pay later if it's on.

Questions? (941) 383-8811 e-mail: [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org)

Note: No classes Thanksgiving Week, November 23-28.

## MONDAY (CONT.)

FM3

### MONDAY FILM CLUB: HIDDEN GEMS

NEW

Gus Mollasis,

View a full-length movie followed by a stimulating discussion with popular movie maven and critic Gus Mollasis. He has an impressive repertoire of hidden gems; films that you probably have never heard of, much less seen! It's always fun to spend time with Gus! Freshly popped popcorn always adds to the movie watching experience!

Gus Mollasis is a professional movie maven. He is host of "At The Movies," a Sarasota television show dedicated to the discussion of film which ran for over nine years and now airs on various social media platforms. From big stars to first time filmmakers, Gus loves to talk film with them all. The show supports both major film festivals in town—The Cine-World Film Festival and the Sarasota Film Festival. Gus brings a passion and knowledge of movies that both a film buff and casual movie fan can enjoy. He is co-creator and host of the PBS award-winning series "Diamonds Along the Highway," featuring short films about interesting places and personalities in Florida on WEDU. Gus also writes a monthly movie column for [Sarasota Scene](#).

1:30-4:30 PM  
Four sessions

Mondays  
Members \$75

Begins: 11/9  
Non-Members \$85

Ends: 12/7

Note: Students can join on a pro-rated basis if space permits. Social distancing will limit class size.

FM4

### MIXED INTERMEDIATE BRIDGE

Larry Auerbach

This course is for all intermediate level players who are ready for more complex bridge concepts. Classes will cover opening leads, concentrating on standard American conventions and touching on more advanced conventions. Advanced Intermediate players can also join this class and work separately with Larry at their own table(s).

See Biographical Sketch on page 3.

3:00-4:30 PM  
Six sessions

Mondays  
Members \$85

Begins: 11/2  
Non-Members \$95

Ends: 12/14

Note: This course may be postponed until January if the pandemic persists. Refunds will be given, or credits assigned, per the student's request. Or you can register and pay later if it's on.

## TUESDAY

FT1

### SWEET AND SPIRITED YOGA!

Mary Kane

Enjoy a gentle yoga class with a sweet and spirited approach! Focus will be on body awareness, alignment, and deep connecting breath. This class is designed for men and women of all ages and fitness levels. Bring a mat and wear comfortable clothing suitable for exercise. Students are welcome to come at 8:30 AM for preliminary stretching.

Mary Kane earned an MA in creative arts and therapy from Hahnemann Medical College and University. She became an Ashtanga instructor in 1995 and a Reiki Master in 1998. She studies energy and consciousness work and practices and teaches Ashtanga yoga and Reiki throughout the area.

9:00-10:00 AM  
Six sessions

Tuesdays  
Members \$66

Begins: 11/3  
Non-Members \$78

Ends: 12/15

Note: Yoga is offered Monday, Tuesday and Wednesday (Chair Yoga) in the fall at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Fitness is offered on Thursdays at 9:00 AM. Students can join on a pro-rated basis if space permits.

## TUESDAY (CONT.)

FT2

### AT THE MOVIES

Gus Mollasis

Join Gus on a celluloid adventure as he assigns quality films that are playing locally for you to see and then discuss together in class. Film is the greatest art form according to Gus because it encompasses all the arts and touches all the senses. In class you will decide whether your film assignment was a hit or a miss as you discuss the script, acting, cinematography, directing and scoring. Call the school (941-383-8811) or check our website for your first and subsequent movie assignments, [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org).

Note: Gus is not planning to conduct his popular classes on Zoom. We will advise registrants if we decide to implement Zoom for in-person classes if they cannot take place safely with pandemic protocols.

See Biographical Sketch on page 4.

11:00 AM-12:30 PM

Tuesdays

Begins: 11/3

Ends: 12/15

Six sessions

Members \$95

Non-Members \$105

Note: Students can join at any time on a pro-rated basis if space permits.

## WEDNESDAY

FW1

### CHAIR YOGA

Angelena Craig

Whatever your size, age or fitness level, you can benefit from chair yoga, which makes the practice of yoga more accessible to people unable to exercise on the floor with ease. Most of the class is seated, however there is a standing portion, for those who are able, to practice balancing and strengthening, using the chair for support. Resistance bands, inspiring music and a guided meditation further enhance the program. Chair yoga, just like traditional yoga, lifts the spirits, works the body, and calms the mind. Wear exercise clothes.

Angelena Craig is a professional level Kripalu yoga instructor, having completed 500 hours of training. She founded Beacon Light Yoga Center in Boston and her present Sarasota company, A New Aging Movement. Angelena publishes a newspaper op-ed column "Boomer Talk," addressing all the concerns of aging Boomers and those beyond.

9:00-10:00 AM

Wednesdays

Begins: 11/4

Ends: 12/16

Six sessions

Members \$66

Non-Members \$78

Note: Yoga is offered Monday, Tuesday and Wednesday (Chair Yoga) in the fall at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Fitness is offered on Thursdays at 9:00 AM. Students can join on a pro-rated basis if space permits.

FW2

### WATERCOLOR, ACRYLIC, PASTELS, OILS

Renee DiNapoli

Learn to paint like the masters in your medium of choice with simple techniques. Depth and perspective, light and shadow will be covered with personal instruction and demonstrations. Easy subject materials will be provided. A delightful method of creating abstract, seascapes, landscapes, etc. will also be introduced. Seasoned artists or complete novices will enjoy these classes. Students can bring their own materials (the office also has a supply list). Or materials can be bought in class for an additional \$10 per class, payable to the teacher. Note: Class size will be limited and social distancing in effect.

Renee DiNapoli trained with Italian master, Carlo DiNapoli, for many years and is a graduate of the Red Mountain Institute of Art in Mountainbrook, AL. She has taught at Ringling College of Art and Design, Selby Gardens and various universities and art leagues. Her work is represented in numerous galleries and museums.

9:00-11:30 AM

Wednesdays

Begins: 11/11

Ends: 12/9

Four sessions

Members \$135

Non-Members \$145

## WEDNESDAY (CONT.)

ZOFW3

ART IN THE AFTERNOON — Understanding and Appreciating

Zoom Only Abstract and Surrealistic Art

NEW

Baila Miller

Part One - Abstract Art: The Rules of Engagement This lecture will survey abstract art and cover the political, economic, and social changes which took place in European and American society at the beginning to the middle of the 20th century. Abstract art began in Europe as a movement that was spiritual in nature, but it grew into a philosophy that exalted the individual and his/her creativity in society. Works by Wassily, Kandinsky, Kazimir Malevich, Sonia Delaunay, Paul Klee, Jackson Pollock, and many others will be discussed and explained.

Part Two - Surrealism: The Boundless Human Imagination Surrealist artists confuse and bewilder viewers by systematically discrediting the world of reality. They transform the real world into a surprising, magical, mystical, confusing reality. Consequently, exploring their work is an intellectual pursuit worth having. The extraordinary works of Dada (a large influence in Surrealism), Marcel Duchamp, Man Ray, Salvador Dali, Frida Kahlo, and many other surrealist artists will be viewed and discussed.

Baila Miller has been presenting college level courses that explore the role of literature, fine arts, cinema, and music in the development of European, Jewish and modern American culture. Ms. Miller has taught at the University of Memphis, The Brandeis National Committee, The Ringling College of Art & Design, and many local lifelong learning centers.

1:00-2:30 PM  
Two sessions

Wednesdays  
Members \$40

Begins: 10/21  
Non-Members \$45

Ends: 10/28

FW4

YOU'VE GOT TO SEE THIS MOVIE!

Kathie Moon

ZAFW4

Zoom Available

If you love movies and to talk about them, then this course is for you. Each week students will be assigned a quality film to see from a variety of current movies, "arthouse," foreign language, independent and the best of Hollywood. The following week students will discuss the movie—themes, style, techniques, previous work of the director and actors, etc. Call the Education Center for the first movie assignment (941-383-8811). All movie assignments will also be posted on our website: [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org).

**Note:** As of the brochure print deadline, we are unable to predict the status in November of both watching films in movie theaters and holding classes at the LBK Education Center due to the ongoing pandemic. We hope to do both, but local conditions and CDC guidelines may keep changing. Kathie will be offering Zoom class meetings and assigning movies to watch online if attending movies and classes in person cannot be done safely according to governmental recommendations and guidelines. Even if we hold classes in person but you prefer to Zoom the meetings, this will be made available to you. Simply register for ZAFW4. All registrants will be informed of how classes can be attended either in person or through the online Zoom platform. For more information about Zoom read page 2 in the brochure. Kathie will also be in touch with all her students.

Kathie Moon, movie critic/film guru and award-winning former Sarasota Pelican Press film reviewer, now Tweets, Blogs and Tumblrs about film as art. She is involved in film studies through classes, field trips, film programming, film societies and film festivals.

3:00-4:30 PM  
Six sessions

Wednesdays  
Members \$95

Begins: 11/4  
Non-Members \$105

Ends: 12/16

**Note:** Classes can be pro-rated if space permits.



# THURSDAY

FR1

## FITNESS FOR EVERY BODY!

NEW

Gerald Scott

What better time to take a fitness class than now, to make sure that you stay healthy and strong during the pandemic. This program is designed for 55+ adults of all fitness levels to help you to stay motivated and enjoy the benefits of exercise. Through a variety of exercises, you will improve your general tone, gain strength in your hip, thigh, and abdominal areas, learn to manage pain and increase your range of motion. Wear exercise clothes and shoes and join Gerald for a “good for you” morning! Note: Class size will be limited with social distancing in effect.

Gerald Scott is personal fitness trainer certified by the Athletics and Fitness Association of America. He works with corporations providing corporate wellness and fitness programs and also trains private clients, designing home training programs to help them reach their health and fitness goals. He has 35 years of personal training experience.

9:00-10:00 AM

Thursdays

Begins: 11/5

Ends: 12/17

Six sessions

Members \$66

Non-Members \$78

FR2

## LET'S PLAY CANASTA! — For Beginners

Joyce Doran

Have fun learning how to play this easy and fascinating card game. The variation taught will be American canasta. A hands-on class will guide you through each concept of the game and teach you rules and strategies. Students cannot miss the first class, or they will not be able to take the course. Class size is limited so all players can have more one-on-one attention.

Joyce Doran is a retired English teacher from London and has been playing Canasta for ten years and teaching the game for eight. She learned Chinese Mah Jongg while living in Hong Kong and fell in love with the game. After moving to Sarasota, she subsequently learned the American version and has been teaching it for six years. Joyce teaches Canasta and Mah Jongg again in the Winter Term.

11:00 AM-12:30 PM

Thursdays

Begins: 11/5

Ends: 12/17

Six sessions

Members \$90

Non-Members \$100

FR3

## LEARN HOW TO PLAY MAH JONGG

Joyce Doran

This time-honored, rummy-like Chinese tile game is simple and at the same time, challenging. It's competitive and requires skill, concentration, and luck! But the main objective is to have fun and enjoy this wonderful, sociable game in a relaxed atmosphere. This course teaches you the basics and will get you playing fairly quickly. There's nothing more exciting than when you call “Mah Jongg!” We play by the rules of the National Mah Jongg League based in New York. Hands-on instruction will be given while you learn to play. Time permitting, Joyce will cover winning strategies. Mah Jongg sets are provided and the 2020 Mah Jongg card will be available to purchase from Joyce. Students cannot miss the first class, or they will not be able to take the course.

See Biographical Sketch above.

1:00-2:30 PM

Thursdays

Begins: 11/5

Ends: 12/17

Six sessions

Members \$90

Non-Members \$100

Note: Canasta and Mah Jongg may be postponed until January/February if the pandemic persists. Refunds will be given, or credits assigned, per the student's request. Or you can register and pay later if it's on. See page 32 for Canasta, and page 35 for Mah Jongg, in the Winter Term.

## FRIDAY

The school is closed FRIDAYS in the Fall Term for in-person programs except for one class on Friday, November 13. See SPFS below.

ZOFR1

SOCRATES CAFÉ — Thriving In Turbulent Times

NEW

Zoom Only Dilip Mathur

Bring your own coffee and bagel to these brunch time forums on Zoom. Dilip, an experienced Socrates Café meeting moderator, will begin the meeting with a short introduction to the topic of the day, which will then be followed by open, lively, guided discussions. The theme for these cafes is: How do we learn to live, smile, and flourish under risky, uncertain, and restricted conditions? How do we use our creativity, expand personal resources, and recreate the intimacy of our friendships and family life? We will use stories and humor to learn how to redesign our lives, reinvent ourselves, to thrive in these turbulent times. Limited to 20 participants.

Dilip Mathur is a frequent speaker and workshop leader on topics related to wisdom and happiness. He taught the Wisdom of Vedanta course at the Chinmaya Center in Boston for 13 years. An MIT alumnus, he has been a CEO, and the architect of businesses that have created over 50,000 jobs for disadvantaged people, particularly village women.

11:00 AM-12:30 PM  
Four sessions

Fridays  
Members \$75

Begins: 10/16  
Non-Members \$85

Ends: 11/6

## ANNUAL FALL MOVIE FESTIVAL

SPFS

BURNS COURT CINE-WORLD FILM FESTIVAL SEMINAR

Gus Mollasis

The Sarasota Film Society's annual Cine-World Film Festival presents a fabulous variety of excellent films from around the world. It is a "must-do" for film buffs and great fun! After carefully selecting six films to see at Burns Court Cinema, Gus will contact each student with the assigned Cine-World movie list. Discussions will be held, if possible, at The LBK Education Center; classroom dates are listed below.

Note: Students will be required to purchase their own film tickets online after they have been notified by Gus of the assigned movies, times and dates. Students must be members of the Sarasota Film Society. Call 941-364-8662 or join online: [www.filmsociety.org](http://www.filmsociety.org). The festival is slated to run from November 6 -15 this year. However, the dates may change depending on the pandemic's course. The movies may also be streamed rather than shown in the movie theatres. We will keep registrants updated.

See Biographical Sketch on page 4.

10:00 AM-12:00  
Three sessions

Dates: Mon., 11/9 , Fri., 11/13 , Mon., 11/16  
Members \$55

Non-Members \$65

## SATURDAY

FS1

CHAIR YOGA

Angelena Craig

For Course Description see page 5.

10:00-11:00 AM  
Six sessions

Saturdays  
Members \$66

Begins: 11/7  
Non-Members \$78

Ends: 12/19

Note: Students can join at any time on a pro-rated basis if space permits.

NO CLASSES THANKSGIVING WEEK, NOVEMBER 23-28

## FALL WORKSHOPS ON ZOOM

ZOFWK1

GET UP TO SPEED WITH ZOOM!

NEW

Zoom Only

Keith Coker

Most people have heard of Zoom by now due to the pandemic and many instructional programs being presented live, online. Zoom is a popular video conferencing application that works with computers, laptops and tablets, and smart mobile devices. If you haven't ventured into using Zoom for classroom meetings, or you want to better understand how to use Zoom for your online classes, this workshop will bring you up to speed. You will learn Zoom settings, protocols, classroom etiquette and how to use different features and icons. You will need either a computer (Mac or PC) or laptop/tablet with a built-in camera (a webcam can be purchased separately if necessary), or a smartphone (android or iPhone). It is recommended that you install the free Zoom app on your device before the workshop. If you need help with this process, the office will put you in touch with Keith Coker and he can walk you through the installation in advance of the workshop. This workshop will also be a useful precursor for Keith Coker's other classes on iPhones and iPads (see pages 29 and 35) as they will be taught exclusively on Zoom. Registrants will be contacted by email with a link, a meeting ID, and password.

Keith S. Coker is an IT and technology consultant specializing in Apple technology and products. He is owner and president of Cybaris Network, Inc., providing in-home and in-office, personalized audio-visual advice and technical support in the greater Sarasota area since 1997. He was senior associate with Computer Technologies Group (CTG) for 10 years and was media center coordinator for New Gate School and media center assistant at New College of Florida. He holds a BA from New College of Florida, Sarasota, and has been president and vice-president of Sarasota/Manatee Macintosh User's Group (SMUG).

1:00-3:00 PM

Saturday, October 10

One session

Members \$30

Non-Members \$35

ZOFWK2

FINDING SIMPLICITY IN THE NEW NORMAL —

NEW

Zoom Only

From Overwhelmed to Organized!

Patricia Diesel

This workshop will help participants develop positive mind sets and productive habits for adjusting to the "new normal" during the pandemic. Many of you have already made dramatic adjustments to your lifestyles and are continuing to cope with new, unprecedented challenges. But maybe your old, unproductive habits are still lingering and making you feel even more distressed in these unpredictable times. Your unproductive habits can be changed! Learn how to conquer the clutter and get organized to have greater efficiency, less stress, and more tranquility and freedom! It simply requires thinking and feeling differently. Join Patricia as she leads you through some mind hacks to overcome stress and remain positive, gives you clutter solutions to control clutter overload in your home and work space (less is more!), provides motivational tips for self-care and wellness, and helps you establish new boundaries and healthy habits that will last a lifetime. There is power in organization!

Patricia Diesel is a leading organizing expert and lifestyle coach dedicated to bringing her skills, inspiration, and encouragement to those who want to regain hope and enhance the quality of their lives. She is a graduate of the Institute for Professional Excellence in Coaching and the Institute for Challenging Disorganization. Her media appearances include: Good Morning America, Lifetime, The Learning Channel, Woman's Day, Healthology, and Cosmopolitan.

1:00-3:00 PM

Thursday, October 15

One session

Members \$30

Non-Members \$35

## SPECIAL VIRTUAL TRAVEL PRESENTATION

**ZOSPFP** VENICE: 1000 YEARS OF HISTORY AND CULTURE

NEW

Zoom Only Elaine Ruffolo and Robert Gaglio

You may not be comfortable getting on a plane and travelling to Europe during the pandemic, so why not enjoy this live virtual Zoom encounter with travel specialist Robert Gaglio and art historian Elaine Ruffolo, who will lead participants on an enlightened and fascinating look at the history, art, and culture of Venice, the world's most beautiful city. From merely a collection of mudbanks you will learn the remarkable story of how Venice became the leading maritime power in the Mediterranean during its Renaissance heyday, and possibly the wealthiest city in Europe. Elaine will cover Venice's special places such as St. Mark's Basilica, one of the most famous of the city's churches and one of the best known examples of Italo-Byzantine architecture; the Doge's Palace, the very symbol of Venice; other islands like Murano and Torcello, and some of its great artists such as Titian, Tintoretto and Veronese. Participants will be able to ask questions and interact with the presenters.

Elaine Ruffolo obtained a BA in art history from the University of Wisconsin and an MA in art history from Syracuse University. She is a certified guide and since 1990 has been teaching art history in Florence. Her special interests include the history of patronage and the economy of Italian Renaissance city-states.

Robert Gaglio owns and operates Italian Culinary Tours, a specialty travel company that offers unique dining experiences and educational tours through the diverse regions of Italy. Since the pandemic, with travel to Europe curtailed, Robert has been offering Zoom presentations with Elaine Ruffolo to continue to share his passion for Italian culture.

1:00-3:00 PM  
One session

Thursday, October 22  
Members \$30

Non-Members \$35

### TO REGISTER FOR PROGRAMS

MAIL: Mail in one of the registration cards found in the middle of this brochure

ONLINE: [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org)

EMAIL: [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org)

PHONE: (941) 383-8811

NOTE: We ask that Zoom registrants register early for administrative purposes.

Become a Friend/Member and enjoy special member prices and benefits! Check the flap attached to the registration cards in the middle of the brochure for membership details. Call our office, send us an email or visit our website to submit your membership application.

# WINTER CLASSES 2021

January 4, 2021-February 27, 2021

Most classes meet once a week.

Check beginning and end dates carefully. A few classes will meet by Zoom only (ZO), many will have a combo of in-person and Zoom available (ZA), and some will meet in-person only with social distancing and all pandemic safety protocols followed.

See note below.

## MONDAY

**WM1** GENTLE KRIPALU YOGA — Open the Doors to Your Inner Knowing  
Emme Shapiro

For Course Description see page 3.

9:00-10:00 AM	Mondays	Begins: 1/4	Ends: 2/22
Eight sessions	Members \$88	Non-Members \$104	

Note: Yoga classes are offered Monday, Tuesday and Wednesday (Chair Yoga) at 9:00 AM. Fitness is offered on Thursdays at 9:00 AM, Qigong on Fridays at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

**WM2** THE WORLD'S GREATEST SHORT STORIES  
Edward J. Dwyer, Ph.D.

This course will focus on the greatest short stories ever written! This year's extraordinary lineup features Edgar Allan Poe's "The Mask of the Red Death," Kurt Vonnegut's "Harrison Bergeron," T.C. Boyle's "Are We Not Men?" and Ursula Le Guin's "The Ones Who Walk Away from Omelos." Students should secure their own copies of the stories (all stories are available online) and come to the first class having read Poe's "The Masque of the Red Death." Classes are extraordinarily participant-friendly. Read, discuss, enjoy! Note: Class size will be limited and social distancing in effect.

Dr. Edward J. Dwyer earned his BS in engineering from West Point and his MA and Ph.D. from Villanova and Temple in PA. He taught English for 25 years. As president of Ed Dwyer Seminars, he has consulted worldwide in corporate, military and government and taught people to improve their writing, speaking and leadership skills. Additionally, he is the author of Lincoln, Kennedy and King: Their Great Speeches and Writings and two books on great quotations Quotes 365 and Quotes 365 II.

9:00-10:30 AM	Mondays	Begins: 1/4	Ends: 1/25
Four sessions	Members \$75	Non-Members \$85	

### Note:

Every effort will be made to keep classrooms safe for in-person attendance. We will follow all the up-to-the-minute CDC and local government agency guidelines and protocols for Covid-19 precautions. In-person class sizes will be limited with social distancing in effect. Bridge, canasta and mah jongg classes might be cancelled if it is not considered safe. Disposable masks and hand sanitizers will be available. Our staff will wear masks and we will utilize temperature checks upon entry to classrooms if these measures are still recommended in Jan/Feb/March. We ask that you not congregate in the lobby before class and not attend classes in-person if you have a cough or other health issues. Thank you for your cooperation and support!

## MONDAY (CONT.)

**WM3**

### THE WORLD'S GREATEST NOVELLAS

Edward J. Dwyer, Ph.D.

This annual series continues with four of the greatest novellas ever written. Each one is radically unique, riveting and memorable. You have a real treat in store! Ed promises it! Come to the first class having read F. Scott Fitzgerald's *The Great Gatsby*. Then in order of discussion, novellas include Leo Tolstoy's *The Death of Ivan Ilych*, Cormac McCarthy's *The Road*, and Ryunosuke Akutagawa's *Rashomon*. Please purchase these books for yourself. Classes are extraordinarily participant-friendly. Students who took this popular course last season are welcome to return and discuss new novellas. Come out and enjoy yourself. Note: Class size will be limited and social distancing in effect.

See Biographical Sketch on page 11.

9:00-10:30 AM  
Four sessions

Mondays  
Members \$75

Begins: 2/1  
Non-Members \$85

Ends: 2/22

**WM4**

### AT THE MOVIES

Gus Mollasis

For Course Description see page 5.

11:00 AM-12:30 PM  
Eight sessions

Mondays  
Members \$120

Begins: 1/4  
Non-Members \$130

Ends: 2/22

**WM5**

### A STRATEGIC APPROACH TO BRIDGE BIDDING AND PLAY — FOR ADVANCED PLAYERS

Dick Wegman

This course is for experienced bridge players and is designed to help players deal with problems that arise frequently at the table. Players should already be familiar with basic play and defensive tools, and common conventions such as Stayman, Blackwood and Gerber. Course topics will include: constructive and competitive bidding, hand evaluation, slam bidding techniques, declarer play strategies, and defensive signaling and tactics. This year the course will include new material and example hands on how to enter the auction safely after opponents have opened, interference bidding (including preempts), and defensive strategies. If students cannot sit at the bridge tables due to CDC social distancing requirements, Dick can turn the class into a lecture-style program giving instructions and illustrations. Students would sit classroom-style 6 feet apart. New and returning students are welcome. This course sells out every year so please register early!

Dick Wegman is an ACBL diamond life master with more than 9000 masterpoints. He is a certified bridge teacher who has taught bridge workshops on bidding, declarer play, and defense both on Longboat Key and in the Washington D.C. area. He is a national bridge champion who competes regularly in national and regional tournaments against top American and international bridge experts.

11:00 AM-12:30 PM  
Six sessions

Mondays  
Members \$85

Begins: 1/11  
Non-Members \$95

Ends: 2/15

## HOW TO REGISTER

ONLINE: [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org)

MAIL: Mail in one of the registration cards found in the middle of this brochure.

PHONE: (941) 383-8811

# MONDAY (CONT.)

WM6

FAR-REACHING POLITICAL QUESTIONS  
FOR THE 21ST CENTURY

NEW

Mark Weston

ZAWM6

Zoom Available

Part One — What Happened in November?

Mark Weston will look at the November election and try to answer some of these questions. Was Florida predictable or a surprise? Have Minnesota, Texas and Georgia become purple states yet? Was the voting somewhere so unfair that it swung a state? Was foreign interference irrelevant or crucial? Were third and fourth parties irrelevant or crucial? What was the effect of the coronavirus on the outcome? How did working class men and women in the Midwest and Pennsylvania vote this time? Did Black and Hispanic turnout increase? Was the campaign as ugly as the one in 2016? What were the campaign's biggest lies, and did they succeed or fail?

Part Two — Immigration — The Issue That's Driving Populism

This lecture will examine the issue that has driven populism around the world: immigration. Why have more people voted for Trump in areas where there are fewer immigrants? Why did American conservatives become so angry and hardline about immigration after Reagan's 1986 Amnesty? Why did Europeans turn to the right after refugees fled Syria in 2015 and 2016? Can this issue be diffused? Reform is difficult. Come and hear Mark Weston's suggested compromise. This lecture highlights the last chapter of his new book *21st Century Tune-Ups for Our 18th Century Government*.

Mark Weston is a graduate of Brown University and the University of Texas Law School. He worked as a lawyer for ABC Television and as a journalist for ABC News before writing six books, including [The Runner-Up Presidency—The Elections that Defied America's Popular Will](#); and [Prophets and Princes—Saudi Arabia from Muhammad to the Present](#). He has written articles for [The New York Times](#), [The Washington Post](#) and [TIME](#), and has appeared on CNN and MSNBC.

11:00 AM-12:30 PM

Mondays

Begins: 1/4

Ends: 1/11

Two sessions

Members \$40

Non-Members \$45

ZOWM7

THE FUTURE OF CAPITALISM AND DEMOCRACY

Zoom Only Philip Kotler, Ph.D

U.S. citizens and businesses will have experienced three significant events when this course is offered: 1. The coronavirus pandemic 2. The election of a president 3. The fight for racial justice. These events will have deep impacts on the future shape of American capitalism and American democracy. Will American capitalism follow the model of (A) Free market capitalism, (B) Shareholder capitalism, (C) Stakeholder capitalism, (D) Welfare capitalism, or (E) Worker/co-op capitalism? Each system will create a vastly different impact on the nation's economic growth, efficiency, resilience, and income distribution. The debate of high-income inequality versus low-income inequality will be discussed. This popular series will also examine how politics influence national policies and reshape our democracy. How much are we losing of our democratic character?

Dr. Philip Kotler received his Ph.D. from MIT in economics and is the S.C. Johnson and Son Distinguished Professor of International Marketing at the Kellogg School of Management, Northwestern University. He trained at the University of Chicago and M.I.T and is the author of 70 books. He lectures around the world on economics and marketing strategy. His most recent books are [Confronting Capitalism: Real Solutions for a Troubled Economic System](#) (2015), [Decline of Democracy: Rebuilding the Future](#) (2016) and [Advancing the Common Good](#) (2019).

11:00 AM-12:30 PM

Mondays

Begins: 1/18

Ends: 1/25

Two sessions

Members \$40

Non-Members \$45

## MONDAY (CONT.)

**WM8** EXPLORING THE NEIGHBORHOODS OF NEW YORK CITY NEW  
Michael Sherrow

**ZAWM8** Zoom Available

Michael Sherrow is back this season with more fascinating historical information about New York City. This season students will visit the city's many distinct neighborhoods, each with its own characteristics, diverse populations, unusual sites, and separate histories. This is a fun opportunity to learn more about such areas as Greenwich Village, Soho, Hell's Kitchen, Flatbush, and many other interesting parts of the great metropolis.

Michael Sherrow obtained his BBA from Baruch School of the City University of New York and his JD from St. John's University Law School and is a retired member of the New York State Bar. He was a partner for over 40 years with an international real estate investment banking firm headquartered in Manhattan. Michael was born and raised in NYC and has lived there his entire life. He has always been interested in the origins and history of the city and is personally familiar with many of its neighborhoods. He is a Big Apple Greeter (BAG); a non-profit group of volunteers who take visitors, at no cost, on tours to the less traveled, more interesting areas of the city. Michael shouts... "I HEART NY!"

11:00 AM-12:30 PM      Mondays      Begins: 2/1      Ends: 2/8  
Two sessions      Members \$40      Non-Members \$45

**WM9** THE NEW NORMAL — The Future Course of Our Nation NEW  
Robert Gary

**ZAWM9** Zoom Available

From shaking hands to attending baseball games, our lives will be reshaped by the pandemic. How we view government, health care and even our social interactions will bare the imprint of the coronavirus. Layered on the health crisis is a presidential election, the results of which will be known by the time this series takes place, and which will determine the future course of the nations. These new normals will be explored without the benefit of a historical perspective. Timely issues that arise from the time of this brochure printing to the lectures in February will be included in the lectures.

Robert (Bob) Gary obtained a JD from the Case Western Reserve School of Law and has an LLM in criminal justice from the New York University School of Law. He was a former trial attorney in the Criminal Division of the U.S. Dept. of Justice. He was also a special assistant U.S. attorney and the deputy chief and acting chief of the U.S. Justice Department Cleveland Strike Force on organized crime and special assistant to the governor of Ohio. In other capacities he was responsible for the supervision of major federal investigations, conducting federal grand juries and the trial and prosecution of cases in the federal courts.

11:00 AM-12:30 PM      Mondays      Begins: 2/15      Ends: 2/22  
Two sessions      Members \$40      Non-Members \$45

**WM10** ADVANCED INTERMEDIATE BRIDGE  
Larry Auerbach

This course is intended for players who have taken INTERMEDIATE BRIDGE I and II or their equivalent and who have mastered bidding. Instruction will go further into playing of the hand and into the defense. Return to this level again and again!

See Biographical Sketch on page 3.

1:00-2:30 PM      Mondays      Begins: 1/4      Ends: 2/22  
Eight sessions      Members \$115      Non-Members \$125



## MONDAY (CONT.)

### **ZOWM11** GUIDED AUTOBIOGRAPHY

Zoom Only Melissa Kotler Schwartz

Your stories are the fabric of your life. They reside within you. Guided Autobiography (GAB) helps individuals organize their life stories with themes and priming questions that evoke memories of events once known but filed away and seemingly forgotten. Writing your life stories helps gain perspective, appreciation, strength, and new meaning in your life. Facilitated in a supportive atmosphere, this process and these classes, will get you started on the story of your life with baby steps, one page at a time. Due to the popularity of this class, we have made the course eight weeks instead of four weeks long. However, students may take only 4 continuous sessions (January or February) on a pro-rated basis if space permits; four sessions for Members \$75 and Non-Members \$85. Melissa will be teaching exclusively on Zoom in the 2021 season.

Melissa Kotler Schwartz is a college English instructor and a certified Guided Autobiography (GAB) instructor from the James F. Birren School of Autobiography. She is the author of Strangers I Have Known. See [www.strangersihaveknown.com](http://www.strangersihaveknown.com).

1:00-2:30 PM Mondays Begins: 1/4 Ends: 2/22  
Eight sessions Members \$145 Non-Members \$155

### **WM12** THE FILMS OF MICHAEL CURTIZ NEW

Gus Mollasis

Yes, he directed Casablanca, and that made him a legend. But he did so much more — Mildred Pierce, Yankee Doodle Dandy, and many others from Hollywood's Golden Age. His English wasn't too good...but his touch on a movie set was magical and memorable. Because of Curtiz we will "always have Paris" and we will always have Cagney's Yankee Doodle Dandy Oscar performance. Note: Class size will be limited with social distancing in effect.

See Biographical Sketch on page 4.

1:00-4:00 PM Mondays Begins: 1/4 Ends: 1/25  
Four sessions Members \$75 Non-Members \$85

### **WM13** THE DECADES' BEST NEW

Gus Mollasis

Four of Gus's favorite classics, movies that still get to him and will get to you, from the two great film decades, the 60s and 70s, will be viewed and discussed. A special look at the year 1962 will be taken, a year that many call the greatest in Hollywood history. Masters such as Ford, Huston, Lean, and Kurusowa all were making important film contributions. The 70s make a case as being the most powerful decade in the history of cinema.

Note: Class size will be limited with social distancing in effect.

See Biographical Sketch on page 4.

1:00-4:00 PM Mondays Begins: 2/1 Ends: 2/22  
Four sessions Members \$75 Non-Members \$85

### A SPECIAL PACKAGE PRICE FOR WM12 AND WM13!

### **WM14** MICHAEL CURTIZ & THE DECADE'S BEST — Special Package Price

Gus Mollasis

For Course Descriptions see above.

1:00-4:00 PM Mondays Begins: 1/4 Ends: 2/22  
Eight sessions Members \$130 Non-Members \$150

## MONDAY (CONT.)

**WM15** JULIUS CAESAR — All Politics is Personal NEW  
Jonathan Epstein

This two-session program will offer insights into Shakespeare's most deeply psychological political drama. It's the story of a coup, an assassination, the descent of Republic into Empire, and perhaps of Shakespeare's most deeply felt, tragic and chaste love story. It is above all a hymn of praise for the concept of honor, and its cost. This course will also serve as a useful introduction to the play for theatergoers who plan to attend the Asolo Conservatory production of the play at Selby Gardens in the spring of 2021 which Jonathan will direct. Note: Class size will be limited with social distancing in effect.

Jonathan Epstein is teaching professor of classical performance at the Asolo Conservatory of Florida State University. As an actor he has performed on and off-Broadway, in London's West End, and at dozens of regional theatres across the country, but is best known for his 25-year association as actor, director and teacher with Shakespeare & Company in Lenox, Massachusetts. He was text and sonnet teacher in more than 30 of the company's month-long workshops for professional actors and has been teaching Shakespeare courses at the LBK Education Center for the last six seasons.

3:00-4:30 PM                      Mondays                      Begins: 1/18                      Ends: 1/25  
Two sessions                      Members \$40                      Non-Members \$45

**WM16** THE FUTURE BY DESIGN — NEW  
Successfully Adapting to Our Changing Environment  
John Lambie

**ZAWM16** Zoom Available

Does the future look like threat or opportunity? This two-part program will shift your attention to credible opportunity! Learn how cities around the world are transforming through innovation, collaboration and focused attention on long-term goals that make sense now. Zero energy buildings that deliver incredible performance and quality of life, transportation evolution, restoring watersheds, renewable energy and zero waste strategies all catalyze investment now and the economy of the future. The second session will focus on creating a regenerative economy right here, where we work together, and market choices actually make things better. We will tie all this together with a review of local natural, built, economic and social environments, design thinking, and your thoughts on what matters.

John Lambie has a history of serial entrepreneurship and a contagious passion for science and our future by design inspired by Buckminster Fuller. He was an adjunct professor in the environmental studies program at New College and was the founding director of the Florida House Institute. Today his interests are focused on the new Southface partnership with Florida House, facilitating change for a sustainable future and engaging college students in projects that build community data to support local decision making.

3:00-4:30 PM                      Mondays                      Begins: 2/1                      Ends: 2/8  
Two sessions                      Members \$40                      Non-Members \$45

**WM17** BEGINNING BRIDGE I  
Larry Auerbach

This course reviews fundamentals and is for players with some knowledge of the game.

See Biographical Sketch on page 3.

3:00-4:30 PM                      Mondays                      Begins: 1/4                      Ends: 2/22  
Eight sessions                      Members \$115                      Non-Members \$125

## MONDAY (CONT.)

**WM18**

**AUGUST WILSON: The Man, the Playwright, the Legend**  
Travis Ray

**NEW**

Most people are familiar with August Wilson, the playwright, but what about the man or his legacy? In this two-session program we will explore August Wilson's background, his ten-play cycle, which is known as "The American Century Cycle," and his 4 B's (the Blues, Jorge Luis Borges, Amiri Baraka, and Romare Bearden). We will watch interviews of Mr. Wilson as well as view a few scenes from *Fences*, *Jitney*, and others. And we just might have an actor present a monologue or scene LIVE, in class, from one of August Wilson's most popular plays! This will be a jam-packed class filled with drama, fun, and a lot of knowledge. This program was specifically scheduled to take place during Black History month. Note: Class size will be limited with social distancing in effect.

Travis Ray earned a BA in theatre performance from Alabama State University. He continued his professional actor training at the Johnny Carson School of Theatre and Film, Nebraska Repertory Theatre. He also holds an MFA in theatre management and arts administration from the University of Alabama. Travis has worked with the Alliance Theatre, Atlanta Coalition of Performing Arts, the King Tut Exhibit, Children's Theatre of Charlotte, the Goodman Theatre, Steppenwolf Theatre Company, and Tyler Perry Studios. He is currently associate managing director at the Westcoast Black Theatre Troupe in Sarasota and owner of The Dapper Bowtique.

3:00-4:30 PM  
Two sessions

Mondays  
Members \$40

Begins: 2/15  
Non-Members \$45

Ends: 2/22

## TUESDAY

**WT1**

**SWEET AND SPIRITED YOGA!**  
Mary Kane

For Course Description see page 4.

9:00-10:00 AM  
Eight sessions

Tuesdays  
Members \$88

Begins: 1/5  
Non-Members \$104

Ends: 2/23

Note: Yoga classes are offered Monday, Tuesday, Wednesday (Chair Yoga) at 9:00 AM. Fitness is offered on Thursday at 9:00 AM. Qigong is offered on Fridays at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

Note: Due to space constraints in the brochure we may not be able to put this note in the description of all programs that are Zoom Available. If the pandemic persists and worsens, and it is recommended or mandated not to have in-person classes, even with social distancing and other protocols, we will advise registrants if we are going to Zoom Only or cancel the program, offering refunds or credits. We hope this will not happen but as of the printing of this brochure everything is unpredictable.

Questions? (941) 383-8811  
e-mail: [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org)

## TUESDAY (CONT.)

WT2

### BURNING ISSUES IN THE SUPREME COURT — 2020 TOP CASES

Bill Cotter, J.D.

ZAWT2

Zoom Available

Bill will discuss the current composition and history of the Supreme Court as well as the President's legal disputes with the House of Representatives and other court challenges to the Executive. In that review the class will explore whether the Court is still an independent body, or has it become just another political branch? Students will also analyze several leading cases decided in 2020. These cases concern: the subpoenas of the President's tax returns; LGBT discrimination; DACA; insurance companies reimbursements and the birth control mandate under Obamacare; abortion; separation of Church and State; the Sixth Amendment requirement of a unanimous jury; robocalls and the First Amendment; and "faithless electors" in Presidential elections. This seminar-style course has limited enrollment for students who want homework (there are required readings) and vigorous and respectful discussion is encouraged. All the cases are new and prior participants are most welcome. Bill will also give his perennial favorite, traditional lecture-type, two-session series, which will be a shorter version of this in-depth course and will have no assigned readings, on Tuesdays in February. (See page 20).

Note: As of the printing of this brochure we hope that we can offer this program in-person to a small group with social distancing and safety protocols as well as on Zoom for people who prefer to enjoy the series at home. We may go to Zoom Only if necessary, but all registrants will be advised.

Bill Cotter is a graduate of Harvard College and Harvard Law School and was president and professor of constitutional law at Colby College for 21 years. He was then founding president of the Oak Foundation in Geneva, Switzerland. Prior to Colby, Bill was president of the Africa-America Institute, Ford Foundation Representative for Colombia and Venezuela, a White House Fellow with President Johnson, an associate attorney on Wall Street, an assistant attorney general ("Crown Counsel") in Nigeria, and a law clerk to a Federal District Judge in the Southern District of New York. He has taught constitutional law at local lifelong learning institutions for several years.

9:00-10:30 AM

Tuesdays

Begins: 1/5

Ends: 1/26

Four sessions

Members \$75

Non-Members \$85

WT3

### LET'S GO BIRDING ON LONGBOAT AND LIDO KEYS!

Kathy Doddridge

Sarasota and Manatee counties have a wide variety of birds, which you will learn to identify in their natural habitat. The first meeting will be held at the school and cover birding basics. Over the next three weeks you will continue learning about birds while in the field (details and field trip locations will be given at the first class). Binoculars are a must. Each trip will consist of about a mile of pleasantly paced walking. New and returning birders have exciting outings every year in this popular course. All field trips are subject to rain dates.

Kathy Doddridge is a retired communications director having worked at NCR Corporation for 23 years. She is an enthusiastic birder who learned from some of the best birders in Sarasota and Manatee counties. For the last four years she was the top e-Birder in Manatee county tallying over 200 species in each year. She serves as compiler for the National Audubon Christmas Bird Count — Bradenton Circle, is a Celery Fields bird naturalist and an accomplished photographer.

9:00-10:30 AM

Tuesdays

Begins: 2/2

Ends: 2/23

Four sessions

Members \$75

Non-Members \$85

## TUESDAY (CONT.)

WT4

THE ARTISTRY OF CLASSICAL BALLET —  
Past, Present, and Future  
Robert de Warren

NEW

ZAWT4

Zoom Available

In this two-part series Robert de Warren will take a glimpse at the roots of classical ballet from its origins in the Italian courts in the 15th and 16th centuries as “balletto,” or small dance work, to the elaborate creations under the Italian Queen of France, Catherine de Medici, in the mid-16th century, through the late 17th century with the Royal Academy of Music and Dance (now the Paris Opera), founded by King Louis 14th, and subsequently adopted by major royal courts across Europe through the 19th and 20th centuries, to include the Americas. The artistry of classical ballet, performed in the royal courts, developed parallel to music and opera, including scenery and costume design and the literary and historic influences of each period. Robert will highlight some classical ballets performed through the centuries up to today to show how this artistry has evolved to incorporate incredible acrobatic feats, giving musicality and expression a somewhat lesser function. Composers, choreographers and dancers from the beginning of the art form to present day will be discussed and illustrated with video clips to show how the artistry of ballet originated, where it is today, and how it is transitioning into the future. Note: As of the printing of this brochure we hope that we can offer this program in-person with social distancing and safety protocols as well as on Zoom for people who prefer to enjoy the series at home. We may go to Zoom Only if necessary, but all registrants will be advised.

Robert de Warren is an international ballet director, choreographer, and designer. He has directed a number of companies, including the Iranian National Ballet (under the former Shah), the Northern Ballet Theatre in the United Kingdom, the Ballet at La Scala Opera House in Milan, and the Sarasota Ballet, where he was artistic director for 13 years. His memoir Destiny's Waltz—In Step with Giants, covers his artistic journey.

11:00 AM-12:30 PM  
Two sessions

Tuesdays  
Members \$40

Begins: 1/5  
Non-Members \$45

Ends: 1/12

WT5

RACH'IN AND ROLLIN — From Romantic to Frantic —  
Sergei Rachmaninov to Hoagy Carmichael  
Sandra Moulin

NEW

ZAWT5

Zoom Available

Two major musical icons with completely different backgrounds and styles come together in this educational and entertaining course about these composers' lives and loves. This program is designed to be fun and educational. Note: We hope that we can offer this program in-person with social distancing and safety protocols as well as on Zoom for people who prefer to enjoy the series at home. We may go to Zoom Only if necessary, but all registrants will be advised.

Sandra Moulin is a professional musician, public speaker, actress, author, and storyteller. For over 30 years she enjoyed a career as a French and humanities high school and university instructor, as well as an entertainer, in Michigan and North Carolina. Locally, Sandra continues to share her passion and talent for teaching and playing the piano with her presentation that brings composers' music and their dalliances to life. Her one-woman show FINE AND DANDY, the story of George Gershwin and Kay Swift, which she was unable to present last season, will be performed at the school on Friday, Feb. 26. See page 45.

11:00 AM-12:15 PM  
Two sessions

Tuesdays  
Members \$40

Begins: 1/19  
Non-Members \$45

Ends: 1/26

## TUESDAY (CONT.)

### **WT6** MAGIC FOR THE YOUNG AT HEART Mark Hogan

You're never too old to learn new tricks! This is your chance to learn simple, easy-to-do magic tricks that you can perform at family gatherings and parties. And here's the best part: you can remain the "cool" magic grandpa or grandma or party magician or you can become the magic guru yourself—teaching these tricks to your grandkids, friends and associates. Performing these fun tricks is a fantastic opportunity for you to connect with people and share some unique and unforgettable moments. Students will need to purchase a magic kit for \$20, payable to the teacher at the first class. New tricks for returning students! This program is best conducted in-person only. It is recommended that students register but not pay until we know if we can safely offer the course with pandemic protocols in place.

Note: Class size will be limited with social distancing in effect.

Mark Hogan is a magician who has been performing and enjoying magic for over 25 years. He has performed primarily in social and non-profit venues. His passion to share magic with others has led him to write two books on basic magic principals for both seniors and younger children. He teaches seniors at the Osher Lifelong Learning Institute and Communiversity and to 5th and 6th grade school magic clubs, both in Cincinnati.

11:00 AM-12:30 PM	Tuesdays	Begins: 1/5	Ends: 1/26
Four sessions	Members \$75	Non-Members \$85	

### **WT7** AT THE MOVIES Gus Mollasis

For Course Description see page 5.

11:00 AM-12:30 PM	Tuesdays	Begins: 1/5	Ends: 2/23
Eight sessions	Members \$120	Non-Members \$130	

### **WT8** BURNING ISSUES IN THE SUPREME COURT—2020 TOP CASES Bill Cotter, J.D.

**ZAWT8** Zoom Available

For Course Description see page 18. Following last year's pattern, Bill Cotter will lead a four-session seminar-style course in January as well as this annual two-part lecture series in February. Both will cover the same cases. The four-session course in January (Tuesdays from 9-10:30 AM, see page 18), will have limited enrollment, and there will be advanced reading assignments with adequate time for class debate. This two-part lecture series covers the material more rapidly and, as a result, there is some, but less, time for discussion. Register early! This popular lecture series always sells out and it will also have limited in-person enrollment due to social distancing and pandemic protocols.

See Biographical Sketch on page 18.

11:00 AM-12:30 PM	Tuesdays	Begins: 2/2	Ends: 2/9
Two sessions	Members \$40	Non-Members \$45	

**STAY IN THE KNOW** — Make sure the office has your email address so we can eblast you with reminders of what's coming up and announcements of special programs and events that are not in the brochure. Also, check the bulletin board in the main hallway next to the elevators for upcoming events. NOTE: RECEIPTS FOR REGISTRATIONS AND MEMBERSHIPS WILL BE SENT BY EMAIL AS WELL AS ZOOM LINKS.

## TUESDAY (CONT.)

WT9

HOW TO REDUCE IGNORANCE AND SUFFERING  
AND EXPAND KNOWLEDGE AND JUSTICE

NEW

Joe Simonetta.

ZAWT9

Zoom Available

Life is, and always will be, full of peril. All lifeforms struggle to survive and reproduce. Everywhere, we see inequity, injustice, violence, and suffering. To end our needless suffering, prosper together, find peace, sustain humanity, and advance our civilization, what level of thinking do we need to rise to and how do we get there? The window of opportunity to make the necessary and monumental shift in thinking is small compared to the large obstacles in our current belief systems that must be dissolved. Yet, we must do this if we and all the millions of life forms that share this jewel of a planet are to survive. Joe will draw from his book *7 Words That Can Change The World – The Simple Truth & The Death of Sacred Cows*, available on Amazon in paperback and Kindle. The book has received rave reviews as have his talks on what reviewers consider to be an awe-inspiring new world belief system.

Note: In-person attendance will be limited with social distancing in effect.

Joe Simonetta is the author of seven books. He holds a BS in business from Penn State University, an MA in architecture from the University of Colorado and an MA from Harvard Divinity School where he studied ethics, global environmental issues, world belief systems, cosmology, and evolutionary biology. He has been a U.S. Army officer, professional athlete (tennis), entrepreneur and businessman, architect, real estate developer, home builder, environmental activist, and senior editor of the World Business Academy. He was twice a nominee for the U.S. Congress, and once a nominee for the U.S. Presidency (Democratic Party National Convention, New York City, 1992).

11:00 AM-12:30 PM

Tuesdays

Begins: 2/2

Ends: 2/9

Two sessions

Members \$40

Non-Members \$45

WT10

FREUDIAN THEORY AND OUR CURRENT POLITICAL LANDSCAPE

NEW

Kenneth Simons, Ph.D.

Sigmund Freud's 1921 monograph, *Group Psychology and the Analysis of the Ego* give us a template to understand the psychology of mass movements. This course will review its theoretical premises and bring these to bear specifically on the phenomenon of the "Trump Base." Digitized versions of the text are available by searching at <http://archive.org>. Note: Due to the nature of how Ken has been leading his very popular courses for the past 18 years, he knows that Zoom would not work for his class meetings. It is recommended that students pay and register for the course as it will sell out very early due to limited seating and social distancing. If it is deemed necessary to cancel the course, refunds or credits will be issued to the registrants.

Dr. Kenneth Simons, a Columbia Ph.D. in English and comparative literature, taught writing and literature at Columbia University and Wisconsin and Adelphi Universities before joining the faculty of Syosset (NY) High School. He has published on Joseph Conrad and other subjects and is listed in [Who's Who Among America's Teachers](#) (1996).

11:00 AM-12:30 PM

Tuesdays

Begins: 2/16

Ends: 2/23

Two sessions

Members \$40

Non-Members \$45

## TUESDAY (CONT.)

WT11

AT THE MOVIES

Gus Mollasis

For Course Description see page 5.

1:00-2:30 PM

Tuesdays

Begins: 1/5

Ends: 2/23

Eight sessions

Members \$120

Non-Members \$130

WT12

EXPRESS YOURSELF THROUGH WRITING

Ronni Miller

ZAWT12

Zoom Available

This fun, hands-on, workshop-style course that Ronni has taught at the school for 17 years, is designed for people who wish to experience the creative enjoyment of expressing themselves through writing whether it's memoir, fiction, poetry or journaling. Write to document, to enjoy, to heal, to publish, or to entertain. Novice and professional writers, new and returning students, all are welcome to share their writing in a creative and supportive atmosphere with guidance and encouragement. Class work consists of motivating, warm-up writing exercises and readings of assignments or works-in-progress.

Note: Class size will be limited with social distancing in effect.

Ronni Miller, founder and director of Write It Out®, a motivational and expressive writing program for students of all ages established in 1992, is a published, award-winning author of short stories, a playwright, editor, workshop leader, and educator who has written seven books for adults and children. Her Write It Out® program is endorsed by James W. Pennebaker, Ph.D., leading researcher in the field of expressive writing. She is national 4th VP of the National League of American Pen Women.

1:00-3:00 PM

Tuesdays

Begins: 1/5

Ends: 2/23

Eight sessions

Members \$145

Non-Members \$155

WT13

AT THE MOVIES

Gus Mollasis

For Course Description see page 5.

3:00-4:30 PM

Tuesdays

Begins: 1/5

Ends: 2/23

Eight sessions

Members \$120

Non-Members \$130

WT14

TUESDAY FILM NIGHTS: BEST MOVIES YOU'VE NEVER SEEN!

Gus Mollasis and Kathie Moon

You will enjoy a light buffet (and fresh popped popcorn!), followed by viewing a quality movie. Both Gus and Kathie have treasure troves of obscure movie gems that have rarely seen the light of day. The audience will participate in a stimulating discussion afterwards. Our movie nights are popular and fun! Note: If the pandemic persists, we will limit the food handling and the attendance, adhere to social distancing, and have a special evening enjoying in-person camaraderie taking precautionary measures. If you prefer not to pay in case these evenings are cancelled, just register and save the date. We will hold your spot and update you.

Note: Kathie will host January 19 and Gus will host February 16.

See Biographical Sketch for Gus Mollasis on page 4 and for Kathie Moon on page 6.

5:00-8:15 PM

Tuesdays

Jan., 1/19 & Feb., 2/16

Buffet: 5:15 Movie: 5:45

Buffet and Refreshments are included in the price.

Two sessions

Members \$50

Non-Members \$55

Join us for Lecture Series 2021 every Tuesday at 3 PM. Pages 51 to 54.



# WEDNESDAY

## **WW1** CHAIR YOGA Angelena Craig

For Course Description see page 5.

9:00-10:00 AM Wednesdays Begins: 1/6 Ends: 2/24  
Eight sessions Members \$88 Non-Members \$104

Note: Yoga classes are offered Monday, Tuesday and Wednesday (Chair Yoga) at 9:00 AM. Fitness is offered on Thursdays at 9:00 AM, Qigong on Fridays at 9:00 AM and Chair Yoga on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

## WATERCOLOR, ACRYLIC, PASTELS, OILS Renee DiNapoli

For Course Description see page 5.

## **WW2** WATERCOLOR ETC. — SECTION ONE

9:00-11:30 AM Wednesdays Begins: 1/6 Ends: 1/27  
Four sessions Members \$135 Non-Members \$145

## **WW3** WATERCOLOR ETC. — SECTION TWO

9:00-11:30 AM Wednesdays Begins: 2/3 Ends: 2/24  
Four sessions Members \$135 Non-Members \$145

## **WW4** WATERCOLOR ETC. — SECTIONS ONE & TWO

9:00-11:30 AM Wednesdays Begins: 1/6 Ends: 2/24  
Eight sessions Members \$235 Non-Members \$250

(Note discount if taking both sections.)

Limited Enrollment

## **WW5** INTRODUCTION TO MINDFULNESS — Reclaiming the Present Moment and Your Life Nancy Saum

Simply put, mindfulness is the practice of cultivating an accepting awareness in day-to-day life. When we rest in mindful awareness, we are able to participate more fully with life, as it is unfolding in each moment. Jon Kabat-Zinn introduced mindfulness into mainstream western medicine in 1979 with the course “Mindfulness-Based Stress Reduction” (MBSR). Since then, MBSR studies have demonstrated positive changes in the brain, correlated with greater emotional balance, compassion, and genuine happiness. Also reported is improved physical and mental well-being, as well as the ability to buffer stressful experiences when they occur. In these classes, you will practice several of the forms of mindfulness meditation taught in the MBSR course. The content and practices are valuable for the novice meditator, those with some meditation experience, and for Nancy’s return students.

Note: It was decided at the time of this brochure being put together that in-person meetings with limited numbers of students, social distancing, would be the best way to conduct the course. If that will not be possible due to the pandemic, the course can be offered through Zoom Only. We will advise and update registrants accordingly.

Nancy Saum, MS,RN,AHN-BC, is a certified holistic nurse and has completed Mindfulness-Based Stress Reduction (MBSR) training with faculty from the University of Massachusetts Center for Mindfulness. She also teaches mindful movement practices as a senior trainer with the Institute of Integral Qigong and Tai Chi. Nancy has been teaching MBSR and Qigong for more than 12 years, most recently at the Sarasota Mindfulness Institute. Nancy also teaches Qigong at 9 AM on Fridays at The LBK Ed Ctr. (page38).

9:00-10:30 AM Wednesdays Begins: 1/6 Ends: 1/27  
Four sessions Members \$75 Non-Members \$85

## WEDNESDAY (CONT.)

WW6

### MINDFULNESS MEDITATION

Ruth Fishel

Bring more patience, balance, equanimity, and joy to your life, enriching your life on all levels. Scientific studies have proven that mindfulness meditation can actually improve memory, blood pressure, sleep, and overall health and well-being, no matter at what age you begin to practice. This class will include helpful instructions in meditation, journaling and the power of affirmations. Wear comfortable clothing. Return students welcome. Ruth will also continue with another four weeks in March. (See page 57.) Note: It was decided at the time of this brochure being put together that in-person meetings with limited numbers of students, social distancing, would be the best way to conduct the course. If that will not be possible due to the pandemic, the course can be offered through Zoom Only. We will advise and update registrants accordingly.

Ruth Fishel, M.Ed., is a nationally known author, meditation teacher, retreat and workshop leader. Her books include the best-selling Time for Joy, Living Light as a Feather; Change Almost Anything in 21 Days; Peace in My Heart, Peace in the World; Wrinkles Don't Hurt: The Joy of Aging Mindfully, and Time For Me. Ruth has helped thousands of people feel better about themselves spiritually, mentally and physically.

9:00-10:30 AM

Wednesdays

Begins: 2/3

Ends: 2/24

Four sessions

Members \$75

Non-Members \$85

### LITERARY GEMS

Randi Kreiss

Talk about great books in a stimulating, friendly, and focused gathering. Have fun reading and discussing important writers, the best fiction and nonfiction, and connecting it all to the world we live in today. Sign up for one section or both. We invite new and returning students to join Randi on Zoom this season for one of our perennial favorites.

Randi Kreiss is a longtime book group facilitator with an MS in English/Education from Queens College in New York and a BS from NYU. She is a journalist, literary commentator and public speaker. She is the former editor of the Herald Community Newspapers in New York, and her award-winning weekly column can be read online at www.liherald.com. Just follow the links to the opinion pages.

ZOWW7

### LITERARY GEMS — PART ONE: LET'S TALK ABOUT IT!

Zoom Only

Gorgeously written and imagined, these books remind us why talking about books is one of the unfettered joys in life. Books in order of discussion include: Hamnet by Maggie O'Farrell; We Have Always Lived in This Castle by Shirley Jackson; The End of October by Lawrence Wright; and Writers and Lovers by Lily King.

11:00 AM-12:30 PM

Wednesdays

Begins: 1/6

Ends: 1/27

Four sessions

Members \$75

Non-Members \$85

ZOWW8

### LITERARY GEMS — PART TWO: A SUMPTUOUS BUFFET OF BOOKS

Zoom Only TO SAVOR

Savor this selection of prize-winning, highly lauded fiction. Books in order of discussion include: On Earth We Are Briefly Gorgeous by Ocean Vuong; The Disappearing Earth by Julia Phillips; Trust Exercise by Susan Choi; and Last Train to Key West by Chanel Cleeton.

11:00 AM-12:30 PM

Wednesdays

Begins: 2/3

Ends: 2/24

Four sessions

Members \$75

Non-Members \$85

(See page 25 for Literary Gems - Parts One & Two)

## WEDNESDAY (CONT.)

### LITERARY GEMS (CONT.)

#### ZOWW9 LITERARY GEMS-PARTS ONE & TWO

Zoom Only

11:00 AM-12:30 PM

Wednesdays

Begins: 1/6

Ends: 2/24

Eight sessions

Members \$130

Non-Members \$150

(Note price break for taking both sections.)

#### ZOWW10 AMERICA AND THE WORLD IN 2021

Zoom Only Gary Massel, Ph.D.

The world, arguably, is going through the greatest set of changes in its modern history. The Coronavirus pandemic, climate change, challenges to the "liberal democratic" world order, cyber security, and the U.S. domestic political polarization are adding to the difficulty that the U.S. faces in defining its role in the world. We will address these challenges and how they affect America's response to the traditional regional challenges in Asia, Europe, and the Middle East. We hope Gary's fans and new students will join him on Zoom for this perennial favorite. When this brochure was being put together, he was uncertain if he would be in Florida for the 2020-2021 season, so we decided to make this a Zoom only course. If things change, we will advise and update registrants accordingly.

Dr. Gary Massel has a Ph.D. in physics and 31 years of experience in the federal government and in private industry. After graduation he worked at the Institute for Defense Analysis and then for the Office of the Secretary of Defense. He served on the first SALT (Strategic Arms Limitation Treaty) team and then became director of Land Forces Planning and director of Naval Forces Planning. After leaving the government for private industry he continued to maintain a strong interest in foreign policy and cultural and political histories of major world regions.

11:00 AM-12:30 PM

Wednesdays

Begins: 1/6

Ends: 2/10

Six sessions

Members \$95

Non-Members \$105

#### WW11 BLACK ODYSSEY 1619-2020

NEW

George Stassa, M.D.

ZAWW11 Zoom Available

February is dedicated to Black History Month, honoring the triumphs and struggles of African Americans throughout U.S. history, including the civil rights movement and their artistic, cultural, and political achievements. We will cover some of those moments and facts in Black history, as well as figures such as Martin Luther King Jr., Harriet Tubman, Rosa Parks, Muhammad Ali, Jackie Robinson, Langston Hughes, Maya Angelou, George Washington Carver, and Barack Obama. The growing protests for Black Lives Matter, the turning points in the ongoing struggle for equality, and the seminal events up to today will be discussed. Note: As of the printing of this brochure we hope that we can offer this program in-person with social distancing and safety protocols as well as on Zoom for people who prefer to enjoy the series at home. We may go to Zoom Only if necessary, but all registrants will be advised.

Dr. George Stassa obtained his BA from Columbia College and his MD from Columbia University, College of Physicians and Surgeons. He was associate clinical professor of Radiology/Anatomy at New York Cornell Medical College for 36 years. Dr. Stassa has had a love of history since grade school and wanted to be a college professor, so he has reinvented himself into a teacher of history!

11:00 AM-12:30 PM

Wednesdays

Begins: 2/17

Ends: 2/24

Two sessions

Members \$40

Non-Members \$45

## WEDNESDAY (CONT.)

WW12

AMERICA'S PRIVATE COLLECTORS —  
The Foundations of Contemporary Art  
Kevin Costello

NEW

ZAWW12

Zoom Available

The financial titans of the 19th and 20th centuries left an indelible mark on art in the United States, founding such museums as the Frick Collection in New York and the Getty Museum in Los Angeles. Today, private museums continue to influence the art world in a big way. These institutions, whose collections and buildings are idiosyncratic reflections of their owners' interests and personalities, have proliferated over the last two decades. We will examine two: 1) the Walton Family Foundation's Crystal Bridges Museum in Bentonville, AR, housing a collection of American art from the Colonial era to the contemporary period (placing it within the top six museums devoted to American art in the U.S.) and 2) the Broad Art Foundation's Broad Museum in Los Angeles, CA, whose vast collection focuses on European and American postwar and contemporary art. Note: See pages 11 and 17 for pandemic policies and protocols.

Kevin Costello graduated Chelsea School of Art and University of London's Goldsmiths College with degrees in fine art and art history. Kevin is a studio artist and has taught painting, drawing, sculpture, and art history at the San Francisco Academy of Art, the San Francisco Museum of Art, and the Ringling College of Art and Design. He was the art and architecture correspondent for the Sarasota Herald Tribune for eight years and currently teaches art and humanities for the School Board of Sarasota and local lifelong learning centers.

1:00-2:30 PM                      Wednesdays                      Begins: 1/6                      Ends: 1/13  
Two sessions                      Members \$40                      Non-Members \$45

WW13

YOU'VE GOT TO SEE THIS MOVIE!  
Kathie Moon

ZAWW13

Zoom Available

For Course Description see page 6.

1:00-2:30 PM                      Wednesdays                      Begins: 1/6                      Ends: 2/24  
Eight sessions                      Members \$120                      Non-Members \$130

Note: This course is also offered later in the day from 3-4:30 PM (page 29).

ZOWW14

THE DIVERSITY OF ANCIENT ISRAEL —  
Archaeology, History and Religion  
Steven Stark-Riemer

NEW

The central theme of diversity in community, thought, and practice has marked Ancient Israel from its beginnings in the central hill country of Canaan to its life in the Diaspora. Topics to be covered will include: 1) the emergence of early Israel as a people 2) the distinction between "book religion" and "folk religion" with the attendant question, "Does the Bible present religious reality or theological ideal? 3) the variety of Second Temple Judaism(s) and 4) apocalyptic eschatology meets politics in 1st century Judea.

Steven Stark-Riemer is an attorney by profession and graduated magna cum laude from the City College of New York, studying anthropology, and specializing in archaeology. In 1970, he gained fieldwork experience in Israel at the Tell Gezer excavations under the direction of William G. Dever, today's preeminent biblical archaeologist. He was in the doctoral program in anthropology at UCLA. His career path changed but his interest in the archaeology, history and religion of the biblical world continues. Since 2007 he has taught in lifelong learning programs in New York's Capital District, Tucson and Sarasota.

1:00-2:30 PM                      Wednesdays                      Begins: 1/6                      Ends: 1/27  
Four sessions                      Members \$75                      Non-Members \$85

## WEDNESDAY (CONT.)

WW15

MODIGLIANI & SOUTINE —

NEW

Their Sad Lives and Magnificent Art

Jean Joseph Renoux

ZAWW15

Zoom Available

Amadeo Clement Modigliani (1884-1920) was an Italian Jewish painter and sculptor who worked mainly in France. His modern portraits and nudes with elongated faces, necks, and figures were not well received in his lifetime but later found acceptance and even great popularity. Chaim Soutine (1893-1943) was a French painter of Lithuanian Jewish origin. He made a major contribution to the expressionist movement while living in Paris. The early death of Modigliani in 1920 left Soutine bereft. Only Modigliani, his mentor and teacher, had regarded Soutine as a genius. Learn the fascinating details of these legendary artists of Montparnasse — their styles of painting, influences, individual approaches, personal challenges, and the legacy they left the art world.

Jean Joseph Renoux, interior designer and art and architecture historian, has been presenting history and art history programs and lectures for over 25 years throughout the U.S. He also leads group excursions to Europe, particularly Prague and throughout France, to explore its art, architecture, and history. He has also worked with filmmaker Louis Malle.

1:00-2:30 PM  
Two sessions

Wednesdays  
Members \$40

Begins: 1/20  
Non-Members \$45

Ends: 1/27

ZOWW16

CONSCIOUS AGING FOR THIS NEW TIME

NEW

Zoom Only Linda Albert

The last third of life offers a rich opportunity for continued emotional, spiritual, and psychological growth; a time to explore our conscious attitudes, beliefs, values, and behaviors so they may enhance, rather than inhibit our ability to accept change. It can afford us opportunities to live our most expansive and complete lives. With the pandemic spread of a world-changing novel coronavirus, old patterns have been challenged, while new fears and limitations have been born. Under these trying, ambiguous, and nearly unrecognizable circumstances, how do we continue to build a creatively expanded understanding of aging and old age; one in which we discover we have new ways to care for ourselves and also give to others? In this course, we will form a “wisdom circle” to share our own strategies, as well as draw from disciplines as diverse as Jungian psychology, neuro-linguistics, the new science of happiness, and teachings from sages of the past. Participants are asked to have a notebook or journal and pen with them at every session. Note: If the pandemic is at bay at the time this program is offered, we will return to an in-person experience with social distancing and limited seating. Registrants will be updated and advised accordingly.

Linda Albert is a writer and communication and personal life coach with a master certification in neuro-linguistics. She is also a certified Archetypal Pattern Analyst and Jungian dream translator. Author of [Charting the Lost Continent: Poetry and Other Discoveries](#), she has taught locally for the Women’s Resource Center, the C.G. Jung Society, and The Longboat Key Education Center.

1:00-2:30 PM  
Four sessions

Wednesdays  
Members \$75

Begins: 2/3  
Non-Members \$85

Ends: 2/24

## WEDNESDAY (CONT.)

WW17

WHOSE HOLY LAND?

NEW

Archaeology Meets Geopolitics in Today's Middle East  
Ken Hanson, Ph.D.

ZAWW17

Zoom Available

Biblical archaeology is more than just an obscure field for academics. It's a mine field, with implications that may well determine the course of events, geopolitically, for the Middle East and the entire world. The ancient artifacts are more than just museum pieces; they're the storytellers, witnesses in stone, relating, in unbiased fashion, what the unvarnished truth is behind who lived in this land and when. Archaeology is ultimately about history, and history is the raison d'être for Jews living in this land at all. It's time to take a fresh look at modern implications of the science of archaeology.

Dr. Ken Hanson, Director, Interdisciplinary Program in Judaic Studies, University of Central Florida, is an associate professor and teaches in the Judaic studies program. He has also taught philosophy and religion at Rollins College, Winter Park, Florida. He earned a master's degree in international/inter-cultural communication and went on to earn a doctorate in Hebrew language and literature from the University of Texas at Austin. His multiple books and appearances on syndicated radio and national television (including "The History Channel" and "The Travel Channel") have brought his unique insights into everyone's world. Dr. Hanson's exceptional theatrical style of presentation never fails to captivate and engage his audience.

1:00-2:30 PM  
Two sessions

Wednesdays  
Members \$40

Begins: 2/3  
Non-Members \$45

Ends: 2/10

WW18

THE 2020s: THE MOST DISRUPTIVE DECADE IN HISTORY

NEW

David Houle

ZAWW18

Zoom Available

"How has the decade been for you so far?" asks David Houle, futurist, and popular speaker at the LBK Education Center, who will provide the context, trends and insights for better navigation of the 2020s. Will the rest of the decade be as disruptive as its' first year? This two-part program is based upon the series of books about the 2020s that Houle will be writing and publishing in the next few years. The first book was published in May 2020 and has the same title as this course. The second book, under the 2020s brand umbrella, may possibly be published by the dates of this class. Learn what the next 10 years looks like for you, your children, your grandchildren, and your professions. See NOTE on page 17 for contingency plans if the pandemic persists or worsens.

David Houle is a globally recognized futurist. He has given speeches on six continents. He spent over 20 years in media and entertainment, working with NBC, CBS, and as part of the senior team that created and launched MTV1 Nickelodeon, VH1, and CNN Headline News. He has a highly regarded futurist blog [www.evolutionshift.com](http://www.evolutionshift.com) and has written seven books, including his influential first book [The Shift Age](#) published in 2007 and his latest book, co-authored with Timothy Ramage, [This Spaceship Earth](#). Houle is currently serving as futurist in residence at Ringling College of Art and Design and is honorary president and futurist of the Future Business School of China. In 2017 he launched "The Sarasota Institute," a 21st century think tank.

1:00-2:30 PM  
Two sessions

Wednesdays  
Members \$40

Begins: 2/17  
Non-Members \$45

Ends: 2/24

## WEDNESDAY (CONT.)

**WW19** YOU'VE GOT TO SEE THIS MOVIE!

Kathie Moon

**ZAWW19** Zoom Available

For Course Description see page 6.

3:00-4:30 PM

Wednesdays

Begins: 1/6

Ends: 2/24

Eight sessions

Members \$120

Non-Members \$130

Note: This course is also offered earlier in the day from 1-2:30 PM (page 26).

**ZOWW20** iPhone & iPad — Basics Plus

Zoom Only Keith S. Coker

This course is for people who are a little beyond beginners but who are not fully utilizing the many basic features of their iOS devices. Fundamentals will be fully reviewed to make sure everyone is up to speed. The definition and uses of your Apple ID for Apple's iCloud will be explored as well as navigating the App Store for new Apps and Games. The main features and use of your iOS device, including the Control Center and everything for essential communication will be covered: using the iPhone and/or iPad itself to make phone and Facetime calls, texting, iMessage, web browsing and email. Use of your camera will be covered briefly as well as Apple's photo management and storage app, Photos, and the useful but often overlooked Notes and Calendar, will be explored, time permitting. This is a hands-on experience and you are encouraged to log in with both your personal computer, if you have one, and your iPhone and iPad (iOS) devices simultaneously. Please try to have your devices updated to the most current iOS, and it is essential that you know your Apple ID and password. Return students are welcome to review and learn more! Follow up with Beyond Basics Plus on Thursday in February. See page 35. Students may want to consider taking one of Keith's Zoom workshops, see pages 9 and 47.

See Biographical Sketch on page 9.

3:00-5:00 PM

Wednesdays

Begins: 1/6

Ends: 1/27

Four sessions

Members \$100

Non-Members \$110

**WW21** HAYDN — Father of the Symphony

NEW

Richard Benedum, D.M.A.

**ZAWW21** Zoom Available

Franz Joseph Haydn (1731-1809) was a contemporary of Mozart. They had a high regard for one another. Haydn was one of Beethoven's teachers, and again—each admired the other. But their music would have been impossible without the foundations that Haydn laid in 104 symphonies! His typical format of four movements shaped symphonies throughout the 18th and 19th centuries. These two classes will survey Haydn's symphonies, and focus on representative works from each period in his life, from his earliest works to his masterpieces. Biographical and historical information will complement extensive in-class listening. See NOTE on page 17 for contingency plans if the pandemic persists or worsens.

Dr. Richard Benedum is professor emeritus of music at the University of Dayton, Ohio. He is founder and former artistic director and conductor of the professional-level Dayton Bach Society chorus and orchestra. In addition to his many other achievements, awards, and contributions, he directed 15 summer seminars and institutes for teachers based in Vienna for the National Endowment for the Humanities between 1990 and 2014. He currently is organist-choirmaster at Christ Episcopal Church in Bradenton.

3:00-4:30 PM

Wednesdays

Begins: 1/20

Ends: 1/27

Two sessions

Members \$40

Non-Members \$45

## WEDNESDAY (CONT.)

WW22

COLE PORTER & DUKE ELLINGTON

NEW

Dan Fine

ZAWW22

Zoom Available

Cole Porter did not come from a poor Russian Jewish immigrant family that grew up in the lower East Side. He came from the wealthiest family in Indiana, went to Yale and lived a luxurious life in the U.S. and in Europe. But his songs will endure forever just like Berlin, Arlen and Gershwin. Dan has quite a few songs lined up to play including "Let's Fall In Love," "What Is This Thing Called Love?" and "Night and Day," to name a precious few. Duke Ellington, pianist, composer, and band leader had one of the greatest big bands of the era, but it didn't play the pop tunes of the day. It played music written by Ellington, Billy Strayhorn and other band members who typically stayed with him for their entire career. His following was huge. They wanted the Ellington sound — orchestral, religious, and jungle music. He did it all. "Take The 'A' Train" and "Satin Doll" will be two of the many selections you will enjoy in this popular program. Questions and requests are welcome. See NOTE on page 17 for contingency plans if the pandemic persists or worsens.

Dan Fine began piano lessons at the age of 8 and has been playing professionally since age 14. He has played alto saxophone for 30 years with the Simsbury Community Band in Connecticut and was on the board of the Greater Hartford Festival of Jazz for 10 years. He has a BA from University of Connecticut, an MBA from Boston College, and retired as a stockbroker after 43 years.

3:00-4:15 PM  
Two sessions

Wednesdays  
Members \$40

Begins: 2/3  
Non-Members \$45

Ends: 2/10

ZOWW23

LAUGH WITH LOESSER!

NEW

Zoom Only Charles Troy

Let's laugh! It's something we all need to do more of these days! The 1950 show *Guys and Dolls* has been called the perfect musical. But how was its perfection attained? Learn the amusing — no preposterous! — story of the creation of this classic, of how brilliantly songwriter Frank Loesser and American humorist and author, Abe Burrows, worked around various obstacles to adapt Damon Runyon's stories of New York gamblers into a comic masterpiece. This Tony award-winning show is perhaps the funniest of the great musicals. But Loesser was no one-trick pony. The second session of this two-part series covers more of Loesser. Besides *Guys and Dolls*, he wrote several other successful musicals — *Where's Charley?*, *The Most Happy Fella*, and *How to Succeed in Business Without Really Trying* — as well as a number of hit songs in his earlier life as a Hollywood lyricist, all while overcoming a decidedly unsupportive childhood. Note: We have the good fortune to be able to offer more of Charles' engaging programs this season as he will be presenting exclusively on Zoom and eliminating travel time. See pages 33 and 39.

Charles Troy is America's most acclaimed dramatic musical theatre historian. He is also a graphic designer, and former theatre lyricist based in the Chicago area, where he gives his unusual multimedia musical theatre presentations (he has created over 50) at numerous venues. His work has been featured at the York Theatre in New York and the Auditorium Theatre in Chicago.

3:00-4:30 PM  
Two sessions

Wednesdays  
Members \$40

Begins: 2/17  
Non-Members \$45

Ends: 2/24



# THURSDAY

WR1

## FITNESS FOR EVERY BODY!

Gerald Scott

NEW

For Course Description see page 6.

Note: Class size will be limited with social distancing in effect.

9:00-10:00 AM

Thursdays

Begins: 1/7

Ends: 2/25

Eight sessions

Members \$88

Non-Members \$104

WR2

## MORNING FORUMS

Edward Dwyer, Ph.D.

NEW

These popular forums, formerly called Breakfast Forums, facilitated by Stanley Kolodkin for many years, provide the opportunity for lively, informal discussions about important political, social, and moral issues. There will be a lot to talk about several months after the presidential election! The facilitator, Edward Dwyer, will guide the discussions, which will be based on handouts provided to you, on topics chosen by you, as group members. Like college dorm bull sessions, only better! This course will be in-person with a limited number of students, social distancing. If that will not be possible, we will advise registrants accordingly. In the past we served breakfast snacks, but we decided to change the format and forgo the food. Due to the pandemic we are limiting food handling in the rooms.

See Biographical Sketch on page 11.

9:00-10:30 AM

Thursdays

Begins: 1/7

Ends: 1/28

Four sessions

Members \$75

Non-Members \$85

Note: Morning Forums is offered again in February and March on Fridays, see pages 38 and 58.

WR3

## THE NATURE OF LONGBOAT KEY

Karen Willey

Gulf of Mexico barrier islands have unique ecosystems found nowhere else on earth. Learn about the ecosystems of Longboat Key, the plants and animals that call them home, and how we connect with them in the interdependent web of life on earth. Coastal dunes, mangrove forests, seagrass flats and climate change will be discussed as they relate to Longboat Key. The first class will be at the school followed by three nearby field trips. Karen will leave you with a sense of what makes Florida unique and why we should preserve our natural systems. This course always sells out so register early as we are limiting the number of participants due to social distancing guidelines. Students will be advised of other pandemic protocols. There is a second section from 11-12:30. See page 35. Also, don't miss Karen's climate workshop on page 48.

Karen Willey has spent 38 years walking local trails and studying the natural wonders of our land and sea. She has a BS from the University of Florida in ornamental horticulture with an environmental studies minor. As founder of Around the Bend Nature Tours, she has provided environmental education programs for Sarasota and Manatee county schools for over 20 years. Karen's recent endeavors are focused on climate change communication based on science, hope, and community level solutions.

9:00-10:30 AM

Thursdays

Begins: 2/4

Ends: 2/25

Four sessions

Members \$80

Non-Members \$90

## THURSDAY (CONT.)

WR4

THE PLAGUE AND THE FLU —

NEW

In Fiction and Non-Fiction

Edward J. Dwyer, Ph.D.

This course focuses on Albert Camus' novella, *The Plague* and Gina Kalata's *Flu*, a non-fiction account of the great influenza pandemic of 1918. These great works of fiction and non-fiction will give you deep insights into the catastrophes caused by plagues; and they are guaranteed to produce interesting discussions. Please purchase these books for yourself and come to the first class having read Camus' *The Plague*. All of Ed's classes encourage student engagement and discussion and are extraordinarily participant friendly. Read, discuss and be enlightened! Note: Class size will be limited and social distancing in effect.

See Biographical Sketch on page 11.

9:00-10:30 AM

Thursdays

Begins: 2/18

Ends: 2/25

Two sessions

Members \$40

Non-Members \$45

WR5

LET'S PLAY CANASTA! — For Beginners

Joyce Doran

For Course Description and pandemic plans see page 7. Students cannot miss the first class, or they will not be able to take the course.

11:00 AM-12:30 PM

Thursdays

Begins: 1/7

Ends: 2/11

Six sessions

Members \$90

Non-Members \$100

WR6

JEWISH ITALIAN HISTORY

NEW

Lael Hazan

ZAWR6

Zoom Available

This two-part series will delve into the experiences of the Jewish community throughout the more than two-thousand-year history of its sojourn in Italy. This course will span the period from when the Maccabees sent embassies to Rome until the recent inauguration of the Museum of Italian Judaism and the Shoah. We will explore the personalities and relationships that have enabled the Jewish population of Italy to develop a unique and complex identity that is separate from others in the Diaspora.

Lael Hazan was recruited to work for the Sarasota Manatee Jewish Federation after receiving a master's degree from the University of Michigan. She is married to award-winning Italian cookbook author Giuliano Hazan and together they run Cooking with Giuliano Hazan in Italy. In 2017 she founded Gracious Getaways, a full-service travel agency. She has an undergraduate degree in history from the University of California, Santa Cruz, and her writing has appeared nationally in Saveur magazine, Huffington Post, Edible Sarasota as well as various magazines and blogs.

11:00 AM-12:30 PM

Thursdays

Begins: 1/7

Ends: 1/14

Two sessions

Members \$40

Non-Members \$45

Questions? (941) 383-8811  
e-mail: [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org)

# New One-Time Special Thursday Programs

**SPR1**

COVID-19 — THE MISSING ACTION

Lenny Landau

**ZASPR1**

Zoom Available

Much has been learned about COVID-19 over the past year, however, isolation, social distancing, protection, and hygiene, are the only recognized mitigation actions. This talk will analyze how humidity impacts the transmissibility and susceptibility of COVID-19, and how the control of inside humidity can help to protect individuals and limit the spread. The “missing action” is in relative humidity, 40% to 60%. Simple actions will be explained for individuals to protect themselves, as well as proposed actions needed in public spaces. Note: Class size will be limited for in-person attendance with social distancing in effect. We will advise registrants if the program has to be changed to Zoom Only.

Lenny Landau is a mechanical engineering graduate of West Virginia University, who worked for General Electric Aircraft Engines in Cincinnati, Ohio, for 39 years, and consulted for 17 more years following retirement. After moving to Longboat Key, he has applied his analytical skills to local issues, including town budgets, beach nourishment, water and sewer systems, traffic and the population cycle, and the local impact of climate change/ sea rise and red tide. He has recently turned his attention to researching the COVID-19 pandemic.

11:00 AM-12:30 PM

Thursday, January 21

One session

Members \$15

Non-Members \$20

**ZOSPR2**

THE CREATION OF CABARET

Zoom Only Charles Troy

This 1966 landmark show was the first successful American concept musical. We'll define the term and demonstrate how producer-director Harold Prince led his writers into uncharted musical theatre territory as they created a new kind of musical, but hedged his bets by making his plot and characters more conventional than the source material to appeal to a wider audience. Then we'll see how producer Cy Feuer and director Bob Fosse perfected Prince's work in their extraordinary film version six years later. Charles has been a very popular presenter at the LBK Education Center for several years. This year he is not coming to Florida personally, but he will be with us virtually! See pages 30 and 39 for more of his Zoom presentations.

See Biographical Sketch on page 30.

11:00 AM-12:45 PM

Thursday, January 28

One session

Members \$15

Non-Members \$20

## THURSDAY (CONT.)

WR7

### LIVING YOUR BEST LIFE WITH YOUR DOG

Gregg Flowers

Gregg Flowers, who has taught All About Dogs for several years, returns this season to bring new, and renewed, focus on how dog owners can live better lives with their furry family members. We love them but there is much more to having a fulfilling relationship with your dog. Do you speak your dog's language? Are you consistent with your communication and limiting your words and phrases? What motivates your dog and what doesn't? Does your dog relate to you as the leader of the pack? What's the best food for your dog's maximum nutritional benefit? How much and what kind of exercise and activity will keep your dog healthy? Learn how to correct, reinforce boundaries, use the leash properly, turn around bad habits, and create a secure as well as a healthy family pack. There will be an opportunity for plenty of Q and A as well as other topics of interest. People who have attended Gregg's popular courses are welcome to return and learn more about living with the dogs they love. Note: Class size will be limited and social distancing in effect.

Gregg Flowers never met a dog he didn't love. His fascination with dogs and the way they can be taught different things led him to start working with dogs and their owners in Shreveport, Louisiana, in the 1980s. His column about dogs ran in the Shreveport Times for 10 years. In 2009 Gregg moved to Florida where he continues his full-time professional work of "teaching dogs and training people". He currently writes a column for the Sarasota Herald Tribune entitled "All About Dogs."

11:00 AM-12:30 PM

Thursdays

Begins: 1/21 Ends: 1/28

Two sessions

Members \$40

Non-Members \$45

WR8

### EXPLORING THE BEETHOVEN SYMPHONIES —

NEW

The Music, The Composer and the World in Which He Lived

Mark Kroll

ZAWR8

Zoom Available

The nine symphonies of Beethoven are not only his most popular and beloved works, but also his most important. In this course we will explore every detail of every symphony to discover what makes them so great, and add to our understanding and enjoyment of these masterpieces by placing them in the context of Beethoven's life and the world in which he wrote and performed them. This includes the influence of Mozart, Haydn, and Napoleon and the French revolution; the abuse he suffered as a child; the tragedy of his deafness and unhappy personal life; and his ultimate triumph in his "Ode to Joy."

Note: Limited in-person attendance and social distancing will be in effect. This will go to Zoom Only if the pandemic precludes safe classroom attendance. We will advise registrants accordingly.

Mark Kroll, Professor Emeritus, Boston University, has been able to balance performing, teaching and scholarship throughout his career. A noted authority on performance practice, Mr. Kroll has published seven books and numerous scholarly articles; his new book, The Companion to the Harpsichord, was published by Cambridge University Press this year. Acclaimed as one of the world's leading harpsichordists and fortepianists, he served as harpsichordist for the Boston Symphony since 1979 and has just released the tenth and final CD of his complete set of the harpsichord works by François Couperin for Centaur Records.

11:00 AM-12:30 PM

Thursdays

Begins: 2/4

Ends: 2/25

Four sessions

Members \$75

Non-Members \$85

## THURSDAY (CONT.)

### WR9 LEARN HOW TO PLAY MAH JONGG

Joyce Doran

For Course Description and pandemic plans see page 7. Students cannot miss the first class, or they will not be able to take the course.

11:00 AM-12:30 PM      Thursdays      Begins: 2/18      Ends: 3/25  
Six sessions      Members \$90      Non-Members \$100

Note: This course starts in the Winter Term and continues for four sessions in March.

### WR10 THE NATURE OF LONGBOAT KEY

Karen Willey

For Course Description see page 31. This course is so popular we now have two sections.

11:00 AM-12:30 PM      Thursdays      Begins: 2/4      Ends: 2/25  
Four sessions      Members \$80      Non-Members \$90

### WR11 OFF THE SHELF

Katherine Michelle Tanner

NEW

This course offers a wonderful variety of plays you read at home and come to class each week to discuss. You will dive into some of our greatest plays uncovering the joy of theatre through the amazing characters, storylines, plot twists, and playwrighting. The plays in order of discussion include: The Autumn Garden by Lillian Hellman; The Herbal Bed by Peter Whelan; Stage Kiss by Sarah Ruhl; and The Flick by Annie Baker. The plays are inexpensive and easily obtainable online. The Autumn Garden is available at [www.dramatist.com](http://www.dramatist.com). The other plays are available on amazon.com.

Note: This program will be offered in-person with limited attendance and social distancing. Registrants will be advised if we change it to Zoom Available or Zoom Only.

Katherine Michelle Tanner has a BA from St. Olaf College, Northfield, Minnesota, and an MFA in acting from FSU Asolo Theatre Conservatory in Sarasota. She is best known for her multi-award-winning performance of the one-woman play The Amish Project (Off Broadway and US Tour). Local audiences have seen her onstage at The Asolo, Florida Studio Theatre and Urbanite Theatre. She has written and directed numerous plays and films and is the owner and artistic director of Tree Fort Productions.

1:00-2:30 PM      Thursdays      Begins: 1/7      Ends: 1/28  
Four sessions      Members \$75      Non-Members \$85

### ZOWR12 iPHONE & iPad — “BEYOND” BASICS PLUS

Zoom Only      Keith S. Coker

This course is for intermediate and/or more advanced students. It is a catch-all for everyone who has taken the Basics Plus Course (see page 29) or any of Keith's iPhone and iPad courses in the past and wants to review and continue to explore more of the fun and convenient features of their iOS device. Some of the apps not covered in previous courses will include: Notes, Home, Wallet & Apple Pay, Health, Weather, and News & Tips. We will download the corresponding manual for your iOS devices. We will have an in-depth look at the use of the camera and Apple's Photos App, and how to take, send, receive, save, and manage your pictures and videos. We will explore how to use Maps, GPS, Bluetooth and how to talk to our devices using Siri. Everything will be tied together by learning how you can access all of the controls and features you have learned with Siri!

See Biographical Sketch on page 9.

1:00-3:00 PM      Thursdays      Begins: 2/4      Ends: 2/25  
Four sessions      Members \$100      Non-Members \$110

## THURSDAY (CONT.)

### PLEASE NOTE

The FOREIGN FILM FEST and JEWISH/ ISRAELI FILM FESTIVAL are very popular programs and sell out every year. We will be limiting class size and practicing social distancing for in-person attendance. As of the printing of this brochure we are working on providing a Zoom option for streaming the films and discussions afterwards. If you are only interested in attending these festivals online let us know and we will keep you updated. This terrible pandemic has us coping and hoping.

E-mail: [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org). Or call 941-383-8811.

#### **WR13** THE FOREIGN FILM FEST Gus Mollasis

Some of the most vibrant and interesting foreign films in recent years that have been shown at film festivals or have been nominated for Best Foreign Film will be viewed and discussed. Expand your vision of the world, learn about the different cultural styles of making films and enrich your understanding and appreciation of foreign films. Each film will be followed by an insightful and stimulating group discussion.

See Biographical Sketch on page 4.

2:00-5:00 PM	Thursdays	Begins: 1/7	Ends: 1/28
Four sessions	Members \$75	Non-Members \$85	

#### **WR14** JEWISH/ISRAELI FILM FESTIVAL Susan Goldfarb and Special Guest Facilitators

We will view exceptional, award-winning, quality films and explore a variety of Jewish themes which touch the Jewish heart yet are universal in nature. Cultural diversity, Jewish history, Jewish identity and how the movies reflect and affect the Jewish/Israeli experience will be the subject of lively discussions afterwards. Register early. This is a popular course!

Susan Goldfarb, executive director of The Longboat Key Education Center since 1997, holds an Honors BA in English literature from York University, Toronto, Canada, and diplomas from the Alliance Française in Paris, France; The Royal Conservatory of Music in Toronto, piano; and The University of Toronto, theatre technology. Locally she was the marketing and public relations director for the Sarasota Ballet and Michael Saunders & Company and had her own marketing and pr business before taking over the school.

2:00-5:00 PM	Thursdays	Begins: 2/4	Ends: 3/11
Six sessions	Members \$100	Non-Members \$110	

Note: This course starts in the Winter Term and continues into the Spring Term.

## THURSDAY (CONT.)

WR15

PRESIDENT BY FATE  
George Stassa, M.D.

NEW

ZAWR15

Zoom Available

Eight men became president of the U.S. because of death or assassination of their predecessors, one by resignation. How did these presidents by fate fare in their unexpected presidencies? T.R., Coolidge, Truman, and LBJ were re-elected. John Tyler, who succeeded William Harrison, was kicked out of his own party and threatened with impeachment. Millard Fillmore, who succeeded Zachary Taylor, averted the Civil War for more than a decade. Andrew Johnson, who took on the presidency after Abraham Lincoln's assassination, was impeached. Chester Arthur, who became president when James Garfield was assassinated after only six and a half months in office, was so reviled he had to defend himself against Garfield's assassination! We will uncover some intriguing details and demonstrate how the character of the man in that powerful seat, inherited by chance, affected the nation and the world.

See Biographical Sketch on page 25.

3:00-4:30 PM  
Four sessions

Thursdays  
Members \$75

Begins: 1/7  
Non-Members \$85

Ends: 1/28

WR16

RESISTANCE IN EUROPE IN WWII  
George Stassa, M.D.

NEW

ZAWR16

Zoom Available

Resistance, also called Underground, were various secret and clandestine groups that sprang up throughout German-occupied Europe during World War II to oppose Nazi rule. Their activities ranged from publishing clandestine newspapers and assisting the escape of Jews and Allied airmen shot down over enemy territory to committing acts of sabotage, ambushing German patrols, and conveying intelligence information to the Allies. We will explore the major organizations, their contributions and fates.

See Biographical Sketch page 25.

3:00-4:30 PM  
Four sessions

Thursdays  
Members \$75

Begins: 2/4  
Non-Members \$85

Ends: 2/25

## ••••• Back By Popular Demand •••••

### TWO THURSDAY JAZZ NIGHTS

Save the dates for these fabulous concerts.

***Note: Please call the school before you come to these concerts in the event that we have to cancel them due to the pandemic. We will exercise social distancing and allow limited attendees in any case.***

### NEW ORLEANS JAZZ

Kid Dutch and his exceptional guest jazz artists

Thursday, January 28, 8-10 PM

Thursday, February 25, 8-10 PM

First come, first served -- \$20 per person donation at the door. Cash or check.

To inquire about the status of the concerts call 941-920-2967

# FRIDAY

## **WF1** QIGONG FOR HEALTH & VITALITY Nancy Saum

Qigong is an ancient self-care practice from Traditional Chinese Medicine, sometimes described as “Chinese yoga.” Students will practice breathing, meditation (both moving and still), and self-applied massage. These mind-body practices are simple and relaxing, even when practiced for the very first time. Qigong helps increase flexibility, balance and endurance, and also helps improve immune function, sleep, mood, and stress management. All fitness levels will enjoy and benefit. Wear exercise clothing. Note: Class size will be limited with social distancing in effect.

See Biographical Sketch on page 23.

9:00-10:00 AM                      Fridays                      Begins: 1/8                      Ends: 2/26  
Eight sessions                      Members \$88                      Non-Members \$104

## **WF2** THE WORLD’S GREATEST POEMS Edward J. Dwyer, Ph.D.

This perennial favorite focuses on the greatest poems ever written. The lineup for this year features Emily Dickinson, Sylvia Plath, Robert Frost, and Wallace Stevens. These poets represent a wide range of styles, forms, and temperaments. You will discover (or re-discover) why they are so great! Copies of the poems to be discussed will be provided to you. Extraordinarily participant-friendly and enjoyable — simply poetic!

Note: Class size will be limited with social distancing in effect.

See Biographical Sketch on page 11.

9:00-10:30 AM                      Fridays                      Begins: 1/8                      Ends: 1/29  
Four sessions                      Members \$75                      Non-Members \$85

## **WF3** MORNING FORUMS NEW Ed Dwyer, Ph.D.

For course Description see page 31. Note: Class size will be limited with social distancing in effect.

9:00-10:30 AM                      Fridays                      Begins: 2/5                      Ends: 2/26  
Four sessions                      Members \$75                      Non-Members \$85

## **WF4** OPERA PREVIEWS Phillip Gainsley

**ZAWF4** Zoom Available

Phil Gainsley will provide a music and dramatic analysis of four great operas, all of which the Sarasota Opera is planning for its 2020-2021 season. Operas in order of discussion include: Puccini’s *Tosca*, Donizetti’s *The Daughter of the Regiment*, Bizet’s *The Peral Fishers*, and Verdi’s *Attila*. Phil is noted for his extraordinarily thorough and highly enjoyable presentations.

Note: Class size will be limited for in-person attendance with social distancing in effect. If the course changes to Zoom Only registrants will be advised.

Phillip Gainsley has been a national speaker on opera and music theater for over 35 years. He was a regular guest on the Metropolitan Opera Quiz, heard during the Saturday afternoon Met Opera radio broadcasts, for 30 years. Phil hosts pre-concert discussions for the Minnesota Orchestra and Sarasota Orchestra. He also writes performance reviews for [Opera News](#) and is a speaker for the Metropolitan Opera Guild.

11:00 AM-12:30 PM                      Fridays                      Begins 1/8                      Ends: 1/29  
Four sessions                      Members \$75                      Non-Members \$85



## FRIDAY (CONT.)

**WF5**

FROM ANARCHY TO THE MONARCHY —

NEW

A Study of The Book of Judges

Rachel Zohar Dulin, Ph.D.

**ZAWF5**

Zoom Available

The Book of Judges is a fascinating Book, which portrays the political and social issues of a tribal society as it embarked on the road to national unity. The Book records the failure and success of tribal leaders as it pushed the agenda of building a nation under an organized monarch and a unified faith. Through the course we examine the following stories:

1. Deborah (Ch. 4-5) 2. Gideon (Ch. 6-9) 3. Samson (Ch. 13-16) 4. The Concubine in Giv-ah (Ch. 19-21).

Note: Class size will be limited for in-person attendance with social distancing in effect.

Dr. Rachel Zohar Dulin was born in Israel and served in the Israeli army as a teacher, subsequently being sent by the Jewish Agency to teach in the U.S. She received her Ph.D. in religious and theological studies from Northwestern University, Evanston, IL, and has been a professor of Hebrew and Bible at Spertus College of Judaica since 1970 and an adjunct professor of Hebrew and Bible at New College of Florida since 2010. She has taught adult education for over 45 years and lectured extensively on biblical literature.

11:00 AM-12:30 PM

Fridays

Begins: 1/8

Ends: 1/29

Four sessions

Members \$75

Non-Members \$85

**ZOWF6**

FROM RUSSIA TO BERLIN —

NEW

Zoom Only A Century of Irving (1888-1989)

Charles Troy

Come along on this four-part series exploring the amazing 101-year life of American composer and lyricist Irving Berlin, one of the greatest and most prolific songwriters in American history. His music forms a great part of the Great American Songbook. Each presentation will cover a fascinating chapter of his 101-year life, from his childhood as a poor Jewish immigrant to hit after hit. Berlin played a leading role in the evolution of popular song for decades until tastes changed, and he went into retirement. The series will highlight Berlin's greatest songs, like "Alexander's Ragtime Band," "Easter Parade," "God Bless America," and "White Christmas," plus Ethel Merman's hit shows "Annie Get Your Gun," and "Call Me Madam," to name a precious few. Charles is one of our most popular presenters at the school. We are fortunate that although he cannot join us in Florida, in-person, for the 2021 season, he has prepared a wonderful series for you to enjoy on Zoom.

See Biographical Sketch on page 30.

11:00 AM-12:30 PM

Fridays

Begins: 1/8

Ends: 1/29

Four sessions

Members \$75

Non-Members \$85

## FRIDAY (CONT.)

WF7

A UNIQUE FOCUS ON LITTLE-KNOWN  
WOMEN INVENTORS AND ENTREPRENEURS  
Jane Plitt

NEW

ZAWF7

Zoom Available

Part One - Inner or Outer Beauty — Martha Matilda Harper and Madame CJ Walker

What is the role of hair in a woman's identity? Covid-19 has made many women aware of how they look without timely haircare! This presentation will look at the role of hair in defining a woman's self-image. The views of Madame CJ Walker, the first Black female millionaire, catering to Black women's haircare and beauty products and Martha Matilda Harper, an immigrant American businesswoman and inventor who launched modern retail franchising with an international network of 500 franchised hair salons, will be highlighted.

Part Two - Who Knew? Forgotten Women Inventors

Women's contributions to our society have often been ignored or forgotten. Discover key inventions that were contributed to by women who were never given public recognition. Learn about Catherine Greene who was instrumental in the making of the cotton gin, Ada Lovelace the first computer programmer, Stacy Horn who created the first social network on the internet, Olga Gonzalez-Sanabria who invented space station batteries, and many other remarkable women who reshaped America will be brought to light. In this 100th anniversary of women's suffrage, discover how women had aims and achievements beyond the vote.

Note: Class size will be limited for in-person attendance with social distancing in effect.

Jane Plitt, a graduate of Cornell University, ran an award-winning, 12-person consulting practice and remains a visiting scholar at the University of Rochester. She spent six years criss-crossing countries to uncover Martha Matilda's forgotten story. Now Plitt's three books Martha Matilda Harper and the American Dream, Martha the Hairpreneur, and Martha's Magical Hair inspire all ages. Plitt has a track record for advocating for small business, women, and social justice and has earned several awards, including the local American Association of University Women (AAUW) Woman of Achievement award.

11:00 AM-12:30 PM

Fridays

Begins: 2/5

Ends: 2/12

Two sessions

Members \$40

Non-Members \$45

WF8

UNDERSTANDING THREATS TO OUR PRIVACY  
AND OUR DEMOCRACY  
John Rixse

NEW

ZAWF8

Zoom Available

The first talk will consider how, in this so-called Information Age, we are witnessing a much greater use of misinformation and disinformation. How does this shape our reality and what do we need to be aware of in our daily lives? The second lecture will concentrate on cybersecurity and how increasingly our lives are more and more being molded by the technologies of the digital domain. In our Information Age we not only need to be aware of the content, but of the vulnerability of our personal interfaces with content (e.g., social media, home computer, Alexa and Siri, etc.) and how we are being manipulated, threatened or possibly destroyed. We will consider the realities of cybersecurity today and discuss these questions: What are the threats, what is being done, and who is responsible?

Note: Class sizes will be limited with social distancing in effect for in-person attendance

John Rixse was a senior official in both the Intelligence Community and Department of Defense (DoD). He has served on the National Security Council Staff, as the special assistant to the secretary and deputy secretary of defense, and as the deputy assistant secretary of defense for Europe and NATO. At CIA he was, among other assignments, responsible for current intelligence, including the President's Daily Brief. He dealt with intelligence policy matters while assigned to the National Reconnaissance Office (NRO). He holds degrees from Yale College and The Fletcher School of Law and Diplomacy.

11:00 AM-12:30 PM

Fridays

Begins: 2/5

Ends: 2/12

Two sessions

Members \$40

Non-Members \$45

## FRIDAY (CONT.)

**ZOWF9**

DISCOVERING THE INSPIRING WISDOM OF HINDUISM

NEW

Zoom Only Dilip Mathur

Hinduism is an Indian religion and dharma, or way of life. It is the world's third-largest religion with over 1.25 billion followers, or 15-16% of the global population, known as Hindus. This course will bring you into the heart, mind, and life of a Hindu. Enter a Hindu home, see the form of living and home arrangements. Observe glimpses of festival celebrations, a wedding ceremony and wedding vows. Learn about the symbolism of Hindu deities and their mythology, and how the wisdom of this ancient religion is coded into daily life, the music, the temple architecture, and the places of pilgrimage. Examine the most ancient sacred texts, known as the Vedas, which define truth for Hindus; the four stages of life; the significance of dharma and karma; and the deep meaning of "namaste." You will also come to understand Hinduism from the context of modern India, its contradictions of caste and pluralism, of credo and modernity. Discover what makes this non-proselytizing religion so inspiring and unique and what makes people who study Hinduism better followers of their own religions: Christians better Christians, Jews better Jews.

Dilip Mathur has a biographical sketch on page 8. A propos of the above course here is additional information. He is multi-religious. A born Hindu, he studied in Catholic schools, grew up in a town near where the Buddha found enlightenment and which has been a place of pilgrimage for millennia that draws tens of millions every year, married a Jewish woman and adopted Judaism, and celebrates any religion in any place of worship. He was the primary spiritual teacher in a 500-family Hindu congregation for 13 years,

11:00 AM-12:30 PM

Fridays

Begins: 2/5

Ends: 2/26

Four sessions

Members \$75

Non-Members \$85

**WF10**

CONTEMPORARY DANCE TO SCREENDANCE

NEW

Laurence Siegel

**ZAWF10**

Zoom Available

This two-session presentation explores the development of contemporary dance as it evolves towards dance for the camera or screendance. We'll begin with a brief overview of the origins of modern and contemporary dance amid the turmoil of the early 20th century. We'll watch and discuss some early innovators such as Diaghilev, Mary Wigman, and Martha Graham. Moving through the century we'll consider the works of choreographers from emerging and established international companies including Pina Bausch, Parsons Dance, Crystal Pite's Kidd Pivot, Campagnie Marie Chouinard, Novadance and Rubberband Dance. Artists such as Susie Burpee, Belinda McGuire and Hann Keil, who've embraced film as part of their work, will help us look at the process and product of the interface of dance with film to produce a new form known as screendance — what this looks like and some of the mysteries of putting dance film together and getting it out to audiences. Students who enjoyed Laurence's contemporary dance series last year are welcome to return for his new presentation focusing on screendance.

Note: It is our hope to have in-person attendance with limited class size and social distancing as well as Zoom Available for this program. If Laurence is unable to come from Canada to teach his series, we will cancel it and advise registrants. It will not transition to Zoom Only. You can register and save your spot and pay when we are certain it will take place.

Laurence Siegel has had an extensive career in the arts since the 1970s. He has worked in radio and television, arts education, arts management and consulting and photography. Since 2009 Mr. Siegel has been producing and directing dance on film.

11:00 AM-12:30 PM

Fridays

Begins: 2/19

Ends: 2/26

Two sessions

Members \$40

Non-Members \$45

## FRIDAY (CONT.)

WF11

### THE ART OF COLLECTING WISELY

NEW

Andrew Ford

ZAWF11

Zoom Available

Andrew Ford's What's It Worth? series last season was tremendously popular. He's back this season to help people navigate the tumultuous world of fine art and antiques in today's high-speed marketplace. Entry level buyers or sophisticated collectors will learn smart strategies and how to preserve the integrity and asset values of treasured heirlooms. This series will focus on the latest trends in collecting, "what's hot and what's not." Comparisons using fine art and antiques to determine authentic pieces from fakes will be demonstrated. You will learn how to avoid the pitfalls of a declining market and the value of analytics available to better understand the forces driving today's buyers and sellers. Finally, you will be given helpful insights designed to inform collectors on how and where to research objects using the internet to your advantage. Andrew will teach you all the tricks of the "trade," and answer all your questions. He makes it fun!

Note: Class size will be limited for in-person attendance with social distancing in effect.

Andrew Ford, in addition to owning Sarasota Trading Company and Sarasota Estate Auction, owns Ford Art & Antiques and hosts "What's It Worth?" seen monthly on Facebook Live. He is an accomplished lecturer, auctioneer, and appraiser.

1:00-2:30 PM  
Two sessions

Fridays  
Members \$40

Begins: 1/8  
Non-Members \$45

Ends: 1/15

WF12

### INTERMEDIATE BRIDGE I

Larry Auerbach

This course is for players with basic knowledge of the game. More complex bridge concepts will be considered. Classes will cover opening leads, concentrating on standard American conventions and touching on more advanced conventions.

See Biographical Sketch on page 3.

1:00-2:30 PM  
Eight sessions

Fridays  
Members \$115

Begins: 1/8  
Non-Members \$125

Ends: 2/26

WF13

### THE MINNELLIS: THE MOST STORIED FAMILY IN SHOW BUSINESS

NEW

Susan Benjamin

ZAWF13

Zoom Available

Three individuals from the same family: Vincente Minnelli, film director; his first wife Judy Garland and his and Judy's child, Liza Minnelli will be featured in two parts, one in January and one in February. In this family, talent and drive abounded. Their work has received much acclaim, as evidenced by the academy awards won by both parents and their child.

Note: Class size will be limited for in-person attendance with social distancing.

PART ONE - Vincente Minnelli: Daring Director

An innovative film director, Vincente Minnelli turned the Hollywood musical into a colorful extravaganza. Using his knowledge and passion for visual art, he lit and costumed his actors to enhance their best qualities. His ability to accentuate the finest in performers was especially true with his first wife and star, Judy Garland. Several examples of his best work will be covered, including Cabin in the Sky, Meet Me in St. Louis, The Band Wagon, An American in Paris and Gigi. See page 44 for Part Two, featuring Judy and Liza.

See Biographical Sketch on page 44.

1:00-2:15 PM  
Two sessions

Fridays  
Members \$40

Begins: 1/22  
Non-Members \$45

Ends: 1/29

## FRIDAY (CONT.)

**WF14**

**TRANSFORMATION AND TRANSCENDENCE —**  
August Rodin & Anselm Kiefer  
Kevin Costello

**NEW**

**ZAWF14**

Zoom Available

French sculptor August Rodin (1840-1917) and German artist Anselm Kiefer (b. 1945), artists of towering stature, were brought together in an exhibition titled “Keifer Rodin,” created by the Musée Rodin in Paris and which traveled to the Barnes Foundation in Philadelphia in 2018. It was created for the commemorative centenary of Rodin’s death in 1917 and inspired by Rodin’s illustrated Cathedrals of France (published in 1914), in which he expressed his deep and lasting passion for Gothic cathedrals and architecture. In the book Rodin deplores the abandonment of the French cathedrals, which he regards as major achievements in the history of humanity and sources of inspiration for his art. With Kiefer’s works, architecture is omnipresent, similarly as a locus of ruin and destruction, in a kind of meditation on human fate and history. Kiefer and Rodin are not an immediately obvious pairing for an exhibition, but the exhibition showed what Rodin taught Kiefer about making art in an age of destruction. With both artists, architecture becomes a metaphor for the cycle of life evoking memory and oblivion, heaven and earth, order and chaos, sensuality, and spirituality. Without pairing the two artists’ work directly across every phase of their long careers, this series will explore two issues of central importance to both: the themes of cathedrals and of the creative process that takes place in the heart of the studio, which is where Kevin begins his first lecture discussing the life and work of Kiefer.

Note: Class size will be limited for in-person attendance with social distancing in effect.

See Biographical Sketch on page 26.

1:00-2:30 PM  
Two sessions

Fridays  
Members \$40

Begins 2/5  
Non-Members \$45

Ends: 2/12

**WF15**

**MASTERING YOUR iPhone CAMERA —**  
From Beginners to Advanced Level  
Wayne Eastep

**NEW**

This course will help you understand and master the iPhone as a camera and inspire you to have fun while taking memorable photos. You’ll learn how to move beyond “auto” and acquire more creative control of your camera. We’ll cover shutter release, focus, camera features and settings, and how to store and organize pictures. Editing apps (Snapseed and Lightroom) and exploring the creative process will give you the skills and unique point of view that will help you create images like a pro! For students who have taken Wayne’s popular courses in the past this will serve as an excellent review as well as take you to an advanced master level. Questions about, and various issues with, your photography adventures will be covered and discussed. Wayne enlivens his classes with examples of his work as an award-winning documentary photographer. Bring your iPhone charged and your charger. Students should have fundamental iPhone skills. For Wayne’s course *Lightroom — The Ultimate Editing and Organizing Tool*, see page 56.

Note: Class size will be limited for in-person attendance with social distancing in effect. (Small classes will benefit students in this program!)

Wayne Eastep, Master Photographer, is celebrated for his fine art, commercial and documentary photography. He has traveled the globe since 1980 making award-winning photographs that have exhibited worldwide. He has been commissioned by National Geographic and the Smithsonian and by leading camera companies including Nikon, Canon, Olympus and Polaroid. Wayne also lectures at museums and universities and has published two books, one of which, *The Living Seas*, is the official book for the aquarium at Epcot.

1:00-3:00 PM  
Four sessions

Fridays  
Members \$100

Begins: 2/5  
Non-Members \$110

Ends: 2/26

## FRIDAY (CONT.)

WF16

THE MINNELLIS: THE MOST STORIED FAMILY  
IN SHOW BUSINESS  
Susan Benjamin

NEW

ZAWF16

Zoom Available

PART TWO - Judy Garland and Liza Minnelli

Judy Garland: Over the Rainbow, Over the Top (February 19)

Judy Garland's extraordinary performing career began when she was just two years old. Though her personal life was turbulent, her contributions to American musicals are legendary. This program integrates some of Judy's personal stories with highlights of her great performances, including those in which she was directed by her second husband, Vincente Minnelli.

Liza Minnelli: Show Business Royalty (February 26)

The daughter of Vincente Minnelli and Judy Garland — how could she not become a star? Dancer, singer, actress — Liza could do it all. She won a Tony Award for a Broadway performance while still a teenager, and then an Oscar for her tour de force performance in the movie Cabaret. She also won an Emmy Award for a television program built around her, Liza with a Z. Despite her prodigious talent and hard work Liza has faced significant professional and personal challenges. This program celebrates Liza's triumph over adversity as well as professional highlights. For Part One on Vincente Minnelli see page 42.

Note: Class size will be limited for in-person attendance with social distancing in effect.

Susan Benjamin, musical biographer, served as an Illinois public high school teacher and school administrator for 35 years. She is the recipient of the Lifetime Writer Award (Conference on English Leadership) and the John Heissler Award for Excellence in English. Susan has written over 70 programs and presents musical biographies at 44 venues in the Chicago area. She is also the author of three books.

1:00-2:15 PM  
Two sessions

Fridays  
Members \$40

Begins: 2/19  
Non-Members \$45

Ends: 2/26

WF17

INTERMEDIATE BRIDGE II  
Larry Auerbach

Students should have completed INTERMEDIATE BRIDGE I or its equivalent. Standard and more advanced conventions will be reviewed as well as instruction for playing of the hand and the defense.

See Biographical Sketch on page 3.

3:00-4:30 PM  
Eight sessions

Fridays  
Members \$115

Begins: 1/8  
Non-Members \$125

Ends: 2/26

### OFF CAMPUS FIELD TRIPS

It is with deep regret that we could not plan any off-campus programs during the pandemic when this brochure was being printed. We felt there were too many uncertainties and complications regarding working with other organizations for in-person attendance.

# FRIDAY PERFORMING ARTS PROGRAMS

at The Longboat Key Education Center

We have planned our performing arts programs to be in-person only with limited seating and social distancing. A small audience will provide a special experience. Registrants will be notified if our plans change.

## THEATRE SHOWCASE

Innovative, captivating, compelling performances!

FRIDAY, FEBRUARY 5 3 - 4:30 PM

**PAF1** SHAKESPEARE'S LOVERS

Katherine Michelle Tanner, actor, director, playwright, and educator

Katherine Tanner has created a beautiful new play, inspired by Shakespeare's lovers, that echoes the very soul of what it is to fulfill a love story. Get lost in the timeless tale of new love, lost love and forever love. She will be joined by actors Steven Garland and Alan Kitty. Q and A will follow.

FRIDAY, FEBRUARY 26 3 - 4:15 PM

**PAF2** FINE AND DANDY: The Story of George Gershwin and Kay Swift

Sandra Moulin — storyteller, musician, public speaker

Sandra Moulin becomes Kay Swift, the talented female musician who played a major role in the composer's very short life. Sandra will educate and entertain with familiar Gershwin favorites on the baby grand piano. Q and A will follow. Sandra was unable to do this presentation last season. Hopefully, we will be able to enjoy it this season!

## IN THE SPOTLIGHT

These musical concerts will lift your spirits!

FRIDAY, JANUARY 29 3 - 4:15 PM

**PAF3** JEWISH SOUL MUSIC — From the Shtetl to the 21st Century

Rosalie Leon, Jewish music specialist, guitarist, vocalist, and entertainer

This innovative program incorporates a history of the Jews with Yiddish, Hebrew, and Ladino songs. Tracing their steps across the centuries, Rosalie chronologically follows the Jewish people, from their tiny European shtetls, to the wave of U.S. immigration after the Czarist pogroms, the Yiddish Theater, the ghettos during and after World War II and the founding of the state of Israel. The show concludes with modern day music and stories. Rosalie was a big hit last season. We are happy to have her back!

FRIDAY, MARCH 5 3 - 4:30 PM

**PAF4** FIFTY+YEARS OF BROADWAY

David S. Polansky, career musician, educator, and lecturer

David takes us on a music journey made up of many of America's favorite Broadway hits over an almost sixty-year period that goes from 1921 to 1968. The shows include Ziegfeld Follies, which introduced "Second Hand Rose"; Lady Be Good which included "Fascinatin' Rhythm"; Show Boat with "Old Man River"; and others including Girl Crazy, Oklahoma, West Side Story, Fiddler on the Roof, and Ain't Misbehavin'. For the last five seasons David has delighted his returning fans with his exciting trumpet solos, versatile voice, "sure to please" keyboard and warm rapport with the audience.

Per Performance: Members \$20 Non-Members \$25

Registration is required for all performances.

Register online at [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org), email [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org) or call (941) 383-8811.

## FRIDAY PERFORMING ARTS SERIES (CONT.)

at The Longboat Key Education Center

### FRIDAY AT FIVE

Enjoy great jazz in an intimate setting with amazing artists who will play and interact with the audience.

Happy Hour wine and cheese included in the price!

FRIDAY, FEBRUARY 19 5 - 6:30 PM

**PAF5** THOMAS CARABASI — SAMBA MEETS JAZZ

Thomas Carabasi, drums; Alejandro Arenas, bass; Zach Bornheimer, sax; LaRue Nickelson, guitar

The impressive Samba Jazz Quartet will present a splendid concert of music in the tradition of Stan Getz, Antonio Carlos Jobim and others, where the sweet melodies and rhythms of Brazil are fused with the improvisation of jazz. You will enjoy songs by Jobim, Milton Nascimento and Manfredo Fest with a contemporary twist, as well as some original compositions and arrangements. Stories behind the making of this music will be shared.

### 35TH ANNIVERSARY *Champagne Celebrations*

Help us celebrate 35 years of bringing you quality lifelong learning and adult enrichment!

Champagne included in the price!

FRIDAY, FEBRUARY 12 3 - 4:30 PM

**PAF6** ROMANCE ON THE RIVIERA

Joy Leitner, operatic soprano, musical theatre and popular music vocalist  
Robert Lischetti, operatic tenor, music director and teacher

Start your Valentine's weekend with a trip on the Mediterranean Riviera through Italy and France listening to some of the world's most romantic music. Experience Napoli with classic Neapolitan song, tour Tuscany with Puccini, trek through the Alps with folk songs from the Auvergne and have a stroll through the French countryside with the lyrical poetry of Verlaine set by Faure and Debussy. Complete this delightful excursion with a grand night in Paris where you will stop by Maxim's to see Gigi and Gaston, raise a glass with Verdi and visit the Paris Opera, home of the famed Phantom, and much more!

Sponsored by Sharon and Paul Steinwachs

FRIDAY, MARCH 12 3 - 4:30 PM

**PAF7** WESTCOAST BLACK THEATRE TROUPE

— A SURPRISE PERFORMANCE!

WBTT Performers

Members of the WBTT will surprise us with a show that Nate Jacobs, WBTT founder and artistic director, will create and bring to us to celebrate our 35th anniversary! How special is that! Westcoast Black Theatre Troupe has become one of the most popular theatre groups in town with sold out shows and rave reviews every season. We sold out in a week last season with their Harlem Renaissance show!

Sponsored by Sy and Shelley Goldblatt

Per Performance: Members \$25 Non-Members \$30

Registration is required for all performances.

Register online at [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org), email [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org)  
or call (941) 383-8811.



## SATURDAY

WS1

CHAIR YOGA

Angelena Craig

For Course Description see page 5.

Note: Class size will be limited with social distancing in effect.

10:00-11:00 AM  
Eight sessions

Saturdays  
Members \$88

Begins: 1/9  
Non-Members \$104

Ends: 2/27

## SATURDAY WINTER WORKSHOPS ALL NEW

Our workshops, except for the Zoom workshop ZOWWK1 listed below, will be in-person with limited class size and social distancing. Some of these workshops can be offered on Zoom Only if that becomes necessary. Registrants will be advised of changes due to updated pandemic guidelines.

ZOWWK1

GET UP TO SPEED WITH ZOOM!

Zoom Only Keith Coker

For Workshop Description see page 9.

1:00-3:00 PM  
One session

Saturday, January 2  
Members \$30

Non-Members \$35

WWK2

HOW YOU CAN REGULATE YOUR NERVOUS SYSTEM —

Gain Freedom and Power in Your Mind and Body!

Anne Ferrier

We are born wired to connect. How we move through the world—turning toward, backing away, sometimes connecting and other times isolating—is guided by our autonomic nervous system, constantly asking the question: “Is this safe?” Being able to accurately assess the state of our autonomic nervous system and effectively change it to fit our needs better is a “super” skill and the goal of this workshop. You will learn: the role of the autonomic nervous system in your daily life; explore how it shapes your behaviors; expand your ability to understand and navigate the effect on your body and mind; and increase your ability to spend more time in a safe internal space. This is the perfect workshop to help you cope with how the pandemic has changed your life and emotional well-being.

Note: This was scheduled last year but Anne was unable to give her presentation. We hope we are able to make this happen in our 2021 season.

Anne Ferrier holds a master’s degree in clinical psychology from the Vrije University in Amsterdam, the Netherlands. She brings more than 25 years of experience as a global executive coach, diversity consultant, workshop presenter, and cultural psychologist. During this time, Anne has worked in the field of human change and development in South America, Europe and the U.S.

10:00 AM-12:00

Saturday, January 16  
Members \$30

Non-Members \$35

## SATURDAY WINTER WORKSHOPS ALL NEW (CONT.)

### WWK3 LET'S TALK CLIMATE CHANGE! Karen Willey

A recent study indicates that 73% of people living in the United States think climate change is happening now, yet less than 36% are talking about it. To make change, we need to be talking about it. Karen Willey, a certified climate change communicator with the National Network for Ocean and Climate Change Interpretation (NNOCCI) will share current research to help us talk about climate change with knowledge, hope, and community level solutions. Karen also gives popular nature field trips on Longboat Key. See page 31.

See Biographical Sketch on page 31.

10:00 AM-12:00                  Saturday, January 30  
Members \$30                  Non-Members \$35

### WWK4 TAI CHI FLOW Nancy Saum

In this workshop we will practice some essential tai chi movements, but without concern for a particular style or perfection in the movement. Nancy will guide you to find and feel a moment of flow rather than struggling with perfect choreography. You will learn that it really doesn't matter what your movement looks like! Flow is that peaceful moment when self-consciousness, judgment, and negativity disappear, and only joy, calm, and authenticity remain. Flow is already inside of us — flowing Tai Chi is how we connect with it. No prior experience with qigong or tai chi is needed. This workshop is suitable for all levels of fitness or ability. Wear exercise clothing. Nancy also teaches meditation and qigong at the school. See pages 23 and 38 respectively.

See Biographical Sketch on page 23.

1:00-3:00 PM                  Saturday, February 6  
Members \$30                  Non-Members \$35

### WWK5 SPIRITLIFTERS Ruth Fishel

We all have a path to follow. It is not a path seen with our eyes but felt with our hearts. We know we are on the right path when we feel inspired, energized, moved to do some good, to help someone, to make a positive statement. We know it is right when we feel peace, love, compassion, and joy. We know it is right when we feel our spirits lifted and when we lift others. This workshop will give you the tools so that you can lift your spirits, to evolve and help you lift the spirits of others. We have never needed it more than in these times! Ruth also teaches a popular meditation class. See page 24.

Note: This workshop can switch to Zoom Only if necessary. We will advise registrants accordingly.

See Biographical Sketch on page 24.

10:00 AM-12:00                  Saturday, February 13  
Members \$30                  Non-Members \$35

## SATURDAY WINTER WORKSHOPS ALL NEW (CONT.)

WWK6

SIMPLE STEPS TO BETTER BALANCE — Get on the Good Foot!  
Lara Malone, Ph.D.

About 40% of Americans, at some point in their lives, will have a balance problem that is disturbing enough that they consult a doctor about it, according to the National Institutes of Health. Changes tied to growing older or health issues may underpin these problems. In this workshop you will be taught simple ways to improve your balance, gait, and foot function. Focus will be on connecting body/mind awareness while doing daily activities (for example using better techniques to sit and stand from a chair), strengthening muscles, movement patterns, anatomy, and body alignment for achieving optimal balance and stability. Anyone can do this workshop; all fitness levels and ages are welcome to participate, learn, and have fun! Gain confidence for movement of all kinds. This is not a typical “exercise” class. Wear comfortable clothing.

Dr. Lara Malone has certifications in senior fitness, group exercise, personal training, yoga/meditation, behavior change, and eating psychology. She did her undergraduate and masters work in special education and after her 21-year teaching career she obtained her Ph.D. through the College of Natural Health in Indianapolis in natural health and holistic nutrition. She has taught yoga and given workshops on various health topics locally, including Blake Medical Center in Bradenton. She has a passion for helping people age with the best possible health and well-being.

1:00-3:00 PM

Saturday, February 20  
Members \$30

Non-Members \$35

WWK7

THE CREATIVE PROCESS  
Elizabeth Weil Bergmann

Creativity is the key to a richer, fuller life. It is passion and originality that activate new ideas, bring forth new projects, and stimulate the intellect. Using experiential and participatory activities, this workshop will help define what you want to express and assist you in discovering how you want to do that. Utilizing exercises from Bergmann’s book *Connecting to Creativity*, this workshop will tap into your creative power to enhance your life and assist you in finding your most creative endeavors.

Elizabeth Weil Bergmann is a graduate of the Juilliard School with an advanced degree from the University of Michigan. She currently teaches and choreographs for the Sarasota Ballet’s Margaret Barbieri Conservatory. Bergmann retired as dance director at Harvard University after serving as chair and professor of dance at Florida International University, at California State University, Long Beach, at Shenandoah University and at The University of Michigan. In addition to co-authoring *Connecting to Creativity: Ten Keys to Unlocking Your Creative Process* she has self-published four volumes of poetry. She currently performs a show “Coming to Myself” which she presents at various venues including the LBK Education Center two seasons ago.

1:00-3:00 PM

Saturday, February 27  
Members \$30

Non-Members \$35

## — SATURDAY WINTER DAYTRIP —

Unfortunately, we were unable to plan our very popular annual daytrip for 2021 at the time of the brochure being printed. Due to the pandemic and the uncertainties involved with 55 people riding on a bus or gathering together at a museum or in a restaurant safely while staying within the Covid-19 guidelines for social distancing, we didn’t feel we could offer this annual fun trip. We understand how disappointing this is.

# SPECIAL SUNDAY SHOWCASE

WE ARE PROUD TO PRESENT ANOTHER WONDERFUL  
COLLABORATIVE EVENT IN 2021

WITH THE  
LONGBOAT KEY EDUCATION CENTER  
AND  
TEMPLE BETH ISRAEL



SUN1

## JEWISH AMERICAN COMPOSERS — A Force For Uniting America!

Susan Benjamin (musical biographer and performer) and Cantor Jay O'Brien will demonstrate in this extraordinary, multi-media program, how disparate groups, with various priorities, can be brought together through the transformative power of art — specifically the art of musical theater. From the 1920s to the present, Jewish musical theater composers and lyricists have addressed societal and human relations issues and have encouraged empathy for "the other" through their work. Oscar Hammerstein, Jerome Kern, Richard Rodgers, Alan Jay Lerner, Stephen Sondheim, Jerry Herman, and others will be featured. This presentation combines elements of several musical biographies, all centered on a significant theme. An opportunity to meet the presenters will follow the program at a champagne-dessert reception. Save the date and reserve your spots!

Date: Sunday, February 14 SAVE THE DATE!

NOTE: We will take registrations and reserve your spot(s) but not take payment in case this concert has to be cancelled due to the pandemic. A week before the concert we will advise registrants of the newest update.

Time: 3:00-4:30 PM

Location: Temple Beth Israel  
567 Bay Isles Road, Longboat Key

Cost: \$40 (Members of TBI or LBK Education Center)  
\$50 (Non-members)

Reservations can also be made by calling Temple Beth Israel, 941-383-3428.

Sponsorships are available for this very special collaborative event. Call Isaac Azerad, executive director of Temple Beth Israel at 941-383-3428, or Susan Goldfarb, executive director of The Longboat Key Education Center, 941-383-8811. Please consider supporting two Longboat Key organizations that strive to enrich your lives with spiritual, cultural and educational programs.

# LECTURE SERIES 2021

Tuesdays 3:00 - 4:30 pm

NOTE: We will have several options for our lectures due to the unpredictable course of the pandemic at the time the lectures were planned and printed. Some will be in-person only with social distancing and limited class size, others will be a combination of in-person and Zoom (ZA). Still others will be Zoom Only (ZO). Check the codes. All registrants will be notified of cancellations or lectures that become Zoom Only.

## TUESDAY, JANUARY 5

LS1

### PRESIDENTIAL ABUSE OF POWER IS NOT NEW

George Stassa

ZALS1

Zoom Available

Presidential abuse of power has occurred many times and in most cases changed the course of American history. Some Presidents were successful, while others faced humbling rebukes from the legislature, or defeat in the courts. The abuses have included the acquisition of territory, the waging of war and the suspension of citizens' legal rights. They all have in common the belief by the President that the action was necessary for the benefit of the nation, despite political opposition at the time. We will review these actions from the first to our latest President up to the 2020 election.

See Biographical Sketch on page 25.

## TUESDAY, JANUARY 12

LS2

### THE HISTORY OF SARASOTA

In-Person Only Jeff LaHurd

This PowerPoint presentation will cover Sarasota's colorful history from the time the Scot Colony arrived in 1885, through the defining Roaring 20s era real estate boom. The Scots found a forbidding wilderness for which they were ill-equipped to cope. But they helped set the stage for the frenetic boom of the free-wheeling 20s, an era in Sarasota described as "electric with excitement." In just a handful of years, Sarasota transformed from a small fishing village into a major Florida tourist destination which it remains to this day.

Jeff LaHurd has written over a dozen books on Sarasota history and has written countless articles for the [Sarasota Herald-Tribune](#) and numerous other local publications. In addition to many other awards, his video, "Sarasota, Landmarks of the Past" was shown on the History Channel and garnered him an award from the Florida Trust for Historic Preservation. He also received an award for his years of research and writing from the Sarasota County History & Preservation Coalition. He earned a BA in history from the University of South Florida and an MA in counseling.

## TUESDAY, JANUARY 19

LS3

### INTELLIGENCE AND THE PRESIDENCY IN 2021

John Rixse

ZALS3

Zoom Available

The last four years have been rocky ones in the relationship between the Intelligence Community and the Administration. While the first two saw simmering tensions and increased effort to demean and diminish intelligence professionals, the last two unleashed stronger efforts to make traditional apolitical agencies more amenable to political interests. We witnessed overt efforts to "politicize" intelligence in the strongest way. As of this brochure being printed, we don't know what the 2020 election will bring. Regardless, things will not be the same. This series will assess where we are and what the intelligence function in the government is likely to be going forward.

See Biographical Sketch on page 40.

Registration is required for all lectures. For pricing see page 52.

Register online at [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org), email [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org)  
or call (941)383-8811.

# LECTURE SERIES 2021 (CONT.) Tuesdays 3:00-4:30 pm

## TUESDAY, JANUARY 26

LS4

### MARK TWAIN'S PANDEMICS AND POLITICS

Alan Kitty

ZALS4

Zoom Available

Few controversies of any consequence escaped notice and critique from Mark Twain, lauded as one of the greatest American writers of all time. The Covid-19 pandemic prompts new appreciation for Mark Twain and his inimitable satire. This lecture discusses the epidemics and pandemics that inspired his writing during his most prolific years (1866-1906). We will explore the political and public health environment that found expression in his journalism and social satires such as 3000 Years Among the Microbes and other works.

Alan Kitty, writer, actor, and independent Twain scholar, has been performing as Mark Twain since 1979, based on 30 years of research on the author's life and works, current events and their historical roots.

## TUESDAY, FEBRUARY 2

ZOLS5

### DALE CHIHULY — Rivers of Glass

Zoom Only Baila Miller

Dale Chihuly (b. 1941) is an American glass sculptor and entrepreneur. His works are considered unique in the field of blown glass. His vision of "what glass can be" has changed the medium into a world-class art form in which objet d'art moved from the curio cabinet into the realm of large-scale sculpture and land art. This presentation will include Chihuly's formative years, his early interest in glass blowing, and his rise to international icon.

See Biographical Sketch on page 6.

## TUESDAY, FEBRUARY 9

LS6

### MY PHOTOGRAPHIC JOURNEY

Thomas Carabasi

ZALS6

Zoom Available

This lecture will present Thomas Carabasi's life journey through photography from 1977 to the present, recounting the conversations and lessons learned from notable photographers Frederick Sommer, Emmet Gowin, Paul Caponigro, the renowned Ansel Adams, and others. On the technical side he will discuss his use of both analog and digital techniques and a wide variety of camera formats to explore the complexities of nature and culture. In conclusion, students will also explore the major paradigm shifts brought on by emerging technologies and their effect on visual communication and contemporary art.

Thomas Carabasi is currently the department head of photography and imaging at Ringling College of Art and Design. He has over 30 years of professional experience as a photographer, educator and musician and his work has been exhibited widely both nationally and internationally. He is currently represented in the collections of Philadelphia Museum of Art, The Center for Creative Photography, The John & Mable Ringling Museum of Art, Princeton University Art Museum, and the Museo Ken Damy in Milan, Italy, to name a few.

Registration is required for all lectures. For pricing see below.

Register online at [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org), email [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org)  
or call (941)383-8811.

	Members	Non-Members
Single Lecture	\$15	\$20
LSFS Full Series (12)	\$120	\$180

## LECTURE SERIES 2021 (CONT.) Tuesdays 3:00-4:30 pm

### TUESDAY, FEBRUARY 16

**LS7**

#### BIG BAND MEMORIES —

In-Person Only The Music Business & The Monkey Business

Lynn Elgart

Join Lynn Elgart, wife of the late Larry Elgart, the last of the living bandleaders from the swing era, and enjoy the many fun stories of their roller coaster life in the music business with excerpts from their book *The Music Business & The Monkey Business*. Hear inside tales of celebrities — Barbra Streisand, Simon and Garfunkel, George Steinbrenner, Soupy Sales, Abbie Hoffman — and the business struggles with his brother Les. Larry had his first hit record in his own name at age 60. He made 55 albums and was nominated for a Grammy in 1959. He is most famous for writing “Bandstand Boogie,” which was the theme for American Bandstand before Dick Clark inherited it and Barry Manilow wrote lyrics, and for his “Hooked On Swing” album which sold five million copies world-wide. The big band era is now long gone but you will recognize your youth and be entertained by Lynn’s out-of-the-ordinary, humorous, bittersweet, and gossipy vignettes accompanied by many photos.

Lynn Elgart is a graduate of Brandeis and studied for two years at Columbia Graduate School of Architecture. She was the manager of Larry Elgart’s band for 25 years and now designs jewelry for her company Big Band Beads. She lives on Longboat Key where she and Larry lived for 30 years together.

### TUESDAY, FEBRUARY 23

**LS8**

#### HOW WE THINK — Exploring the Mechanisms of the Mind

Gerald Zaltman

**ZALS8**

Zoom Available

You are how you think. So why not discover more about you? Jerry Zaltman will discuss how our minds need to be nurtured, not neglected, and used well, not carelessly. Research from many fields is advancing knowledge about how minds work. These insights often come with new questions. This lecture will explore some of these insights and a few of the questions they raise. Several topics will also be illustrated with exercises that activate the operation of your mind. The goal is to become more familiar with how you think. No particular background is needed. Just bring your open and curious mind!

Gerald “Jerry” Zaltman, Professor Emeritus, Harvard Business School, is cofounder of Olson Zaltman, a leading research and consulting firm. He was co-director of the HBS Mind of the Market Laboratory and a member of Harvard University’s Mind, Brain Behavior Program. His most recent book is Unlocked: Keys to Improve Your Thinking.

### TUESDAY, MARCH 2

**LS9**

#### THE BIBLICAL EXPERIENCE OF SICKNESS AND HEALING

Rachel Dulin, Ph.D.

**ZALS9**

Zoom Available

At this moment in time, as we struggle with a medically unknown virus, it is interesting to glance at the people of old and their experiences of sickness and unfamiliar diseases and healing. An interesting source for information on the subject is the Hebrew Bible. As we study the Text we should keep in mind that the Bible was not compiled as a manuscript for medical knowledge, but the as a guide to faith. Nevertheless, in between the lines, the Bible sheds a light on the human experience of illness and the healing measures taken by biblical practitioners. In this lecture we will look at a few stories, which through the prism of faith, shed a light on the experience of the sick and those who attempt to heal them.

See Biographical Sketch on page 39.

Registration is required for all lectures. For pricing see page 52.

Register online at [www.lbkeeducationcenter.org](http://www.lbkeeducationcenter.org), email [info@lbkeeducationcenter.org](mailto:info@lbkeeducationcenter.org)  
or call (941)383-8811.

LECTURE SERIES 2021 (CONT.) Tuesdays 3:00-4:30 pm

TUESDAY, MARCH 9

**LS10** PRESCRIPTION DRUG PRICING — Behind the Numbers  
Robert Vukovich, Ph.D.

**ZALS10** Zoom Available

About seven out of ten new prescription drugs are invented and developed by U.S. pharmaceutical companies. Breakthroughs for treatment of cancer, hemophilia and other blood disorders, inflammatory bowel disease, cardiovascular disease, and vaccines have been discovered. Research continues to improve on those and to also make new therapeutic breakthroughs. This success comes at an ever-increasing cost as research spending expands to meet regulatory requirements. This lecture will give insight into the expensive and complex world of new drug development, shedding light on what is behind the high cost of prescription drugs.

Dr. Robert Vukovich is a pharmaceutical company researcher and executive who has been involved in prescription drug research and commercialization for over 40 years. A graduate of Jefferson Medical College with specialized training in clinical pharmacology and pathology, he has worked for Warner Lambert, Bristol Myers Squibb, and the Revlon Health Care Group, followed by an entrepreneurial career establishing a publicly owned pharmaceutical company and two privately held firms. In his career, Dr. Vukovich and his colleagues developed many new and important drugs used to treat hypertension, orthostatic hypotension, thrombocytosis, angina, congestive heart failure, contrast agents for x-ray imaging, and others.

TUESDAY, MARCH 16

**LS11** WHAT MAKES US HUMAN?  
Norman Weinberg, Ph.D.

**ZALS11** Zoom Available

For too long we have considered microorganisms as creepy, disgusting, disease causing things we must eradicate. We have become very good at killing them, the good guys and the bad. Our efforts are rewarded with a generation of new superbugs. Turns out our collection of microorganisms, our microbiome, is vital to our very existence. Microorganisms are what make us human! Learn how microorganisms influence our health, including our mental state; how they communicate with each other and with us; and how we can start listening to and nourish our microbiome for healthy aging. Norman will also add some highlights from his new book Commandment-Pandemic Unleashed, part science fiction and part historical, which he started writing 4 years before Covid-19, about the consequences to humanity of a devastating plague brought by a microbe disobeying the commandment. (This lecture was originally scheduled in March 2020 but cancelled due to the pandemic.)

Dr. Norman Weinberg is a chemist who received his MA at the University of Toronto and his Ph.D. at the University of Ottawa. He was part of the team at American Cyanamid that discovered the world's first lithium batteries. He and his wife owned a successful, award-winning, research and development business, working on electrochemical projects for government and industry. He is currently writing two books on microorganisms.

TUESDAY, MARCH 23

**LS12** RED TIDE AND YOU  
Lenny Landau

**ZALS12** Zoom Available

Red tide, a toxic algal microorganism, affects everything in our lives on Longboat Key — the environment, property values, the economy, and public health. This presentation will explain what red tide is, why it occurs, and include a discussion of what needs to be done to further understand, monitor, and control red tide in the future. (This lecture was scheduled in March 2020 but cancelled due to the pandemic.)

See Biographical Sketch on page 33.

Registration is required for all lectures. For pricing see page 52.

Register online at [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org), email [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org)  
or call (941)383-8811.



# SPRING CLASSES 2021

March 1, 2021-April 24, 2021

Most classes meet once a week.

Check beginning and end dates carefully. A few classes will meet by Zoom only (ZO), many will have a combo of in-person and Zoom available (ZA), and some will meet in-person only with social distancing and all pandemic safety protocols followed.

## MONDAY

**SM1** GENTLE KRIPALU YOGA — Open the Doors to Your Inner Knowing  
Emme Shapiro

For Course Description see page 3.

9:00-10:00 AM Mondays Begins: 3/1 Ends: 4/19  
Eight sessions Members \$88 Non-Members \$104

Note: Yoga is offered Monday, and Tuesday with Chair Yoga on Wednesday, in the spring at 9:00 AM. Chair Yoga is also given on Saturdays at 10:00 AM. Fitness classes are offered Thursdays and Fridays at 9:00 AM. Students can join at any time on a pro-rated basis if space permits.

**SM2** AT THE MOVIES  
Gus Mollasis

For Course Description see page 5.

11:00 AM-12:30 PM Mondays Begins: 3/1 Ends: 4/5  
Six sessions Members \$95 Non-Members \$105

Note: We will pro-rate number of classes desired, space permitting.

**SM3** ADVANCED INTERMEDIATE BRIDGE  
Larry Auerbach

For Course Description see page 14.

1:00-2:30 PM Mondays Begins 3/1 Ends: 3/22  
Four sessions Members \$60 Non-Members \$70

**SM4** HOLLYWOOD ICONS  
Gus Mollasis

Gus will select four of his favorite Hollywood icons from his vast list of historical stars and directors who deserve the title. This year's selection of icons will be wide and diverse and will stir up the conversations as to who was the biggest Hollywood icon of the 20th century. The four indelible movies with star power that you will view and discuss wait to be rediscovered and enjoyed. This annual series never fails to deliver!

See Biographical Sketch on page 4.

1:00-4:00 PM Mondays Begins: 3/1 Ends: 3/22  
Four sessions Members \$75 Non-Members \$85

Some courses that are offered in February are extended by student demand. Or new courses are added in the spring line-up after the brochure printing. Please inquire at the office for updated spring scheduling or check our website. [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org)

## MONDAY (CONT.)

**SM5**

### LIGHTROOM — The Ultimate Editing and Organizing Tool

Wayne Eastep

NEW

Learn how Lightroom can meet all your editing, organizing, storing, and sharing needs for your digital images taken with your iPhone camera, an Android phone/camera, or a regular digital SLR camera. Think of Lightroom as a modern "digital" darkroom where you can process and make infinite adjustments to your images. Additionally, Lightroom is a robust way to organize your images so you can find them quickly and share them in all the ways you need in the digital era. From Lightroom you can take your images into a publishing service and, also prepare your images for print. Lightroom is the central place to do all the things you need to achieve with your digital images. This course is an introductory one for beginners or for those who want to review, in depth, what they learned about Lightroom in Wayne's iPhone camera course, see page 43.

See Biographical Sketch on page 43.

1:00-3:00 PM  
Two sessions

Mondays  
Members \$50

Begins: 3/1  
Non-Members \$60

Ends: 3/8

**SM6**

### MIXED BEGINNERS BRIDGE

Larry Auerbach

This course combines Beginning Bridge I for players with some knowledge of the game and Beginning Bridge II for advanced beginners. Basics will be reviewed and developed.

See Biographical Sketch on page 3.

3:00-4:30 PM  
Four sessions

Mondays  
Members \$60

Begins: 3/1  
Non-Members \$70

Ends: 3/22

## TUESDAY

**ST1**

### SWEET AND SPIRITED YOGA!

Mary Kane

For Course Description see page 4.

9:00-10:00 AM  
Eight sessions

Tuesdays  
Members \$88

Begins: 3/2  
Non-Members \$104

Ends: 4/20

Note: Yoga is offered Monday, Tuesday and Wednesday (Chair Yoga), in the spring at 9:00 AM. Fitness classes are offered on Thursdays and Fridays at 9:00 AM. Chair Yoga is also given on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

**ST2**

### LET'S GO BIRDING ON LONGBOAT AND LIDO KEYS!

Kathy Doddridge

For Course Description see page 18.

9:00-10:30 AM  
Four sessions

Tuesdays  
Members \$75

Begins: 3/2  
Non-Members \$85

Ends: 3/23

**ST3**

### AT THE MOVIES

Gus Mollasis

For Course Description see page 5.

11:00 AM-12:30 PM  
Six sessions

Tuesdays  
Members \$95

Begins: 3/2  
Non-Members \$105

Ends: 4/6

Note: We will pro-rate number of classes desired, space permitting.

**ST4**

### AT THE MOVIES

Gus Mollasis

For Course Description see page 5.

1:00-2:30 PM  
Six sessions

Tuesdays  
Members \$95

Begins: 3/2  
Non-Members \$105

Ends: 4/6

Note: We will pro-rate number of classes desired, space permitting.

## TUESDAY (CONT.)

**ST5** EXPRESS YOURSELF THROUGH WRITING  
Ronni Miller

**ZAST5** Zoom Available

For Course Description see page 22.

1:00-3:00 PM Tuesdays Begins: 3/2 Ends: 3/23  
Four sessions Members \$85 Non-Members \$95

**ST6** AT THE MOVIES  
Gus Mollasis

For Course Description see page 5.

3:00-4:30 PM Tuesdays Begins: 3/2 Ends: 4/6  
Six sessions Members \$95 Non-Members \$105

Note: We will pro-rate number of classes desired, space permitting.

Lecture Series 2021 continues through March every Tuesday at 3 PM.  
See pages 53 and 54. Call (941) 383-8811 for reservations.

## WEDNESDAY

**SW1** CHAIR YOGA  
Angelena Craig

For Course Description see page 5.

9:00-10:00 AM Wednesdays Begins: 3/3 Ends: 4/21  
Eight sessions Members \$88 Non-Members \$104

Note: Yoga is offered Monday, Tuesday and Wednesday (Chair Yoga), in the spring at 9:00 AM. Fitness classes are offered on Thursdays and Fridays at 9:00AM. Chair Yoga is also given on Saturdays at 10:00 AM. Students can join at any time on a pro-rated basis if space permits.

**SW2** MINDFULNESS MEDITATION  
Ruth Fishel

For Course Description see page 24.

9:00-10:30 AM Wednesdays Begins: 3/3 Ends: 3/24  
Four sessions Members \$75 Non-Members \$85

**SW3** WATERCOLOR, ACRYLIC, PASTELS, OILS,  
AND DRAWING  
Renee DiNapoli

For Course Description see page 5.

9:00-11:30 AM Wednesdays Begins: 3/3 Ends: 3/24  
Four sessions Members \$135 Non-Members \$145

**SW4** YOU'VE GOT TO SEE THIS MOVIE!  
Kathie Moon

**ZASW4** Zoom Available

For Course Description see page 6.

1:00-2:30 PM Wednesdays Begins: 3/3 Ends: 4/7  
Six sessions Members \$95 Non-Members \$105

Note: This course is also offered from 3:00-4:30 PM (see p. 58). Classes can be pro-rated if space permits.

## WEDNESDAY (CONT.)

**SW5**

**YOU'VE GOT TO SEE THIS MOVIE!**

Kathie Moon

**ZASW5**

Zoom Available

For Course Description see page 6.

3:00-4:30 PM

Wednesdays

Begins: 3/3

Ends: 4/7

Six sessions

Members \$95

Non-Members \$105

Note: This course is also offered from 1-2:30 PM (see page 57). Classes can be pro-rated if space permits.

## THURSDAY

**SR1**

**FITNESS FOR EVERY BODY!**

**NEW**

Gerald Scott

For Course Description see page 7.

Note: Class size will be limited with social distancing in effect.

9:00-10:00 AM

Thursdays

Begins: 3/4

Ends: 4/22

Eight sessions

Members \$88

Non-Members \$104

**SR2**

**HEADS AND TAILS — A History of Dogs and Horses in Art**

**NEW**

Kevin Costello

**ZASR2**

Zoom Available

From the Ice Age cave paintings of woolly mammoths, to sculptures of warriors astride horses, to images of dogs in contemporary art, animals have played an important role in the history of civilization and the art story. This two-part PowerPoint series will trace the unique and lasting relationship in the annals of art between man and beast. Part One will cover how dogs have symbolized protection and love in art and Part Two will trace how horses in art have been the embodiment of grace and speed as well as warfare.

See Biographical Sketch on page 26.

11:00 AM-12:30 PM

Thursdays

Begins: 3/4

Ends: 3/11

Two sessions

Members \$40

Non-Members \$45

## FRIDAY

**SF1**

**FUNCTIONAL FITNESS**

**NEW**

Lara Malone, Ph.D.

This fitness course focuses on practicing exercises and techniques to help you function better in your everyday activities. For example, we will cover sitting/standing techniques, getting in and out of the car skills, climbing stairs, carrying things, reaching, loading, and even foot care. You will focus on how to pay attention to what muscles are involved and that may need strengthening. You will learn to move and walk more efficiently with better posture, balance, and alignment for optimal functioning and confidence. All ages and fitness levels will benefit from this program. Wear comfortable clothing. For Lara's workshop Simple Steps to Better Balance see page 49.

See Biographical Sketch on page 49.

9:00-10:00 AM

Fridays

Begins: 3/5

Ends: 4/23

Eight sessions

Members \$88

Non-Members \$104

Note: Fitness classes are offered on Thursdays and Fridays in the spring at 9:00 AM. Students can join at any time on a pro-rated basis if space permits.

**SF2**

**MORNING FORUMS**

**NEW**

Ed Dwyer, Ph.D.

For Course Description see page 31.

9:00-10:30 AM

Fridays

Begins: 3/5

Ends: 3/26

Four sessions

Members \$75

Non-Members \$80

## FRIDAY (CONT.)

SF3

STREISAND: The Soul of Stardom

NEW

Susan Benjamin

ZASF3

Zoom Available

Barbra Streisand's current status as a true American diva belies her early struggles with low income and low self-esteem. She struggled to find her identity with a father who died when she was a toddler and a mother who was non-affirming about Barbra's goals. Her rise to, not only stardom, but to multi-faceted heights (writing, directing, producing, etc.) provides an inspirational story. This two-part program is sprinkled with examples of her best film, television and concert work, from *Funny Girl* to the present.

See Biographical Sketch on page 44.

1:00-2:15 PM  
Two sessions

Fridays  
Members \$40

Begins: 3/5  
Non-Members \$45

Ends: 3/12

SF4

INTERMEDIATE BRIDGE I

Larry Auerbach

For Course Description see page 42.

1:00-2:30 PM  
Four sessions

Fridays  
Members \$60

Begins: 3/5  
Non-Members \$70

Ends: 3/26

SF5

INTERMEDIATE BRIDGE II

Larry Auerbach

For Course Description see page 44.

3:00-4:30 PM  
Four sessions

Fridays  
Members \$60

Begins: 3/5  
Non-Members \$70

Ends: 3/26

## SATURDAY

SS1

CHAIR YOGA

Angelena Craig

For Course Description see page 5.

10:00-11:00 AM  
Eight sessions

Saturdays  
Members \$88

Begins: 3/6  
Non-Members \$104

Ends: 4/24

# New One-Time Special Friday Programs

11:00 AM-12:30 PM

## MARCH 5

### **ZOSPF1** THE RUSSIAN AVANT-GARDE

Zoom Only Baila Miller

The Russian Avant-Garde, covering the period of 1912-1935, was a large, influential group of artists who were heavily influenced by modern artistic innovations taking place in Paris. Analytic and synthetic cubism developed by Pablo Picasso and George Braque were transformed into suprematism, constructivism, cubo-futurism, zaum, and neo-primitivism. This lecture will introduce the most famous members of the group: Wassily Kandinsky, Kazimir Malevich and Marc Chagall. Each artist had his own, unique voice.

See Biographical Sketch on page 6.

## MARCH 12

### **ZOSPF2** APPRECIATING CHAMBER MUSIC

Zoom Only Jack Winberg, M.D., Ph.D.

Chamber music is probably one of the most creative collaborative processes that musicians bring to their audience, a small group, that participates in the intimate, in-depth experience. Most often the music ensemble is a string quartet — 2 violins, viola and cello. This lecture will cover the facets and exquisite art form of some of the greatest music ever written. We will cover how the players interpret the works of Haydn, Mozart, Beethoven, and Brahms, as well as how these composers evolved their musical styles, the impact of their lives on their music and the actual artistic process of turning notes into music. Students will explore how different artists come together to create something greater than the sum of the parts.

Dr. Winberg, played cello with the Minneapolis Symphony, then attended college, earning degrees in medicine and microbiology. Jack continues as an active chamber music cellist, and award-winning photographer, and an experienced instructor in both music and digital imaging. Jack has taught at OLLI at Ringling College for many years and considered to be their resident Renaissance man with his vast knowledge in a variety of subjects.

Registration is required for all lectures.

Register online at [www.lbkeducationcenter.org](http://www.lbkeducationcenter.org),  
email [info@lbkeducationcenter.org](mailto:info@lbkeducationcenter.org) or call (941)383-8811.

11:00 AM-12:30 PM Members \$15 Non-Members \$20  
Per Person, Per Program

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Dilip Mathur, Baila Miller, Ronni Miller,  
Gus Mollasis, Kathie Moon, Sandra Moulin, Jane Plitt,  
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